

OF INTEREST TO THE WOMEN

"THEIR MARRIED LIFE"

Copyright by International News Service

Helen, shivering in her berth, lay back and tried to think. The fact that it was so late was alone sufficient cause to worry her.

Helen had packed her watch in her traveling bag, but she decided to try and get it out just to satisfy herself as to the time, and she reached down and lifted the bag up to her berth.

A slight sound at the end of the car made Helen's heart beat faster. Could it be Warren coming at last?

"What time is it, Warren?" "About halfpast 2," Warren took his things that Helen had handed him and was about to leave as he spoke, but Helen put out her hand detainingly.

"Just a minute, aren't you going to tell me what is wrong?" "There's nothing wrong, I tell you. Here, give me my things and I'll have the porter make up a berth somewhere else."

"Oh, no, Warren," pleaded Helen. "Please don't, dear. I won't ask you anything more." She would rather give in to Warren to any extent than to have such a humiliating thing as that happen.

Warren, the berth is all ready for you."

"Oh, so you have the upper berth made up, eh?" Warren said. "All right, I'll come back and go to bed. Leave the light burning, will you?"

"All right, I will; hurry, dear, won't you? It's so late, and you won't want to get up to-morrow morning."

She tried to speak casually so as to calm Warren's excitement, for she saw plainly that he had been drinking enough to make him quarrelsome. Warren never did anything of the kind, and she had always flattered herself that whatever else she had to worry her, at least she was free of that anxiety.

She would reach Glenville about ten o'clock, and she hastily prepared to get down and go out to the dressing room. The night had seemed horrible, and as she climbed down the ladder she saw that Warren was still sleeping heavily.

Whatever the day was to bring forth she was determined to keep from her father and mother the fact that anything was the matter. And there was still the joy of seeing Winifred left to her at any rate.

Warren mumbled something, but she could not distinguish the words, and she heard him get into bed and settle down for the night.

What the day was to bring forth she was determined to keep from her father and mother the fact that anything was the matter. And there was still the joy of seeing Winifred left to her at any rate.

AUTUMN COSTUME IN MIDDY STYLE

White Collar and Bandings Give Quite a Touch of Smartness

By MAY MANTON



9172 (With Basing Line and Added Seam Allowance) Middy Blouse, 34 to 42 bust.

9156 (With Basing Line and Added Seam Allowance) Five Gored Skirt, 24 to 34 waist.

This is a very smart suit and at the same time a simple suit. It consists of a five-piece skirt and a blouse that is made in middy style, but the blouse is finished with a new cape and has entirely distinctive pockets so that it is quite novel and essentially of the season.

For the medium size the blouse will require, 3 1/2 yards of material 36 inches wide, 3 1/2 yards 44 or 2 1/2 yards 54, with 3/4 yard 36 inches wide, for the trimming. For the skirt will be needed, 4 1/2 yards 36, 3 1/2 yards 44 or 2 1/2 yards 54, for serge or any material without up and down; 6 1/4 yards 36, 5 1/4 yards 44 or 2 3/4 yards 54, if material has figure or nap; the width at the lower edge is 3 1/4 yards.

The blouse pattern No. 9172 is cut in sizes from 34 to 42 inches bust measure, and the skirt No. 9156 in sizes from 24 to 34 inches waist measure. They will be mailed to any address by the Fashion Department of this paper, on receipt of 15 cents for each.

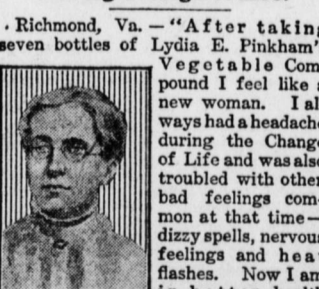
OCTOBER FREIGHT BUSINESS The loaded freight car movement passing the eight junction points on Pennsylvania Railroad lines east of Pittsburgh for the month of October showed a decrease of 85,619 cars, or 8.2 per cent, compared with the same month last year.

