

"The Happy Way to Health" is not through mountains of pills or rivers of dope. It is through proper selection of food, pure air and rational exercise. If you have health you can keep it by eating **Shredded Wheat**, the food that supplies all the nutritive material needed for work or play and in a digestible form. **Keep your stomach clean and your bowels active by eating Shredded Wheat**, the food that supplies strength and builds healthy tissue without overtaxing the digestive organs. Always the same price, always the same high quality. A delicious, nourishing meal for a few cents. **Made at Niagara Falls, N. Y.**

WHOLESALE MILK PRICE 20 CENTS

Will Be No Increase in Retail Price; Reductions in Summer

County dairymen at a meeting in Mechanicsburg last night, unanimously voted to increase the wholesale price of milk to twenty cents a gallon, effective January 15, and to continue at that price indefinitely.

The producers present included dairymen from all parts of Cumberland and Dauphin counties. All the dairymen present declared that to sell milk wholesale at eighteen cents a gallon results in a loss to them because of the high prices of feed and other increases in the cost of maintaining a dairy on a farm.

A reduction was promised for the summer months, but the producers said that at present they could not tell whether the price will be sixteen or eighteen cents a gallon. Ten new members were admitted to the league.

Three members from each county were appointed to confer with the Carlisle Chamber of Commerce to consider plans for establishing a farm bureau in Cumberland as well as in Dauphin county. The committee includes: Dauphin, W. A. Hershey and William Jones; Lower Paxton, and W. A. Slann; Susquehanna township, Cumberland, N. N. Hench; New Cumberland, J. C. Baschore; Silver Spring township, W. H. Kutz; Monroe township, The next meeting of the league will be held on Wednesday night, January 10, at Frank Ober, of Penbrook, was appointed chairman of the publicity committee. Other members are: Dr. M. M. Dougherty, Mechanicsburg, and W. J. Kimmel, Silver Spring.

Announcement was made this morning that the farm bureau committee will meet next Wednesday with the Carlisle Chamber of Commerce.

HEAD MANILA RAILWAY

Manila, Jan. 12. — Eugene E. Reed, of New Hampshire, who was nominated a member of the Philippine Commission last year, has been chosen to be president of the Manila railway, which recently was purchased by the government.

HOUSE HEARS "LEAK" REPORT

No Evidence Found, Democrats Say; Representative Lenroot Wants Wide Probe

Washington, D. C., Jan. 12.—The "leak" investigation was brought into the House to-day with a report by the Democratic majority of the Rules Committee that no evidence had been found and opposition from the Republican minority which contended that evidence of a "leak" had been shown.

Representative Campbell, of Kansas, Republican, charged that the "leak" to Wall street by President Wilson's peace note went from Washington over the private wire of F. A. Connelly and Company, local brokers. That is the firm in which E. W. Hoelling, a brother of President Wilson's wife is a partner.

The majority report was brief. Presented by Chairman Henry, it merely said: "No evidence was adduced sustaining the charges in the (Wood) resolution."

Representative Wood, of Indiana, author of the resolution, addressed the House declaring he had no apology to make for his action. "I was compelled to introduce the resolution," said Wood, "because everywhere both in and out of Congress there were reports that men in high places had profited on the stock market through advance information. There still is a general belief throughout the country that there is something wrong somewhere. That there is a leak every member of this House believes. To deny it would be ridiculous. As to whether it was caused purposely or not there may be a honest difference of opinion among us."

Representative Harrison, Democrat, of Mississippi, attacked Mr. Wood and all the Republicans who were opposing the unfavorable report. Paraphrasing the report, he said he was responsible for the whole agitation.

"I don't believe there was a leak," said he. "There were thousands of news of the coming of the note could have gotten out."

Wants Investigation

Representative Lenroot, Republican, also spoke for an investigation. "I reluctantly have been compelled to come to the conclusion by the action of the majority of this committee," said he, "that there is a member of Congress whom the committee seeks to probe and I am also compelled to conclude that this member of Congress belongs on the Democratic side of this chamber."

Hisses from the Democratic side and loud applause from the Republicans greeted the statement.

Representative Garrett, Democrat, of Tennessee, declared that no evidence, suggestion or intimation has been found by the committee that any member of the House had in any way been connected with stock transactions on a leak.

