

How Thin People Can Put On Flesh

Thin men and women—that big hearty, filling dinner you ate last night... What became of all the fat-producing nourishment contained? You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of thin folks the world over. The nutritive organs, your functions of assimilation, are probably sadly out of gear and need reconstruction.

Auto Parties Visit Gretna Cottages Over Sunday

Mount Gretna, Pa., Aug. 29.—On Sunday afternoon an auto party, consisting of Miss Margaret Dum, Miss Marion King, Robert King, John King, Niesley Ulrich, Albert Rinkenbach, George L. King, Jr., and Bruner Campbell, went to Lebanon and Frederickburg. Mrs. Harry Witt entertained there members of Mrs. Lupter's class of St. John's Lutheran Sunday school.

Vigorous Protest Against Repeal of Trolley Ordinance

Mechanicsburg, Pa., Aug. 29.—Professor A. H. Eke, of Mechanicsburg, in a leaflet just issued reviews the controversy between the borough of Mechanicsburg and the Valley Railway Company and vigorously protests against a compromise measure now under consideration by the borough council, which would lower the annual tax by repealing the ordinance of 1911.

MILLIONS TAKING TANLAC TO-DAY

Now Being Introduced for First Time Here Through Gorgas Drug Company. No other medicine has been quite as successful as Tanlac. In 30 States of the Union millions of residents are making the Master Medicine and expressing an abiding faith in its powers over stomach, liver, kidney and catarrhal troubles.

E. W. Carey, the Tanlac man, said last evening: "There is not a single portion of the body not benefited by the healthful work of Tanlac, which begins its action by stimulating the digestive and assimilative organs, thereby enriching the blood and invigorating the whole body. Next, it causes the stomach to thoroughly digest its food, thereby permitting the assimilable products to be converted into blood, bone and muscle. It overcomes all the causes of disease—constipation, indigestion, acidity, flatulence, gas, nervousness, weakness, nervousness and indigestion, and restores the constitution weakened by disease and mental and physical overwork, and quenching an insatiable thirst, and is an unfailing source of comfort to the aged and infirm."

DRINK HOT WATER FOR INDIGESTION

A Physician's Advice. If dyspeptics, sufferers from gas, indigestion, stomach acidity or sourness, gastric catarrh, heartburn, etc., would take a teaspoonful of pure, blenheim magnesium in a glass of hot water immediately after eating, they would soon forget they were ever afflicted with stomach trouble, and doctors would have to look elsewhere for patients. In explanation of these words, a well-known New York physician stated that most forms of stomach trouble are due to stomach acidity and fermentation of the food contents of the stomach combined with an insufficient blood supply to the stomach. Hot water increases the blood supply and blenheim magnesium instantly neutralizes the excessive stomach acid and stops food fermentation. The combination of the two, therefore, being marvellously successful and decidedly preferable to the use of artificial digestives, stimulants or medicines for indigestion.—Advertisement.

FISH FOR A MAN IN RIVER BASIN

Hooking of Human to Be Feature of Kipona Program; Complete Details

How would you like to polish up your fishing rod, overhaul your lines, oil your reel and go a-fishing for a man? How to go a-man-fishing will be thrillingly demonstrated next Monday afternoon on the Susquehanna basin as a specialty feature of the first annual Kipona program. "man-fishing" is a new water stunt for Harrisburg and was suggested for the program by F. E. Langenheim, an engineer of the State Water Supply Commission. Richard Rauck, one of the leading swimmers and canoeists of the city, will likely do the fish act.

Man in a Fish's Job. Except that the rod is a little heavier, the line a little stouter and the reel one of the huge 8-inch surf fishing type, the method of hooking for a man is much the same as fishing for a fish. The fisherman casts from a float and the hook is attached to a sort of harness that is buckled round the shoulders of the man in the water. It is the latter's job to avoid being "played" until he is tired enough to be "landed." Twenty minutes is the time limit allowed for the purpose, and while the task for the man in the water sounds easy, those who have participated in the sport say the "fisherman" really has the easiest job.

