

TECH ATHLETES BRING HOME TROPHIES--NEW RECORDS IN RELAY--MCGUIRE IN SHAPE

ATHLETES HOME TELL OF VICTORY

Tech Boys Return With Many Trophies; Praise For Good Work

For the third time in four years, the relay team representing the Technical High School returned from the Penn relays at Philadelphia with first place trophies and with their grips. Along with the first honors, the local athletes brought four individual loving cups and a banner that will be added to the trophy room of the Maroon school. Starting from fourth position from the pole, each successive runner added to the advantage until Captain Demming crossed the line five yards in front of the Williamsport runner who finished second.

At the opening session of the school this morning addresses were made by Coaches Peet and Hill, Dr. Fager, members of the team and students who accompanied the squad to the Quaker city. Members of the team divided honors with the coaches. Both were lauded for their good work in winning. While the mile was run in 3:49, it was stated that the Tech lads could have subtracted several seconds had they been pushed.

Met Old-time Rivals

Class champions Central, Williamsport, Tech, Steelton and Altoona toed the mark in that order from the pole. The three inside teams stole on the gun, and were set back a yard by the starter at the crack of the pistol. Eyster, the first Tech runner got away to a flying start, but because of his outside position could land only a third place at the end of the quarter. Raleigh Evans took the baton and by some fast sprinting went ahead of the Steelton man and when he passed the baton to Sutch, the third Williamsport lad had a lead of a yard. The Tech flyer finished strong and gave Demming the Maroon anchor man a good lead. Demming took things easily in his quarter, and finished an easy winner.

Williamsport, Steelton, Reading, Central and Altoona followed in order. The local team was made up entirely of members from the Junior class, and will likely comprise the Tech team for the remainder of this year and next season unless faster material is unearthed.

Encouraged by their victory on Saturday Tech athletes will prepare during the week for the dual meet with the Mercersburg second team at that place next Saturday.

NEW TRACK AND FIELD RECORDS IN PENN'S RELAY CARNIVAL

Honors For Yale, Cornell and Harvard; Western Stars Big Surprise in High Hurdle Event

Marks were broken and equaled in the University of Pennsylvania relay carnival Saturday. Yale, Cornell and Harvard figured in championship honors. Old Eli captured the two-mile event and it means ran away with the four-mile chase. Harvard came in first in the one-mile event.

There were many thrills in the finish of the track events. Ted Meredith, of Penn, made new figures for the quarter-mile, but lost out at the finish.

It was because Penn did not have another runner nearly as fast as Meredith, and because Harvard's quartet were all fast men, that Pennsylvania lost the one-mile event. But even at that Harvard's time of 3 minutes 19 seconds does not equal the world's record of 3:18, hung up by Meredith, Lippincott, Kaufmann and Lockwood last year.

The winners and new records follow:

Track and Field Winners

One-mile college championship—Harvard, 3:19.
Two-mile college championship—Yale, 7:53; equals world's record.
Four-mile college championship—Cornell, 17:51.1-5; equals world's record.
One-mile freshman college championship—Pennsylvania, 3:29.4-5.
One-mile high school championship—Northwest High School, 3:27.2-5.
One-mile preparatory school championship—St. Alban's, Washington, D. C., 3:27.2-5.
120-yard high hurdles on turf—Simpson, Missouri, 15 seconds; equals world's record.
100-yard dash—H. Smith, Michigan, 10.2-5 seconds.

Reading on Thursday, at which time there will be a final round-up. Reading, Lebanon and York expect to start practice on Wednesday.

Members of the Harrisburg Academy tennis squad opened the season at Mercersburg on Saturday. While the local players lost the four matches, every player, considering there has been little practice, showed form. The courts at Mercersburg were not in the best condition. Moore, Jeffries, Hickman and Schreiner put up a game fight for the Academy.

WELLY'S CORNER

The victory for the Tech High relay team at Philadelphia Saturday is taken as an indication that this season will find the athletes under Coaches Peet and Hill in the running for the season's championship. Central, in spite of the fact that the team was not picked until Friday, made a good showing. Steelton, Williamsport and Reading promise to be strong contenders in the coming State high school meet.

