

You Can Have Soft White Hands



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DRINK WATER TO AVOID SICKNESS SAYS AUTHORITY

Glass of hot water before breakfast daily keeps the doctor away.

Sanitary science has of late made rapid strides with results that are of untold blessing to humanity. The latest application of its untiring research is the recommendation that it is as necessary to attend to internal sanitation of the drainage system of the human body as it is to the drains of the house.

Those of use who are accustomed to feel dull and heavy when we arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, water and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the phosphated hot water is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatic stiffness, others who have swollen skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

TURN HAIR DARK WITH SAGE TEA

If Mixed With Sulphur It Darkens so Naturally Nobody can Tell

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmother's recipe, and folks are again using it, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage. Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound" for about 50 cents a bottle. It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time; by morning gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications, it also produces that soft luster and appearance of abundance which is so attractive. This ready-to-use preparation is a delightful toilet requisite for those who desire a more youthful appearance. It is not intended for the cure, mitigation or prevention of disease.—Advertisement.

NUXATED IRON

Increases strength of delicate, nervous, run-down people 200 per cent. in ten days in many instances. \$1.00 forfeit if it fails as per full explanation in large article soon to appear in this paper. Ask your doctor or druggist about it. Croll Kaller, G. A. Gorgas always carry it in stock.

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FOUR NEW CODES

BEING PREPARED

Sanitation and Safety Regulations Will Be Submitted at Public Hearings

Four additional codes for safety, to protect the workers in Pennsylvania industries from accident and disease, are now being formulated for adoption by the Industrial Board of the Department of Labor and Industry.

These four codes regulating the manufacture of explosives, paints and colors, chemicals and establishing rules for sanitation in all industries, will probably be adopted by the Industrial Board for enforcement before the end of 1916, according to an announcement made to-day by Commissioner of Labor and Industry John Price Jackson. Eighteen codes for safety have been adopted by the Industrial Board during the last two years.

Commissioner Jackson has assigned the preparation of these latest codes, which are of a highly technical character, to Dr. Francis D. Patterson, chief of the Division of Hygiene and Engineering, of the Labor Department. The engineers and physicians of that division are formulating the regulations in co-operation with engineers and officials of the plants and workers in the plants affected by the codes.

Colonel Lewis D. Bryant, Commissioner of Labor for the State of New Jersey and other representatives of his department, also co-operating with the officials of the Pennsylvania Department of Labor and Industry in the preparation of the codes for the manufacture of explosives, paints and chemicals, and it is expected that these codes will be adopted simultaneously in New Jersey and Pennsylvania, making uniform regulations for industries which have plants in both States.

The code, to govern the explosive industry and on which a number of hearings have been held, is now in final draft and copies have been distributed to the committee representing the manufacturers of explosives and nitro and amido compounds. This committee will meet Friday, October 27, in the North American Building, Philadelphia, for final consideration of the completed code, after which it will be offered to the Industrial Board for adoption.

The code, to regulate the manufacture of paints and colors, will be the subject of a hearing, also to be held in the North American Building, Monday, October 23, which Labor Commissioner Bryant of New Jersey and representatives of paint plants will express their views of the projected regulations. This code will mark a new era in paint manufacture, one of the oldest enterprises in this country. Some Pennsylvania plants have been continuously manufacturing paints since as early as 1791, and heretofore the manufacture has been subject to government regulation excepting for the laws which apply to industries in general.

The Sanitation Code which will specify sanitary conditions which must prevail in every plant, and varying according to the numbers of employes and character of the product, is now in its first draft and will be mailed to a committee consisting exclusively of physicians in Pennsylvania for their consideration and suggestions.

The Chemical Code, to regulate the manufacture of chemicals, will also be referred to a committee of representatives of chemical plants in the near future. Dates for hearings will be fixed later for the consideration of these codes on sanitation and chemical manufacture.

