# YOUR BOWELS IF HEADACHY, SICK

For biliousness, bad breath, colds, indigestion and constipation.

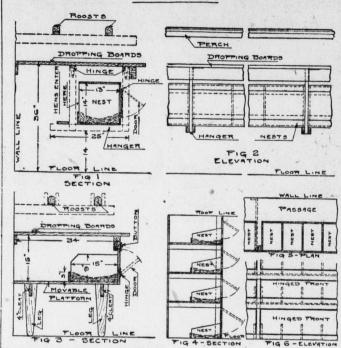
Enjoy life! Liven your liver and bowels to-night and feel fine.

Your tongue is coated! Look inside your watch cover and see! That's bad business. What have you been eating? What were you drinking? What kind of a lazy chair did you take exercise in? Now don't think it doesn't matter, because, it's your bowels that talk now every time you open your mouth. That doesn't help your popularity, nor your-earning capacity. Besides, a person with bad bowels is in a bad way and a coated tongue or a bad breath are sure signs of bad bowels and poor digestion.

Why don't you get a 10-cent box of. Cascarets at any drug store and give your liver and thirty feet of bowels the nicest, gentlest cleansing they everyperienced. Take one or two Cascarets to-night and wake up feeling fine and fit. All Headache, Dullness, Billiousness, Bad Breath, Stomach Sourness, Cold and Constipation gone—wake up with your head clear, tongue clean, stomach sweet, liver, and bowels active, step elastic and complexion rosy.

Cascarets work while you sleep—never gripe or sicken. Cascarets act so gently that you hardly realize you have taken a thorough cathartic. They don't bother you all next day like salts, pills, oil or calomel—Cascarets being perfectly harmless is best children's laxative.

## "CASCARETS" FOR Practical Designs For the Arrangement of Nests



Faulty Nest Construction Is

Responsible For Vermin, venient size, and arranged so that the Filth and Other Troubles

find and efficiency or each on all commercial and industrial risks insered to interest the commercial and industrial risks insered to interest the commercial and industrial risks insered to the first policies, which we written at the minimum permitted by the content of the first of the firs

hens enter from the side toward the rear wall. A platform or narrow

STATE FUND WILL
GIVE BIG REBATE

Successful Operation Has Led to Return Which Will Go on Premium Account

Refunds of about \$90,000 will be given to insurers in the State Work-men's Insurance Fund in the form of credits on payment of premiums for 1917 by the board of managers of the State Fund according to an announcement made here to-day. The refund will not apply to the \$5 polletes, which were written at the minimum permitted by the State law.

The fund office issued a statement to-day in which it set forth that the refund will not apply to the \$5 polletes, which were written at the minimum permitted by the State law.

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The fund office issued a statement to-day in which it set forth that the refund was based on the experience of the fund for the first eleven months of the year. This statement says in part:

"During the first eleven months of 1916, the State Fund paid to injured on the State Fund paid to injured on the State fund a statement of the year. This statement says in part:

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# **IMPORTANT** NOTICE!



# Automatic Telephone System In Service Sunday!!

## --- TO ALL SUBSCRIBERS---

When you wake up to-morrow morning, pick up your telephone receiver, and do not hear the sweetvoiced operator say "Number, Please?" you will know the Cumberland Valley Telephone Company of Pa. has "Cut Over" from the out-of-date manual to the ultra-modern AUTOMATIC system.

Then, instead of waiting patiently, as you have been accustomed to do-

## "USE THE DIAL!"

and in a few seconds you will hear your party's bell ringing. Then all that stands between you and safe, secret telephone service is the moment until your party lifts his receiver and answers "Hello!"

### **HOW to USE the DIAL**

First and always, — Take the receiver from the hook.

Second, - Put your finger in the hole over the first unit of the number to be called, and pull Dial around as far as it will go. Then take your finger away and repeat with each unit of the number.

Third, — You will distinctly hear your party's bell ringing. Or if the line is in use, you will hear the "busy buzz," Fourth, - If you make a mistake, or wish immediately to make another call, hang up the receiver

## A Few Precautions

for about two seconds and dial again.

Do not call numbers in the old manual directory as all numbers have been changed.

If you have not received your NEW AUTOMATIC DIRECTORY through some oversight, then dial "In formation, 293" and you will be given the number you desire and a special messenger will bring you a directory.

Don't force the dial back; take your finger away and let it "run" back. Be careful you are dialing the number you want,

because you will always get the number you dial. is no "wrong number nuisance" in the AUTOMATIC telephone system because of somebody else's mistake. The AUTOMATIC never misunderstands the number!

## To Call the Suburbs

Steelton - Harrisburg and Steelton are merged under one list - the Greater Harrisburg directory.

Hummelstown - Dial 2311.

Marysville - Dial 2314.

Mechanicsburg - Dial 2316.

Tell the operator at the town you are calling whom you want and she will get your party.

To make a Long Distance call Dial "O" and tell the operator whom you want.

### **Just a Final Word**

The installation of the Twentieth century telephone system - THE AUTOMATIC - has been the greatest electrical engineering achievement in the history of the city.

Our employes have been working night and day for six months to give you this up-to-the-minute service, the finest known to telephony.

