

Better Muscle, Better Work — the power to do things comes from food that supplies the greatest amount of nutriment with the least tax upon the digestive organs. **Shredded Wheat Biscuit** contains all the muscle-making material in the whole wheat grain made digestible by steam cooking, shredding and baking. Contains more real nutriment than meat or eggs and costs much less. Being ready-cooked and ready-to-serve, it is the ideal Summer food. Delicious for breakfast—or any meal with milk or cream, or with fresh fruits. Made at Niagara Falls, N. Y.

VETERANS VISIT SCHOOLS
Special to the Telegraph
Mechanicsburg, Pa., May 12.—Members of Col. H. I. Zinn Post, No. 415, Grand Army of the Republic and the Women's Relief Corps are visiting the public schools this afternoon, when special programs will be given by the pupils and addresses by visitors.

WEAK AND TIRED WOMAN
Tells How Vinol Made Her Strong.

Harrisburg women who are weak, run-down and suffer from the consequent effects of such a condition will be interested in Mrs. Odell's letter. She says:
"I am a farmer's wife and was all run-down, weak, tired, and suffered from indigestion, and sometimes it seemed as though I could not keep my mind and do my housework. I had taken many medicines without benefit. One day I saw Vinol advertised, and made up my mind to try it. I have taken four bottles and have gained seven pounds in weight, am much stronger, and feel many years younger than before." Sarah Odell, Lockport, N. Y.
The reason Vinol builds up weak, run-down women so quickly is because it contains a delicious combination of the three most successful tonics, peptonate of iron to enrich and revitalize the blood, the strength-creating, body-building elements of fresh cods' livers without oil, and beef peptonate.
We want to say to every weak, run-down, overworked woman in Harrisburg that we will return your money if Vinol fails to help you as it did Mrs. Odell.
George A. Gargas, Druggist; Kennedy's Medicine Store, 321 Market street; C. F. Kramer, Third and Broad streets; Kitzmiller's Pharmacy, 1325 Perry street, Harrisburg, Pa.
P. S.—In your own health, wherever you live, there is a Vinol Drug Store. Look for the sign.—Advertisement.

CUT THIS OUT
OLD ENGLISH RECIPE FOR CATARRHAL DEAFNESS AND HEAD NOISES

If you know of some one who is troubled with Catarrhal Deafness, head noises or ordinary catarrh, cut out this formula and hand it to them and you will have the means of saving some poor sufferer perhaps from total deafness. In England scientists for a long time past have recognized that catarrh is a constitutional disease and that its early removal requires a constitutional treatment.
Sprays, inhalers and nose douches are liable to irritate the delicate air passages and force the infection into the deeper parts which frequently means total deafness, or else the disease is driven down the air passages into the lungs which is equally as dangerous. The following formula which is used extensively in the damp English climate is a constitutional treatment and should prove especially efficacious to sufferers who live under more favorable climate conditions.
Secure from your Druggist 1 ounce of Parmitin (Double strength). Take the home and add to it a pint of hot water and 4 ounces of granulated sugar; stir until dissolved. Take one tablespoonful four times a day. This will often bring quick relief from distressing head noises. Clogged nostrils should open, breathing become easy and hearing improve as the inflammation in the eustachian tubes is reduced. Parmitin is used in this way as it acts directly upon the blood and mucous surfaces of the system and has a slight tonic action that facilitates the recovery of the patient. The preparation is easy to make, costs little and is pleasant to take. Any person who has a cough should give this treatment a trial.—Advertisement.

VEGETABLE CALOMEL

Vegetable calomel, extract of the root of the old-fashioned may-apple plant, does not salivate. As a liver stimulant, it's great. It's a perfect substitute for ordinary calomel (mercury); in fact, it's better, because its action is gentle instead of severe and irritating—and it leaves no mean, disagreeable after-effects. Physicians recognize this and prescribe may-apple root (pocophyllin, they call it) daily. Combined with four other standard, all-vegetable remedies, may-apple root may now be had at most any druggist's in convenient sugarcated tablet form by asking for Sntanel Laxatives. If you forget the name, ask for the box that has the picture of the soldier on it. These tablets are small, easy to take and are really wonderful little performers. They quickly clean out the poisons that are causing you headache, constipation, sour stomach, biliousness, dizzy spells, bad breath and coated tongue. They are mild. They never grip. And they are a bowel tonic as well as a cleanser and liver regulator. A 10c box should last one several weeks. A Physician's trial package (4 doses) will be mailed you free if you write mentioning this advertisement. The Sntanel Remedies Co., 802 Madison Ave., Covington, Ky.

