

# Why Not Have Real Good Hair



## Cuticura Will Surely Help You

If you have dandruff your hair will be dry and thin. Try one treatment with Cuticura. Rub spots of dandruff with Ointment. Next morning shampoo with Soap. Sample Each Free by Mail

## DRINK HOT WATER IF YOU DESIRE A ROSY COMPLEXION

Says we can't help but look better and feel better after an inside bath.

To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken each day leave in the alimentary organs a certain amount of indigestible material, which, if not eliminated, form toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you are told to drink every morning upon arising a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweetening and purifying the entire alimentary tract, before putting more food into the stomach.

Men and women with sallow skins, liver spots, pimples or pallid complexion, also those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headaches, bilious spells, acid stomach or constipation should begin this phosphate hot water drinking and are assured of very pronounced results in one or two weeks.

A quarter pound of limestone phosphate costs very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphate act on the inside organs. We must always consider that internal sanitation is vastly more important than outside cleanliness, because the skin pores do not absorb impurities into the blood, while the bowel pores do.

## We Had 1000 of These Eyeglass Mountings at \$1.00 each



There are only a few left. They are going fast and cannot be duplicated for less than \$2.00 each after these are sold. If you need a good mounting now or think you will in the future, it will pay you to buy now. Your lenses can be put in now or later free of charge.

This price does not include lenses. **E. S. Lebold OPTOMETRIST** 302 Market St., with H. C. Claster

## Best Furnace Coal

Our Wilkes-Barre Stove is the kind and size of coal used in most furnaces in this city and vicinity. Its quality hasn't varied in years, and it produces a longer burning bed because it is cut from mammoth veins—and is the heart of anthracite.

These days of higher priced coal you want all coal. Be particular and order Kelley's famous Hard Stove for your furnace.

**H. M. Kelley & Co.** Office: 1 N. 3rd St. Yards, 10th and State Sts.

Use Telegraph Want Ads

# FOODS THEY BUILD OR DESTROY

AMAZING BUT RARELY SUSPECTED TRUTHS ABOUT THE THINGS YOU EAT By ALFRED W. McCANN

That Portion of the Public Which Persistently Refuses to Believe That the Milk Industry is in a Demoralized and Dangerous Condition is Confronted by the Public Act of a Governor of New York State, Whose Statement, Issued to the Press March 6, 1914, Reveals in a Few Words More of the Underhand Activities of the Dairy Producers Business Than all the Public Prosecutions of Recent Years—Overnight This Statement Succeeded in Opening Eyes That Were Seemingly Closed Forever.

When facts, proved by documentary evidence, concerning the manner in which Governor Glynn was deceived into appointing a "padded" Milk Commission, were laid before him, he took into his own hands the treachery by which it was proposed to use the office of chief executive of the State to prevent the exposure of gross irregularities in the milk industry and to interfere with all legislation aimed at the milk abuses not only of New York but of the entire country.

March 6, 1914, the Milk Commission was reorganized and the governor issued the following statement:

"At the time I appointed the commission, as the result of a cleverly executed trick on the part of certain milk dealers, I did not know of their operations in connection with the paid lobbyists of certain scientific laboratories to defeat all legislation for better and cleaner milk.

"I did not know that members of my commission had attended the conference at Buffalo, December, 1913, with officers of the New York State Ice Cream Manufacturers' Association, at which conference it was decided that no standards should be adopted to control the sanitary character of ice cream.

"I did not know that one week later at the convention of the New York State Dairymen's Association at Syracuse, an attorney for one of the trade journals was shoved into the program to read a paper on 'Meddles and Muddlers.'

"I did not know that two members of my commission had warned the Syracuse dairymen that there was likelihood of reform legislation in 1914, which would have to be blocked because it might prove dangerous to pasteurize dirty milk, as is now being done, if such legislation were enacted.

"I did not know that one of my members had three men thrown out of the committee on resolutions of the New York State Dairymen's Association, in order to substitute three men of his own crowd, when it became known that the New York Milk Committee intended to ask for an endorsement of standards that would better the milk supply.

