

Your Spring House-Cleaning should not be confined to beating rugs and scrubbing floors. Clean out the accumulated "toxins" that come from heavy Winter foods that clog the liver and lower the muscular tone and vitality of the body. Eat **Shredded Wheat Biscuit** with fresh berries or other fruits and green vegetables. Get back to Nature. Shredded Wheat will bring the bounding buoyancy of new life and vigor. Contains all the goodness of the whole wheat grain. Nothing so strengthening, health-giving and satisfying. Made at Niagara Falls, N. Y.

SAYS BODY IS A POISON FACTORY

Urges everyone to drink glass of hot water before breakfast

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and ptomaine-like poisons are found and sucked into the blood.

Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins and to keep the entire alimentary canal clean, pure and fresh.

Those who are subject to sick headache, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation. This will cost very little, but is sufficient to make anyone an enthusiast on the subject. Remember inside bathing is more important than outside bathing, because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.—Advertisement.

SAGE TEA KEEPS YOUR HAIR DARK

When Mixed With Sulphur It Brings Back Its Beautiful Lustre at Once

Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold. Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a 50-cent bottle of "Weyth's Sage and Sulphur Compound," which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this read-to-use preparation, because it darkens the hair beautifully, besides, no one can possibly tell, as it darkens so naturally and evenly. You moisten a sponge or soft brush with it drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application of two its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger. Weyth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Advertisement.

To Overcome Eczema

Never mind how often you have tried and failed, you can stop burning, itching eczema quickly by applying a little zemo furnished by any druggist for 25c. Extra large bottle, \$1.00. Healing begins the moment zemo is applied. In a short time usually every trace of pimples, black heads, rash, eczema, tetter and similar skin disease will be removed. For clearing the skin and making it vigorously healthy, zemo is an exceptional remedy. It is not greasy, sticky or watery and it does not stain. When others fail it is the one dependable treatment for all skin troubles. Zemo, Cleveland.

FLORIDA \$31.80 ROUND TRIP \$31.80 Jacksonville

From Philadelphia every Wednesday and Saturday. Including meals and choice of state-room accommodations. All outside rooms. Fine steamers. Best service. Tickets limited to May 31. Merchants & Miners Trans. Co. City Ticket Office, 105 S. 9th St., Phila. Pa. Consult any ticket or tour agent.

GEORGE H. SOUBIER FUNERAL DIRECTOR 1310 North Third Street

Try Telegraph Want Ads

The Social Pirates

Story No. 5

The Millionaire Plunger

Plot by George Bronson Howard.

Novelization by Hugh C. Weir.

Copyright Kalem Company.

You needn't try to argue with me, you know, dear," said Mary. "I think I'm even more firm than you are! And this isn't what you started to say, is it? It's time for us to resume our campaign—why, I'm ready."

"It is time," it's the time of times. We've got some nice things—and Heaven only knows how long they'll stay nice! The fashions have been changing over night lately. But right now, this minute, we can go out and know that there won't be two better dressed girls in town. It's time for us to strike our next blow—because the iron's as hot as it ever will be."

"Agreed," said Mary. "But—where is the iron?"

"We've got to find—him!" said Mona. "Think, Mary! And—let me see the paper while you're doing it!"

"I believe that was what you wanted all the time," said Mary, suspiciously. "The paper, still—there you are!"

Mary had finished her breakfast and she went, now, to the window in the next room, and looked out, while Mona, with a smile, took the paper. She glanced through it while she sipped her second cup of coffee. And suddenly she exclaimed, under her breath, as her eyes fell on a certain headline. She read the story beneath it—and then read it again. And then, very slowly, her brows knitted in thought, she went to Mary.

"I wonder!" she said, half to herself. "Mary—did you see this?"

"Mary—did you see this?"

"The hot iron?" said Mary skeptically. "So soon?"

But she took the paper, and looked at the article Mona pointed out to her. "Tomlinson Gerry," she said, surprised. "You're flying high, Mona."

