

WOMEN'S INTERESTS

The Right to Judge Others

By BEATRICE FAIRFAX

A certain unfortunate restlessness seems to have taken possession of most of us to-day. We rush about from pleasure to pleasure and from task to task as feverishly as if Satan were driving—and, perhaps, he is.

Our restlessness, our ceaseless yearning for something new, our excited craving for entertainment and pleasure has brought us to a pass where we are morbid and neurotic, and none too stable morally.

"I didn't mean any harm," is a cry that goes up on every side. It comes from the girl who has flirted with a married man and made his wife unhappy and jealous. It comes from the boy who has drifted into a love affair with a girl and has brought disgrace on himself and her and both their families.

It comes from the accused thief who "borrowed" a little money from his firm with the intention of paying it back. It comes from the neglectful mother whose children have gotten into grave mischief while she was away from home seeking amusement and diversion.

"Amusement" and "diversion" seem to be our high gods to-day. They cause us to rush about madly. And all this feverish rushing about makes us like squirrels in cages. We expend the maximum of energy and get the minimum of result.

If we do not take this feverish desire for change in time we end up in sinistaria or prisons! Yes, it is as bad as all that.

Girls are accused by men of not being fine, honest creatures, such as their mothers were. And men are accused by girls of having no respect for good women. And we all indulge in vituperation and mud-slinging and say that the world is going to perdition.

The world isn't going to perdition particularly—but we, who inhabit it, are rushing along without thought or guidance and are landing ourselves in a private little hell of our own making.

The best way out is the simplest. Find something worth while and concentrate on it.

If the woman who weakens her moral fiber by gadding about in search of pleasure will treat herself to the joys of being a homemaker and a helpmate and a true mother, she will find something in life vastly more interesting and satisfying, even if less stimulating, than her highbals and tango teas.

If the man who drives the chariot of his life and his pet racing car sixty miles an hour in a whirl from roadhouse to roadhouse and pleasure to pleasure will devote himself to being a good son or a kind husband, or a successful member of his firm, he can not fall to get results a trifle more valuable than a headache next morning and the beginnings of diabetes and gout!

The modern unrest is whirling us over the edge of an abyss. It is time we put on the brakes!

Automatic Telephone Elected By Big Majority

At last Harrisburg will have telephone service of "quality as well as quantity!"

Cumberland Valley Telephone Company of Penna. Federal Square

LUXURIES HAVE BEEN FORGOTTEN

War Has Driven Even Lack of Necessities From German Minds

Stockholm, Sweden, Nov. 8.—(Correspondence of the Associated Press.)—One thing after another has disappeared so gradually from German markets since the war began that the very existence of certain luxuries and some things that were once considered necessities, has been forgotten. It was the experience of a correspondent of the Associated Press who had been in Berlin since the war began, and for many years before, to find, upon his arrival in Stockholm, the butcher shop and grocery windows filled with foodstuffs he had seen scarcely a suggestion of in Germany for many months, and the restaurant bills of fare also served as pleasant reminders of ante-bellum days when the German restaurants, as much as those of any country, were prepared to supply a great variety of the foods.

Germany is not starving, and there is no fear there that it will, but the people are doing without far more things than they realize, having become so gradually accustomed to the loss or curtailment of certain delicacies. Bacon—which the correspondent had not seen in Germany for months—is plentiful here, of course; butter, lard and olive oil, seen in the grocery shops offered a really irresistible appeal to one who had scarcely known them for so long. There were different cuts of pork; the correspondent had had a small portion of pork twice in three months. He found many kinds of bread, while the only kinds he recently knew were rye mixed with potatoes and wheat mixed with rye. There was real coffee, which one cannot obtain even in the best hotels or millionaires' homes in Germany.

The taste of "French-fried potatoes and bread" is a new thing, for no German household has enough fat to permit indulging in this luxury. With baskets of bread on the tables in hotels and restaurants, and no butter required as a condition precedent to partaking, it seemed almost irregular and even wasteful. An order for macaroni brought a quantity greater than a household of two could obtain in Berlin for a whole week. A single order of cold meats contained more than the amount allowed per capita in Germany for a week.

What, then, it may be asked, are the Germans eating? The answer is: Bread, potatoes and other vegetables, one-half pound of meat weekly when it can be obtained, and canned, fresh and smoked. The disappearance of the legumes—lentils, peas and beans—has been especially felt by the poorer people, but the beans and peas are occasionally to be had, but only a negligible quantity. Lentils, of which the Germans were very fond, disappeared in the first weeks of the war.

