TUESDAY EVENING.

## HARRISBURG



<text><text><text><text><text><text><text><text> or friend the student, teacher and friend of music and musicians, who admired and cultivated the best, and who has left a rich inheritance behind him, has given up his task here on earth to grow into a more perfect workman—There." E. J. D. Crackers. These are not only rich in the nourishment that builds bone and muscle, but their tempting taste makes the little appetites hungry for more. N. B. C. Graham Crackers added

Fee

an individuality and nut-like flavor that other graham crackers lacked. This makes them an almost universally popular article of everyday diet.

**J**11 NATIONAL BISCUIT COMPANY 5C and 10c

## LEGISLATIVE FLASHES

**LECUSLATIVE FLASHES**— State Treasurer Robert K. Yours fow the sectoral college which set here electoral college which se



indoor toilers find they stay "fit as a fiddle" by eating plenty of Sealdsweet grapefruit every day.

men in the pink of condition. acids and medicinal properties Brainworkers, office and other for relieving or warding off ailments. Try a whole Sealdsweet grapefruit three times a day for constipation, sluggish liver, brain-fag, indigestion.

-Dr. Sealdsweet Citrus

## Florida Growers cooperate to give you select fruit under the Sealdsweet mark

From their carefully tended trees they pick the plump, juicy fruit, thin-skinned and of delicate flavor. Only such fruit may bear the red Sealdsweet mark, indicating Florida's finest. You may find other grapefruit thin-skinned and juicy, but why chance it? The red Sealdsweet mark means, "Here's your money's worth." Look for it.

Fruit of the Florida Citrus Exchange, a non-profit organization of growers, is handled only by white-gloved workers; washed and polished; wrapped in tissue paper and carefully boxed. Ask your dealer for Sealdsweet fruit.

Grapefruit helps keep outside Nature has stored in grapefruit

## Buy Sealdsweet grapefruit by the box Your dealer has them—or will get them

If you like your oranges juicy and thin-skinned, buy the Sealdsweet brand. Sealdsweet oranges are America's juiciest, noted for their sweetness and flavor. There is no way to get better, juicier oranges.

CITRUS EXCHANGE

DRANGES

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GRAPEFRUIT

DR. WILLIAM GERRY MORGAN, of Washington, D. C., very highly re-garded for his advice and opinions on disorders of the stomach, says :

"We take grapefruit at the beginning of our breakfast, to stimulate the appetite and to help the stomach begin its work. Grapefruit is the mostroaluable of all the fruits for the great majority of people."

Write for our free booklet, "The Health Fruits of Florida"

FLORIDA CITRUS EXCHANGE **Citizens Bank Building** Tampa, Florida

Sealdsweetthe oranges for sweet juiciness