The complete committee to consider the code on explosives and nitro amido compounds includes the following persons: Dr. Francis D. Patterson, Department of Labor and Industry; J. B. Brownstein, Trojan Powder Company, Allentown, Pa.; S. Rand, Aetna Explosives Company, New York city; J. S. Burton, Burton Powder Company, Pittsburgh, Pa.; C. W. Rishell, Cameron Powder Manufacturing Company, Emporium, Pa.; C. A. Patterson, Du Pont de Nemours Powder Company, Wilmington, Del.; A. B. Mitchell, Benzol Products Company, Marcus Hook, Pa.; J. S. Herbert, Cambria Steel Company, Johnstown, Pa.; T. V. Hodges, Seret-Solvay Company, Syracuse, N. Y.; R. G. Peterkin, Barrett Manufacturing Company, Philadelphia, Pa.; George P. Adams, General Chemical Company, Easton, Pa.; J. B. Douglas, United Gas Improvement Company, Philadelphia, Pa., and James H. Maurer, President of the Pennsylvania Federation of Labor or his representative.

Make Reorganization Plans For Mo. and Iron Mt. Lines

Jefferson City, Mo., Oct. 18.—The reorganization plans for the Missouri Pacific and St. Louis and Iron Mountain railroad systems were presented to the State Public Service Commission by B. F. Bush, the receiver for the property and attorneys representing the roads and the New York banking houses that will undertake the reorganizing plan. It was stated that all interests save holders of bonds to the extent of \$3,000,000 supposed to be in Germany, have assented to the plan.

The commission was told that one system under Missouri charter will be made out of the seven thousand miles of the two lines.

Pau. D. Cravath, of New York, stated that a syndicate had underwritten \$45,000,000 in cash, or as much of that amount as may be needed to take up the \$25,000,000 of gold bonds, and also to pay off some \$3,400,000 of interest now due.

MARRIED AT PHILADELPHIA

Progress, Pa., Oct. 18.—Mrs. Philip Hepsmith and daughter and Mrs. J. Wise and daughters, Elizabeth and Katherine, left for Philadelphia yesterday to attend the wedding of Mrs. Hepsmith's son, Joseph J. Hepsmith, who was married to Miss Loria Griell, of Philadelphia; the ceremony took place this morning at St. Peter's Cathedral at ten o'clock. Misses Elizabeth and Katherine, Wise, nieces of the groom, acted as flower girls. After the wedding, Mr. and Mrs. Hepsmith left for New York, Niagara Falls and Washington, D. C. Mr. Hepsmith, is a son of Philip Hepsmith, a wealthy farmer of Progress.