"We've got to!" said Mona. "It isn't small game we're after! And read the

rest. Do you see what it says? That he's tired of the bright lights—tired of being talked and written about just as a spender? That he's going to work—Tomlinson Gerry, with his millions, is going to work!"

"As an architect?" said Mary, reading on. "He's opened offices in the Sterling Building! Mona—I believe you're right!"

Gerry, before he had inherited his uncle's millions, had been the principal in some rather shady transactions, and the girls were more than ever determined to go after him when they learned that he had swindled their laundress out of her paltry savings. The fact that, since he had come to money he had tired of being a profligate and had settled down after six years of riotous living, to a decent occupation, the girls decided, should not save him.

As always, Mona and Mary worked rapidly and two days later, Mona sent her card in to the architect.

"Miss Hartley," cried Gerry, inquiringly, rising, and glancing at Mona's card.

"So good of you to see me—when I came without an appointment, Mr. Gerry," said Mona, holding out her hand, which Gerry took, delightedly. "You see—oh, I'm just like every other woman, I suppose! When I get an idea I want to carry it out at once!"

"I'm very much at your service," said Gerry.

"I want to build a home, Mr. Gerry," said Mona, "and I haven't the least idea of how to go about it! But I suppose the first thing to do is to get an architect—and so here I am!"

"My wants are ever so modest!" continued Mona. "I have got one or two general ideas, but I think you'll find that they don't interfere at all with your conceptions. I want a bungalow. You see—a nice, rambling sort of place, and I thought—can't you help me with the land, too?"

"I'll do my best," said Gerry. "I'll tell you what it just happens that I have an option, right now, on some suburban property. If you like it, I'll turn the option over to you. Why don't you let me drive you out to have a look at the land, right now? My car is downstairs," she consented.

Mona had gone alone, according to the plan the two girls had arranged, for her visit to Gerry. But Mary had followed, and she waited anxiously, across the street from the building that housed Gerry's office. When she saw Mona and Gerry come out together, chatting eagerly, she smiled. And when Gerry put Mona into his roadster, with the utmost solicitude, tucking a robe about her, and making sure that she was comfortable, Mary smiled and so here I am!

"So that's all right," she said to her self. "I might have trusted Mona. She's such a dear that no man of Gerry's sort could help falling for her!"

She wasn't anxious about Mona for a minute. Gerry's reputation, of course, was well known to her. He was rather notorious for his easy conquests of women who were generally supposed to be impervious to the shafts of Cupid. But Mary knew there was not the slightest danger for Mona, no matter how personal Gerry tried to make their relations.



Mona and Mary Help the Laundress Who Was Swindled.

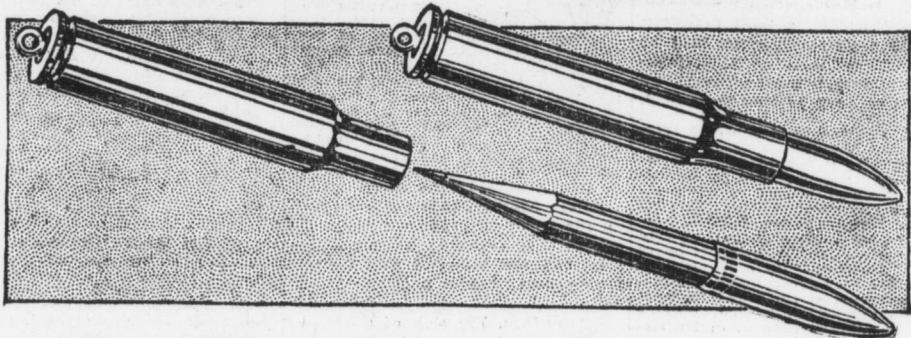
To Be Continued Tomorrow

STOLE DIAMOND, CHARGE
Abe Bloom, 1319 Cowden street, will be given a hearing before Alderman Hilton to-night on a charge of larceny as he is accused of stealing a diamond ring belonging to a young woman. Bloom was arrested yesterday and held under \$300 bail. Bloom, it is alleged, asked to examine the ring, and after looking it over, refused to return it.

