

OF INTEREST TO THE WOMEN

THE STRUGGLES OF A WIFE

By Virginia Terhune Van de Water

CHAPTER XX. Copyright, 1916, Star Company. Husbands are born wet blankets! declares one woman. If so, they do not mean to be. It is simply because they are born so. A man's nervous organization is so much less sensitive than a woman's that he cannot understand why his wife is wounded by his inability to see all sides of a question at once. At least, that is the way he defines his critical faculty. So Horace Webb had no idea how much his lack of enthusiasm, his small criticisms, had done to mar his wife's innocent joy in her good fortune. Grace's information with regard to the missing dessert interrupted the conversation between husband and wife, and perhaps it was just as well that it did. Horace Webb was not in a happy mood, and when he had what Grace secretly called "one of his fits of doldrums" it was not easy to arouse him to pleasure in anything. Myra's communication had come at an unfortunate time, she reflected. But she had no chance just now to muse on this fact, as she must turn her thoughts toward the dessert she had forgotten to order. What a bungle she was anyway! "I will slip on my things and run out to the bakery for some parts," she said, starting toward her dress closet. "Nonsense!" Grace exclaimed. "We can get out without dessert, if we have soup, meat and vegetables." "But we are not having soup tonight," Myra informed her. "Oh, aren't we?" "The words were few, but they expressed either disappointment or disapproval on the daughter's part. Horace suggested, rising from his bed. "She's not well," his wife objected. "Not well, he scoffed; 'she's well enough to do that, I guess.' "I will go," Grace volunteered, and before her mother could stop her she had left the room. "Let her go, Myra," Horace commanded. "It will do her good. You are always considering her. You spoil both her and your maid. You women have a way of spoiling one another." He went into the bathroom to wash for dinner, and Myra stood still for some minutes after he had gone. She must fight back the tears that threatened to overflow her eyes; she must quiet the trembling of her lips before she went into the dining room. Why need Horace say that she was always considering Grace? He did not seem to realize that she was always trying to consider him, as well. Trouble and anxiety had made him bitter, perhaps. Then it was the wife's duty to try to sweeten his heart. She must do better hereafter. She turned impulsively as he re-entered the room, and, going up to him, raised her face for a kiss. "Now you are more like yourself," he said, gravely approving, as he kissed her.

ed her on the cheek. "I suppose it is but natural that what you term your 'work' should make you self-absorbed, but you are very often silent and absent-minded now a days. "I know," with a sigh. "That things are not as easy for you as they once were. I could not help thinking, just now, that I used to pay \$150 for an evening gown for you—and now we are supposed to be enthusiastically thankful when you get that sum for a story. Yes, times have changed for us, but we must try to make the best of things. I try to keep my worries to myself. I have talked of none of them to you—you must admit—except when I mentioned the rent this morning. "I know it dear," she interrupted eagerly. "And I wish you would talk that out with me. It would bring us closer together, dear Horace. Please let us have no reserve in such matters. It would help me to know just what you are doing, to know just what you are going through, and—timidly—"It might interest you to know all about what I am doing, or trying to do." "No," he contradicted, shaking his head. "I never saw any good in talking about what can't be helped, or about one's private worries." "But these are not our private worries," she urged. "At least they are yours and mine." "He doesn't agree. "I don't agree with you," he argued. "The burden of re-establishing myself in business—if I ever do re-establish myself—rests upon me. Why should you, comfortable and sheltered, here in the home, be told of my hard struggles?" "But I have struggles, too—"she began, then checked herself. Something in the expression of her husband's face made her understand that he did not care to have her speak of these matters. "I mean," she supplemented, "that I wish you would let me offer you a little sympathy now and then. I would like to help you if I could, Horace." He turned away abruptly, in spite of her tender pleading. Was it to suppress any evidence of emotion? But, no, he was always self-contained, Myra remembered. "Thank you," he said tersely. "Let us go into dinner without waiting for Grace. It takes her a long time to go out to the corner and back, doesn't it?" "Perhaps she couldn't get the tarts at that bakery," the wife suggested. Then as she heard the front door close, she started out into the hall. "Here's the wanderer now!" she called blithely. "Come on, dear people, and let us take our seats at the festal board!" She laughed, and Grace looked at her thoughtfully. "Mother," she said, "I would give anything in the world if I had your spirits. You certainly are to be envied." "Yes," Horace echoed, with a sad smile. "She is certainly to be envied!" (To be continued.)

COSTUME MADE IN SIMPLICITY

Smart Checks Piped With Black or High Color Are Greatly Favored

By MAY MANTON



8891 (With Biasing Line and Added Seam Allowance) One-Piece Gown, 34 to 44 bust.