Auto Parties Visit Gretna Cottages Over Sunday

Mount Gretna, Pa., Aug. 29.—On Sunday afternoon an auto party, consisting of Miss Margaret Dum, Miss Marion King, Robert King, John King, Niesley Ulrich, Albert Rinkenbach, George L. King, Jr., and Bruner Campbell, went to Lebanon and Frederickburg. Mrs. Harry Witt entertained there members of Mrs. Lupter's class of St. John's Lutheran Sunday school. The party was composed of Mrs. Lupter, Mrs. Stedler, Mrs. Stout, Mrs. Dugan, Mrs. Rehkugler, Mrs. Fretz, Mrs. Shaffner, Mrs. Polker, Miss Kate Stamm and Miss Rehkugler.

Vigorous Protest Against Repeal of Trolley Ordinance

Mechanicsburg, Pa., Aug. 29.—Professor A. H. Eke, of Mechanicsburg, in a leaflet just issued reviews the controversy between the borough of Mechanicsburg and the Valley Railway Company and vigorously protests against a compromise measure now under consideration by the borough council, which would lower the annual tax by repealing the ordinance of 1911.

MILLIONS TAKING TANLAC TO-DAY

Now Being Introduced for First Time Here Through Gorgas Drug Company. No other medicine has been quite as successful as Tanlac. In 30 States of the Union millions of residents are making the Master Medicine and expressing an abiding faith in its powers over stomach, liver, kidney and catarrhal troubles.

E. W. Carey, the Tanlac man, said last evening: "There is not a single portion of the body not benefited by the healthful work of Tanlac, which begins its action by stimulating the digestive and assimilative organs, thereby enriching the blood and invigorating the whole body. Next, it causes the stomach to thoroughly digest its food, thereby permitting the assimilable products to be converted into blood, bone and muscle. It overcomes all the causes of disease—constipation, indigestion, acidity, flatulence, gas, nervousness, weakness, nervousness and indigestion, and restores the constitution weakened by disease and mental and physical overwork, and quenching an insatiable thirst, and is an unfailing source of comfort to the aged and infirm."

DRINK HOT WATER FOR INDIGESTION

A Physician's Advice. If dyspeptics, sufferers from gas, indigestion, stomach acidity or sourness, gastric catarrh, heartburn, etc., would take a teaspoonful of pure, blenheim magnesium in a glass of hot water immediately after eating, they would soon forget they were ever afflicted with stomach trouble, and doctors would have to look elsewhere for patients. In explanation of these words, a well-known New York physician stated that most forms of stomach trouble are due to stomach acidity and fermentation of the food contents of the stomach combined with an insufficient blood supply to the stomach. Hot water increases the blood supply and blenheim magnesium instantly neutralizes the excessive stomach acid and stops food fermentation. The combination of the two, therefore, being marvellously successful and decidedly preferable to the use of artificial digestives, stimulants or medicines for indigestion.—Advertisement.



The Dutch Kitchenet Is the Finest Kitchen Cabinet Made

Join the Bowman Kitchen Cabinet Club—\$1.00 Will Place One in Your Home. The comfort, pleasures and conveniences you will derive from the Dutch Kitchenet will be worth many times its cost. It brings all your kitchen needs to your finger tips. The Dutch Kitchenet is a pantry, work table and cupboard all in one and each compartment arranged to suit your own requirements. Set it close to range and sink and see what countless steps you save in doing your kitchen work.

Built Like Fine Furniture. The Napanee Dutch Kitchenet has the most up-to-date improvements ever brought out in kitchen cabinets, such as a dust-proof roll curtain, which enables you to open the cabinet without disturbing a table full of utensils. The adjustable flour bin, glass sugar bin, ventilated cupboard, metal cake box, extra heavy chopping block, sliding utensil shelves and non-warping table top—these are some of the interesting features which, for convenience, place the Napanee far ahead of other cabinets. It is extra durable and substantial. The Dutch Kitchenet will last a lifetime. It is really built like fine furniture.

Come in and examine them. Visit this store now—examine the Napanee Dutch Kitchenet—the modern Kitchen Cabinet with the latest ideas.

