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FOODS THEY BUILD OR DESTROY

AMAZING BUT RARELY SUSPECTED TRUTHS ABOUT THE THINGS YOU EAT

By ALFRED W. McCANN

CHAPTER 101. The attitude of a number of food officials toward many forms of food adulteration and interference with which means a fight with powerful commercial interests, is indicated by the peculiar paradox furnished by the State Board of Health.

Inspired by the disclosures that the butchers of R---, N. J., were employing anhydrous sodium sulphite in the preparation of their meat products, I was invested with authority by the health commissioner of N---, N. J.; the mayor of J---, and the health commissioner of H--- to make a survey of the situation in these cities.

In nearly every shop examined the sulphites were found. It was indeed evident that the entire State was the victim of chemically treated meat and meat products.

Circular 117 of the Board of Health of the State of New Jersey, issued October, 1911, at Trenton, over the signature of every official of the State Board of Health, the director of the State laboratory of hygiene and chief of the division of food and drugs, the preservative chief, analyst and assistant analyst of the same division, states the law on this subject as follows:

"If any food contain any added poisonous or other added deleterious ingredient which may render such article injurious to health it shall be deemed to be adulterated, provided that when in the preparation of food products that are preserved by any external application of any preservative the preservative is necessarily removed, mechanically or by maceration in water or otherwise, and directions for the removal of said preservative shall be printed on the package, the provisions of this act shall be construed as applying only when said products are ready for consumption."

Of course, the butchers who employed anhydrous sodium sulphite to brighten their meat products did not label those products showing the poisonous life low to remove the preservative mechanically or by maceration in water, for the simple reason that no housewife in the world is able to remove the preservative in any such manner.

The State Board of Health, however, went even further than this. It provided that all food products manufactured in the State of New Jersey in which preservatives are used, whether preservatives are not now specifically prohibited by the Department of Agriculture of the United States, shall be exempt from the provisions of this act; provided the use of such preservatives is stated upon the label or in branding said products."

If the authorities had really been desirous of putting an end to the anhydrous sodium sulphite abuse, these provisions would have enabled them to act.

When, however, it became evident that the butchers of the entire State were using the drug it also became necessary to appease the wrath of the public by issuing an official statement.

MAINE WRITER TELLS OF VISIT TO GOVERNOR [Continued From Editorial Page] Governor as he lit a fresh cigar and proffered others to his guests.

The ride was over the excellent country road where all Nature was at her best. The wild flowers blooming by the roadside, the air fresh and merry, and the auto whirled the miles rapidly away and in a short time the summer home of Governor Brumbaugh was reached.

"Mayor" Wing gave the welcome of Wayne to the guests, the Governor spoke for the State, while Sam gave the greeting of a dear old friend.

Although Governor Brumbaugh is here for rest and recreation, he still has a keen interest in the political situation, and was free to converse with himself to the Journal. In speaking of this he said:

"Mr. Hughes is well nigh certain of election. Pennsylvania will give him an enormous majority. This is but the general trend of the North and West. The people are tired of having this country made a doormat for any foreign country, and they are bound to end that sort of business. I have found your Maine people very enthusiastic and speaking the same way that I do. I spoke at the Bangor convention and was much impressed with all I saw and heard."

The manner in which your prohibitory law was enforced in Maine is a great surprise to me. For example, W. F. Berry of the Civic League, told me that Lewiston alone has 112 open rumshops, to say nothing of scores of still lower dens where liquor can be obtained. This is a disgrace to all Maine. I fail to understand what the good people of Androscoggin county can be thinking about to permit such a condition of affairs."

"This seems almost incredible. It could not be possible if men would vote as they pray. They do not seem to regret the stigma that they are placing on the good name of Maine. If your men would only throw aside all partisan feeling on election day the State would be redeemed."

"In Pennsylvania we have high license and are now working for local option as a step in advance. Practically we have prohibition in several counties already and those counties there are lay judges. These refuse to grant a license to rum-sellers. These lay judges are men who are not learned in the law but are in favor of prohibition. In my judgment this condition will come within the next ten years."

"Russia has accomplished a wonderful work for prohibition all over the world. The great war display in so many Harrisburg homes and business places? This nickel plating was done by the Nuss Manufacturing Company, Eleventh and Mulberry streets."

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The State Board of Health has done as the State Board of Health has done as it should in the appropriation of funds for the enforcement of the law under which it is compelled to work.

"The State Board of Health has done as it should in the appropriation of funds for the enforcement of the law under which it is compelled to work. Unfortunately the food law in this State is defective in many respects and hampers us considerably because of its indistinctness, and in some instances its weakness. This applies particularly to the use of such preservatives as anhydrous sodium sulphite and compounds of sulphuric acid generally. It also applies to alum, benzoate of soda and other chemicals which are used as preservatives in the preparation of foodstuffs. Personally I am opposed to the use of sodium sulphite or sulphites in food-stuffs. I believe that there is no necessity for the use of substances of this character in food, and there is some evidence to show that these substances may be injurious to health."

"R. FITZ-RANDOLPH, Chief of Division of Food and Drugs. 'WILLIAM G. TICE,' 'Chief Chemist.'"

THE PLACE TO HAVE YOUR NICKEL-PLATING DONE Have you noticed the beautifully nickled silverware which on display in so many Harrisburg homes and business places? This nickel plating was done by the Nuss Manufacturing Company, Eleventh and Mulberry streets."

If you were fortunate enough to get one of these mighty reminders of the gigantic conflict across the seas you'll undoubtedly want to keep it as long as it will hold out. There is but one way to keep it in good condition. That is, have it nickel-plated, so that moisture and the rust of years cannot render it merely a huge, unsightly mass of steel. The longer you keep it the more valuable it becomes. Then why not protect it from the deprecating influences of rust and keep it always new and bright and beautiful? The charges are nominal. In fact, it is low for this class of work. Our work is not limited to this class of plating entirely. We are called upon daily to replate old jewelry, silverware, etc., to polish and refinish metal goods of all descriptions."

Consult us. Perhaps we can reclaim that metal heirloom that you thought beyond repair.—Adv.

PENNSYLVANIA MILK PRODUCTS COMPANY THE RESULT OF ONE MAN'S IDEAS AND IDEALS. A number of years ago a Harrisburg man conceived the idea that by buying up the milk produced by the most careful and healthful dairymen in the State they could find a ready market for the product. However, each dairyman had to live up to certain specifications as to feeding, care of his cattle and cleanliness. He interested a number of men financially in his project. The idea has now borne fruit. The Pennsylvania Milk Products Company is the result. An organization, tantamount in its results to the Central Pennsylvania are the ones that contribute to the output of the Pennsylvania Milk Products Company. The pasteurized milk delivered direct to the homes daily is just this same pure, wholesome milk, but with the bacteria eliminated by a slightly higher temperature. The extreme care exercised in handling the milk, the cream and butter-making, and the use of the best of our milk is the true success of our organization. Were you to make a trip through any one of our various milk depots you'd be instantly impressed with the scientific and efficient methods employed. Order a trial bottle today. Bell phone 3336. Write in touch with our delivery service.—Adv.

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