ADMINISTRATION'S FRIENDS ARE BUSY

Working Out Plans to Checkmate Moves of Penrose War Board

London, Jan. 12.—The Bank of England opened its new loan account next at 8.30 o'clock this morning. The building which is a five-story structure a stone's throw from the bank, has been leased at an annual rental of 30,000 pounds sterling. It will be devoted to caring for war loan business.

A long line of bank clerks and businessmen pushed through the doorway throughout the morning, obtaining huge bundles of prospectuses for distribution among clients and friends. The first man in line was an East Side costermonger with a push cart which he loaded with prospectuses and then trundled it eastward, where he distributed the documents among the prosperous pushcart merchants on the East Side streets. The actual scene to the loan was from an insurance company, enclosing a check for \$100,000. A large number of smaller subscriptions flowed in during the morning.

DAILY WILL RECOVER

New York, Jan. 12.—The condition of Arnold Daly, actor, has so improved, his physician announced to-day, that unless there are complications the patient will recover.

Not a Pimple Anywhere in Sight

And Any Woman May Become Free From All Blemishes of Face or Skin by Using Stuart's Calcium Wafers.

One of the greatest blessings a woman can have is to be possessed of a fine fair skin on face, neck and arms. A little attention now and then to the blood condition will prevent the possibility of women are great sufferers from blood disorders and hence their complexions are marred because of this fact.



"A Beautiful Complexion Always is a Center of Admiring Gaze" — Stuart's Calcium Wafers, which are as pleasant to take as a peppermint, give in an exceedingly short time a complexion that will rival the ideals of an artist to produce. They act in such a natural way, by cleaning out the pores, throwing off all skin discolorations and blood impurities, that they do their work of beauty building almost before you can believe it possible for them to act at all.

You may obtain a box of these delightful wafers from any druggist anywhere. Price, 50 cents.

FREE TRIAL COUPON
F. A. Stuart Co., 340 Stuart Bldg., Marshall, Mich. Send me at once, by return mail, free trial package of Stuart's Calcium Wafers.
Name
Street
City State

PULLMAN CO. FOREMAN DIES

Isaac M. Kines, Foreman in Wilmington Shops; Prominent Mason



ISAAC M. KINES

Isaac M. Kines, aged 45 years, a prominent Mason of Wilmington, Del., and for twenty-nine years identified with the Pullman Car Company plant of that city, died yesterday in Harrisburg at the home of his sister, Mrs. S. M. Mitchell, Edinboro street. He came to Harrisburg in November, after suffering from a nervous breakdown. Tuberculosis developed later.

The survivors are: Six sisters, Miss Alice Kines, Mrs. J. Kerr and Mrs. C. T. Rice, Kirtland, Mrs. J. C. Jennings, Mrs. J. K. Hull and Mrs. S. M. Mitchell, Harrisburg, and one brother, John W. Kines, of Wilmington, Del. Funeral services will be held Sunday afternoon at the home of the sister, Mrs. S. M. Mitchell, 533 Emerald street. The time to be announced later. The body will be taken to Newport, Monday morning, at 8.30, by Undertakers Hoover and Son, where further services will be held at the home of another sister, Mrs. J. L. Kines, 1070 Locust street. It is probable that Masonic services will also be held in the city and at Newport. The pallbearers will be six foremen, who worked with Mr. Kines at Wilmington.

I. M. Kines was held in high esteem at Wilmington, Del., many prominent officials from the Pullman Company and local citizens having visited him here since his illness. Mr. Kines was foreman for twenty years in the Pullman plant.

He was pastmaster of Oriental Lodge, No. 27, Free and Accepted Masons, and a member of St. John Chapter, Commandery No. 7, Knights Templar, Bedford Club, and Red Lion, of Wilmington, Del., and of Lulu Temple, Philadelphia.

WHO MAY BUILD NEW PIGGERIES?

County Commissioners and Poor Board Confer on Appropriation

Dauphin county's board of commissioners and poor directors conferred to-day on the question of the sum to be allowed for 1917 maintenance but no definite action was taken pending a conference of Phil S. Moyer, counsel for the commissioners, and O. G. Wickersham, counsel for the poor board as to which of the two bodies may legally build the proposed new piggeries, storage plant, etc., at the almshouse.