RECEPTION TO NEW PASTOR
Special to the Telegraph
Enola, Pa., May 17. — Members of St. Matthew's Reformed Church will give a reception to their new pastor, the Rev. Thomas H. Matthews, this evening in the church auditorium, and a very interesting program has been arranged.

Just One Application and the Hairs Vanish
(Toilet Talks)
Any woman can keep her skin free from unsightly hair or fuzz if she will follow these simple instructions: When hairy growths appear, apply a simple paste, made by mixing some water with powdered zemo. Apply this to hairy surface and after 2 or 3 minutes rub off, wash the skin and the hairs are gone. This is a harmless treatment, but be sure you get the real zelatoine.

FREE



While the Supply Lasts

Only One to Each Customer

Metal Cartridge Pencil

(Genuine Army Shell for Holder)

To Each Purchaser of 10 Cents Worth of Tuxedo

The holder is an actual rifle cartridge shell, nickel-plated. Fits easily into vest pocket and pencil point is protected inside the metal case. Can be adjusted for writing in a jiffy by pulling out "bullet end" of cartridge, that holds pencil, and setting back into case with pencil point out. Every man will find this up-to-date, attractive, novelty pocket pencil very convenient and serviceable. This Free Offer is made to get more smokers acquainted with the merits of

Tuxedo
The Perfect Tobacco for Pipe and Cigarette



Absolutely the mildest, pleasantest, smoke-as-much-as-you-likest tobacco in the world. Made so by the original "Tuxedo Process" that takes the ripest Burley tobacco after it has been aged and mellowed 3 to 5 years, and refines it until it is positively non-biting and pipe-perfect in every way.

There is no other tobacco like Tuxedo. It is the most widely imitated of all tobaccos, but imitation brands fall far short of Tuxedo quality because no other manufacturer knows the secrets of the "Tuxedo Process." If you happen to be smoking an imitation brand now, by all means seize this opportunity to compare it with the original granulated Burley smoking tobacco—Tuxedo.

YOU CAN BUY TUXEDO EVERYWHERE

Convenient, glassine wrapped, moisture-proof pouch - 5c Famous green tin with gold lettering, curved to fit pocket 10c
In Tin Humidors, 40c and 80c. In Glass Humidors, 50c and 90c.

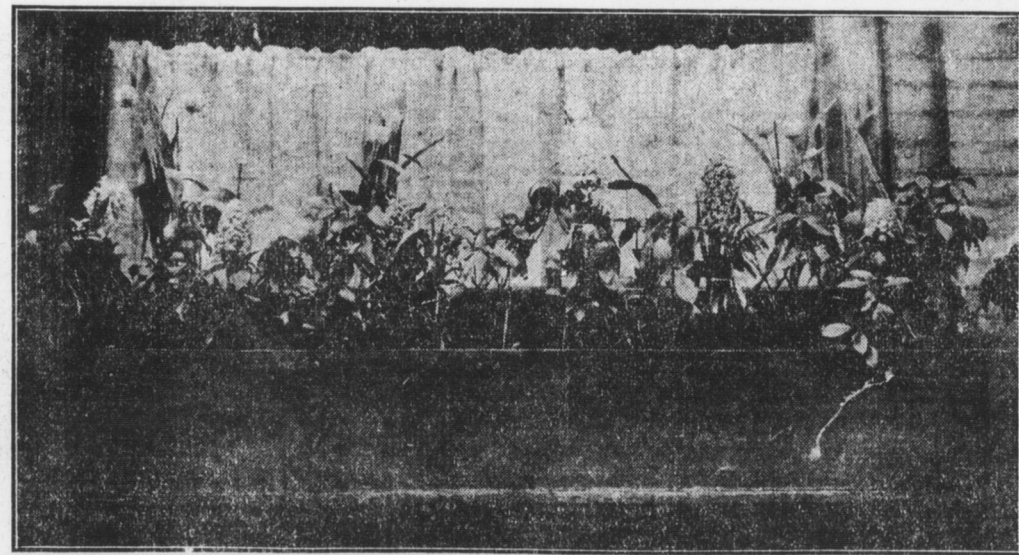
FREE Take advantage of this Free Offer today and avoid disappointment. Dealers have only a limited supply of these Metal Cartridge Pencils and cannot get more. Look for Free Offer sign in a dealer's window—get 10c worth of Tuxedo and ask for the Metal Cartridge Pencil Free.