At Lewistown Junction, generally held to furnish the best indications of traffic movements, the figures showed 112,427 cars moved, a decrease of 10,678, or 8.7 per cent. Decreases at this point shown in bituminous coal and miscellaneous freight eastbound with coke showing a material gain. West-bound miscellaneous freight aggregated 27,019 cars, a gain of 2,254, or 10.3 per cent.

WANTS TAFT TO AID PEACE New York, Nov. 6.—Theodore Marburg, who was United States Minister to Belgium in 1912-13 and who is now chairman of the committee on foreign organization of the League to Enforce Peace, in an address at the Mount Morris Baptist Church, yesterday morning, suggested that ex-President Taft be sent abroad to ask the allies to declare themselves now for the principle embodied in the program of the league.

HEAT FLASHES, DIZZY, NERVOUS

Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.



Richmond, Va.—"After taking seven bottles of Lydia E. Pinkham's Vegetable Compound I feel like a new woman. I always had a headache during the Change of Life and was also troubled with other bad feelings common at that time—dizzy spells, nervous feelings and heat flashes. Now I am in better health than I ever was and recommend your remedies to all my friends."

Such warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness. For these abnormal conditions do not fail to take Lydia E. Pinkham's Vegetable Compound.

FOODS THEY BUILD OR DESTROY

AMAZING BUT RARELY SUSPECTED TRUTHS ABOUT THE THINGS YOU EAT

By ALFRED W. McCANN

Years of Neglect by Federal and State Officials Resulted, Sept. 29, 1915, in the Most Far-Reaching of the Many Exposures Which Have Been Visited From Time to Time Upon the Serious Evils and Abuses of the Butter Industry of America—Commercial Enterprise, Usually at the Bottom of Food Intoxications, Was on This Occasion Responsible for the Beneficial Changes Which on a Small but Significant Scale Were Brought About by an Appeal to the Enlightened Selfishness of a Few Decent Butter Makers.

Sept. 29, 1915, the butter consumer learned for the hundredth time that the butter industry maintained conditions so gross that a description of their details was scarcely credible in the eyes of the uninformed.

After years of persistent protest, in which the editors of trade papers devoted to the butter-making industries made many curious efforts to deter mine for their clients just how strong the movement for safe, pasteurized butter might really be, the makers of "stunk butters" began to realize that the exposure of Sept. 29, 1915, meant voluntary reform from within or forced reform from without.

With the miserable truths concerning the insanitary rottenness of modern butter-making, the modern trickery employed in renovating decomposing cream by the use of white-wash, soda ash and Dominion cleanser, and the spread of disease to children, of which there are thousands of recorded cases traceable to infected butter, was found, when the exposure came, a group of authorities in high places who had not possessed the courage to perform their plain duty in the face of the unsavory facts with which they were intimately familiar.

Not only were authorities in high places involved in the exposure, but temples of light, such, for instance, as the University of Wisconsin, were forced to issue a curious assortment of feeble explanations which did not explain.

The truth about butter, which had been withheld so long from the members of the Legislature of five States, members of the State health departments of five States, members of the health department of the City of New York, the food and dairy commissioners of the entire country, the hundreds of centralizing plants and renovating plants of Iowa, Wisconsin, Illinois and Minnesota, the thousands of wayside creameries of the Union, and the principal advisers of at least two governors.

For three years prior to Sept. 29, 1915, the New York Globe, a daily newspaper, had financed an effort on my part to obtain safe, good butter for New York City.

FERTILIZERS CAUSING ARREST State Agents Find Some Samples Not Up to Guarantees and Not Registered

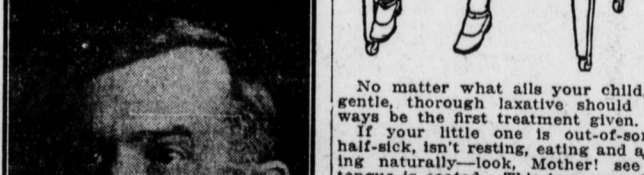
Twenty-two prosecutions for the sale of commercial fertilizers that had not been registered and seven prosecutions for the sale of fertilizers that did not meet the manufacturer's guarantee upon analysis have been ordered at the State Department of Agriculture.

