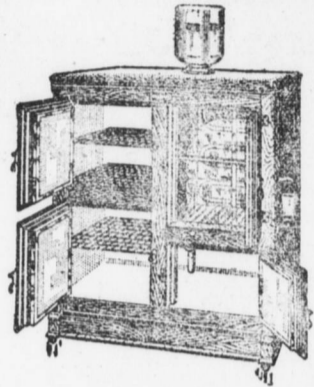


Spring House Furnishing

After the house-cleaning and renovating of the home comes the desire for "changing about"—for making some little improvement—this is the time for visiting our store. Come here for suggestions, information and ideas. We'll gladly help you.

We've some bright, seasonable goods, suitable for the coming warm weather comfort.

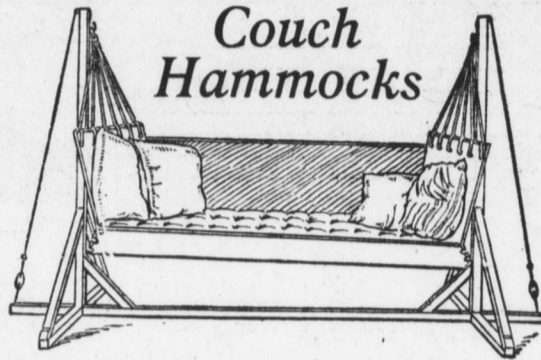
A New Shipment of Refrigerators Is Here



Goldsmith's Peerless Refrigerators are safe and dependable because of their low and uniform temperature; perfect circulation; freedom from moisture and perfect drainage. The health of your family is safe—so far as the refrigerator is concerned—if you use a "Peerless."

Patented Water Cooler System consisting of Water Bottle and series of coil pipe. \$5 extra.

All sizes and styles, \$7.50 to \$60



Couch Hammocks

The ideal hammock for veranda or sleeping porch. Made of heavy Army Khaki Cloth—soft mattress—wind shields and magazine pockets. Our Special \$9
Other styles up to \$20

Kitchen Cabinets

With Every Convenience

The modern home should not be without its kitchen cabinet—and in selecting this most important adjunct, look to the sanitary features above all else.

A Goldsmith Sanitary Cabinet will make kitchen work a real pleasure.

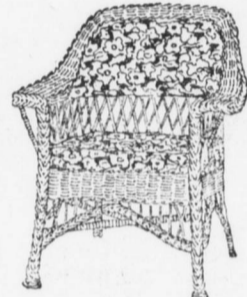
Our Special (illustrated), \$22.75.

3 Other Styles.



Wicker Furniture

There are many indications that Wicker Furniture is to be even in higher favor this season than formerly. In anticipation of your living-room bedroom and porch requirements, we are showing an unusual variety of Wicker Chairs, Rockers and Tables.



- Chairs \$3.50 up
- Rockers \$4.00 up
- Tables \$4.50 up

Convenient Charge Accounts May Be Opened

GOLDSMITH'S

North Market Square

Auto Delivery To Suburban Points

OF INTEREST TO THE WOMEN

Policemen Need Compassion

By Ella Wheeler Wilcox

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God measures souls by their capacity for entertaining his best Angel, Love. Who loveth most is nearest kin to God. Who is all Love, or Nothing, He who sits
And looks out on the palpitating world,
And feels his heart swell within him
Large enough
To hold all men within it, he is near
His great Creator's standard, though
He dwells
Outside the pale of churches and
knows not
A feast day from a fast day, or a line
Of Scripture even. What God wants
of us
Is that outreaching bigness that
ignores
All littleness of aims or creeds.
And clasps all Earth and Heaven in its
embrace.
On November 19 an article was

published in this column headed by a letter from a young woman in the Bronx who criticized policemen for their indifference to suffering animals. The article was published with the young lady's initial and some comments of the writer which suggested a school of education for policemen in kindness to animals. The article has brought forth the following interesting letter from a policeman:

His Own Inclinations
Dear Madam—In your article on kindness to animals in the Evening Journal of November 19, you criticize policemen for their indifference toward suffering animals.

I wonder if you know that the policeman's lot is in many instances worse than the stray dog you say they beat with their sticks? The dog can find something in a garbage can to satisfy his appetite but the policeman has to fast for nine and ten hours at a

time. It is too bad the officer laughed at the young woman, but if he had conversed with her for a few minutes he would be leaving himself liable to charges for which he would surely be fined as much as five days' pay. If you don't believe this, go down to the trial room at Police Headquarters any trial day, and you will find conditions the more deserving of your sympathy than the dog's.

She probably never thought that there was a human shoo-fly watching the policeman, ready to frame him up for fifteen minutes' conversation if he spoke to her for two. Did she stop to think what kind of a reception the policeman would get at the station house if he brought in a stray dog to Mr. Lieutenant?

You don't need any school to teach policemen kindness to animals. Just now, we are studying physiology, psychology, idiosyncrasy, laws, ordinances, rules, drill and gymnastics, and, occasionally, our chaplain lectures us on theology. If we require anything further, it is the insane asylum.
I assure you, policemen as a rule are not unkind to suffering animals (as we are friends in misery). But we are a little jealous of the rich lady's dog, so comfortably clothed and fed, while we stand hungry in the cold. Yours respectfully,
A POLICEMAN.

