OF INTEREST TO THE WOMEN

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CONSERVATION

**Accomplish Purposes** 

Plans for a state-wide policy of water conservation and flood control were outlined late yesterday at a meet-

### **Dandruffy Heads Become Hairless**

Flood Control Committee Outlines Legislation Necessary to

If you want plenty of thick, beau-tiful, glossy, silky hair, do by all means get rid of dandruft, for it will starve your hair and ruin it if you on'. It doesn't do much good to try to way to get rid of dandruft is to dissolve it, then you destroy it entirely. To do this, get about four ounces of or-dinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the fanger it. By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it. Tou will find, too, that all itching and your hair will look and feel a hundred times better. You can get lipuid arvon at any drug store. It is inexpensive and four ounces is all you will need, no matter how much dandruff you have. This simple rem-edy never fails.

# **SALTS FINE FOR ACHING KIDNEYS**

To Ask for Survey In the first place, it was decided to ask for an appropriation of \$50,000 tio furnished by the United States govern-ment toward the completion of a topo-graphical and geographical survey of the state. A supplementary bill will be drafted providing for making a comprehensive survey of all the water of the state, and upon this survey will be based the plan for administration of the state's water resources. An appropriation of \$200,000 will also be asked to make this stream sur-vey, and the work will be placed under the direction of the State Water Sup-ply Commission. In the discussion of the measures

You simply must keep your kidneys

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney active and clean, and the moment you feel an ache or pain in the kidney feel an ache or pain in the side and each part of which would be a step in securing he the the detailed beservations we need. They will provide a map showing location, condition, improvements, present use all so ther things and foods and we will know where they are likely to occur and how best to prevent the formation of conditions that lead to them. The nour survey ought to provide the state and a so ther things are foods and we wellaw the so and thead tor them. The nour survey ought to provide th active and clean, and the moment you



We will gladly furnish you with the list, but here's a good plan: Notice the cleanest windows-

WE "DID" THEM.

Harrisburg Window Cleaning Co. OFFICE-S08 EAST ST. Bell Phone 3526

Forney's White Pine Compound Cod Liver Extract With Menthol

A new and valuable combination for relief of

Colds and Coughs, Hoarse-

ness, Bronchitis, Loss of

Voice and certain Pul-

FORNEY'S DRUG STORE

monary Disorders. 8 oz. Bottles, 40¢.

Girls Who Make Mistakes

<section-header><section-header><section-header><section-header><section-header><text><text><text><text><text><text><text><text><text><text><text><text><text> voman vanished from her home, and m fiter a week's absence wrote to her b family saying, "Forget me." Those two words told the whole ter-itlie story. But they toid something else besides a --they toid the unjust attitude of hu-cher toid the unjust attitude of hu-ter would have been sent home to the we for one moment suppose that, can I ndeed, no. The young man would r have failen upon his neck with "no questions asked." Just as this silent attitude toward t the sons is wrong, so is the cruelly se-vere attitude toward an erring girl a tstumbling block in the way of hu-in-manity evolution. I wish every weaw mog step and four lieves the must go on to the end of bee highway, although she longs to turn back, would take courage and make the attempt right now before she passes another milestone. The Maiand" are filed with those who

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And after provide it was impossible stime works they believed it was impossible to turn back.
Those Who Fail to Turn Back Find Time Adds to Sorrows
Yet had they tried, what fate could have been more terrible than the out on they found as they passed along the first passed along the first passed along the source of the sorrows of the source of these luxuries from the world, always the need of lies, and pretense, and trave the source of these luxuries from the world, always the need of lies, and pretense, and take the place of pursuit and flattery.
And then the depths of degradation who mane four fink as the only reliable from despair.
Mothen the dopths of degradation who made four fink as the only reliable from despair.
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Mothen the depths of degradation who made four fink as the only reliable form despair.
Mothen the depths of will power and perhaps because of a misplaced first. But whatever the cause, they enclared that no amount of reliable that no amount of reliable and begin over.
Mothing but death could remedy as woman's black of will power and she despines of a misplaced not try.
Yet in our great cities too, day—wook and perhaps because of a misplaced first.
Mothing but death could remedy as wook and perhaps because of a misplaced not try.
Mothing but death could remedy that we woll degradation the work and build up a specify the wore that that as social to be and the work and that

a man she despises for the sher un-born child. But your future will be more dis-astrous than that of either of these be-cause of the rules of society, and you have no time to waste if you would start on the way of reform. Cut loose from all the associations which you are compelled to hide from the world. Seek some new place and seene and go to work and build up a good life for yourself. We can be what we will to be. not try. Yet in our great cities, too, and in it nigh places, in the church and in so-sclety, women walk who have turned back and cast their follies behind them.



Get a 10 Cent Box of

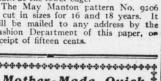
Get a 10 Cent Box of "Cascarets" for Your Liver and Bowels. To-night sure! Take Cascarets and bowel cleansing you ever experienced. To-night sure! Take Cascarets and bowel cleansing you ever experienced. Liver and Bowels. To-night sure! Take Cascarets and bowel cleansing you ever experienced. Liver and Bowels. To-night sure! Take Cascarets and bowel cleansing you ever experienced. Liver and Bowels. To-night sure! Take Cascarets and bowel cleansing you ever experienced. To-night sure! Take Cascarets are harmless. To-night sure! Take Cascarets are harmless.

## **Fresh Air Aids Furnace**

An actual experience of a coal man, who relates:

'After an absence of four days we returned to our home. The weather had become very cold. The first thing done was to build a fire.

"In a very short time the water was up to 190 degrees (this was a hot water plant) which is sup-posed to give all the heat an ordinary house needs. However, the house remained miserably cold. The family hovered over the radiators for a while and



**SMART FROCK FOR** 

THE ENEMY MAP OUT WATER CONSERVATE

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GIS)RGE RANDOLPH CHESTER & LILLIAN CHESTER

Anthox of "THE BALL OF FIRE," etc.

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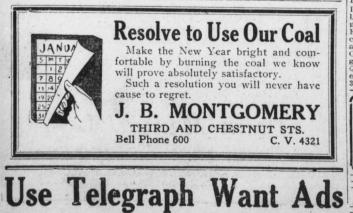
then went to bed early. The fire was left going full blast all night in the hope that the house might be warm next morning.

"When we arose, however, the place was still as cold as it had been. While breakfast was being prepared I stepped out on the porch to get the morn-ing paper and left the door open. I was no sooner in the house when the whole place became burning hot

"The explanation is perfectly simple. The air in the house had not been disturbed for four days. The house was filled with dead air."

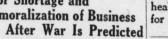
This is the point we wish to make-the coal may be the best and the furnace doing the best work but even so the best combinations of coal and furnace cannot heat dead air. Open up your house each day-the rooms will heat much more quickly.

United Ice & Coal Co. Forster & Cowden Third & Boas Hummel & Mulberry 15th & Chestnut Also Steelton, Pa.



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inopportune moment and she ob-served the wrist-stroking with great interest. Then she flourced back and took Tommy Tinkle away with her! Sold



**Don't Neglect** 

your stomach. Keep it strong and well. When food disa-grees with it, strengthen it with



thing I ever hit for itching piles is PETERSON'S OINTMENT." A big box for 25 cents.—Advertisement.

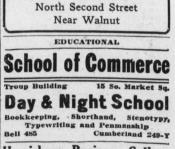
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