

OF INTEREST TO THE WOMEN

Being Sorry For Yourself

By BEATRICE FAIRFAX

Sympathy is a very splendid thing when you bestow it on others. But it is dangerous and weakening when you administer it to yourself in large doses.

Many of us have a very good time with our sorrows and miseries. We hug them to ourselves—and actually enjoy them.

Who doesn't remember the time when, as a child, punishment which seemed unjust was meted out and he lay sobbing on his bed planning his own funeral and the weeping and wailing that would go on when it was too late. Oh, the luxury of that misery!

Grown older and more valuable the child flings out at someone who hurts him. "You'll be sorry when I'm not here any more"—planning the while to run away from persecution and being so sorry for the poor little abused self he visions.

Grown to manhood, that child is probably too busy to be sorry for himself very often. But grown to womanhood, his twin sister indulges in the doubtful pleasures of self-pity far too frequently.

It is against the morbid joys of self-pity that I want to warn women.

I read a very lovely little verse not long ago. Its musical expression charmed me. Here it is, read it over and notice how it lifts—and then read it again and see what a perfect example it is of the thing I criticize.

"When I am dead and over me
Shakes out her rain-drenched hair,
Though you should lean above me
Broken hearted,
I shall not care.

"I shall have peace, as leafy trees
Are peaceful
When rain bends down the bough,
And I shall be more silent and cold-
hearted
Than you are now."

An exquisite bit of verse that—and an exquisite illustration of what a good time we have being sorry for ourselves.

What a useless performance self-pity is! If one could talk to the lady in the lyric, how one would like to say: "My dear madam, why break your heart about this cold and cruel person who has not the inclination to cherish you when you are living and whose notice you only hope to get when he mourns your death. You can't have any fun out of that notice; so why not forego it and proceed now to live and be happy and useful?"

It's always like that. Being sorry for yourself leads you to sit helplessly by, visioning how the people who have abused you will grieve some day over their failure to appreciate you.

Being sorry for yourself is a very expensive luxury. You indulge in it and expend therein everything which might lead you to action and to a forceful course in the world where neither you nor any one else would have cause to pity you.

Don't ever sit still and indulge in an orgy of weeping over your misfortunes. Instead get up and throw them off. Refuse to be miserable. Be ashamed to be miserable. You can't be very minute you stop being sorry for yourself and are disgusted with yourself for sitting still and feeling persecuted.

SOME PATTERNS FOR THE LAYETTE

Infant's Coat and Cap Will Both Require Lining For Colder Weather



By MAY MANTON

9140 (With Basting Line and Added Seam Allowance) Infant's Coat and Cap, One Size.

The Layette always is entitled to serious consideration. The cap and the coat are all important and these are the best models that can be suggested. The little cap is a perfectly simple one, made in one-piece and fitted by darts. These darts may either be seamed or laced together. Being smooth, it protects the little head and at the same time the cap can be taken without the smallest discomfort. The coat is full below the yoke with a cape and rolled over collar. It would be pretty made of cashmere or of drap d'été or soft silk. For cold weather, all these materials will require an interesting as well as a lining, but they are liked at all seasons and they are pretty and baby-like. Ribbed silk is used sometimes and is handsome and falls silk makes an exceedingly beautiful coat, but the cashmere and drap d'été are quite correct, soft and cozy and altogether satisfactory.

For both the coat and cap, will be needed, 2 1/2 yards of material 36 inches wide or 2 yards 44.

The pattern 9140 is cut in one size. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Miss Fairfax Answers Queries

ASK FOR ITS RETURN
By BEATRICE FAIRFAX

DEAR MISS FAIRFAX:

I am a young married woman and while in the country I was introduced to a man who resides there. I found that he was an habitual drinker. I spoke to him about it, and when I left for home he promised to reform. Later I sent him my picture with my husband's permission.

Since then I hear he has not kept his promise, and as I want to keep the respect and esteem of my friends there, I am anxious that he should return my picture to me. Will you kindly advise me how to go about it. I assure you your advice will be greatly appreciated.