Bowman's Going to School?

will soon be the morning greeting of the children, as they are hailed by their little friends. Going to school to learn. In this store family we are "going to school" every day. True, in the popular idea of a school, a great "public school" where there are lessons to learn, and many, many, different studies. This month marks the First Anniversary of our Educational Department, which throughout the year has taught, and will continue to teach all our big family, the intricacies of Salesmanship, along with Textiles, Color and Design, Spelling, Business English and Arithmetic, Hygiene and Store System.

Here also, applicants for positions are put to a test, and applications received from responsible persons who will profit by the advantages of special training. (Positions now open). We will welcome the public to our Class Room, fourth floor, in the morning from 8 to 10. JOSEPHINE R. HOWE, Educational Director. Office Hours, 11 to 12 and 4 to 5.30.

To Secure a Glimpse Of the Future Fashions

is every woman's desire. Here is a peep behind the curtains of the authorities of Fashion, revealing something of the early modes. SUITS—are most interesting, for it is quite settled that they are to be becomingly pretty, in their simplicity. Some have jackets with wide lapels, others narrow and the cape effect collar is shown upon the more elaborate suits. SKIRTS—Notwithstanding the maledictions of cartoonists, skirts seem predestined to remain full and flaring—and short. First in are smart in design and quite colorful. DRESSES—are reveling in the new satin fabrics, with lovely ribbed failles quite the smart thing. George is as smart as ever, many being trimmed with bead ornaments.

Smooth, even, round thread. Outing Flannel, 36 inches; new Fall patterns; 1200 yards in the lot. Yard 9c. Shaker Flannel, 36 inches; bleached; heavy nap; 2 to 9-yard lengths. Yard 10c. Pequot Bleached Pillow Tubing, excellent quality; 45 inches. Yard 18c.

Bowman's

will soon be the morning greeting of the children, as they are hailed by their little friends. Going to school to learn. In this store family we are "going to school" every day. True, in the popular idea of a school, a great "public school" where there are lessons to learn, and many, many, different studies. This month marks the First Anniversary of our Educational Department, which throughout the year has taught, and will continue to teach all our big family, the intricacies of Salesmanship, along with Textiles, Color and Design, Spelling, Business English and Arithmetic, Hygiene and Store System.

Here also, applicants for positions are put to a test, and applications received from responsible persons who will profit by the advantages of special training. (Positions now open). We will welcome the public to our Class Room, fourth floor, in the morning from 8 to 10. JOSEPHINE R. HOWE, Educational Director. Office Hours, 11 to 12 and 4 to 5.30.

To Secure a Glimpse Of the Future Fashions

is every woman's desire. Here is a peep behind the curtains of the authorities of Fashion, revealing something of the early modes. SUITS—are most interesting, for it is quite settled that they are to be becomingly pretty, in their simplicity. Some have jackets with wide lapels, others narrow and the cape effect collar is shown upon the more elaborate suits. SKIRTS—Notwithstanding the maledictions of cartoonists, skirts seem predestined to remain full and flaring—and short. First in are smart in design and quite colorful. DRESSES—are reveling in the new satin fabrics, with lovely ribbed failles quite the smart thing. George is as smart as ever, many being trimmed with bead ornaments.

Smooth, even, round thread. Outing Flannel, 36 inches; new Fall patterns; 1200 yards in the lot. Yard 9c. Shaker Flannel, 36 inches; bleached; heavy nap; 2 to 9-yard lengths. Yard 10c. Pequot Bleached Pillow Tubing, excellent quality; 45 inches. Yard 18c.

Rumanians Here Glad of Their Country's Step

At a meeting held last night in the rooms of the Maru Rosa Culture Club, 1015 Herr street, about 100 Rumanians, living in the city and vicinity, who were formerly residents of Austria-Hungary, raised a fund of \$11.48 to contribute to the work of the Rumanian Nationalists of Harrisburg. The following is the text of the cablegram: "His Majesty, King Ferdinand of Rumania, Bucharest, Rumania: We felicitate you on your energetic step for the promotion of Rumanian civilization. With God ahead. 'RUMANIAN NATIONALISTS OF HARRISBURG.'"

Return to Coal Mines in Shamokin District

Shamokin, Pa., Aug. 29.—United Mine Workers' returned to work in all Susquehanna Coal Company collieries in this region yesterday, following an eleven-day tie-up by the men to thoroughness in their operations, in which they attempted they claimed they were successful.

