

The United States is Yours if you are in good health. The United States spells Opportunity. Health comes from right selection of food and right habits. Two Shredded Wheat Biscuits for breakfast will supply more nutriment than many a two-dollar meal, and costs only four or five cents. A meal to work on, to play on. Shredded Wheat is ready-cooked, and ready-to-eat.



Made at Niagara Falls, N. Y.

APPENDIX AND TOE CUT AWAY AT SAME TIME

To have one's appendix removed by the application of local anesthesia has become quite a commonplace operation, but to have not only the appendix, but a toe also, cut away from one's anatomy at the same time was the unusual experience of Henry Menier, an orderly at the Harrisburg Hospital.

Menier was operated upon about ten days ago for appendicitis and during the operation calmly directed the doctors in the amputation of an offending "hammer" toe.

HELD ON ASSAULT CHARGE Charged with assault, Russel Johnson, colored, was arrested last night by Officer Rinear. He is charged with the crime by Margaret Potts, colored, of 133 Belmont street.

Advertisement for BRANDRETH PILLS, Safe and Sure, for constipation, headache, indigestion, etc.

Advertisement for BROWN'S BRONCHIAL TROCHES, FOR COUGHS AND HOARSENESS.

Advertisement for FLORIDA "BY SEA" JACKSONVILLE, calling at Savannah.

Advertisement for AUTO STORAGE, first class fireproof garage.

Advertisement for Auto Trans. Garage, featuring a vintage car.

Advertisement for CREME LILAS, Non-greasy toilet cream.

Advertisement for GORGAS' DRUG STORES, 16 N. Third St., and P. R. R. Station.

Large advertisement for Used Car Department, featuring various car models and prices.

SCORES GIGGLING AND GUM-CHEWING

Woman Evangelist Raps Women Who Let Lack of Plume Keep Them From Church



THE REV. MAE E. FREY

Penbrook, Pa., Jan. 3. — The evangelist campaign at the United Evangelical church, this place, is in full swing. Many people attended the services last evening to hear the Rev. Mae E. Frey, the evangelist, speak on "When a Revival is Needed."

She scored the women who do not attend church and give the flimsy excuse of not having plumes for their hats.

FEDERATION CLERKS WANT PAY URGED FOR U. S. WORKERS Washington, D. C., Jan. 3. — A committee from a local union of office clerks sought a conference with Secretary Morrison, of the American Federation of Labor, to-day, in an effort to have the federation pay its clerks employed at national headquarters here, the same rates advocated by the federation for Government clerks.



When Dandruff Goes The Hair Grows It's easy to get rid of dandruff. Gently rub spots of dandruff, scales, itching and irritation with Cuticura Ointment.

Simple Eau/Free by Mail With 32-p. book on the skin. Address post-card: Cuticura, Dept. 12F, Boston. Sold everywhere.

RAILROAD NEWS TRAINMEN HEAD SCORES RAILROADS

Alleges That Eight-Hour Game Is to Be Played; Brotherhoods to Wait

Cleveland, Jan. 3. — Charging that the railroads of the country are permitting delays to trains and overtime which would not ordinarily be permitted in order to prove the enormous expense that would follow obedience to the Adamson law and asking whether, if the Supreme Court declares the law either constitutional or invalid, the brotherhoods shall continue to wait for the eight-hour day, W. G. Lee, chief of the Brotherhood of Railroad Trainmen, issued a statement here to-day in which he said:

"The railways enjoined the government from enforcing the Adamson law. Additional litigation will therefore very likely be started by the railways on the plea of determining 'to whom does the law apply, or how does it apply.' Already the railroads are permitting delays to trains, overtime made, etc., that would not be permitted under normal conditions.

Standing of the Crews HARRISBURG SIDE Philadelphia Division, — 124 crew first to go after 3:30; 107, 123, Engineers for 107. Flagmen for 107. Brakemen for 124. Engineers up: Resinger, Martin, Sellers, W. Albright, May, Dolby, Howard, Gemmill, Lefevre, Stetny, Schwartz and Vester.

Deaths and Funerals THOMAS B. McDONEL Thomas B. McDonel, aged 76, a veteran of the Civil War, died at his home, 66 North Fourteenth street, Monday afternoon. The funeral services will be held Friday afternoon at 2 o'clock at the Central Baptist Church in East Harrisburg cemetery.

MRS. HENRIETTA GRIMES Mrs. Henrietta Grimes died yesterday morning at the home of her daughter, Mrs. E. A. Gross, of Highspire. Mrs. Grimes, who was 63 years old, died as a result of a stroke of apoplexy.

WALTER J. RAHN Walter J. Rahn, general manager of the Cresona Powder Company at Pottsville, who died in that city on Monday, will be buried to-morrow.

"I FEEL 10 YEARS YOUNGER" SHE CRIES Remarkable Recovery of Rheumatic Sufferer Brought About by Master Medicine PAIN HAS VANISHED "I have suffered for a long time with rheumatism," says Mrs. Brown, of South Court St., Harrisburg, Pa., "but for the past two years the torture has been almost unbearable and I do not know what would have become of me if Tanlac had not come to the rescue and driven away those awful aches and pains."

