

Summer Punch and Pep come from a food that is rich in muscle-making material and is easily digested. It is what you digest, not what you eat, that makes healthy tissue. **Shredded Wheat Biscuit** is full of body-building nutriment. The burden of years of food folly can be unloaded by going on a **Shredded Wheat** diet and sticking to it. Get back to Nature before it is too late. **Shredded Wheat** contains all the body-building material in the whole wheat grain. A cooling, satisfying **Summer food**. Eat it for breakfast with milk or cream; serve it for luncheon with berries. Made at **Niagara Falls, N.Y.**

LIKE A DRAFT OF COOL AIR ON HOT SWOLLEN FEET

If you want to save your poor feet from agony—if you want to chase away corns, callouses and bunions—if you want your feet to feel all the time as though a draft of pure, sweet air was being wafted through your shoes—just go to H. C. Kennedy or any druggist and ask for E.Z.O., the wonderful new foot balm. Rub it into your tired, swollen or aching feet before you go to bed and you'll be sorry you didn't try it long ago.

No matter how many fussy foot remedies you have tried, there's only one that's absolutely certain—that's E.Z.O.—Advt.

NUXATED IRON

Increases strength of delicate nervous system. **100% FORFEIT** if you do not feel better in ten days in many instances. **Druggist about it. A. Gorgas always have it—Advertisement.**

Will You Have Coal When You Want It?

A shortage of coal is threatened. Those who delay filling their bins till forced to do so by cold weather may find it hard to get all they need. In any event they will pay more for coal than it will cost them to-day.

Kelley is still selling coal at the old Summer prices despite the advance.

But the time to save on coal is getting short. Act now or pay more later.

H. M. KELLEY & CO.
1 N. 3rd St.
Yards: 10th and State Sts.

GEORGE H. SOURBIER FUNERAL DIRECTOR
1310 North Third Street
Bell Phone. Auto Service.

PARALYSIS Conquered At Last By DR. CHASE'S Special Blood and Nerve Tablets
Write for Proof and Booklet
Dr. Chase, 224 N. 10th St. Philadelphia, Pa.
Piles—BO-SAN-KO'S PILE REMEDY
Bleeding or Protruding Piles, etc.
The Dr. Bosanko Co., Philadelphia, Pa.

AUTO STORAGE—First class, fireproof garage, open day and night. Rates reasonable.
Auto Trans. Garage
Atlantic City, N. J.

THE WILTSHIRE Virginia av. and Beach. Ocean view. Capacity 350; private baths, elevator, porches, etc. Special rates, \$15 up weekly. \$2.50 up daily. American plan. Auto meets trains. Booklet. SAMUEL ELLIS.

HOTEL KINGSTON FIRE PROOF
Ocean Ave., 1st hotel (100 feet) from Beach. Cap. 250; elevator; bathing room; dining room; private baths. Special rates, \$9 to \$17.50 weekly; \$2 up daily, including choice table, supplied from own farm. White service, orchestra, ballroom, garage. Booklet mailed.

LEXINGTON
Pacific and Ark. av. Grounds adjoin beach and boardwalk. Only hotel where guests may go to surf in bathing attire without using streets, which is prohibited. Use of bath houses free. Running water in rooms. Private baths. Special rates, \$9 to \$17.50 weekly; \$2 up daily, including choice table, supplied from own farm. White service, orchestra, ballroom, garage. Booklet mailed.

WILDWOOD, N. J.
SAVOY 26th and beach. 200 ft. from Wildwood's Ocean Pier. Running water. Pri. Baths. Cap. 200. Auto. Music. Booklet. W. H. GERSTEL, Ownership Management.
Try Telegraph Want Ads

LOCAL BOYS IN MACHINE GUN CO.

Sergeant Shickley Tells How Badly the Home Paper Is Missed

The Machine Gun Company of the Eighth Pennsylvania regiment in camp on the border at El Paso, Texas, which was organized the early part of this month in response to the demand for such a company from the war department, has on its roster a goodly percentage of Harrisburg boys who were taken from the Governor's Troop, the artillery, and from various companies of the Eighth Infantry.

Sergeant Shickley has written a letter to the Telegraph, in which he explains that since the machine gun company was organized, the boys who compose it haven't had any news from home through the papers and that naturally they miss it badly. So a batch of Telegraphs is now being sent daily to the Eighth's machine gun company in care of Top Sergeant Russell Kinter, of this city, so that at least it cannot be said that the Harrisburg boys are starving for want of news.