On this food, if it can be obtained, one cannot starve, but the poorer people, who either get nothing but potatoes and bread or who do not know how to get the most out of what they do get, complain of the monotony of the fare and that they are continually hungry. A number of women of this class, however, made a small demonstration in front of the city hall of one of the municipalities of Greater Berlin, declaring that they were hungry. "You shall not be allowed to starve (verhungern)," said the mayor, "but you will have to be hungry (hungern)."

This is undoubtedly the spirit animating all but an insignificant number of Germans. They are aware that they will not starve, and they are willing to make the sacrifice for the Fatherland implied in the mayor's words. And they are the better able to make this sacrifice because, as has been illustrated, they do not realize just how great it is.

BUSY SUNDAY FOR READING

The Reading did an immense business on Sunday. On the Lebanon Valley the crew hauled 3,400 cars and those on the East Penn 2,300. More than 500 empty coal cars were sent to the soft coal regions on Sunday, and with those previously forwarded, the bituminous shipments have been greatly stimulated. The anthracite mines are in full operation and shipping an average of 1,500 cars every day.

Weak, Nervous Ohio Woman Made Well By Delicious Vinol

Bellefontaine, Ohio.—"My blood was very poor—I was in a weak, nervous, run-down condition. I tried different remedies without benefit and one day my druggist told me about Vinol. I tried it and built me up in every way—blood, strength and nerves—and I tell my friends it is the best medicine on earth."—Mrs. Earl Brunson.

Vinol, which contains beef and cod liver peptones, iron and manganese peptones and glycerophosphates, sharpens the appetite, aids digestion, enriches the blood and in this natural manner creates strength.

George A. Gorgas, Druggist; Kennedy's Medicine Store, 321 Market street; C. F. Kramer, Third and Broad streets; Pharmacy, 1225 Derry street, Harrisburg, also at the leading drug stores in all Pennsylvania towns.

HOT WATER THE BEST LIVER AND BOWEL MEDICINE

Says glass of hot water before breakfast washes poisons from system.

Physicians the world over recommend the inside bath, claiming this is of vastly more importance than outside cleanliness, because the skin pores do not absorb impurities into the blood, causing ill health, while the pores in the ten yards of bowels do.

Men and women are urged to drink each morning, before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach, liver, kidneys and bowels putting more food into the system.

Just as soap and hot water cleanse and freshen the skin, so hot water and limestone phosphate act on the eliminative organs.

Those who wake up with bad breath, coated tongue, nasty taste or have a dull, aching head, sallow complexion, acid stomach; others who are subject to bilious constipation, or who should obtain a quarter-pound of limestone phosphate at the drug store. This will cost very little, but is sufficient to demonstrate the value of inside bathing. Those who continue it each morning are assured of pronounced results, both in regard to health and appearance.

LATE ELECTION FLASHES

PLURALITY FOR HUGHES IN NEW HAMPSHIRE

Manchester, N. H., Nov. 8.—The result of the presidential election in New Hampshire which had been generally regarded as safely Republican was in doubt to-day. With 21 precincts missing unofficial returns gave Hughes a plurality of 1869 votes, the vote being: Hughes 42,325; Wilson 40,458.

ELECTION EXTRA!

Harrisburg.—If the results of the Presidential election are in doubt at 4 o'clock the Telegraph will issue an Election Extra in case definite results are received before 6 o'clock.

AMERICAN-HAWAIIAN STEAMER SHELLED

London, Nov. 8.—The American-Hawaiian steamship Columbian of 8579 tons gross is sending out wireless telegraph calls for help, stating that she is being shelled by a submarine.

HUGHES CARRYING WISCONSIN

Milwaukee, Wis., Nov. 8.—At noon to-day Hughes was leading President Wilson in Wisconsin by more than 18,000. Senator LaFollette has the greatest plurality of any of the candidates, his lead over Wolfe with 853 precincts unreported, being 59,349.

HUGHES WINNING IN INDIANA

Indianapolis, Nov. 8.—At 1.30 this afternoon Hughes was leading in Indiana with 2424 of the 3142 precincts in the state reported, by 10,538. The figures were, Hughes 276,234; Wilson 265,696. Complete returns from 36 of the 92 counties in the state are included in these totals.

HUGHES WINNING IN MINNESOTA

St. Paul, Nov. 8.—President Wilson's lead over Hughes in Minnesota decreased gradually this afternoon as returns came from rural sections of the state. In 1590 precincts out of a total of 3024 Wilson had 120,080 votes to 113,166 for Hughes.

AHEAD IN OREGON

Portland, Ore., Nov. 8.—256 precincts out of 1630 in Oregon give Hughes 13,923; Wilson 13,338.