"I did not know that in appointing one of my commissioners I was appointing a man who the farmers think is active in representing their interests, but who has shown marked signs of sympathy with the milk dealers.

"I did not know that I was appointing a person to the commission who had charged Dr. Harvey W. Wiley in writing with taking \$20,000 from the State Dairy Farm, and who had repeated these charges to club women of the General Federation of Women's Clubs all over the country.

"I did not know that this person when charged by Dr. Wiley with these accusations denied them, although in the meantime two of the written charges with signatures attached had been placed in my possession.

"I did not know that there were some strong motives on the part of some of my advisers for heading off an investigation which would reveal one of the most infamous conspiracies against public health ever recorded in this State.

"I did not know that I was appointing a person to the commission who had charged Dr. Harvey W. Wiley in writing with taking \$20,000 from the State Dairy Farm, and who had repeated these charges to club women of the General Federation of Women's Clubs all over the country.

"I did not know that this person when charged by Dr. Wiley with these accusations denied them, although in the meantime two of the written charges with signatures attached had been placed in my possession.

"I did not know that there were some strong motives on the part of some of my advisers for heading off an investigation which would reveal one of the most infamous conspiracies against public health ever recorded in this State.

"I did not know that I was appointing a person to the commission who had charged Dr. Harvey W. Wiley in writing with taking \$20,000 from the State Dairy Farm, and who had repeated these charges to club women of the General Federation of Women's Clubs all over the country.

"I did not know that this person when charged by Dr. Wiley with these accusations denied them, although in the meantime two of the written charges with signatures attached had been placed in my possession.

"I did not know that there were some strong motives on the part of some of my advisers for heading off an investigation which would reveal one of the most infamous conspiracies against public health ever recorded in this State.

"I did not know that I was appointing a person to the commission who had charged Dr. Harvey W. Wiley in writing with taking \$20,000 from the State Dairy Farm, and who had repeated these charges to club women of the General Federation of Women's Clubs all over the country.

"I did not know that this person when charged by Dr. Wiley with these accusations denied them, although in the meantime two of the written charges with signatures attached had been placed in my possession.

"I did not know that there were some strong motives on the part of some of my advisers for heading off an investigation which would reveal one of the most infamous conspiracies against public health ever recorded in this State.

"I did not know that I was appointing a person to the commission who had charged Dr. Harvey W. Wiley in writing with taking \$20,000 from the State Dairy Farm, and who had repeated these charges to club women of the General Federation of Women's Clubs all over the country.

"I did not know that this person when charged by Dr. Wiley with these accusations denied them, although in the meantime two of the written charges with signatures attached had been placed in my possession.

pointing seven creatures who by their conduct have indicated that they were ready to jeopardize the dignity of the executive chamber to obtain their ends, not stopping at the betrayal of the chief executive himself.

"The necessity of studying the milk situation was urged upon me through channels which I trusted implicitly. The creation of a milk commission was proposed as the best means of inquiring into the facts concerning milk production and distribution as they relate to the producer, the distributor, and the consumer.

"When a list of names was handed to me as the most disinterested and efficient group obtainable under the indorsement of the New York State Agricultural Society, there was nothing left to do but to make the appointment.

"It was not explained to me at the time that there was already on file scientific data concerning milk obtained from nearly every State in the Union, as the result of investigations and conferences conducted under the auspices of the National Commission on Milk Standards.

"I was not informed that the proposed milk standards had been indorsed by the American Public Health Association, the American Medical Association, the American Veterinary Association, and the International Milk Dealers' Association, as well as by numerous other civic organizations interested in the purification of our national milk supply.

"Now that I learn that some of the members of the commission have openly boasted that they have plenty of money to use for the purpose of interfering with legislation and intend to use it for such purpose, it may be possible that serious bribery charges will grow out of the evidence now accumulating.

"In the meantime the friends of pure milk may be assured that the governor's milk commission will never accomplish the work which it has made such a brazen effort to undertake."

So ended the milk commission as a body, but the activities of its former members did not end, as we shall see.

## Saturday Was Birthday Anniversary of—



EARLE E. RENN.