Naturally, in the throes of such a tremendous task, something may have been overlooked. If it happens to hit you, Dial "Complaint Department, 292," or otherwise advise us at once.

From now on do not be tolerant of anything but perfect telephone service. And urge your friends to

"USE THE DIAL"

# Cumberland Valley Telephone Company of Pa.

"At the Sign of the Dial" FEDERAL SQUARE

## CITY BRIEFS

SHARK SKINS FOR SHOES

SHARK SKINS FOR SHOES Washington, D. C., Dec. 9.—Use of thark skins as a substitute for leather's being investigated by the United states Bureau of Fisheries as a possible solution of the high cost of animal skins. Aircady, says a bureau statement to-day, an acceptable leather is being made from shark skins in some foreign countries, and in the inited States there has been a limited lemand for the skins as coverings formall articles. Florida fishermen will supply large shark skins for the experiments.

DUEL CALLED OFF DUEL CALLED QFF
London, Dec. 9.—The projected duel
between Deputy Markoff, of the duma,
and President Michael Rodianko has
been abandoned, according to a Reuter
dispatch from Petrograd. At a recent
session of the duma Deputy Markoff,
who is known as a reactionary, called
President Rodzianko a "babbling
blackguard."

ADAMSON DECISION SOON
Washington, D. C., Dec. 9.—The
Supreme Court is expected to announce
next Monday its decision on the motion to expedite hearing in the Missourt, Oklahoma and Gulf Railroad
case testing validity of the Adamson
act.

WORKMAN HURT

Terrence V. Palmer, of Lemoyne, a workman at the erecting shop of the Pennsylvania Railroad, was injured internally yesterday afternoon, when a bumper casting fell on him.

# **Enclosed Find Check Says**

Members of the executive committee of the Pennsylvania Poster Advertising Association met yesterday at the Board of Trade Building for their twent; but Alas! No Check is to Be Found of Trade Building for their twent; but Alas! No Check is to Be Found of Trade Building for their twent; but Alas! No Check is to Be Found of Trade Building for their twent; but Association met yesterday at the Board of Trade Building for their twent; but Association met yesterday at the Board of Trade Building for their twent; but Association met yesterday at the Board of Trade Building for their twent; but Association met yesterday at the Board of Trade Building for their twent; but Association met yesterday at the Board of Trade Building for their twent; but Alas! No Check is to Be Found Check in the field, the actor, left school in Short Board Check is to Be Found Check in the field, son of the late Richard Mans-field, the actor, left school in Short Board Check is to Be Found Check in the field, son of the late Richard Mans-field, the actor, left school in Short Board Check in the field, son of the late Richard Mans-field, the actor, left school in Short Board Che

Washington, D. C., Dec. 9. — A call for a conference of those progressives who are not in sympathy with former leaders of the party "in asking the Republican Oid Guard to give us places on the Republican executive committee" was issued here last night by Matthew Hale, of Massachusetts, as acting chairman of the Progressive national committee. The step follows the overtures made by Raymond Robbins, Gifford Pinchot and others at a meeting in Chicago this week for a voice in the management of the Republican party affairs.

### Allies Are Sure to Win War, J. P. Morgan Declares

New York, Dec. 9. — J. Plerpont Morgan, banker and financial agent for the British Government, who has been away two months in England and France on a business trip arrived here late yesterday on the American liner Finland. He was accompanied by Mr. Morgan and Miss Frances Tracy Morgan, his daughter. He was very optimistic on the chances of the allies, and said emphatically that "there is no doubt as to the outcome of the war. It is a certainty that the allies will win. The English people feel that they have won the war."

RAIN AND SNOW

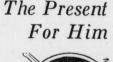
Washington, D. C., Dec. 9.—Weather predictions for the week beginning Sunday were announced by the Weather Bureau to-day as follows: Middle Atlantic States, unsettled, with probable rains or snows Thursday or Friday. Cold until Thursday, warmer thereafter,

### STAGE LURES MANSFIELD

children playing with a lighted lamp in the absence of the parents started a small free late last evening at the home of B. Sarlan, 625 Dauphin street. The causing moved the lamp to a window, causing because Party Principles and Company.

Los Angeles, Cal.—Albert J. Griffith a patrolman on the Los Angeles police force for four years, confessed that he was the robber who held up an express wagon on a busy street and got away with about \$5,000 in cash and \$34,000 in checks and drafts. Most of the money was recovered

Alluwe was robbed yesterday after-noon by five masked men, who ob-toon \$2,500 and escaped in automobiles.





MEERSCHAUM-CALABASH-BRIAR PIPE-Cigars in any size box of standard brands!

Harry's

3rd and Walnut

## The New Life and Disability Contract

Many Life Insurance Companys have put disability clauses in their policies, providing waiver of premium and in some instances, allowing optional settlements. The Penn Mutual has made one more progressive step, by adding a clause which, first waives the premium; second, pays 10 per cent. of the face of the policy as an annuity, in monthly instalments; third, pays the full face of the policy to the beneficiary at death of insured, regardless of the length of time the insured was disabled.

It is worth while investigating.

## Penn Mutual Life Insurance Company

E. R. ECKENRODE, General Agent. 604 KUNKEL BLDG.