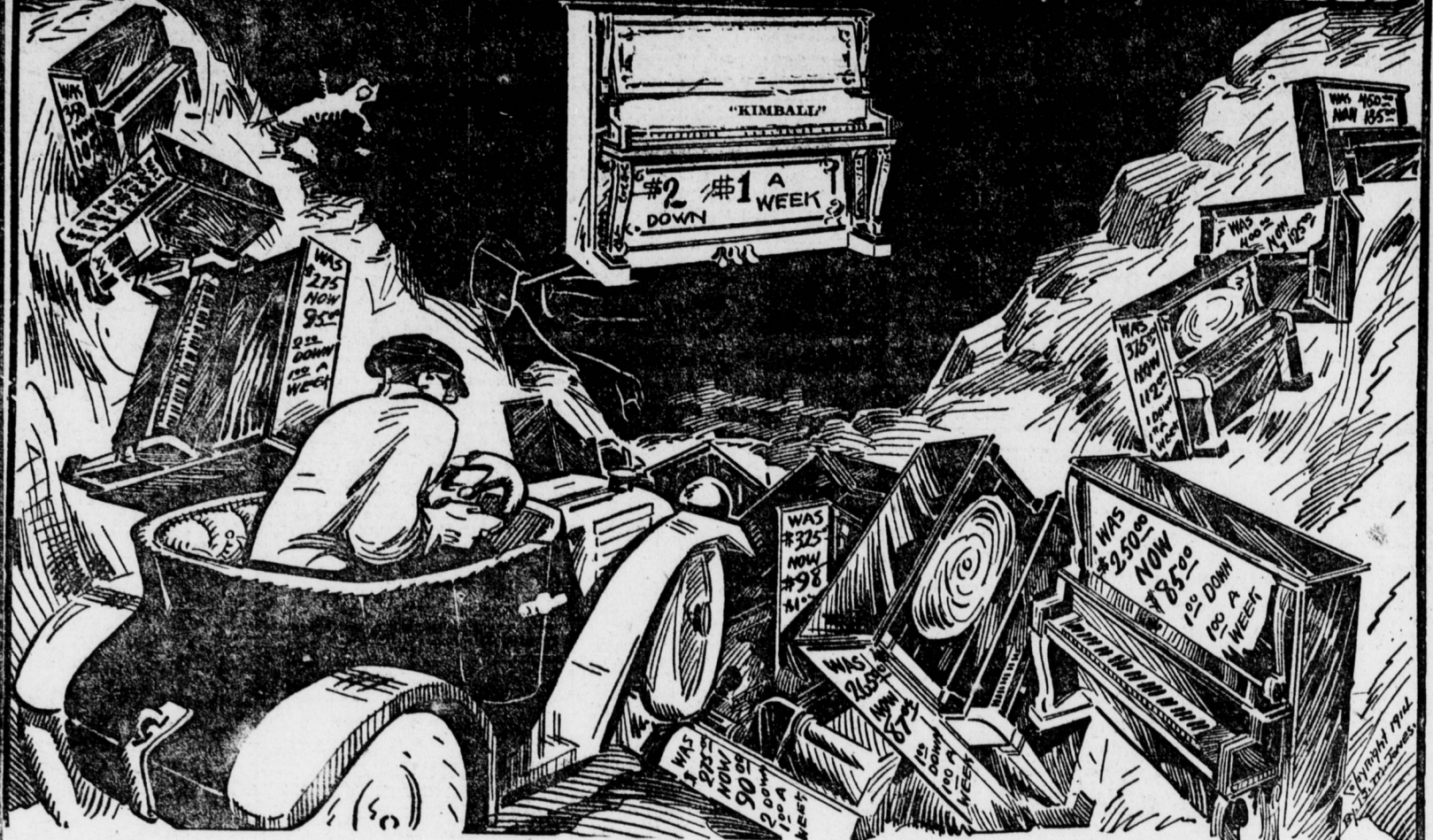
PASTOR GIVEN NEW CHARGE

Hershey, Pa., Oct. 18.—The Rev. O. B. Romig, of Hershey, has just been appointed by the Rev. Dr. D. D. Lowery, conference superintendent, as pastor of the New Holland charge in Lancaster county. This charge has recently become vacant on account of the sudden death of the Rev. W. W. Fridinger, and consists of two strong, well-organized churches. The Rev. Romig preached his first sermons on the charge last Sunday.

HORNER-BAKER WEDDING

Lisburn, Pa., Oct. 18.—On Sunday George Horner, of New Cumberland and Miss Ella Anna Baker, of Fairview township, York county, were married by the Rev. F. W. McGuire at the parsonage here.

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This player will be the first player to go on sale Friday morning and the first buyer that comes here Friday will buy the greatest Player Piano Bargain ever offered in the entire history of Piano selling. Look at the price and the terms.

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Three Big Piano Specials Go On Sale Immediately--Look at the Prices and Terms

WAS \$225
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DOWN \$2.00
PER WEEK \$1.00

NEW PIANO

WAS \$275
NOW \$94
DOWN \$2.00
PER WEEK \$1.00

NEW PIANO

WAS \$285
NOW \$125
DOWN \$2.00
PER WEEK \$1.00

NEW PIANO

Another new Piano to go at this price and on these terms come here early and ask to be shown this Piano. We will make a great reduction for cash or good payments.

Ask to see this Piano. The price is marked down to \$94 and the terms are cut to \$2 down and \$1 per week. Ask to hear this Piano played.

Another brand new Piano Bargain at a price that will sell these Pianos quickly. Come here at once and ask to see this Piano; it goes on sale at once.

This PIANO REDUCED TO \$247

NEW PIANO EASY TERMS

This PIANO REDUCED TO \$199

NEW PIANO EASY TERMS

This PIANO REDUCED TO \$287

NEW PIANO EASY TERMS

This PIANO REDUCED TO \$125

RENTED PIANO EASY TERMS

This PIANO REDUCED TO \$90

USED PIANO EASY TERMS

We will take Organs or used Pianos as Part Payment on new Pianos during this sale.

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