What the Machine Gun Co. Is Doing
Extracts from the letter follows:
El Paso, Texas.
To the Editor of the Harrisburg Telegraph:
Dear Sir:—As I do not think your paper has heard of the organization of the machine gun company of the Eighth Regiment, I ask you to print this in your paper to let the people know just what we are doing.
This company was organized on August 6 by R. C. Crow, who was in the commissary for years. The lieutenants are E. M. Biddle, of Fountain Springs, and J. G. Carroll, of Carlisle, both of whom have served quite a few years as staff officers. The Harrisburg boys that are with the company are Russell Kinter, who is first sergeant, formerly with Company I; Sergeants Burtnett, Gerdes, Shickley and Slatery, Corporals Muriot and Farrall and Privates Hoppie, Shearer and Cummins, all of whom were members of Company D; Sergeant Zimmerman and Privates Greenawald, Brant and Crozier of Company I.
The machine guns we have are the latest United States model, and although there are no drill regulations for the Lewis machine gun, that did not worry Captain Crow, for all his officers and men were right ahead and evolved some drill regulations of their own for the new gun; and they have their work down so well that it can hardly be improved upon.
A sergeant and corporal and eight privates comprise a gun crew; the corporal is the gunner, the sergeant is in charge of the crew, one man puts in the loaded magazines, another reloads the empty magazines, two men carry the empties back to the rear and bring forward the loaded magazines, while the other four remain in the rear to reload the empties.
In the drilling of our machine gun company we have it down so speedy that we can unpack the gun and install it in its position for firing at an enemy in less than one minute. This is exceedingly fast work.
All the regiments of the Pennsylvania division are equipped with four Lewis machine guns each. These guns were manufactured in this country for the British army, but were sidetracked by the border trouble. They only weigh 24 1/2 pounds, have sixty-two parts and can fire 440 shots a minute.
We were out on the range to-day and the officers and men were very much pleased at the way the guns were handled. The general and other officers of the Eighth regiment staff were with us and reviewed the work.
These guns are transferred on auto trucks. We have five trucks, one of which is used for hauling ammunition and the extra men to the front.
If you will send us a few copies of your paper, I know the boys will enjoy them just as they did before.
Yours truly,
SERGEANT SHICKLEY,
Machine Gun Co., 8th Pa. N. G. U. S., 7th Division, El Paso, Texas.

Three Hurt in Automobile Wreck in Perry County
Special to the Telegraph
New Germantown, Pa., Aug. 23.—While taking Foster Shearer, John Lotsbaugh, Miss Ruth Swartz and Miss Florence Gutschall to the picnic at Dry Run, Franklin county, in his automobile on Saturday morning, John W. Fry struck a steep part in the State road near Concord and the brakes on the auto failed to work. Mr. Fry steered the car to the side of the road where it struck a hill and turned over on its side. Mr. Shearer had five ribs torn loose from the spinal column. Mr. Fry sustained a bruised breast from the steering wheel striking him, and Miss Swartz was unconscious for some time. The machine was badly wrecked.

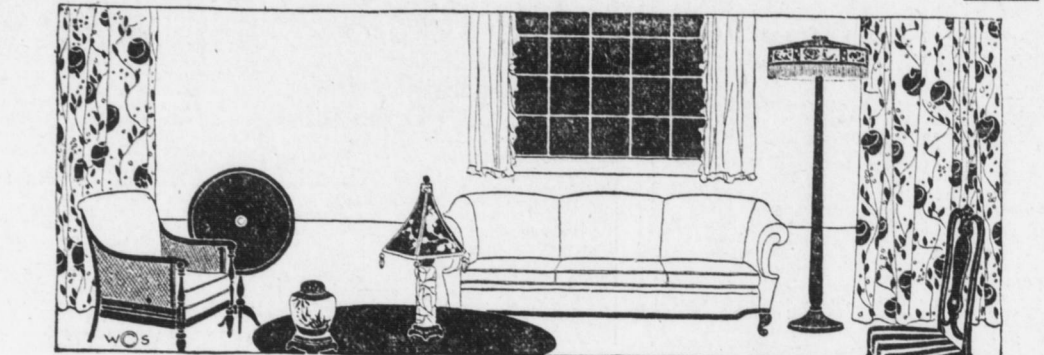
Five Divisions to Be in Labor Day Parade
Plans were started last night for the parade of organized workmen on Labor Day, when representatives of forty unions with more than 11,000 members, met last night. F. C. Hoffman, of the Typographical Union, presided, and was elected chief marshal of the parade. Aids from each union will be appointed within a week, and another meeting will be held next Tuesday night, when arrangements will be completed.
The route has not been decided upon definitely, but tentative plans call for formation at 2:30 o'clock in Front street moving at 3 o'clock. The route will be shorter than last year.

