COOKING RECIPES

Harrisburg Telegraph PATRONIZE The Store That Protects Your Against Impure Food

HOUSEHOLD



WONDERBAR RYE is a winner—have you tried it? **SCHMIDT'S BAKERY**

PURE INGREDIENTS MAKES

HERSHEY'S CE CREAM

THE STANDARD OF EXCELLENCE

Hershey Creamery Co.

401 S. Cameron St., Harrisburg, Pa.

PHONE 2010-I.

Crystal Restaurant

418 Market Street

We aim to live up to all Pure Food requirements in our Restaurant Business, and to justify our claim we invite anyone to visit all departments of our plant.

We buy the best grade of everything, and that accounts for our enviable volume of busi-

GEORGE & CO. Prop.



Wholesale and Retail FRUITS, FISH, OYSTERS AND PRODUCE 1303 BAILEY STREET





PURE FOODS

Cooked like you would want them in your own home. REASONABLE PRICES

BUSY BEE RESTAURANT

9 N. 4th St. EVERY OMANS P

GAULT'S GROCERY

GREEN AND NORTH STREETS Both Phones.

Aim is

tohave THE BEST.

That is what

she gets by

trading at



Clarified and Pasteurized Milk RYDER BROS. West Shore Dairy, Lemoyne, Pa. Bell Phone 3079-M.

Sugar Bowl Confectionery

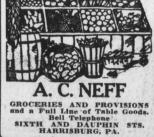
D. N. GEKAS, Prop.

ICE CREAM.

Herr and Third Sts.



EVERYTHING FOR THE TABLE Sixteenth and Liberty Streets Harrisburg, Pa.



RUSS FISH MARKET USS & WINDSOR, Proprietors holesale and Retail Dealers in FISH, GAME, CRABS and CRAB MEAT

GEO. A. GOHL Cakes, Bread, Rolls, Pies 560 WOODBINE ST.
Bell Phone 2624-M

Kerr's Meat Market 43 N. Thirteenth St.

GRISSINGER'S

HOMADE CAKE BAKERY

Purity of ingredients and sani-tary conditions are responsible for our steady growing business. Phone 3406-D, LEMOYNE, PA.

MONN BROS.

Pure Food Grocers

1637 Swatara St.

Bell Phone 1305-M

Special attention to phone Bell Phone 3726.

FOODS THEY BUILD OR DESTROY

AMAZING BUT RARELY SUSPECTED

CHAPTER 75

The "Mixed Flour" Exit Is Recoming the English of the Present of Present

Prompt Service Open Day and Night PALACE RESTAURANT

ALSEDEK, GANGEE & CO. 2 S. Fourth Street Harrisburg, Pa.

\$5.50 Commutation Tickets, \$5.00; \$3.30 Commutation Tickets, \$3.00.

Special Sunday Dinners.

The Grocer

1537 State Street

Call Bell Phone 2056 S. Spungin W. D. Farr

ALL KINDS OF **MEATS**

326-330 S. CAMERON ST. Both Phones

Harrisburg Telegraph

Will Give

\$5.00 Away Each Week In Prizes

manufacturers of food stuffs.

ducts advertised on this page.

ments from week to week, and thus acquaint

Telegraph readers with various food products

offered by these various dealers, the Harrisburg

Telegraph will offer each week five prizes of \$1.00

each for the five best letters on the various pro-

Beginning to-day, the Harrisburg Telegraph Letters will be judged according to the manner in which the subject is covered, spelling, gramwill publish once a week on Thursday, for twentysix weeks, a Pure Food Page made up of the anmatical construction, and neatness. Contestants nouncements of a number of local dealers and may write as many letters as they choose, but not more than one product may be covered by any one letter. Communications should preferably be within two hundred words, and written on one To encourage the reading of these announce-

side of the paper only.

All letters must be addressed to the Pure Food Editor, Harrisburg Telegraph, and reach this office, or be postmarked not later than midnight Monday, June 26th, 1916. The names of the winners and the prize-winning letters will be published on this page next Thursday.

Get Busy---Try For One of These Prizes

In the meantime the children of the poor are cating this product three times a day during 355 days in the year. Only too frequently after school they ack for a "piece" of bread. Flour millers would have them depend upon some lucky accident in obtaining the necessary offsetting elements from some other benevolent foodstuff containing a surplus of such offset.

Flour millers ignore the tragic facts that prove that the great white bread eater, consuming large quantities of demineralized wheat and corn starch, does not obtain these offsetting elements. What is to be done about it?

Samuel Gardner

WHOLESALE DEALER IN FRUITS AND PRODUCE 1311 N. 3rd St. Bell Phone 1953

Wilson T. Hoy **Quality Groceries** QUICK SERVICE REASONABLE PRICES 701 MARKET ST. Bell Phone 66

DEAN F. WALKER Manufacturer of Ice Cream 409 NORTH 2nd STREET PARTICULAR PEOPLE DEMAND OUR CREAM MADE OF PUREST INGREDIENTS

he use of vegetables This week we offer from our own growing the following

Asparagus, rhubarb, radishes, lettuce, Spring onions, beets, peas

Also a full line of Southern vegetables will be found at our stalls.

Learn the names of those in charge of our market stands; it may help you in your marketing.

SALESMEN IN CHARGE Hill Market.

East End Fruit and Truck Farms ROBT. J. WALTON



The best drink for a summer day is a glass of pure milk. When you are tired drink a glass of pure milk. When you are thirsty drink a glass of pure milk. When you are warm drink a glass of cool pure milk. Pasteurized, Certified or Bonnymeads. WE WILL DELIVER TO YOU

Penna. Milk Products Co. 2112 Atlas St.

Phone 1607

C. V. 179 W.

Phone 459J

George ICE CREAM MANUFACTURER

41 North 13th Street

We use only the purest ingredients in the manufacture of our Ice Cream. That is why they ask for Collins' Cream.

We MAY need your business. You DO need our goods.

Phone 2187-J

Green and Seneca

JACOBY'S ORIGINAL STEAM AND BUTTER

> **PRETZELS** MADE BY

HARRISBURG PRETZEL CO.

Each Taste Suggests Another

Have you tried our Jumbo Peanuts Roasted fresh daily.

OUR COFFEE

is blended from the best the world produces. Imperial Tea Co.

213 Chestnut Street

Two Doors Below Market

Bell Phone 330-M.

Merchant Fish, Oysters, Clams and Sea Foods Eggs and Poultry

120 S. Court Avenue Bell Phone 1159-J United Phone 914-W.

E. BIERBOWER

Wholesale and Retail

Commission

JOSEPH SPAGNOLO WHOLESALE AND RETAIL

REA

Importer of Cornett and Wafers

143 Hanna St., corner Race