CHARLES H. MAUK
FUNERAL DIRECTOR
AND EMBALMER
1745-47 N. SIXTH ST.
FREE OLD AND RELIABLE HOUSE

FINISH PROGRAM FOR ENTERTAINING WORLD ROTARIANS

Harrisburg Will Be Well Represented; Old-Fashioned Kentucky Barbecue on List

The program for the entertainment of the International Association of Rotary clubs at Cincinnati, July 16, 17, 18, 19, 20, has just been completed by the Cincinnati Entertainment Executive committee. The Rotary club of this city will send many delegates, and many visitors besides are planning to attend. The business program is not entirely finished, but the business program is of greater interest to the active delegates than to the Rotarians and their wives who are going to the Cincinnati convention simply for pleasure.
The convention entertainment opens with a reception Sunday evening, July 16, in the ballroom at the Hotel Gibson, where old acquaintances will be renewed and new friendships made.

Will Visit Zoo
On Monday afternoon, at 1 o'clock, the ladies will be taken on a trip to the Cincinnati Zoological Gardens, one of the finest zoos in the world, where they will enjoy a luncheon and a special concert, followed by a woodland play in an open-air theater by the Goldenburg Players. The men will attend Model luncheons downtown, showing how Rotary luncheons should be conducted. Some will go to Redland field to see the Cincinnati Reds play Philadelphia. Others will enter the golf tournament at the Hamilton County Golf club, where golfers from all over the country will be entered in competition for a prize cup.
In the evening a parade headed by the delegations contesting for the 1917 convention will be held just prior to the start for the Zoological Gardens again. More than a dozen bands will enliven the evening at the zoo, where Atlanta, Ga., a strong contender for the 1917 convention, will give a great watermelon party for the benefit of all visitors. Fireworks and dancing will wind up the evening.

Auto Tour
All the principal points of interest, the parks, residence and industrial districts, will be visited by the ladies on an automobile ride Tuesday, with a woodland luncheon in Burnet Woods Park near the University of Cincinnati. The men will attend trade and professional section luncheons downtown, the baseball games and the second day's play of the Rotary golf tournament.

Music Hall seating 3,600 people, will be the scene of a great musical festival Tuesday evening for the benefit of Rotarians. Leading this program are Frances Ingram, contralto, late of the Chicago Grand Opera company, and Joseph Schenke, Cincinnati tenor. Other offerings will be the Cincinnati Choral Club of 300 voices from the famous Cincinnati May Festival chorus, Margaret Berry Miller, lyric soprano, Adolph H. Stadermann, organist, and the Orpheus club of 120 male voices, all of whom are featured in a great musical program especially presented for Rotary.

Old Kentucky Barbecue
The big entertainment of the convention is reserved for Wednesday when the Rotarians will leave Cincinnati at 10:30 a. m. for Coney Island Summer Amusement park. Here an old-fashioned Kentucky Barbecue will be served. Athletic events, swimming contests, a burlesque, Kentucky derby, a ball game between the Toledo Rail Lights and the Cincinnati Urtches, champion amateur baseball teams, and other features have been provided. The day will wind up with a Summer Carnival, in which the Rotarians will appear in novel and striking costumes during a dinner, dance and various entertainments.
Thursday evening is the final event of the entertainment program, Music Hall and its esplanade being turned into a magnificent Parisian garden, where the annual Grand Ball, led by President Ayn D. Albert, of Minneapolis, will occur.

Two Independent Plants Are Purchased by Midvale and Baldwin Works

Philadelphia, May 12.—The Midvale Steel and Ordnance Company and the Baldwin Locomotive Works, two of the largest industrial concerns in the country, yesterday added to the working facilities of their plants, now running full blast on war orders, through the purchase of independent steel plants.
The Midvale Company took over the Diamond State Steel Company, of Wilmington, since 1904. The Baldwin Locomotive Works purchased the Southwark Foundry and Machine Company, at Fourth street and Washington avenue, from W. B. Johnson and Samuel M. Vauclair, president and vice-president of the Baldwin concern, respectively, the virtual owners of the Southwark plant.
The Diamond State Steel under its new owners will be known as the Wilmington Steel Company. This plant was owned by Daniel J. Driscoll, of Reading. Advertisement Reading last night intimated that the price paid in the deal was in the neighborhood of \$1,000,000.