Young attorney of this city who is already beginning to make his mark in the legal world. During the last session of the Legislature Mr. Renn was an assistant in the State Legislative Bureau. He is taking an active interest in politics and is quite a stump speaker for such a youngster.

## City Briefs

**Socialist to Lecture.**—W. Scott Bennett, of Australia, will lecture on Saturday evening at Third and Verbeke streets, under the auspices of the Socialist party.

**Fair Held For Court.**—Charged with stealing clothing, a watch and a locket, Clarence Williams was held under \$300 bail for court by Alderman Hilton on Saturday night.

**Wreck Delayed Train.**—A near-end collision of freight trains seven miles north of Renovo last night, delayed all passenger trains from the north into Harrisburg over the Northern Central railroad.

**Camp Curtin Firemen to Meet.**—Members of the Camp Curtin Fire Company will hold a special meeting tomorrow night to arrange plans to attend the State Firemen's convention at Scranton next week.

**Overheated Stove Starts Fire.**—An overheated oil stove in the home of George Good, 1722 North Fourth street, started a small fire yesterday afternoon. District fire apparatus responded to an alarm from Box 62, Fourth and Hamilton streets. The damage was slight.

**Drops Liquor Jailed.**—When Robert Burnley, colored, dropped two quarts of liquor on the pavement at Fourth and Market streets, Saturday night, his wife began quarreling with him, according to the police. Both were sent to jail on disorderly conduct charges.

**Labor Unions to Meet.**—An open meeting of all labor organization members to discuss political conditions will be held next Sunday evening at 7:30 in White's Hall, Verbeke and James streets.

**HUGHIE DOUGHERTY IS BACK IN PHILA. A PUBLIC CHARGE**

Philadelphia, Sept. 25.—Haunted by hallucinations and broken in health and spirit, more blind than when he went West and practically penniless, Hughie Dougherty, the veteran Philadelphia minstrel, arrived in this city yesterday in the custody of a Los Angeles court officer. He had been sent back to his old home at the direction of a judge of the Superior Court of California because he had become a public charge in an insane asylum of that state.

## Harpoon Dated 1861 Found in Swordfish

Los Angeles, Sept. 25.—The body of a large swordfish was washed up on the shore near the mouth of Topanga canyon. The fish had been dead but a short time. Firmly imbedded in its back was part of a harpoon. It was badly rusted, but when extracted the name "Leed" and the figures 1861 were discernible.

"The fish had grown firmly around the head of the harpoon, and the exposed part had rusted and crumbled away to a great extent.

## Razor, Used Twice a Week for 72 Years, Still Sharp

Hagerstown, Md., Sept. 25.—To shave with a razor twice a week, without honing or grinding, for seventy-two years, is something that Joseph Kuhn, of Hancock, can boast about.

Mr. Kuhn, who is now 85, when 13 years old, was presented with the razor, which he has used regularly twice a week, and which, he says, is still in excellent condition.

# A Great Stroke to Stop the Terrible Fire Loss

A great move by a great fire-fighting organization takes place today.

A direct factory branch of the Pyrene Manufacturing Company goes into operation at once.

It is a great institution for fire protection. A large, select, highly trained, well-equipped organization of fire-prevention specialists.

Any factory, any building, will be inspected and reported on by men who know how best to equip establishments to prevent fire and to save lives.

This inspection service is under the direct personal supervision of Chief Guerin, widely known as the man who organized the New York Fire Prevention Bureau.

The fire loss in this territory must be cut down 50 to 75 per cent. Horrible fires, paralyzing industry and destroying property and human life, must cease.

This stroke of the Pyrene Company opens the way. It is equivalent to putting a fire station in each home, factory, school, church, hospital and office building.

Pyrene can be operated by any man, woman or small child. It puts out fires quickly, surely, when they start.

## Pyrene Manufacturing Company

Makers of a Complete Line of Fire Appliances

C. LACY FULLER, Division Manager

823 Widener Building

PHILADELPHIA

Bell Telephone, Walnut 5364



**Pyrene**  
KILLS FIRE  
SAVES LIFE