SOCIAL AT TROSTLE HOME
Special to the Telegraph
New Germantown, Pa., Aug. 23.—A pleasant social was held at the home of Mr. and Mrs. S. B. Trostle on Wednesday. The day was spent in music, conversation and playing jokes. "Socialists" came lugging huge baskets containing enough food to feed a regiment of soldiers on the Mexican border. Those present were: R. C. Adams, Cloyd Adams and children, Charles

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the signature of *Chas. H. Hitchcock*

"No place worth knowing yields itself at sight" ---

—We try to be very open and cordial; we try to have you know us the very first time you come into our store, and yet it may be that you don't get into the full spirit of our welcome.
—We want you to come again—come often—just walk about and make yourself at home.
—We shall try to make you feel the sincerity of the greeting offered by our helpers and our store.



Furniture of Character and Quality in the August Furniture Sale—Prices Quite Below Your Expectations

THE buying of the right sort of furniture is just as much of a problem to this store as it is to you. But there is one great difference—we have studied the wants of our people, and then have gone to the makers of furniture who make furniture as good as it was in Grandmother's day, and had selected the best to be had. Our efforts have secured the good, practical styles of furniture—that you want—rather than just "buying" furniture to sell.

Our sale is planned to give you a furniture service that will allow you to select designs that will be good for centuries and furniture that will become a cherished possession of your children's children.

- American Walnut Bedroom Suite — Colonial poster design; including dresser, chiffonier, triplicate toilet dressing table and bed. August Sale price, \$79.
- Austrian Brown Bedroom Suite — One of the latest beautiful finishes; four pieces. August Sale price, \$58.
- Sheraton Mahogany Dining Suite — Solid mahogany; finished in the correct Sheraton shade; buffet, china closet, serving table and extension table. August Sale price, \$95.
- Guaranteed Box Springs. August Sale price, \$13.75.
- CHARLES II Living Room Suite — Upholstered in tapestry; finished in the new Blenheim brown; settee, table, chair and rocker. August Sale price, \$55.
- Solid Mahogany Windsor Chair. August Sale price, \$6.75.
- Solid Mahogany Tip Top Table. August Sale price, \$5.95.
- Utility Sewing Cabinet. August Sale price, \$3.95.
- Muffin Stand; solid mahogany. August Sale price, \$3.95.
- Ostermoo Mattresses; hotel style. August Sale price, \$15.95.

August Hours — open until 5.30 on Monday, Tuesday, Wednesday and Thursday. Until 9 P. M. on Friday. Until 1 P. M. on Saturday.

Mr. Working Man! Those Dependable Blue Chambray Shirts Are Here in a Sale at 46c

Many places you've been asked to pay more than the usual standard price, owing to the increased cost of production, and indications are that the price will go even higher.
What we have in this assortment are new—15 dozen just arrived from a big maker at a marking that permits the low price we will sell them for; and we're glad to pass along the saving to you.
BOWMAN'S—Main Floor.

BULLETIN ON C. OF C. OUTING
A large bulletin has been sent out by the Harrisburg Chamber of Commerce, with complete information about the annual membership outing to be held at Inglenook on Saturday. A big menu, plenty of music and lots of sports are included. The first train will leave Union Station at 11:45 in the morning and autos will leave Market Square at 1 o'clock. George W. Bogar, general committee chairman, has arranged to have something done every minute of the time. Reservations close on Friday morning.

DEATH ROLL GOES TO NINE
Montreal, Aug. 23.—Three more munitions workers injured in the factory fire at Drummondville Sunday died last night. This brings the total loss of life from the fire up to nine.

HOW ABOUT JAPAN?
By Frederic J. Haskin
(Continued from Page 6)

rights away by treaty, might in certain cases do exactly the same thing by an exchange of notes.
All this time, a double garrison of Japanese troops had been stationed in the north. Japan explained that the fresh troops had come to relieve those whose term of field duty had expired; but for some reason the relieved troops stayed on the job alongside the newcomers. When China asked when the garrison would be reduced to their normal strength, she was bluntly informed that this would be done as soon as China had yielded to Japan's wishes in the negotiations.
China replied to Japan's demands, yielding all that she well could, and a little more. China's position was particularly unpleasant, because even if she herself were willing to be swal-

