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WOMEN'S INTERESTS

THE STRUGGLES OF A WIFE

By Virginia Terhune Van de Water

CHAPTER XXXIX.
It took a few days for Myra to acquaint herself sufficiently to her new surroundings to settle down to regular work.

She did not know that she was really too tired to concentrate her thoughts on any piece of writing, and she was puzzled by her paucity of ideas.

"I feel as if I had not an original thought in my head," she said laughingly to Grace.

But although she might laugh, she was a bit worried at her disinclination to apply herself to any set task.

Grace, however, came up under the new conditions as a wilted flower comes up when it has received the plentiful rain. She even told her mother that she was glad that the latter was not eager to write at once, as it would be so much pleasanter if they could go about a little together.

"I have watched you so much," Grace added, "that I am only too well aware that as soon as you do get those ideas you are seeking you will shut yourself into your room for hours at a time and pound away at that old machine; but I hope that by then I will have met some of the young people here."

By the end of three days she had met them. Mr. Dayton had introduced her to Sylvia Ainslie and the girl and man with whom she had been on the evening of the Webbs' arrival. Other introductions followed, and in a week Grace was on speaking terms with most of the hotel guests.

Myra Hard at work. Myra had, as she expressed it, "found herself again" and was able once more to take up her work. Yet she was still so tired that it required an effort to drive to her desk each day; but once there she forgot all else until her daughter's entrance at 1 o'clock warned her that it was time to get ready for luncheon.

She was a little surprised to note that although Grace had been introduced to so many of the young people she did not become particularly intimate with any of them.

She seemed to prefer taking a book out into the grove near the house, sitting on the veranda talking the light nonsense in which most of the girls indulged. In the evening she would watch the dancing through the great drawing-room windows, but seldom accepted an invitation to dance.

"I am not up here for that sort of thing," she told her mother once in reply to some comment on her withdrawal from such things. "I came here to recuperate and to get strong enough to go back to work in the fall. Moreover, mother, I have no dancing frocks with me."

This last fact was true enough, Myra reflected. She understood perfectly that, among this heavy of overdressed girls, she must feel like a dove among birds of prey. Myra suspected, she now told herself, that the dressing at this summer resort would be as elaborate as in the

height of the season in the city she would have striven to a point and bought some new gowns for Grace, in spite of the girl's expressed request that she refrain from doing this.

Grace is Well Liked.
Yet she observed that the young men who were really worth while sought Grace out and seemed to enjoy talking with her. To be sure there were few men of this type at The Heights, but Dayton was surely one of that kind, and it was evident that he liked Grace, even though he did seem to be paying special attention to pretty Sylvia Ainslie. Yet, Myra mused, could her beauty compensate to him for her lack of intellect?

For the matron already discovered that while Sylvia had an appealing manner with men, this and her undeniable beauty were all that could attract them. Surely as sensible a man as Henry Dayton must find Grace a pleasant companion, though a silly creature like Sylvia Ainslie, who, apparently, regarded him as her special property.

Myra suggested this to Grace, but the girl's reply gave no evidence of her inner sentiments on this subject.

"Miss Ainslie is so pretty that all men admire her," she affirmed. "And of course she likes Mr. Dayton, for he is a pleasant enough fellow."

The tone was almost too indifferent to be natural, the mother fancied, that talked with the New York society man, and it is but natural that he should care to take her motoring, etc. By the way, he wants you and me to go for a drive with him to-morrow afternoon."

Mrs. Webb went. But to her chagrin, Grace insisted on sitting in the back seat with her. Dayton, finding her obstinate to this decision, took on the front seat with him a young fellow whom he happened to be acquainted. So the young couple had no chance for the tete-a-tete that Myra had hoped they would have.

She tried to console herself with the recollection that Grace and Dayton often played tennis together, for Grace was an excellent player. Then she chided herself for her ridiculous match-making thought. She did not want to be a match-maker, and, anyway, young Dayton was probably already in love with pretty, rosy Sylvia Ainslie.

Later, as her work became more absorbing she settled down to it and let Grace spend her days as she liked. Nevertheless her heart yearned over her child. She longed unexpressedly to have her happy.

(To Be Continued.)

A BIG DIVIDEND PRAYER

Most of us are valued about as highly as we value ourselves. That is a simple truth which applies to every type of human being in any walk of life. Faith in yourself is a wonderful asset—the clerk who feels himself capable of big things, works toward accomplishment and convinces his employer of his value. The girl who feels that she has more to offer her men friends than the fact that she is a girl may not yet have many admirers, but she is sure to win the regard of everyone with whom she comes in contact.