This letter will cast a new light on

the New York policemen for many people. They are such hearty, ruddy, healthy looking men. I think it never occurs to most of us that they can be hungry or in need of the necessities of life.

Unquestionably the policeman's familiarity with the disorderly type of street ruff-raff hardens his heart after a time and causes him to be more or less brusque in his treatment of these unfortunate.

A young woman of the writer's acquaintance was unexpectedly detained over night at a friend's house where she had dined. Her home was only a few blocks distant; in the morning she started to walk home this short distance with a long wrap covering her evening gown; she was hit by an iron pole which was being carried in a wagon by a careless driver.

The young woman was unconscious for some moments. When she awakened she found herself in the hands of a very severe policeman, who considered her, evidently, from her evening costume, much the worse for liquor. He was determined to convey her to the station house and was very skeptical when she assured him that she was a respectable individual, with a home near by. She was finally allowed to return to her home, and called a physician to attend to her bruises.

No doubt the policeman become hardened in their too frequent contemplation of the rough and disorderly element and too frequently find statements made to them by those whom they are obliged to arrest lacking foundation in truth. Compassion is not only the policeman's need but the need of humanity to-day.

MOST HOSPITAL DIETS ALL WRONG

Telegraph's Food Expert Points Out Lessons of Kronprinz Crew's Downfall

The Crew of the Kronprinz Wilhelm Have Demonstrated for the World That the Average Hospital Diet (Tea, White Bread Toast, Mashed Potatoes, Chops, Corn Starch, Pudding, Farina, Rice, Etc.) Is Worthless—Americans May Persist in Ignoring the Significance of the Kronprinz Wilhelm Episode, Both for Themselves and Their Children, but It No Longer Can Be Doubted That the Blood of Men, Robbed of the Normal Food Elements of Which Healthy Blood is Composed, Cannot, and Does Not, Perform the Miracle Which is Foolishly Expected of it.

At the time of the Kronprinz Wilhelm episode it was suggested to the United States government that the 500 men aboard the cruiser should be looked upon as a base for scientific observation.

It was obviously the duty of science to keep these men under surveillance in order that the effects of their extraordinary dietetic experience might be closely ascertained and properly interpreted for humanity at large. If exclusive feeding on white bread, butter, fresh meat, canned vegetables, cheese, sweet cakes, biscuits, coffee, condensed milk, and sugar is followed by disaster, the fact should be known. It was pointed out at the time that of the 500, the 110 who had passed beyond the limit of toleration in their unhappy experience were perhaps slightly more fortunate than the other 390 who still stood a little this side the breaking point.

Prior to the sudden prostration of these victims of demineralized food, none of them had any serious suspicion that he was about to be stricken, but those who, through pain and exhaustion, were finally brought to a realization of the gravity of their condition were prepared to submit to heroic treatment uncomplainingly. The others, who were still able to walk the deck, possessed no adequate conception of the gravity of their condition, and their attitude toward the medical officers was one of defiance.

None of them realized that the secondary consequences of acidosis, even of its milder forms, are even more grave than the primary ones. It is possible, more than nervous prostration, neuritis, edema, nephritis, beri-beri, or whatsoever other word or phrase is employed to describe such forms of malnutrition.

The alkaline salts necessary to prevent acidosis in a diet of meat are found by carnivorous animals in the blood and bones of their victims. The fish-eaters devour the bones and consume the blood as well as the flesh of their prey. Meat as dressed for human consumption, stripped of its bones and drained of its blood, does not furnish the base-forming elements.

In the ordinary meat diet man offsets to some extent the acidosis that follows such diet by his fondness for fruits, such as apples, lemons, oranges, spinach, celery, lettuce, carrots, parsnips, beets, cauliflower, onions, spinach, string beans, asparagus, apples, oranges, berries, and other fruit.

In the diet of the Arctic explorers of recent years calcium food in the form of pemmican (30 per cent of which consists of dried raisins and dates, rich in the alkaline salts or base-forming elements) has contributed to the offsetting factors necessary to avert complete collapse.

Acidosis, even of the mildest type, is the forerunner of tuberculosis. Acidosis is the most relentless calcium destroyer now engaged in breaking down human tissues.

Scandola has demonstrated that nothing promotes the elimination of calcium more than the use of deacidified foods such as white bread, potatoes and meat.

The work of Drennan indicates that the withdrawal of calcium may cause a fatty infiltration and later fatty degeneration of the liver cells. It has been conclusively proved, as we have seen, that when the calcium supply of the blood is diminished, the blood will not coagulate on demand, and after a diet deficient in calcium post-mortem shows hemorrhages in the soft tissues, thus revealing the ravages that progress unseen until too late to be averted.

It was observed by Dr. Perrenon for some time prior to the outbreak of the so-called beri-beri on board the Kronprinz Wilhelm that when the sailors received slight scratches in the discharge of their duties they bled profusely for a long time. It was evident that the blood of the men had been deprived of the calcium so necessary to its coagulation upon demand.