From now until the close of the schools and colleges for the summer will be track and field events each week. Results will be watched with interest. A general opinion prevails that new records will be in order all over the United States and in the pick of athletes for the next Olympic events there will be some fast boys.

Penn athletes did not show up strong in the finishes at Philadelphia Saturday, but Ted Meredith and other athletes showed there is still something better in store. Cornell, Harvard and Yale have strong track and field teams.

Saturday College Scores

Penn 8, Yale 7.
Harvard 10, Vermont 1.
Trinity 4, Lafayette 3.
Cornell 1, Princeton 0.
Penn State 8, West Virginia 1.
Army 4, Lehigh 1.
Hamilton 8, Stevens 4.
Dartmouth 5, Brown 4.
Holy Cross 2, Williams 1.
New York Univ. 6, Swarthmore 5.
Maine 4, Bowdoin 3.
Michigan 8, Case 4.
Johns Hopkins 7, Maryland A. C. 6.
Mercersburg 2, F. and M. 1.
Navy 13, North Carolina 2.
Bucknell 10, Albright 0.
Notre Dame 2, Michigan 0.

Saturday Amateur Scores

Marysville, 10; Hope, 0.
Independents, 8; Wickasaw, 4.
Country Club, 9; Academy, 8.
Midway A. C., 11; Union A. C., 2.
Harris Park, 4; Red Lion, 3.
Keener A. C., 8; Enola Y. M. C. A., 6.
East End A. C., 12; St. Mary's C. C., 8.
Carlisle, 7; Camp Hill, 3.
Galadah, 10; Jackson, 3; 5.
Dauphin, 9; West End, 2.
Hick-a-Thrift, 15; Oberlin, 4.
York, 8; Rosewood A. C., 2.
Middletown, 10; Unionville A. A., 1.
Conway Hall, 14; State Highway, 2.
Stanley A. C., 10; Hickok A. C., 0.

WESTPORT 2 1/2 IN.

CUT THE CORRECT CUT-AWAY SHADE.

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The weather conditions have been anything but favorable for the youngsters in baseball this season.

The Lancaster State League team will get into the practice game tomorrow. Manager B. Reinhart has a big bunch ready for work, including a number of former Federal League players. Plans are under way for preliminary contests to start in that city on Saturday. The league will meet in

STANDING OF THE CLUBS

American League

Detroit	W. 6	L. 6	P. C. 600
Boston	9	6	600
New York	7	5	583
Washington	8	6	571
St. Louis	5	2	557
Cleveland	7	7	533
Chicago	9	9	500
Philadelphia	3	10	231

National League

Philadelphia	W. 7	L. 3	P. C. 700
Brooklyn	5	3	625
Chicago	8	5	615
Boston	5	4	556
St. Louis	7	7	547
Cincinnati	7	8	467
Pittsburgh	6	8	429
New York	1	8	111

MARYSVILLE HIGH WINS

Special to the Telegraph

Marysville, Pa., May 1.—Marysville High School walked off with a 11-6 score. The game was featured by the work of the Clendenin brothers battery for Marysville. The score by innings:

Marysville	3	3	0	1	3	1	9
Duncannon	2	0	2	0	1	0	6

Batteries: M. Clendenin and Clendenin; Kirk, I. Lightner and Glass.