CLOSE IN WASHINGTON

Seattle, Wash., Nov. 8.—Returns from 1218 precincts of 2385 in Washington give Hughes 94,711; Wilson 103,516.

NEW MEXICO VOTE CLOSE

Santa Fe, N. M., Nov. 8.—Returns from 112 precincts in New Mexico give Hughes 5419; Wilson 5614.

Miss Fairfax Answers Queries

A MAN'S FRIENDS

Dear Miss Fairfax: For eighteen months I have been keeping company with a young man who is two years my senior. I love him dearly and I am sure my love was always reciprocated until recently, when he started to associate with a young man whom I very much dislike. My friend knows that I have very good reason for my actions, but says I should not interfere.

I am sure it would break my heart to leave him and yet we can never be friends if he continues to associate with this man. I have written to you of this before, but did not receive any answer.

Would you permit this young man to dictate to you as to your feminine friends? His friends, though obnoxious to you, are a great deal to him, and I think you are altogether too exacting. In any event, it very seldom pays for a woman to try to dictate to a manly man as to his masculine associates. Unless the "rule of contention" is a really undesirable citizen you had better dismiss argument about him from your mind.

THE GREAT UNMARRIED

"Provision for the maintenance of the people in comfort and the facilitation of marriage at the age of reproductive vigor are the two paramount duties of a cultivated community."

There is no question that intemperance in work, as instanced to-day in America and Great Britain, is inimical to love and marriage in the best years of life. Love is so undervalued as a source of happiness, a means of grace, and a completion of being, that many men would sooner work to keep a motorcar than to marry.

"Town life fosters celibacy in all classes of workers, except the unskilled and casual toilers of the slums, where imprudence is a sign of despair."

"The amount expended by some men upon whisky and soda would keep a wife and family in comfort."

"Reform of the marriage law is sternly and persistently opposed by celibate bishops and clergy."

"If some of the activity applied to the attempted suppression of sexual vice were devoted to making the state of sexual virtue less difficult, great triumph for the moralists would ensue."

"Industrialism and commerce must be adjusted to life and not permitted to kill all that constitutes living."

"The reign of the Victorian prophets is nearing an end."

—Freat Unmarried, by Walter Gallichan.

WHO IS CIGARET?

Cigaret, splendid vagabond of John Roland's "The Six-Pointed Cross in the Dust," is one of the most unconventional heroes introduced to us in many a long day. Yet this modern knight of fellows down on their luck by their own fault seems to have been inspired by a living man. Dr. Roland's foreword explains the wayfarer who tramp the highways and frequent the hedges of the Central Europe he knows well—mostly journeying, seeing the world, failures, and driftwood, little men who have found life too big for them.

But there are others still; big men, who have found ordinary life too small, too narrow. And of these was, or still is, the man about whom this story has been written. We called him "Cigaret." Just why, I never knew. And it was said that he was an Archduke of the Austrian House of Hapsburg. Why we said this I know quite well. And this story will bear me out. But whether Archduke of a great imperial house, or merely the Cigaret whom we all knew and loved, he was, as my story shows him, always a loyal gentleman and a devoted friend."

COMPENSATION

Diner — "This is a very small piece of chicken you have given me water."

Waiter — "Yes, sir; but you will find it will take you a long time to eat it!"

THE READING

Harrisburg Division—23 crew first to go after 1 p. m.; 14, 8, 3, 24, 19, 7, 1. Eastbound—57 crew first to go after 1 p. m.; 61, 69, 59, 55, 51, 53. Engineer for 53. Firemen for 67, 2, 8, 14, 19. Conductors for 51, 53, 67. Brakemen for 51, 53, 64, 61, 69, 8, 23. Engineers up: Bruaw, Pletz, Middaugh, Schuyler. Firemen up: Miller, Anspach, Hancher, Folk, Kinderman, Yowler, Dellinger, Easley, Strayer, Wonderlich, King, Witcomb, Landis, Adams, Carr, Stanbaurg & Co. Conductors up: Alleman, Danner, Sowers, Fleagle. Brakemen up: Rischel, Hoke, Sipe, Crosson, Dye, Wise, Folk, Nowark, Smith, Conklin, Trone, Warren, Siegfried, Ensminger, Norford, Gardner.

SAYS SHE FELT SO BLUE ALL THE TIME

Marie Smith Is Joyous Over Recovery of Her Health Brought Back By Tanlac

ONE BOTTLE DID IT

One of the happiest girls in Harrisburg is Miss Marie Smith, who lives at 1825 Park street, for Tanlac has brought back to her the sparkle to her cheeks and the smile to her eyes.

