The Joy of a Vacation may be turned to the sorrow that comes from indigestion. The battle with hotel menus is a losing one for the man with a weak stomach. Happy is the man who listens to the call of the wild-who goes fishing, hunting and canoeing-who takes with him Triscuit, the Shredded Whole Wheat wafer, Triscuit is made of the whole wheat steam-cooked, shredded and baked. A tasty Summer snack for the warm days, supplying the greatest amount of nutriment in smallest bulk. Delicious

Same was for the company of the comp

EPENNA. ENDEAVORERS MEET IN CLOSING SESSIONS E

ENDEAVORERS TO WAGE WAR ON CIGARET; TO FIGHT FOR LOCAL OPTION AND PEACE

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of any State and Pennsylvania's young
people refused to be anything except
optimistic with regard to the chances
for a parade this afternoon.

The sessions of the day began with
the 45-minute "Quiet Hour" in Market
Square Church. This was led by the
Rev. F. W. Tomkins, of Philadelphia.
The Rev. Tomkins' three meetings
have been great inspirations to the
delegates, giving at the very beginning
of each day's work the spiritual tone
that marks even the fun and play of
an Endeavor convention.









C. E. Notes

Experts certainly showed their colors at the banquet held at Harris Street United Evangelical Church last evening. The Rev. C. H. Frick, of Wilkes-Barre, presided. The Rev. Stanley B. Vandersall, delivered a striking address on "Expert Endeavorers could gain considerable knowledge if a book would be published with full instructions and helpful suggestions by some author.

Luzerne county, with Mr. Grice, the county expert superintendent, was introduced and announced that Luzerne county won in the Expert increase contest. Luzerne has 400, Allegheny second, Philadelphia third and Lehigh county following.

The Endeavorers are pure in every sense of the word and claim that they could not afford to let the "Brewers' Big Horses Run Over Me."

"Rody' calls the convention chorus "The warblers of Harrisburg" with Prof. McCarrell as chorister, included. George Ashley Brewster, "Rodys' assistant led the music last evening with much tact and kept the big delegation in fine trim until the program was opened.

Venango Endeavorers were delighted to reach Harrisburg yesterday. They motored to this city via Pittsburgh and Bedford. Those in the party were: Mr. and Mrs. R. H. Persons, Harry Osborn and Susan Adams. Robt. Matthews, of Kentucky, has been unable to attend the convention on account of sickness. Prof. Frank A. McCarrell, of this city, is taking Matthews' place at the piano, assisted by Miss Katherine D. D. Heickes, pianist of the Harrisburg C. E. choral union.

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