PARTY AT RATTLING RUN

Dauphin, Pa., Aug. 29.—A delightful party was given on Saturday evening by Mr. and Mrs. John A. Ney at their home at Rattling Run. The time was spent pleasantly with music and refreshments were served to Miss Louise C. Edwards, of Harrisburg; Mr. and Mrs. Charles I. Ney, of Green Point; Mrs. William Howard, Reuben Howard and Charles W. Garman; H. Howard; Mr. and Mrs. Christian Warner, Miss Mary C. Warner and Lloyd E. Warner, of Zionsville; Miss Mary L. Ney, Harvey E. Ney and Mr. and Mrs. John Ney.

AMUSEMENTS

Blanche Sweet will be presented in "The Dupe." "The Marriage of Molly-O," the new Triangle picture featuring Mae Marsh and Robert Harron, which is showing at the Colonial for the last time to-day, is said to be one of the truest pictures of Irish life yet shown upon the screen. A new two-reel comedy called "Poor Papa," will be on the same program Wednesday and Thursday. William Fox will present his latest screen production called "Ambition." Mme. Bertha Kalich, who made such a big success in "Slander," will appear in the leading role. Also on the same program will be the fourth episode of "The Grip of Evil" called "The Looters." Those who have not had the pleasure of seeing the previous episode will have no trouble in understanding and enjoying this episode, as each part is a complete story in itself.

AMUSEMENTS

COLONIAL THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

REGENT THE AMERICAN BEAUTY Added Attraction - Paramount-Burton Holmes Travel Pictures. To-morrow and Thursday, Paramount presents BLANCHE SWEET in "THE DUPE." Added Attraction - Paramount Pictographs. COMING Henry B. Walthall in "THE STING OF VICTORY"

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

ORPHEUM To-morrow MATINEE and NIGHT Thur. MATINEE & NIGHT Aug. 31 POPULAR PRICES Mat. 25 and 50c Gus Hill Presents KATE ELINORE WITH HER OWN COMPANY, IN My Aunt From Utah SOME MUSIC—SOME GIRLS NIGHT PRICES: 25 - 50 - 75c - \$1.00 2 Days Friday Saturday Mat. Daily, Sept. 1 and 2 WHAT MARY BALLARD DID FOR THE MAN SHE LOVED A BEAUTIFUL STORY Combining Mystery—Emotion Laughter—Tears Sweet and Wholesome MATINEE PRICES 25c and 50c Nights - 25c, 50c, 75c, \$1.00 Will Deeply Touch and Interest Every Man and Woman of Sympathy and Feeling. SEATS TO-MORROW

AMUSEMENTS

MAJESTIC WILMER & VINCENT VAUDEVILLE (MAT. 7:30-10:15; EVE. 7:30-10:30) 3,000 persons saw the vaudeville yesterday, and the bill is so good that we expect 20,000 will try to see it before Wednesday night. And you know we can't take care of half that many, so GET IN EARLY. Matinee to-day at 2:30-10c, 15c. Evening, 7:30 and 9 o'clock—10c, 15c, 25c. Try Our New Loge Seats They are the best seats in the theater and are only a dime more. KNOW WHO'S HERE? SPENCER CHARTERS the well-known Harrisburg actor, assisted by IRENE MYERS and a capable company, in a delightful comedy sketch called "THE HERMIT" 4 Other Excellent Offerings Coming Thurs., Fri. and Sat. "My Neighbor's Garden" A very excellent musical comedy with pretty girls.

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

AMUSEMENTS

AMUSEMENTS THE HOME OF THE BEST TO-DAY MAE MARSH in a rollicking Irish drama, The Marriage of Molly O. A picture that is full of Irish heart interest and thrilling moments. Also a New Two-Reel Comedy, "POOR PAPA"

CARNIVAL ALL WEEK

---Everybody Is Going--- Sibley's Superb Shows for the Benefit Fund of United Spanish-American War Veterans Camp No. 8 Tenth and State Streets Extra Feature - Miss Margaret Offer, World's Heavy-weight Swimmer and Diver. Weight, 317 pounds. Sibley's 16-piece Military Band will play daily.