I suppose you felt that giving this man your picture as a token of friendship might be "an anchor to his wardrobe." But, after all, it never could have succeeded in influencing him to give up drinking unless his own conscience urged him to do the right thing. The only thing for you to do is to write him a little letter telling him that both you and your husband were interested in a man who wanted to make an honest effort to cure himself of his weakness, but that since you see he is not trying and perhaps never even seriously meant to try, you realize that your influence counts for nothing and that you both agree it would be better to break off useless friendship. In this connection, tell him that you must respectfully insist on his returning your picture.

FOUR CASES OF TYPHOID

Halifax, Pa., Sept. 23.—Four cases of typhoid fever are reported at Matamoras, near here. Those ill with the disease are Mr. and Mrs. Earl Enders, Miss Edna Zeigler and Miss Arthula Hoffman.

THE HARRISBURG ACADEMY

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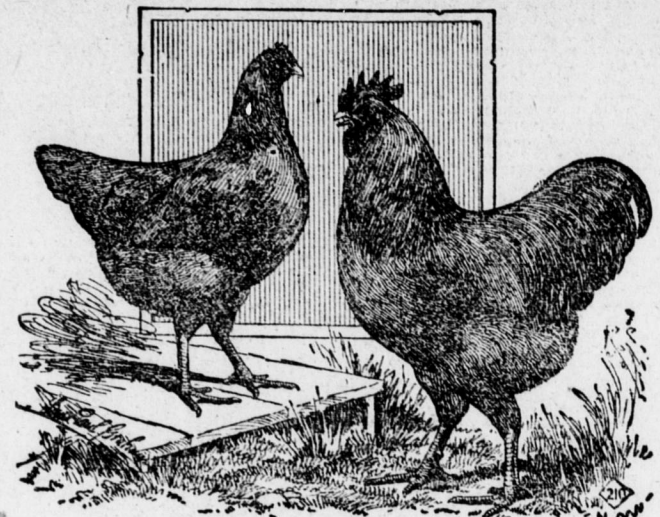
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POULTRY NEWS

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BUFF PLYMOUTH ROCKS

The history of this breed starts about 1893, and is contemporary with Buff Wyandottes. Their origin was largely due to Rhode Island Reds, which have been bred for many years in Massachusetts and Rhode Island. Some fanciers selected a lot of light-colored Rhode Island Reds and exhibited them as Buff Plymouth Rocks and Buff Wyandottes.

They were attracted by their possibilities and used a cross of Buff Cochins and Light Brahmas. The mixture of these bloods and the addition of crosses with Buff Cochins and Buff Leghorns increased rapidly. Improvement in the breed, although it inherited black in the wings and tail from all its ancestors, white in wings from some, feathered legs from the Cochins and Brahmas and white in the earlobes from the Leghorns. Some of these still crop up to-day, despite years of patient effort expended upon the production and perfection of this variety.

White in the earlobes, white and chestnut in the wings and tails, and feathers on the shanks still bother the breeders of Buff Rocks, but by constantly culling such specimens, these traits can be bred out.

Much of the work of producing this variety was done previous to 1893. In that year splendid specimens were exhibited at the World's Fair in Chicago and "admirable" the American Standard of Perfection.

In addition to their beauty the splendid utility qualities of this variety appeal to their breeders and the popularity of Buff Plymouth Rocks increased steadily.

The fowls are large and active, being good foragers, strong layers, rapid growers and give satisfactory results either on the farm with free range or in a small backyard flock. When dressed they are very attractive and find ready sale.

The hens are splendid layers of large brown eggs and will sit, hatch and rear their chicks. The chicks are active and rapid growers, equaling any of our American breeds, and possessing splendid table qualities from brooder size up to roasters.

Standard-bred Stock Is Superior From Every Possible Point of View

The mongrel must go if the Progressive Poultryman competes in the Open Market

By G. R. Smith
Author and Practical Poultryman.

Standard-bred poultry is at the front. No mongrel has half a show in comparison with the blue bloods of any breed. This goes without saying among experienced poultrymen. But there are yet many amateurs who hold to the old myth that standard-bred stock has been pampered and spoiled, and are "fin-and-in" so much that it lacks in physical stamina, and therefore in every quality that is most desirable.