We have seen that where the mother is deprived of a sufficiency of calcium foods the foetus is handicapped by lime deficiency. Its bones do not grow properly, and later they decay quickly. Infant specialists frequently make the error of attributing squints and rickets among babies to the use of pasteurized milk, forgetful of the ravages committed by the calcium-deficient diet of the mother against the child before its birth.

The importance of calcium in the processes of nutrition is no longer subject to debate and the fact that the diet of the crew of the Kronprinz Wilhelm had been commercially robbed of its calcium has now assumed the form of a classic that no longer requires demonstration, even though Americans persist in ignoring its meaning for themselves and for their children.

For ten years it has been known to the medical profession that the auto-oxidation or acid-intoxication known as acidosis can be experimentally produced by feeding a diet free from the alkaline salts, thereby causing the sulphuric and phosphoric acids, elaborated by protein digestion, to combine with the salts of the tissues, thus destroying them.

It is also known to the medical profession that the attempt to neutralize these acid conditions, sets up a process in which ammonia is withdrawn from the urea to such an extent that the amount of "acetone bodies," acetone, diacetic acid, and beta oxybutyric acid can be changed by it.

These acetone bodies are found in many diseases, including diabetes, of which much will be said a little later. Ott and Crofton have shown that twenty times the normal amount of calcium salts is excreted in tuberculosis. The complete withdrawal of calcium destroys the defense of the tissues against the invasion of the tubercle bacilli.

It must be remembered that in the withdrawal of calcium from refined food the salts of iron, phosphorus, magnesium, potassium, and the other indispensable food minerals are also automatically withdrawn for the reason, as has already been pointed out, that no one of these salts can be removed without also removing the others.

Commensurate with nature's inability to obtain a calcium defense the tubercle bacilli colonize without restriction. A normal calcium supply is indispensable to human life. Foods

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20 NORTH FOURTH ST.

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To-morrow Will Be a Banner Day For the Economical Woman and Miss

Suits at \$9.75 Former prices up to \$18.88
Suits at \$12.75 Former prices up to \$22.88
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Coats at \$6.50 Former prices up to \$10.88
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Dresses at \$9.50 Former prices up to \$17.88

WAISTS and BLOUSES 88c Actual \$1.50 values
SILK WAISTS and BLOUSES \$1.88 Actual \$2.98 values

We Never Charge For Alterations

Striking Trolley Men Tie Up Entire Trenton System

Trenton, N. J., May 19.—The Trenton and Mercer County Traction Company made no attempt to operate its cars early to-day because of the strike of trolley men called last night. Thousands of persons were compelled to walk to their employment.

The principal question involved in the strike is in the reinstatement of fourteen conductors who were accused of dishonesty in collecting fares and were discharged.

NAME TECH HONOR STUDENTS FOR MONTH IN REPORT
Final monthly reports were given out to the members of the Junior, Sophomore and Freshman classes of the Technical High School yesterday afternoon. The next report to be given will be the semester report based upon the work for the second half of the year and the final examination. The seniors were not given reports, as they will begin their final examinations next week, so as to have some time to prepare for the commencement exercises.

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DWINELL-WRIGHT CO.
Fragrant—Delicious Satisfactory

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Comes in 1, 2 and 3-lb. Tin Cans Only
It is of such surpassing deliciousness that it is creating a sensation wherever we have placed it on sale. Thousands of people, all over the United States, regard it as infinitely superior to any other brands; and gladly recommend its use to friends and neighbors. Your grocer can easily supply you.

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The Regulation Shoe for Boy Scouts
NEWARK \$1.50-\$2 and \$2.50
HERE is a typical Newark Shoe economy—a substantial saving for parents and a lesson in economy for the boy. It is the regulation shoe for Boy Scouts; a sturdy shoe of military appearance. It is made for the rugged out-doors, with all the easing comfort necessary for active young feet. Demonstrate to your boy that it is not necessary to pay \$5 for this specialty shoe. Tell him why over three million men wear Newark Shoes. Help him to develop the instinct of economy—Buy him a pair tomorrow!

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HARRISBURG STORE:
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Other Newark Stores Nearby: York, Reading, Altoona, Baltimore, Lancaster. "Open Saturday night until 10:30 o'clock to accommodate our customers." When ordering by mail include 1% parcel post charges.
205 Stores in 97 Cities

THE proof of the deliciousness of the pudding is in
HOTEL ASTOR UNCOATED RICE

Hotel Astor Rice Pudding
1 cup Hotel Astor Rice (scant) 1/2 nutmeg (grated)
1/4 cup sugar 1/4 teaspoonful salt
Butter the size of a walnut 1 teaspoon vanilla extract

Add three quarts of water. Bake in a moderate oven two hours. Raisins make a pleasing addition to this pudding.

Hotel Astor Rice is sold in sealed cartons only. 10c for a full pound in the yellow cartons.

At most good grocers. If you cannot supply you send 10c for full pound carton to
B. FISCHER & CO., Importers, 190 Franklin St., New York City

Kingan's 'Reliable'
Sugar Cured Block Shoulder
SKIN AND FAT REMOVED
Serve Boiled, Fried or Broiled
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