The poor directors had asked for a request of \$75,000, ten thousand more than last year. Most of this is intended to be put into improvements including the piggeries, and cold storage plant. Under the maintenance it was pointed out to-day do not intend to deny sufficient appropriation to provide for the improvements but they merely wish to determine whether or not the poor board or the commissioners, under the law may erect the buildings.

Fox Sworn In
Ex-State Senator John E. Fox, Harrisburg's new city solicitor, was formally sworn into office to succeed D. S. Seitz at an executive session of Council to-day. Matters pertaining to the conduct of the office were discussed. E. Bruce Taylor, who has served as assistant city solicitor so efficiently for several years, will be retained as Mr. Fox's assistant. The offices, however, will be removed from the Commonwealth trust to the Kunkel building.

REED TO SPEAK

George L. Reed will speak at a meeting of the Men's Bible Class of Olivet Presbyterian Church, to be held this evening. A business session will be held at 7.30 o'clock, after which refreshments will be served.

PREPARATORY SERVICE

The Rev. A. M. Stamet, pastor of Augsburg Lutheran Church, will conduct preparatory services in the church this evening. Holy communion will be observed on Sunday.

99 YEARS IN PEN

Ashdown, Ark., Jan. 12.—Fred Edwards, a white youth of Texarkana, Ark., to-day is under sentence of 99 years in State's prison for having attacked a negro girl. He was convicted in circuit court here yesterday.

AN UNDIGESTED DINNER

Worse than a badly cooked dinner is a dinner that you can't digest. Do you know what it is to turn away from the best food, ill-humored and without appetite, though you know that it is dinner time and that you need food to sustain you? This is nature's way of telling you that your digestion is out of order. Your stomach is not in a fit state to absorb food if you eat or your blood is unable to carry the necessary nourishment to your nerves, brain and muscles. First of all, put off eating until you are hungry. If you eat when you are not hungry you can't digest the food.

To put your blood in the right state to derive good from your food, take Dr. Williams' Pink Pills. Without any purgative or weakening effect they purify your blood and enrich it, so that you not only have an excellent appetite for food, but are able to digest it comfortably and get benefit from it.

So many dyspeptics have been helped by this simple treatment that every sufferer from stomach trouble should try it. A diet book, "What to Eat and How to Eat" will be sent free on request by the Dr. Williams Medicine Co., Schenectady, N. Y. Your own druggist sells Dr. Williams' Pink Pills or a box will be sent by mail, postpaid, on receipt of fifty cents.

WARN OF WAGE BONUS SYSTEM

Mine Workers See Substitution; Not Responsible For High Price of Coal

Indianapolis, Ind., Jan. 12.—A warning against a possible substitution of a wage bonus system for the joint contract wage system and a statement that the United Mine Workers of America are in no way responsible for the present scarcity of coal and its high price were issued here last night by the international executive board of the United Mine Workers of America.

After reciting the belief in the principle of collective bargaining between employer and employe and the keeping of all contracts entered into, the statement on the voluntary wage bonus question says:

"Official recognition of the principle of adjusting wages by the application of the bonus system in times of trade prosperity might eventually, by the same process, mean the recognition of wage reductions in times of trade depression.

"We, therefore, regard with disfavor any effort that would tend to jeopardize the stability and permanency of our present joint wage contracts system by seeking to substitute in its place a wage system based upon the fluctuations of the coal market."

Refer to Conditions

The statement continues that the board is not opposed to the employer giving additional remuneration to his employe whenever he feels justified in so doing, provided the motive is not to weaken or jeopardize the system of collective bargaining.

Referring to the conditions existing in the industry, the board said:

"We wish to point out that the present coal shortage and the consequent high prices that are being charged for coal can in no wise be attributed to the United Mine Workers of America.

"No strikes are in effect that would have a tendency to limit the supply of coal and our members everywhere are responding with unanimity to their duties as mine workers whenever opportunity to work is given them.

"Unfortunately, many of them have been denied steady work because railroad cars have been commandeered and used to transport munitions of war and other commodities, and a car shortage at the mines has limited production and depleted the supply of coal in the markets.

"When conditions have been remedied and our members are permitted to work full time the coal shortage will be relieved greatly and the present unusual condition of the coal market will approach normal again."