NEW HURDLE RECORD

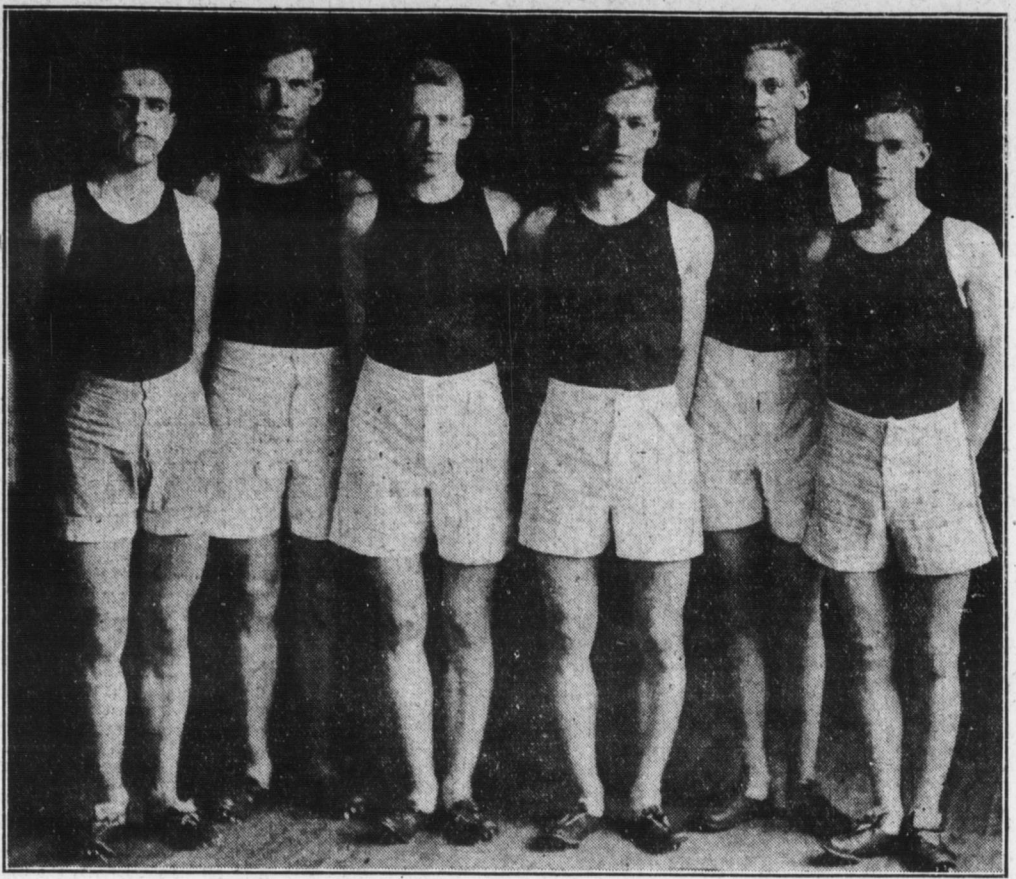
Los Angeles, Cal., May 1.—Fredrick W. Kelley, international champion high hurdler, broke the world's record for the 220 low hurdles on a curved track, making it in 24.2-5 seconds in a sanctioned exhibition race. The previous record was 24.4-5 seconds, established in 1908, and equaled last year by Kelley.

PRIZE FOR SLOGAN

Special to the Telegraph

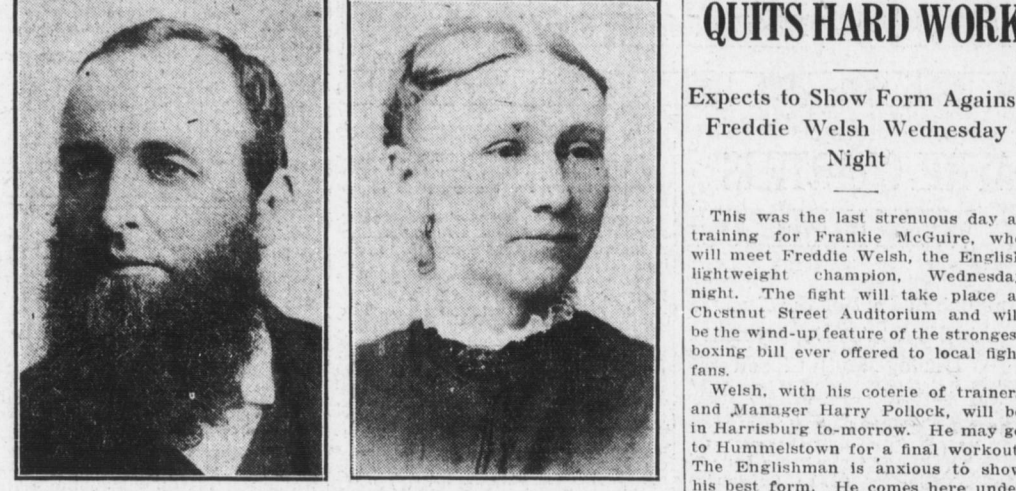
Amville, Pa., May 1.—In order to stimulate interest in the new Board of Trade which was organized in this