When the analysis of 936 samples of commercial lime and fertilizers, collected by the agents of the Pennsylvania Department of Agriculture, was made by the State chemist it was found that seven samples showed deficiencies in guaranteed nitrogen and phosphoric acid. The samples came from Lancaster, Luzerne, Bucks, Erie, Susquehanna, Chester and Dauphin counties and in all cases were fertilizers of Pennsylvania manufacture.

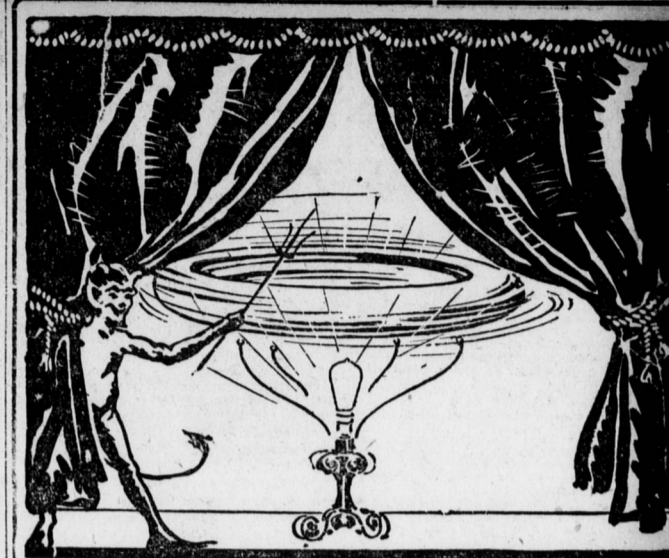
Fertilizer manufacturers and dealers were warned in the Spring about selling any brands that had not been registered with the State, but twenty-two cases have resulted from the Fall inspection work. Seventeen of the unregistered brands picked up by the agents of the Department were manufactured by firms outside of the State and five are made by firms in Pennsylvania. The prosecutions have been brought against the dealers selling unregistered brands as follows: Cumberland county, 4; Toga, 1; Lancaster, 2; dams, A2; Chester, 2; Bucks, 2; Somerset, Clinton, Lebanon, Perry, Carbon and Snyder.

Fertilizers to be legally sold in the State must be registered with the Pennsylvania Department of Agriculture before they are sold, offered or exposed for sale. The depot has ruled "We must insist upon complete registration before fertilizers are offered for sale or orders solicited so as to avoid our making defendants of our Pennsylvania citizens when these violations occur."

Yesterday Was the Birthday Anniversary of—



W. L. FORRESTER. The Telegraph extends congratulations to the proprietor of a well-known men's furnishing store.



What Makes It Whirl? 7 P. M. to 9 P. M. Daily, Nov. 4th to 11th

Thurston, the Great Magician As an extra attraction we will present a brand new Miller Geared-to-the-Road Tire to fit the car of the first lucky motorist who records the nearest estimate of the actual number of revolutions made by the tire in a run of ten hours.

Sterling Auto Tire Co. Distributors of Miller Tires 109 SOUTH SECOND ST., HARRISBURG, PA. Three hundred and fifty feet from Market Square.