Standards of morality differ the world over—but there are basic principles of decency which anyone can feel and work out. The boy who makes a little love to every girl he meets is regarded as a gay Lothario and not worth while, is complimented by his regard. Between conceited snobbery and dignity there is a wide gap.

To be worth something and to be sure of it is a guarantee of getting somewhere in the world of love or work. But no one will value you beyond your own valuation of yourself.

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BOYS LIKE SILKS FOR OUTING WEAR

Pongees and Tub Silks Wash Like the Cottons For Summertime

By MAY MANTON



9071 (With Basting Line and Added Seam Allowance) Boy's Shirt, 12, 14, 16 years.

This is a season of outings and outing shirts are sure to be needed. This one is designed for the boys and it is closed in the coat style that makes it easy to adjust. The neck may be finished with a high or a round collar. There are many different materials that are being used for garments of this sort but madras and pongee are favorites for every-day wear, tub silk is liked for very warm weather and for certain occasions linen of light weight is desirable, too. The shirt can be made with a plain back or with a yoke and this yoke may be cut straight or pointed. In the illustration, natural colored pongee is the material and since pongee washes well and endures hard usage it is a desirable material.

For the 14 year size will be needed, 3 3/4 yards of material 27 inches wide, 2 3/4 yards 36 or 2 1/2 yards 44.

The pattern No. 9071 is cut in sizes for boys from 12 to 16 years of age. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

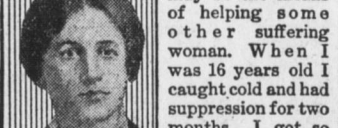
U. S. ASKS GERARD ABOUT "INTERVIEWS" ON PEACE
Washington, D. C., June 7.—Secretary Lansing said last yesterday that he had cabled to Ambassador Gerard, at Berlin, asking whether he had given out interviews on the subject of peace, which recently have been credited to him by newspapers in Germany and sent to this country in press dispatches.

FATHER OF 23 CHILDREN DEAD
Harrisburg, Va., June 7.—The father of twenty-three children, George W. Stroup, 82, died near Broadway, Rockingham county. He served throughout the Civil War. By his first wife, who was Miss Catherine Holzinger, he had four children. By his second wife, who was Miss Annie Pettit, he had nineteen children.

AT ALL STAGES OF LIFE

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Of course, you always planned and wanted an attractive home—one that was comfortable, cozy and home-like. Perhaps you have been under the impression though that it would cost too much to furnish your home the way you would like it furnished. If so, remember that this is not true to-day. For we bought heavily when prices were not so high as now and can give you the benefit. We are so confident that our offers will convince you of our claim—"greater value for the least money"—that all we ask is an investigation and comparison. Pay us a visit and we will prove our statement to your satisfaction.

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We have these suits in all woods. Select now and get the choice of the very latest designs.

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MANY VITAL FACTS SCHOOL CHILDREN WILL NEVER LEARN

CHAPTER 68
Sheep and school teachers differ in that sheep have no opportunity to direct the life course of the rising generation, although, if they could instruct the children of human beings in the mysteries of the sheep's immunity to disease, they would confer upon society a blessing of far greater value than all the efforts of alling instructors in modernisms and ologies—there are many facts vital to their lives which the school children of America will never learn until their teachers learn them.

Sheep are not school teachers and school teachers are not sheep. One of the differences between these two groups of animals, apart from the fact that school teachers have souls and are human, is the fact that sheep rarely suffer serious diseases of the respiratory organs, infectious diseases, diseases of the nervous organs, or diseases of the digestive system.

School teachers on the contrary, notwithstanding their supposed ability to direct the life course of the rising generation, are just as prone to these diseases as all other human beings, no more so, no less so.

According to records compiled by a committee, headed by Dr. Oswald Schlockow at the behest of the Brooklyn Teachers' Association, and made public November 14, 1915, 20 per cent. of the teachers during the school year of 1912-1914 were absent from illness.

All the data in the report was obtained from application blanks submitted by teachers to the board of superintendents for the refund of salaries deducted for absence caused by illness.

Illness usually affects the pocketbook as well as the health of its victims, a fragment of human wisdom which the school of teachers have obviously acquired. "That 20 per cent. of absences from duty is far too low is proved," says the report, "by the fact that refund blanks are not generally submitted for brief periods of absence, and moreover it must be assumed," continued the report, "that many teachers, who, under normal conditions would and should have remained at home, because of physical disability to teach, forced themselves to report for duty which they could not properly perform."