Youths Waxing Rich Capturing Sparrows

Bartlesville, Okla., May 12.—A dozen or more boys of this city are doing much to rid the community of English sparrows in order that song birds may multiply and flourish, and at the same time earning pocket change. For each sparrow captured and destroyed they receive a reward of a penny.
The method adopted by the sparrow hunters rests chiefly upon a pocket flashlight, for their work is at night. During the day they find the nesting places of the pest birds. When darkness falls they go from house to house, climb to the roosts of the birds, turn the glare of the flashlight upon them, and the rest is easy.

R. R. PRESIDENT DIES

Barnstable, Mass., May 12.—W. A. Gardner, president of the Chicago and Northwestern Railroad, died last night at his summer home at Wianna Beach. Mr. Gardner was in ill health when he came here with his family three weeks ago, and since had failed steadily. He had occupied a cottage at Wianna for several seasons.

SIXTH POWDER VICTIM

Dover, N. J., May 12.—John Healy, one of those injured in the explosion Tuesday at the plant of the Atlas Powder Company, at Lake Hopatcong, died here last night. This increases the fatalities to six.

HELD ON ASSAULT CHARGE

Michael Keane, a hotel proprietor in Paxton street, was held under \$200 bail on a charge of assault and battery, made by John Haines, at a hearing before Alderman Caveny last night.

Spring piano tuning is most important. Now is the time. Let the piano tuner makes pianos moth proof.—Adv.

The "Live Store" **"Always Reliable"**
Your Interest First, Last and All Time
At the "Live Store"



It's unusual to find a store where the customer's interests are put first and consistently kept first. It's rare enough to be mighty interesting.

Kuppenheimer Clothes
Here is the most logical place for a man to come when he wants good clothes, for here he finds ALL the good styles from ALL the best makers—thousands upon thousands of choice garments at

\$15 | \$18 | \$20 | \$25

You will find when you come to do business here, that this store offers you some things that are worth a good deal to you, and that don't cost you anything. There are other things here beside merchandise. We mean to serve our customers, not simply to wait on them. We mean to serve you better today than yesterday—help you buy what you want, not merely to sell you what we want you to want—there's quite a difference, you see.

It isn't just advertising talk, but this is a "Live Store"—unusual in spirit—in methods—in atmosphere. You can see it in the high average of the goods and the low average of the prices. You can hear from those who have bought here—and our constantly increasing patronage shows the appreciation of this kind of a store that's "Always Reliable;" that whenever you buy here—whatever price you pay—If you are not satisfied in every way, come back and get your money.

Sport Shirts—Silk Shirts—Percalé and Madras Shirts

Boys' Shirts 50c & \$1.00

Boys' One-piece Pajamas 4 to 14 yrs. 50c

Boys' Ties Plain and Plaids In Four In Hand and Windsor 25c

Boys' Union Suits Fine Rib-Knit or Nainsook Knee Length 50c

Men's B. V. D., Rocking Chair and Hatch One-Button UNION SUITS \$1.00

See the New May-flower Shirts

Altogether different from any other shirt—tinted floral effects—sizes 13½ to 16..... **\$1.50**

Shirts with neat stripes of silk—madras, percale, mercerized, sateen, rep cloth and poplin shirts..... **\$1.50**

We have sold over six hundred of "The Yellow Fellow" canary shirts; there will be hundreds more here tomorrow. Also "peach pink," "Helio," "Green," Maise and Apricot shirts—new plaids..... **\$1.50**

New "Fox-trot," soft collars, white with color tinted edges of pink, green, blue and helio—2 for 25c.

Women's and Children's Silk Sweaters
One of the attractions in Harrisburg is our unusual display of handsome silk and fibre sweaters and indeed there's just a reason—plain rose, azure blue, green, canary, Apricot or bordered with white—V neck and convertible collars, two tone effects in best colors, **\$5.00 to \$18.75**

Boys' and Children's Hats 50c & \$1.00

Boys' Sport Shirts and Blouse Waists of Soft Fabrics Mercerized In Plain White and Assorted Stripes 50c & \$1.00

Boys' Knee Length Union Suits, Waist Effect With Buttons on 50c

Doutrich's
Always Reliable
304 Market Street. Harrisburg, Pa.

Men's Black Mixed UNION SUITS... \$1
Men's Knee Length UNION SUITS . 50c