Does Your Husband Drink? Druggist Tells How to Cure the Liquor Habit at Home

Free Prescription Can Be Filled At Any Drug Store and Given Secretly H. J. Brown, 409 West Superior Ave., Cleveland, Ohio, was for many years a confirmed drunkard. His friends and relatives despaired of ever redeeming him. His sister sought the best medical men in Europe in the hope that she might find something which would cure him. Finally she was recommended to an eminent chemist who gave her a private formula (the same as appears below) and told her how to use it. She had it filled at the drug store and gave it to him secretly. The results were startling. In a few weeks he was completely cured. That was over eight years ago and he has not touched a drop since. He now occupies a position of trust and is enthusiastic in his efforts to help others overcome the liquor habit. He feels that he can best do this by making public the same formula which cured him. Here is the prescription: Go to any first class drug store and get 14 Tescum powders. Drop one powder twice a day, in coffee, tea or any liquid. It is harmless, tasteless, odorless and cannot be detected. You can use it without the knowledge of anyone. A lady who recently tried it on her husband reports: "My husband was on a spree when I got the powder, and he usually stays drunk from three to four weeks at a time. After putting the powder in his coffee for four days, he sobered up and has not taken a drink since and says he is through with it forever. He also complained that whisky did not taste the same. I shall not tell him what did it, but I am grateful for this help and shall recommend it whenever possible."

NOTE—A leading druggist when shown the above article said: "Yes, tescum is a very remarkable remedy for the drink habit. It is harmless, perfectly effective and is having an enormous sale. I advise everyone who wishes to destroy the liquor habit to give it a trial." It is sold in this city by H. C. Kennedy, and all other first class druggists, who guarantee it to do the work or refund the money.—Advertisement.

Labor Shortage and Car Shortage Made a Coal Shortage

A nation-wide alarm is felt concerning the coal supply and panicky efforts are being made to cover needs.

There has not been a time in twenty years, until this year, when cars were scarce all through summer. Such a thing has not been known. Yet we had a car shortage all summer.

It has been known for nearly a year that America was short of labor. If the coal mines are to produce any such amount of coal as there is an apparent demand for now—they must have at least 10 per cent. more men. However, these men are not to be had.

The mining regions lost last year, and this year a certain number of men went to the armies of Europe. They lost a certain other number of men to other lines of industry.

The Anthracite and Bituminous situation is serious. The demand for coal has gotten beyond the health state; in fact it is bordering on a panicky state.

United Ice & Coal Co. Forster & Cowden 15th & Chestnut Third & Boas Hummel & Mulberry Also, Steelton, Pa.

from Oven to Table. RUHL'S BREAD Quality in every loaf Bell Phone brings wagon. RUHL'S PENBROOK BAKERY

Workmen's Compensation Act Blanks We are prepared to ship promptly any or all of the blanks made necessary by the Workmen's Compensation Act which took effect January 1. Let us hear from you promptly as the law requires that you should now have these blanks in your possession. The Telegraph Printing Co. Printing—Binding—Designing—Photo-Engraving HARRISBURG, PA.

Greatest enemies of your TEETH

—are Pyorrhea and decay. Both usually develop only in the mouth where germ-laden tartar is present.

"But I brush my teeth," you say. Yes, you brush them, but do you REALLY CLEAN them?

Tonight, after brushing your teeth, go to the mirror and examine them. In all probability you will find an accumulation of tartar on the enamel and bits of food deposit hiding in the crevices.

Senreco, the formula of a dental specialist, REALLY CLEANS. It embodies specially prepared, soluble granules unusually effective in cleaning away food deposits. Moreover, it is particularly destructive to the germ of Pyorrhea.

Go to your dealer today and get a tube of Senreco—keep your teeth REALLY CLEAN and protect yourself against Pyorrhea and decay.

Send 4c to Senreco, 304 Walnut Street, Cincinnati, Ohio, for trial package.

"PREPAREDNESS" See your dentist twice yearly Use Senreco twice daily The tooth paste that REALLY CLEANS

It Is SAFE to Talk Confidentially Businessmen—from bitter experience—have learned it is unsafe to talk confidential matters over the old-fashioned manual telephone.

The chances for "leaks" are too great to discuss business affairs of importance. But—It is absolutely safe to discuss the biggest deals

---Over the Automatic--- False connections are impossible on the AUTOMATIC telephone. When you rotate the dial and get your man, you are certain you can talk to him in hundreds or in millions without danger of some one "tapping" in. Drop into the Automatic Exhibit to-day. Be convinced that here "at last" is the telephone you can safely use in your business. "At the Sign of the Dial" Cumberland Valley Telephone Co. of Pa. FEDERAL SQUARE