In other words, the pocketbook compelled these sick teachers to subordinate the hazards of doing those things which their physical condition made next to impossible to the stern necessity of earning money through the use of broken or damaged instruments.

The automobile owner sends his car to the repair shop at the first indication that something is wrong, but the school teacher is unable to afford the luxury of a repair shop unless actually driven, through fear of death, to seek such help.

The total number of applications for excuse of absence for all causes in the year 1913-1914 among this one group of teachers was 4,148. The total time lost by their illness was 68,442 days. The four prevalent ailments responsible for this loss were diseases of the respiratory organs, infectious diseases, diseases of the nervous system, and diseases of the digestive system.

The throat and lung troubles it was found constituted 35 per cent. of the diseases, acute contagious diseases 15 per cent., nervous diseases 15 per cent., and digestive disorders 11 per cent.

It is significant indeed that these four diseases, as we have frequently seen, follow in the wake of disturbed metabolism with their corresponding loss of resistance and immunity.

The diet of the sheep is always natural and normal. The diet of the cow and the hog is frequently unnatural and abnormal. The conditions, made by the veterinarians and their assistants of the Bureau of Animal Industry in the federal inspected slaughterhouses of the United States, show that the cow and the hog, like the school teacher, suffer from the same diseases and in the same way.

"The fact disclosed by our investigation," declared the committee headed by Dr. Oswald Schlockow, "that over one-fifth of the entire teaching corps of the city was absent because of illness during one school year in the assistance of an administrative problem of great moment.

"The teachers' health ultimately determines the efficiency of the entire educational system of the community. Following self-evident fact impels the committee on school problems to urge competent agencies having mechanical and technical facilities for scientific research to conduct further careful statistical study of all the factors that may give rise to the heavy morbidity among teachers."

In concluding the report the investigators called attention to the influence which the health of the teachers has upon the 800,000 public school children of Greater New York.

"The heavy morbidity rate ascribable to respiratory diseases," it declared, "deserves an investigation by the school authorities into the system of ventilation."

Here, again, is a striking symptom of the confusion of the times. "It is evident that we must know what kind of air our teachers and their pupils breathe," assert the investigators, but there they stop.

The kind of beverages which the teachers drink and the kind of food which they eat do not appear to engage the interest or attention of the apostles of ventilation.

The crew of the Kronprinz Wilhelm lived in the open air of the open sea. The convict poison squad of Mississippi breathed the purest air under the most hygienic and sanitary conditions which the State could provide.

The railroad laborers of the Madefra-Mamore poison squad breathed an air uncontaminated by the fumes of the modern industrial settlement. Pure air and debased foods are not compatible.

The school children of the country will never learn this fact until their teachers learn it. That white bread, in all its deadly significance, symbolizing as it does the improvement of all other refined foods, should ever enter the classroom ought not to occasion a panic.

It occasions no panic when it enters the diet of the prospective mother.

It occasions no panic when the nursing mother attempts to support the life of her babe as well as her own like upon it.

It occasions no panic when it enters served in every hospital in the land.

It occasions no panic at the breakfast, luncheon, dinner, or supper of the school child, the school teacher, life upon it.

There is a startling difference between panic and death. White bread, which has never yet occasioned a panic, is responsible for more untimely deaths than all other evils combined.

If the proof of this statement had not been proved a hundred times, notwithstanding the fact that such proof has never been recognized by scientific men or by the laity, these words would not be written. That they are rapidly leading to something of great value to the physical welfare of the United States you may well assume.

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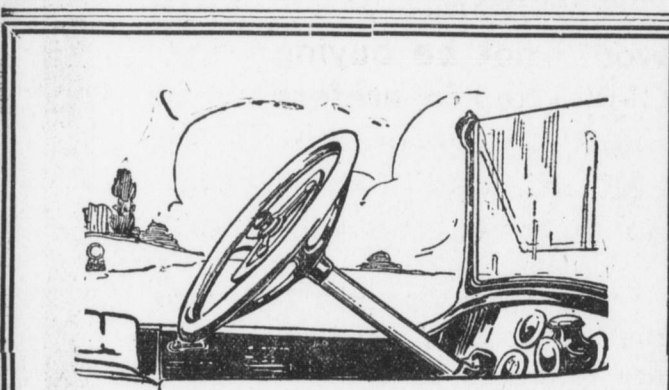
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