THIS is a great mistake. No man can win in poultry culture until he gets such false ideas utterly out of his head. No man can be a front line breeder of good fowls until he abandons his "mongrel" nonsense and dedicates himself once for all to the breeding of the pure standard stock he can find. The purer the blood and the more standard the stock the more certain he will be to win in the end.

Purity Stands For Quality

The hardest and the most vigorous birds I ever saw purchased from the best standard-bred stock. The man who understands better the "highest qualities" to be sought after in poultry than the top-notch breeders of fancy fowls and the fancier who aims more steadily and more intelligently to secure such qualities. He is a specialist along exactly this line. He never loses sight of his mark. He knows that his business life depends on his hitting this bull's eye of physical stamina three hundred and sixty-five days in the year. No mongrel breeder or dealer can stand up and persistent in this particular than the down-to-date breeder of pure-bred poultry.

Egg-laying qualities are equally superior. Fine feathers and fine physique are by no means the only objective points. Any breeder is distinctly behind the times to-day if he neglects the most of the important and the egg-laying contest. There are thousands of these standard stock men throughout the country, and every one of them who is worthy of the name is giving the most scientific attention to the building of a heavy laying strain of birds.

The man who is seeking after fowls of the highest quality in every respect should purchase his birds from the most reputable producers of the most "blue-blooded" birds. It makes no difference what the breed, but the latest and the choicest product of the most famous yards will permit you to patronize. What dillyman would not prefer the full blooded Jersey or Guernsey or Holstein to the herd of every possible kith and kin and kind and color? The heaviest laying bird I ever owned was a "White Wyandotte of the purest American blood. The famous 314-egg hen, "Lady Eglantine," is a high caste White Leghorn. Never fear the standard-bred stock for high qualities in any direction. The mongrel will be the one to give you the most trouble.

Pure Bloods Compel Admiration

You can't help admiring a standard-bred bird. That means a good deal for a man's business. A merchant's goods must challenge the attention and please the fancy of the customer. Otherwise few sales will be made. Appearance is half the battle.

Mongrels and even crosses are at a serious disadvantage in this respect. Now and then an individual will show unusual beauty, but take the flock as a whole and place it by the side of an equal number of thoroughbreds, and the latter will win out tenfold in commanding the admiration of the public. It is the pure bred Clydesdales, Percherons, Hackneys, etc., rather than the common no-bred country plugs, that command the zealous admiration of the public at the fairs and the horse shows. So it is with blooded cattle, blooded dogs, and blooded cats—and it is just as true with blooded fowls. There is an aristocracy of beauty and symmetry and type that must never be overlooked

Commands Highest Prices

Who ever heard of a fancy price for a mongrel fowl? She is invariably offered at so much per pound, according to current market prices. One would be laughed at if he were to offer mongrel fowls for sale on any other terms. They are simply "hens," to be sold at from fifty cents to a dollar apiece, according to weight.

On the other hand, pure-bred birds are "hens" plus the best breeding skill in the world for fifty, or possibly a hundred, times the price. They are fixed, the color has been bred to a standard, the temperament has become established and well understood—in fact, the fowls have been bred to a purpose generation after generation.

This is of great value to the poultryman, whether he be in the business purely for profit, or wholly as a commercial proposition. The prices he can command and expect for his stock will be determined by the standard quality of his strain. Single birds of such standard-bred stock are frequently sold for hundreds of dollars apiece. It is the pure blood points that command the big figures. Mongrel stock has no standing whatever in comparison with thoroughbreds in this respect.

Quality in Meat and Eggs

Like begets like. White Leghorns produce the best eggs invariably. You can count on certainly on every egg you will get as though you were purchasing the stock under your own eye. Light Brahmas will be just as true, there is no lull in this business. So with all the breeds that are well established. They are DEPENDABLE in everything that you undertake to do with them. This is of supreme value to the poultryman. He must know what he will get from his birds every season and every day.