TECH RELAY RUNNERS WINNERS AT PHILADELPHIA SATURDAY



The athletes who represented the Technical High School in the relay carnival at Franklin Field, Saturday, were heroes to-day. At school they were recipients of many congratulations from members of the faculty and students. The team brought home trophies including a banner. The members of the Tech team as pictured above are: Harman, sub; Demmy, captain; Raleigh, Evans, Eyster, Shipp, sub, and Sutch

MANHEIM COUPLE CELEBRATE GOLDEN WEDDING



Manheim, May 1. — On Saturday Mr. and Mrs. David N. Fass, of Manheim, celebrated the fiftieth anniversary of their marriage. The Rev. Lewis Peters, now deceased, a minister of the United Brethren Church performed the ceremony. Mr. and Mrs. Fass gave a dinner to a few invited guests, among them their daughter, Minnie, and her husband, the Rev. F. S. Borkey, and four daughters, of Lebanon. Mr. Fass is a retired butcher and a veteran of the Civil War.

AMAZING BUT RARELY SUSPECTED TRUTHS ABOUT THINGS YOU EAT.

BY ALFRED W. MCCANN

Food Commissioners who preach the gospel that "All is now well with our food supplies" are forced in the commercial philosophy to ignore the extraordinary truths demonstrated by Sherman, Forbes, Hart, Maxwell, Steinitz, Zadic, Leipsic, Rohman, Gumpert, Ehrstrom, Matzler, Staeler, Volk and the hundred other benefactors of the human race referred to in these chapters, whose work has conclusively proved that on such a diet as the common people of America are now leaning so heavily nothing but disorder can result.

The 4,000 laborers who, attempting to live on the most popular typical American foods, during the construction of the Madeira-Mamore Railway, were deprived, as we have learned, of the mineral elements necessary to normal metabolism. Let us see whether the Madeira-Mamore poison squad really bears any relationship to the average American food.

Henry C. Sherman of Columbia University, in a study of the crudity of the views formerly held and still sometimes met (especially if fraudulent advertisements of proprietary foods) tended to bring the subject existing in the cods and tissues of the phosphates, and other phosphorus compounds in food and nutrition was very generally neglected. Recent studies, however, the significance of phosphorus in the growth, development and functions of the organism is at last being adequately recognized.

Phosphorus was only one of the twenty mineral elements removed from the foodstuffs of the Madeira-Mamore poison squad. The investigations of Forbes, Ohio Experiment Station, and Hart, Wisconsin Experiment Station, indicate that much of the malnutrition is not due to a low protein diet, but to a deficiency of phosphorus and calcium in the food supply.

Here are two of the mineral elements which have been specially studied in the diet of dogs, cows and American homes. Let us look at the facts.

Phosphorus is found in the body as phosphorized proteins called nucleoproteins existing in the cods and tissues. True phospho-proteins exist in casein (milk) and ovoivellin (egg yolk). In brain and nerve substances, and also to some extent in other tissues, the phosphorus appears as phosphorized fats called lecithins. Egg yolk is particularly rich in this form of phosphorus; so is the discarded germ of wheat, corn, rice, and barley. Less highly organized forms of phosphorus are utilized by the body as phytin compounds or phytates. Wheat, corn, rice, barley, oats, and buckwheat, in their natural unrefined state, contain phosphorus in this form in abundant quantities.

In the fluids and soft solid tissues of the body phosphorus is found in an inorganic form as potassium phosphate. In the bone structure it is found as calcium phosphate.

Maxwell, in observing germinating seeds and developing chick embryos, found that in the construction of the tissues of the growing vegetable or

Four World's Records Broken by U. S. Aviators

New York, May 1.—Henry Woodhouse, a member of the board of governors of the Aero Club of America, announced here that four world's records were broken by American aviators at Newport News, Va., yesterday. Theodore C. MacAulay took six passengers in the flying boat H-7, of the super-America type, to an altitude of 1,000 feet, remaining in the air an hour and 10 minutes and maintaining a speed of 88 miles an hour, establishing records, Mr. Woodhouse said, for speed, passenger-carrying and altitude with six passengers.

Victor Carlstrom, in a twin motor military biplane, rose to a height of 15,500 feet with a passenger, which sets a new record for altitude with a passenger. It was announced.

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