Only the other day she said "I was all run down and terribly nervous and dependent. I felt all the time as if something unpleasant was going to happen and it made me feel so blue. I didn't sleep a bit good and I felt as if I was too tired to do anything just for a good rest but I just couldn't get rested."

"And then somehow I started taking Tanlac. I think somebody must have told me about it but anyhow mother wanted me to try it because she had heard about it helping so many people."

"So you know I took one bottle and it made all the difference in the world in the way I feel. I just want to sing all the time and I am as happy as can be all the time. I am not tired now and I sleep just as soundly all night long. I go to sleep as soon as my head touches the pillow and I never budged until they call me in the morning."

"The one bottle did me so much good that now mother is taking it and I feel sure that she is looking better already."

Tanlac, the famous reconstructive tonic and invigorant is now being especially introduced here at Gorgas' Drug Store where the Tanlac man is meeting the people and explaining the merits of this master medicine.

EVERY RAILROAD MAN SHOULD READ THIS

Peterson Bros., Dear Sirs: I was afflicted with what the doctors said were Varicose Ulcers, and up until about five weeks ago I have been treating them for about a year and five months. While all the treatments that were prescribed to me by several doctors I received little benefit, and they kept spreading and gave me much distress and caused me to quit my work.

I was induced by a brother brakeman to try Peterson's Ointment, and after I had used two boxes I saw the wonderful results. You can tell suffering ones troubled with ugly, painful and horrid ulcers that your Ointment is a cure for them when everything else fails, as I have tried about everything.

Thanking you many times over, I am, your happy friend, Chas. J. Heyser, Battle Creek, Mich., 42 Glenwood Ave., Jan. 12, 1916.

"I know and dozens of people write me," says Peterson, "that Peterson's Ointment also cures eczema, old sores, salt rheum, piles and all skin diseases, and all druggists sell a big box for 25 cents."—Advertisement.

Use Telegraph Want Ads

Reports from Every State

All Agree that Lydia E. Pinkham's Vegetable Compound Wonderfully Relieves Woman's Suffering.

From all parts of this country the clearest evidence is constantly coming to the office of the Lydia E. Pinkham Medicine Co. of Lynn, Mass., proving the wonderful power shown by Lydia E. Pinkham's Vegetable Compound in controlling ills peculiar to women. Here are letters from Vermont, Arkansas and New Jersey:

It Cured Me!

Roxbury, Vt.—"A year ago last December I was taken with a female trouble and doctored for it but did not get any help until I took Lydia E. Pinkham's Vegetable Compound. My back troubled me a good deal and these troubles lasted so long that I grew terribly poor and I felt a great deal easier lying down. No one knows what I suffered. I did not dare consult another doctor I was so afraid he would say I had got to have an operation. I can truly say that Lydia E. Pinkham's Vegetable Compound was a god-send to me for after suffering about eight months this wonderful medicine cured me."—Mrs. NELLIE E. FRENCH.

Her Best Friend.

Weehawken, N. J.—"I must call you my best friend for what your remedies have done for me. I am 50, and am passing through the Change of Life and for some time I felt bad but since I took Lydia E. Pinkham's Vegetable Compound I feel fine and will recommend it to every woman who suffers as I did."—Mrs. KATHIE LEONHARDT, 419 7th St., Weehawken, N. J.

Had Awful Pains in Side.

Branch, Ark.—"Every month I suffered with cramping pains and I had awful pains in my left side. I was very irregular. I had a tired feeling all the time and did not sleep good at night. I took Lydia E. Pinkham's Vegetable Compound and in three months I was well."—Mrs. MAE GATTIS, Branch, Ark.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Free-Time and Work Feature

of our house-to-house inspection of gas lighting appliances is proving especially popular with our consumers.

Watch for our Lighting Service Man in your neighborhood and let him make all your gas lights clear and bright.

He will inspect, clean and adjust your lights—Free of Charge.

Where new mantles or parts are needed—regular retail prices for material only—the same that you would pay at our showrooms.

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\$2.50 SUNDAY November 12

RONUD TRIP

WASHINGTON OR **BALTIMORE**

SPECIAL TRAIN LEAVES

Harrisburg	7:03 A.M.	Emigsville	7:40 A.M.
New Cumberland	7:15 A.M.	York	8:03 A.M.
Goldboro	7:30 A.M.	Baltimore	Arrives 9:33 A.M.
York Haven	7:36 A.M.	Washington	10:40 A.M.
Mount Wolf	7:43 A.M.		

Returning, leaves Washington 5:50 P. M.; Baltimore 6:55 P. M.

PENNSYLVANIA RAILROAD

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