

Uric Acid in meat excites Kid- Good Fellowship Night neys and Irritates the Bladder.

It is also fine to promote the growth of hair, and relieves itching and dandruff."

ASTHMA

Simple Harmless Remedy Brings Quick Rellef.

Many cases of immediate rellef and rapid recovery from Bronchial Asthmathron and the rapid recovery from Bronchial Asthmathron and lungs are being credited to a discovery made by Dr. Eugene Howard of Worcester, Mass, Dr. Howard's promable the saliva and comes in the form of a tablet which in the mouth. Its curative slowly in the mouth and the spasmodic lung action. These tare so, powerful sand regulate the spasmodic lung action. These tare so, powerful sand for the state shelt in their mouth when going to bed and can then lie down and good night's restful sleep. And say in their action that many users who for years were obliged to sit up in bed greport that they now put a sing sleep report that they now put a sing sleep rep



HEADQUARTERS FOR SIDES & SIDES

Use Telegraph Want Ads

INSTITUTE FOR DAUPHIN COUNTY

Chairman Edward S. Keiper Arranges For An Interesting Series This Month

The annual farmers' institutes in Dauphin county under the auspices of the Pennsylvania Department of Agriculture will be held this month with sessions at Gratz on Monday and Tuesday, November 13-14; Halifax on Wednesday and Thursday, November 15-16, and at Linglestown on Friday

and Saturday, November 17-18.
County Chairman E. S. Keiper, of
Middletown, has arranged attractive Middletown, has arranged attractive programs for the Gratz, Halifax and Linglestown meetings and has been assigned the services of E. B. Dorsett, of Mansfield, State expert in farm management and marketing and dairying; F. H. Fassett, of Meshoppen, an expert in matters pertaining to apple, peach and fruit culture; Paul R. Guldin, of Yellow House, a poultry expert, and Professor Franklin Menges, of York, one of the best soil, crop rotation and corn culture experts in the State.

State.

Some of the subjects Mr. Dorsett will discuss are building up the dairy herd, the silo as a factor in dairying, co-operation for farmers, organization of farmers and two splendid evening lectures.

of larmers and lectures.

Mr. Fassett will speak on care and management of the orchard, spraying, thinning, handling and marketing, orchard insects and their natural enember.

chard insects and their natural enemies.

Mr. Guldin will talk on poultry for the general farmer, essentials of successful chick rearing, how to feed the laying hen, the business side of poultry keeping and the State and the farmer.

Professor Menges will talk on corn breeding, ways of introducing clovers into rotation, insect life in agriculture and natural ways of maintaining the fertility of the soil.

at Zion Lutheran Church

Noted Authority says we must flush Kidneys with Salts if Back hurts.

We are a nation of meat eaters and our blood is filled with uric acid, says us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but be belond of this irritating acid, but be constantly on guard against kidney trouble.

When your kidneys ache and feet blood to poison the entire system. When your kidneys ache and feet is irritable, obliging you soek relief during the night; when you have severe headaches, nervous stomach or rheumatism in belander is irritable, obliging you soek relief during the night; when you have severe headaches, nervous stomach or rheumatism in beland to refer the properties of the church. In the church—Halar, in memory of the bladder is irritable, obliging you so seek relief during the night; when you have severe headaches, nervous stomach or rheumatism in beland to the properties of the church. In the church—Halar, in memory of marian Rue, by her move that the head is in urine so it is no longer as few days your kidneys will act fine. This famous salts is made from the clogged kidneys, to neutralize the acids in urine so it is no longer as source of irritation, thus ending urinary and bladder disorders.

ACTRESS TELLS SEGRET

A Well-Known Actress Tells How She Darkened Her Gray Hair With a Simple Homemade Mixture

Miss Blanche Rose, a well-known actress, who darkened her gray hair and make it soft and glossy with this simple recipe, which they can mix at home. To a half-pint of water add 1 oz. of bay rum, a small box of Barbo Comply rum,

Two Kinds of

Merchandise

dise is made just

to Sell - and - a

great deal of this kind is sold. The

store selling it

thinks it is profit-ing by such sales.

The reverse is true. The only kind of

goods that it pays

a store to handle is

reliable merchandise. No store that

hopes to forge into

the first rank will

ever realize its ex-

pectations until it

ceases to handle

"cheap goods."

A low price
point is always

commendable, pro-

viding it applies to

a trustworthy

article, but to

quote low prices at

the expense of

quality is danger-

Bowman's stand for quality—and next to that—low price.

Needle Books For Christmas

These practical necessities for the home sewer are

scarce - they are mostly

in getting a supply regard-

less of the war conditions

— a goodly assortment

with prices ranging from

cipient.
BOWMAN'S-Main Floor

15c to \$1.00

Wall Paper

Inexpensive Papers for bedrooms, kitchens, halls and attic rooms, with borders to match, at, roll, 5¢.

Non-fading Oatmeal Pa-pers in all the newest and dur-able colors; with perfectly matched borders or binders;

roll, 11¢.
Grass Cloth and Fabric Ef-

fects, printed oatmeals; tap-

estries, in the very latest of

high class wall decorations, at

Opening the Holi-

day Doll Show

hundreds, yes, thousands

of dolls must be dressed be-

fore Christmas comes, and

to make a doll's trousseau

And such a host of dressed dolls - beautiful.

Come and buy now and

escape the hurry and con-

fusion of later.
BOWMAN'S—Basement

nice and fine takes time.