TRIPLE CLUB TO MEET The first annual meeting of the Harrisburg Rifle Club will be held to-morrow night in the rooms on the third floor of the Wyeth building.

TO LECTURE ON LITERATURE Dr. H. H. Hughes, a member of the faculty of Columbia University, will deliver a course of lectures to the teachers of this city during the next three months.

S. HARRISBURGERS GRATEFUL H. W. Haas, speaking for the South Harrisburg Amusement Association said to-day that the members of that organization desire to thank the people of the city for their appreciation of the association's efforts to please them in the Mummies' parade.

SOCIAL Other Personals Page 4.

MISS MOESLEIN'S ENGAGEMENT ANNOUNCED AT DINNER PARTY Mr. and Mrs. W. F. Moeslein, of 220 Lewis street, announce the engagement of their daughter, Miss Minnie E. Moeslein, to George D. Kinnear, of 1048 North Third street.

Dr. A. L. Bishop and son, William O. Bishop, of Philadelphia, have returned home after spending a few days in town. Mrs. R. R. Stowell, of Camp Hill, started to-day for a pleasure trip to Philadelphia and vicinity.

Mrs. Rollin A. Wilbur, of St. Dunns, was a recent guest of her mother, Mrs. Robert A. Lambertson, Front and Walnut streets. Miss Ida M. Barton, of Albany, N. Y., was here on a short stay with Mr. and Mrs. Whitaker, Second and Hamilton streets.

Legal Notices OFFICE OF THE BOARD OF COMMISSIONERS OF PUBLIC GROUNDS AND BUILDINGS, State Capitol Building, Harrisburg, Pa. SEALED PROPOSALS will be received by the Superintendent of Public Grounds and Buildings until 2 o'clock P. M., Tuesday, January 9, 1917, for furnishing the labor and material required in installing two Electric Freight Elevators in the new main building at the State Arsenal grounds, located at Eighteenth and Locust streets, Harrisburg, Pa.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 416, September Term, 1916, Label in divorce—a vinculo matrimonii, Teresa Shranz vs. Martin Shranz. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Martin Shranz, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 306, September Term, 1916, Label in divorce—a vinculo matrimonii, Gabriella Weiss vs. William M. Weaver. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, William M. Weaver, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 604, June Term, 1916, Label in divorce—a vinculo matrimonii, Mary V. Krelling vs. Michael Krelling. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Michael Krelling, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 644, June Term, 1916, Label in divorce—a vinculo matrimonii, East E. Stone vs. Mabel S. Stone. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Mabel S. Stone, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 604, June Term, 1916, Label in divorce—a vinculo matrimonii, Lillian Hunt vs. Reigle vs. Ralph E. Reigle. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Reigle, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Cadomene Tablets Lift You Over The Wall to Happiness

Physician Says Weak, Nervous People Gain by Leaps and Bounds When Cadomene Takes Hold. Tablets Contain Vital Elements for Nerves, Brain and Body.

A nationally known physician, in speaking of the benefits to be expected from Cadomene, the iron, phosphorus, vegetable tonic, said: "When the structures and functions of the body are in perfect health, they work without attracting attention. The moment that any part of the system becomes inefficient in functioning, the cry of pain, or distress, tells us all too quickly that we are being attacked by nerve and cellular weakness.

When you become conscious of an unnatural condition, these symptoms are usually manifested. Extreme nervousness, irritability, dependency, sick-nervous-headache, with pains at the base of the brain and along the spinal column, sleeplessness, a coldness of extremities, with a listless, unambitious attitude toward life and its successes, and an ever-present but natural desire that all things desirable should be yours.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 416, September Term, 1916, Label in divorce—a vinculo matrimonii, Teresa Shranz vs. Martin Shranz. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Martin Shranz, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 306, September Term, 1916, Label in divorce—a vinculo matrimonii, Gabriella Weiss vs. William M. Weaver. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, William M. Weaver, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

Legal Notices 1917, to answer the complaint therein filed. W. W. CALDWELL, Sheriff. Harrisburg, Pa., December 13, 1916. Proclamation in Divorce Dauphin County, ss: In the Court of Common Pleas of Dauphin County, Pa., No. 604, June Term, 1916, Label in divorce—a vinculo matrimonii, Mary V. Krelling vs. Michael Krelling. The subpoena and alias subpoena in the above-stated case have been returned "non est inventus." You, Michael Krelling, are therefore directed to appear in the court at Harrisburg, Pa., on the second Monday of January, A. D. 1917, to answer the complaint therein filed.

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Careless, indifferent, or thoughtless expenditure of your vital forces may be the cause, or prolonged illness, or overwork, with dissipation and excesses, but whatever the cause, you are like an engine with insufficient fuel—your full supply of nervous energy and strength is not forthcoming and therefore the tonic, alterative and nutritive action of Cadomene Tablets, on the nerves and cells of every muscle and structure of the system are essential to your recovery and complete renewal of nerve-energy and strength.

Cadomene Tablets are prepared in convenient form and may accompany you anywhere in pocket or purse, and taken with due regularity to produce satisfactory and happy results. They are sold by all wide-awake druggists in sealed tubes with full directions for self-administration. They also bear a guarantee of satisfaction or money back.