The quality and quantity of meat can be reckoned with almost unchanging exactness when standard-bred stock is handled. The skin color is a matter of certainty. The size of the carcass can be counted on weeks or months before the chick is hatched. The plumpness of the poultry meat and the percentage of fat may be foretold almost with the certainty of an eclipse or the rising of the sun. Do you doubt the value of this to the poultryman? If you do, consult any proprietor of a city poultry market that is worthy of your patronage.

Standard-bred stock will produce eggs of uniform color and size. The dark egg is in demand in certain markets, the pure white eggs is in demand in other markets. Whatever color your market demands that you should aim to supply. The mongrel is utterly dependable in this respect. This one fact should instantly put the mongrel out of the consideration.

It is truly amazing what a heterogeneous mess of eggs in size and color and shape the breeder of mongrels will bring to market! An attempt to classify them is usually hopeless. Every egg is likely to be unlike every other egg! How different the ship

Prices of eggs are gradually soaring

and in the large markets they will soon be worth a nickel apiece. To insure the greatest profits from his flock the poultryman must prepare his pullets to commence laying before cold weather. Prof. James B. Morman has written an article on this subject for next week.

City Briefs

Bitten by Dog.—Harry Fry, 824 South Cameron street, was severely bitten in the right leg by a dog yesterday afternoon. He was treated at the Harrisburg hospital.

Cars Crash in Storm.—During the storm last night two Second street trolley cars crashed at Second and Seneca streets. No one was injured but both cars were damaged and had to be sent to the barn.

Child Hurt Playing With Dog.—Virginia Hanna, aged 5, daughter of Mr. and Mrs. Charles W. Hanna, 1713 Appleton street, sustained deep lacerations of the cheek while playing with a dog in Reservoir Park yesterday afternoon. It is not known whether she fell or the dog bit her. The wounds were dressed by private physicians.

Baby Falls 25 Feet.—Margaret Stotts, two-year old daughter of Mr. and Mrs. N. Stotts, 117 Adams street, Steelton, fell from the balcony of her home yesterday, to the ground 25 feet below, fracturing her skull. Although the child is in the Harrisburg hospital in a serious condition, physicians say she may recover.



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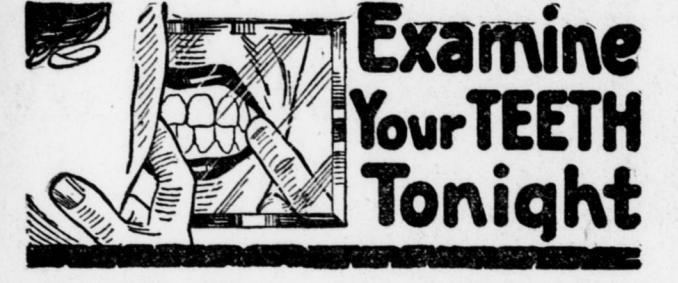
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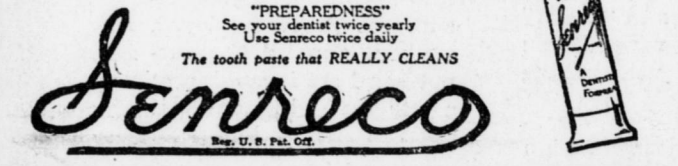
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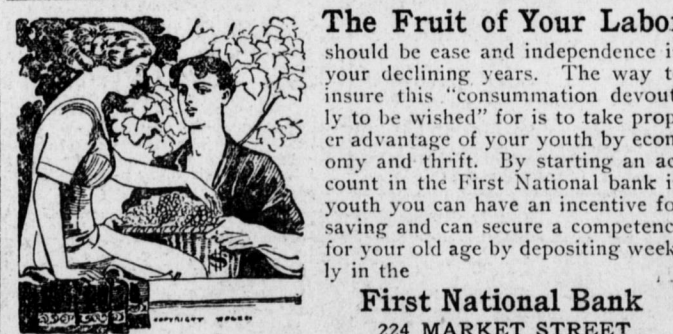
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