Early? To be sure, but

roll, 20¢, 28¢ and 35¢.

BOWMAN'S—Fourth Floor

Made in assorted coloring of leather-always a pleasing gift for the re-

We have been successful

made in Germany.

Some merchan-

FOUNDED 1871

The Advantages of Bowman Specialization Are Evident in the Splendid Values in

Tailored Suits at Popular Prices

Every woman of culture and good taste recognizes the necessity of "dressy apparel"; and the same time desiring garments that are of good quality, stylish, and in refined taste. This triumvirate of essentials is encompassed in "Bowman" apparel, which is the acme of perfection in designing and workmanship.

And Now a Clear-away of Our Stock of Highest Grade Suits

and every woman interested in correct clothes should be here to make selection at this

time.
"Beauty does not plead for recognition: it commands it."

Suits at \$35.00, \$49.50, \$65.00 The luxury, elegance and artistic effects set forth in this superb collection, we be-

lieve surpasses anything hereabouts in value-giving. Among them are suits made of

Broadcloth — Velour — Gabardine — Velvet

in all the new colorings including green, taupe, sand, Burgundy, Santiago brown, Mohawk, mahogany, navy and black

These rich luxurious fabrics trimmed with seal, mole, opossum, raccoon and skunk furs.

Linings of beautiful plain and fancy silks. Among the models are some master creations of Hickson, Inc., of New York—the most noted of American fashion authorities for Suits and Tailleur frocks

Come! You will be shown different styles until one satisfies your every desire.

Also-of popular interest we direct your attention to tailored suits at

\$18.50 \$25.00 \$15.00

The woman who imagined that she must pay a high price in order to have a smart stylish suit will be agreeably surprised when she sees these at "popular prices.

They were carefully chosen in regard to style - they are critically chosen in regard to quality — and we firmly believe that you will not find corresponding values elsewhere.

Handsome new models, many of them copies of highest

grade suits — suits for street, dress and business wear, made of broadcloth, serge, gabardine — fur trimmed; velvet and plush collars. Lined with peau de cygne. Colors — black, navy, green, taupe and Burgundy.

An abundant supply in every size - also plenty of the An abundant suffy, larger sizes as well.

BOWMAN'S—Third Floor



Opening of Bowman's Fall Sewing Machine Club

Featuring the new two-spool sewing machine.

-No bobbins to wind.

-You use two spools of thread.

-Case of beautiful quartered oak, rich golden finish, with six drawers.

\$1.00 delivers a new two-spool machine to your home.

Come and see these wonderful sewing machines — an experienced operator will tell you about them in detail.

BOWMAN'S-Fifth Floor.

Our Toy Town Is Open



There's a big display all ready for you in the basement. What fun for the youngsters! Bring them to see all these lovely interesting and amusing domestic and imported devices specially conceived and made for their pleasure.

Teddy Bears — the kind with squeaking noise; 39¢, 69¢, 98¢, \$1.49 to \$2.98.

Kiddie Kars — the one toy

that mostly delights the little folks, \$1.00, \$1.50 and \$2.50. Mechanical and Electrical Trains - made by one of the

best American manufacturer's. A variety of kinds, at \$1.25, \$2, \$2.50, \$3, \$3.50 to \$5. Electric Trains, \$4 to \$12.50. Friction and Iron Toys, in an endless assortment-space

will not permit description of these articles. Friction toys 50¢, 98¢ and \$2.48. Iron toys, 25¢ to \$1.98.

White Enamel Toy Furniture— Chairs and rockers, 98¢ and \$1.25. White enamel dressers, chiffoniers, tables, doll beds, etc.,

98¢ to \$4.98. American Model Builders-one of the most instructive toys-50¢ to \$7.50.

Magic Lanterns, 98¢ to \$2.98.
Moving Picture Machines, \$2.98 to \$9.98.
Steel Wagons, 50¢ to \$2.25.

Pony Wagons, \$1.69.

Coaster Wagons, \$3.49 to \$5.98. Express Wagons, \$2.98 to \$5.98. Velocipedes, \$1.98 to \$16.98. Tricycles, \$7.48 to \$13.98.

BOWMAN'S-Basement

Gas and Electric Portable Lamps

A feast for lovers of beautiful lamps and of beautiful homes.

We're ready with a superior exhibit of superb boudoir, library, parlor and floor lamps and shades.

-The variety is comprehensive.

-They are very beautiful.

-The prices are moderate.

To attempt to describe these exquisite lamps in detail would be baffling because of the many beautiful ones.

They are here in all their radiance, from simply fashioned to those of unique and original designs.

We invite you to inspect them, whether or not you expect to buy.

Gas Portables — with metal base and metal trimmed shade; art glass panels; including burner, mantle, chimney and connecting gas hose. Prices, \$7.50, \$8.50, \$11.50, \$12.50, \$14.50 to \$17.50.

Electric Portables - metal base; metal trimmed shade; art glass panels; equipped with six feet of \$7.50, \$8.90, \$11.50, \$13.50, \$14.50 to \$16.50.

Boudoir Electric Lamps — mahogany wood pedestal with 8-inch silk shade, in assorted colors. Complete, \$2.39. Banquet Electric Lamps — mahogany wood pedestal, with 10-inch silk shade; assorted colors. Complete, \$4.39 and \$5.90.

Parlor Electric Lamps — mahogany wood pedestal; 14-inch silk shade; assorted colors. Complete, \$7.50.

BOWMAN'S—Basement.