Relieves Serious Case of Chronic Constipation

Dr. Caldwell's Syrup Pepsin Corrects Condition That Seemed Hopeless



Miss H.A. Frees

After suffering from chronic constipation until she was so run down she was unable to do any kind of work, Miss H. A. Frees, 209 Adams street, Dayton, Ohio, obtained a bottle of Dr. Caldwell's Syrup Pepsin and used it with such gratifying results that she continued the treatment and has written to Dr. Caldwell that her condition is again normal, and that she wants to recommend Syrup Pepsin to everyone who suffers with constipation.

Dr. Caldwell's Syrup Pepsin is a combination of simple laxative herbs with pepsin, gentle in its action and free from gripping or other pain or discomfort. It contains no opiate or narcotic drug, and, while acting readily on the most stubborn case of inactive bowels, is absolutely safe for the tiniest babe, so that it is the ideal family laxative and should be kept on hand in every household for use when needed.

Dr. Caldwell's Syrup Pepsin costs only fifty cents a bottle and is sold in drug stores everywhere. To avoid

imitations and ineffective substitutes be sure you get Dr. Caldwell's Syrup Pepsin. See that a facsimile of Dr. Caldwell's signature and his portrait appear on the yellow carton in which the bottle is packed. A trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 455 Washington St., Monticello, Illinois.

MAY WEAR ARMY UNIFORMS

Washington, January 12. — Secretary Baker has decided not to construe the national defense act so as to prohibit members of the staffs of governors from wearing the regular army uniform. The decision was announced to-day in a letter to Governor McCall, Massachusetts, one of the many State executives who have asked for a ruling on the subject. While stating that staff officers are not members of the National Guard, recognized by the War Department as subject to call into federal service, the letter says, it seems clear that such officers, in attending the Governor as command-in-chief of his State forces, ought to be free to wear the uniform.

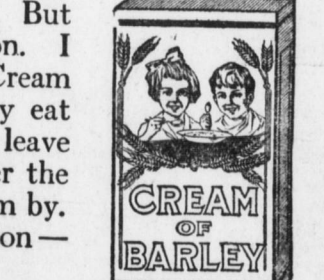
Farmers Selling Wheat at \$2 Stored For Two Years

Waynesboro, Pa., Jan. 12.—As the result of wheat reaching pretty close to the two-dollar mark in this section, Franklin Miller & Son, who have charge of the grain elevator at Waynesboro, have been besieged with farmers who have been holding off for \$2 wheat. Hundreds of bushels of wheat, some of which has been stored away in barns since 1915, is being put on the market, and farmers are reaping a rich harvest. Omwake & Davison, of Greencastle, are also being loaded up with wheat taken to their elevators by farmers.



Says Olga the Waitress

"Gettin' tips for servin' breakfast food is hard as gettin' gold dust outen a saw-dust pile. But I got the combination. I give 'em a tip to eat Cream of Barley And they eat pleased as can be, and leave a couple of jits under the plate to remember 'em by. I got the combination—ME and



Cream of Barley The Energy Food

Southern Pacific Lines



GOOD-BYE TO CARE
No better way to put mind and body in tune than to enjoy those "Hundred Golden Hours" at sea on Southern Pacific Steamships "MORGAN LINE" New York—New Orleans
Connecting with the luxurious Sunset Limited and other splendid trains for Texas and California. Take the "Apache Trail" motor side trip over the oldest highway in America.
For information and literature address F. T. BROOKS, District Freight and Passenger Agent Chestnut at 16th Philadelphia, Pa.

Buehler Bros CUT RATE MARKETS
432 Market St.
Do you watch our thrice weekly specials? They are real money-savers in these days of high living cost.
Specials For Saturday
Hog Liver 6c
Fancy Pot Roast . . . 12½c
Soft Rib Boil 11c
Fresh Ground Hamburg 12½c
Fancy Chuck Roast . . 14c
Round Steak 18c
Short Cut Rib Roast . . 16c
Green Picnic Hams . . 16c
Short Legs Yearling Lamb 18c
Big Special in Smoked Meats
Small Smoked Skinned Back Hams 19c
Breakfast Bacon, Half or Whole Strip 21c
MARKETS IN PRINCIPAL CITIES OF 13 STATES
MAIN OFFICE CHICAGO, ILL.
PACKING HOUSE PEORIA, ILL.
IF GOODS ARE NOT SATISFACTORY MONEY CHEERFULLY REFUNDED