THE AMERICAN TOBACCO COMPANY

Special Notice to Dealers:

We want every dealer in Harrisburg to be supplied with these Metal Cartridge Pencils. All dealers who have not yet secured a supply of these Metal Cartridge Pencils can do so by applying at Tuxedo Headquarters, Carlton Hotel. Bell Phone 3894-J.

FLOWER CAMPAIGN GOES WITH RUSH; SCORES OF PEOPLE ENTER



First Window Box Up This Year, Kreidler Bros. It Will be Replanted for Summer.

Porch and window boxes are going up all over town like magic. The weatherman's promise of warm days has encouraged the florists to fill their contracts for boxes as rapidly as possible and the brightening effects of the newly planted boxes are already perceptible. The Harrisburg Bag and Box Company's plant is among those decorated.

Mrs. Walter J. Bingham, 355 South Eighteenth street, has agreed to volunteer to interest the residents of Eighteenth street, between Holly and Perry, in the window box movement,

and Mrs. J. P. Yungel, 1738 Market street, will carry the message of a more beautiful Harrisburg to the people of Market street between Seventeenth and Eighteenth streets.

Others who entered the Telegraph campaign in the past two days are: Mrs. G. M. Shetter, of 1504 State street.

Mrs. Truman L. Harper, 351 South Eighteenth street.

Mrs. H. Carter Gingley, 357 South Eighteenth street.

Mrs. C. Edw. Klinger, 359 South Eighteenth street.

Mrs. Harry H. Appleton, 361 South Eighteenth street.

Mrs. Elijah B. Jenkins, 363 South Eighteenth street.

Mrs. A. Feral Stevens, 1736 Market street.

Mrs. Paul A. Hess, 1732 Market street.

Miss Elizabeth M. Payne, 1709 Market street.

Mrs. Harry C. Morton, 1728 Market street.

Mrs. Alfred F. Hoffsummer, 1712 Market street.

Mrs. Harry E. Klass, 1706 Market

IDENTIFY DROWNED MAN BY CHECK AND KEYS
A check and a bunch of keys found in his clothing were the factors in identifying the body of Casper James Troy, 1447 Berryhill street, who was drowned April 10, when he fell off the Cumberland Valley Railroad bridge while at work, and whose body was found near Highspire, Monday.

The body was shipped to Mahanoy City to-day by Undertaker C. H. Mauk, Sixth and Keeler streets, where funeral services were held. On the arrival of the train the body was taken into the St. Francis Catholic Institute, is seriously ill. He has an affection of the heart which has not yielded to treatment.

PASTEUR HEAD ILL
By Associated Press
Paris, May 17. — Professor Metchnikoff, the famous bacteriologist, who is head of the Pasteur Institute, is seriously ill. He has an affection of the heart which has not yielded to treatment.

PIANOS ARE EASY
To buy at John Bros., 8 North Market Square. Terms as low as \$5 per month. Come and see us before you purchase a piano or player.—Adm.

\$2,500,000 PLEDGED FOR EPISCOPAL FUNI
New York, May 17. — Pledges have been received for \$2,500,000, one-half of the \$5,000,000 which must be in hand as a reserve fund to start the plan to pension the retiring clergy of the Protestant Episcopal Church.

FIRE APPARATUS BROKEN
The Friendship auto chemical hose truck broke a connecting rod last night while responding to a false alarm from Box No. 221, Fourth and Market streets. The apparatus will be out of service until Monday.

Money Saved on Lumber Is Money Earned

Our yards are centrally located at Forster & Cowden Sts. This is why it costs us less to deliver lumber than if we were on the outskirts of town. The saving we make in operating expenses we deduct from cost of materials — you pay less to us for the best grades. We are always glad to submit prices.

United Ice & Coal Co.
Forster & Cowden Sts.