lowed by her small and pugnacious neighbor—which she emphatically was not—she knew that the other powers would object vigorously as soon as they had a hand free to object with. In other words, the unpleasant process of submitting to Japan would be followed by the still more unpleasant process of being called to account by Europe for having submitted. So China refused to yield those points in the Japanese demands which would have infringed too flagrantly on the rights of other nations.
On receipt of the ultimatum, China gave in. She had no other possible course. Her government was newly set up and precariously balanced, her military and naval power negligible, in spite of the fact that the number of men fit for military service in China is greater than the entire population of Japan. The twenty-one demands came at a peculiarly inopportune time for the Chinese government. They did irreparable damage to its prestige among the people, just as it was beginning to get on its feet and well started toward restoring peace and order in the Empire. Japan's demands shod over the sovereignty of a huge helpless empire, met protests by denial or calmly ignored them—and carried her program through. Now Japan's attitude is one of: "What are you going to do about it?"
Of course, she was assisted by a state of affairs unprecedented in European politics. She chose her time carefully, and in the choosing there was small compliment paid to the United States of America. Japan apparently reasoned that "Europe is busy, and America doesn't count." In this connection it is interesting to note the observations of a British military expert, correspondent of the London Times and probably the best informed man writing on the military situation in the Far East. After an analysis of Japan's military and naval power, he comes to the conclusion that only the military regeneration of the United States or China can deprive Japan of her predominance in the future Orient. "And to talk to a Japanese of such possibilities," he says, "only provokes a smile."
In other words, Japan does not worry about what the United States may think of her Asiatic policy. This in spite of the fact that, after China, the United States is the nation most concerned. The principles which Japan violated were subscribed to by all the powers, but they were originally put forward and sponsored by the United States.
The other powers may yet follow Japan's example and disregard those principles; they may go back to the old sphere of influence doctrine and take their profits at China's expense. There is no likelihood that Japan will stand in England's way, or Russia's way. England and Japan are allies, a Russo-Japanese alliance is expected to be made public at any minute. The interests of the United States will be the ones to suffer, by far the most seriously. Our policy will be overridden, our principles mocked, and our commercial and industrial rights cast carelessly aside.
In spite of all this, Japan only waited until the hands of Europe were tied before aggressing on China. She waited until only the United States was free to protect the doctrine of equal rights. Then she went ahead.
The end of the chapter has still to be written. This is no matter of history; it is still molten living, unsettled. Europe is still at war, with her word in the Orient still to be said. The peace treaties have yet to be drafted. Meanwhile, Japan has gained the advantage of position in the Chinese Chess game. Meanwhile, our notes of protest still lie in some pigeon hole in Peking and in Tokyo. China herself is still dealing with revolt and anarchy, which may at any moment furnish pretext for fresh aggressions. The situation is fraught with a hundred possibilities. Americans should remember—what they seem prone to forget—that for our nation the most vital issued in the world-struggle is not the fate of Belgium, or of Serbia, or Poland. It is the fate of China.

Bowman's
HARRISBURG, WEDNESDAY, AUGUST 23, 1916. FOUNDED 1871

MILLINERY
Of The Most Exquisite New Modes
Autumn 1916

To-morrow we officially usher in the Millinery Styles for the Autumn. The first view will include about three hundred of the very choicest millinery designs
From Paris The Inspiration
From New York The Realization

And so it is possible to show you the smartest models of velvet and combinations effected by velvet in the favored tones—purple, navy, brown, black and Copen.

\$4.95 to \$15
Neatly tailored hats of velour, felt and velvet and in combinations of these fabrics comprise a wonderful collection of moderately priced Autumn Millinery, ranging from—98c to \$4.98.



New Autumn Apparel
Announcing the Gradual Appearance of Early Autumn Modes in Suits, Coats, Skirts, Dresses and Blouses

You will be pleased with the revelation of beauty and with the practical selections that have been made for you.
—A special invitation is extended to you to view this apparel, showing the new style notes. We desire that you make an inspection of these garments with the utmost freedom; without restraint, for it will direct you right at the very beginning of the season.

SENRECO and your TOOTHBRUSH
your first line of defense against Tooth Trouble
KILL THE GERMS—SAVE THE TEETH
See Your Dentist Twice Yearly
Use SENRECO Twice Daily
Go to your dealer today and get a tube of SENRECO—25c. Learn what REALLY CLEAN teeth mean. Get the new idea of mouth cleanliness. A copy of the folder, "The Most General Disease in the World" together with a liberal trial tube of SENRECO will be sent you for 6c in stamps. The Santal Remedial Co., Inc., Dept. A., Masonic Temple, Cincinnati, Ohio.