Without doubt the one-piece gown, the gown that is made by joining the blouse and skirt is a favorite one of the season. This one is most attractive, it is generally becoming and withal it is simple and easy to make. The front of the blouse is so arranged that its finished edges exactly meet the box plait in the skirt to give the long continuous lines that are so much liked. The plait in the skirt mean perfect freedom and flare and the closing is made at the back. In the illustration checked serge is piped with white and white is used for the flaring collar that finishes the neck. For the medium size will be needed, 7 yards of material 36 inches wide or 5 3/4 yards. 44. The width at the lower edge is 4 yards and 16 inches. The pattern 8891 is cut in sizes from 34 to 44 inches bust measure. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

AMERICA DESTROYING HEALTH BY COMMERCIAL FOOD FOLLIES

Basing Forming Foods Most Important Declares Alfred W. McCann, the Telegraph's Food Expert

CHAPTER 51. Largely through accident, the children of the well-to-do assume the habits of the poorer classes, the bases of which serve them as the orange served Engineer Ashmead in preventing exaggerated forms of acidosis. The children of the poorer classes do not consume these offsetting elements, which, nevertheless, lie neglected and disregarded within the reach of all. It is the method by which the less serious manner in which our American school children, particularly the children of the poorer classes, are robbed of the base-forming elements of the diet through such commercial food refinements as some breakfast food, white breadstuffs, crackers, biscuits, doughnuts, cakes, pies, griddle cakes, waffles, table syrups, glucose, candies, and licorice, methods of home cooking, which was so eloquently but tragically emphasized by the building of the Madeira-Mamore railway. Before continuing this record of proof that America is to-day destroying the unborn, the young, and the middle-aged by her commercial food follies, it is necessary to draw a contrast between the Madeira-Mamore poison squad and the diet of the average American child. In the limited selection of foods which are popular in the average American home all the following elements, demineralized, and acidosis-producing products are consumed in large quantities—sausages, beef, steaks, chops, liver, ham, white bread, soda crackers, wafers, biscuits, doughnuts, buns rolls, crullers, pie crust, lard compounds, store cake, corn flakes, cornmeal, farina, tapioca, polished rice, starch, mashed potatoes, fried potatoes, refined sugar, glucose, syrups, candies, the pie and cake fillers used by bakers, etc. More through accident than design and the closing is made at the back. In the illustration checked serge is piped with white and white is used for the flaring collar that finishes the neck. For the medium size will be needed, 7 yards of material 36 inches wide or 5 3/4 yards. 44. The width at the lower edge is 4 yards and 16 inches. The pattern 8891 is cut in sizes from 34 to 44 inches bust measure. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

THE OLD RELIABLE ROYAL BAKING POWDER Absolutely Pure MADE FROM CREAM OF TARTAR

Indict Two Men For Breaking Into Prison Frankfort, Ky. — Indictments have been found against Noah Jett and John Baler, both of this city, on the charge of breaking into the penitentiary. The two men are charged with forcing their way into a slaughterhouse of the State prison and stealing a lot of hides. They were arrested in Georgetown where, it is alleged, they were trying to dispose of the hides. They deny the charge.

"It Splits in Two" Crisp and flaky Tahoma Biscuit, the Sunshine soda cracker, splits in two, and no crumbs fall. In each package there is a delightful paper doll in colors for your little girl. Sunshine Biscuits Made in more than 300 varieties — to suit every taste and every occasion. LOOSE-WILES BISCUIT COMPANY Bakers of Sunshine Biscuits

SHOE POLISHES THE BIG SHINE BLACK WHITE TAN 10c A combination of both liquid and paste. Requires little effort. Easy for children to use. Give your shoes a shine. Contains no acid. Will not crack the leather. Increases the life of your shoes. THE F. BUFFALO CO., Ltd. BUFFALO, N. Y.

W.B. CORSETS give style, comfort and superbly fitting gown; are economical because long-wearing, and assure the utmost in a corset at a most moderate price. W. B. NUFORM STYLE 419 (See large illustration). Medium low bust; elastic inserts. Splendid wearing coutil, embroidery trimmed. \$1.50. W. B. NUFORM STYLE 440 (See small illustration). For average full figures. Medium bust. Double hip construction assures double wear, with smooth fit. Long wearing coutil, embroidery trimmed. \$2.00. Other W. B. Models \$1.00 up. W. B. BRASSIERES worn with W. B. Corsets, give fashionable figure-lines and add to gown-fit. 50c and up. AT YOUR DEALER Send for Free Illustrated Folder to Weingarten Bros., Inc. New York Chicago San Francisco No. 419—\$1.50

BIG PORTION OF G. O. P. DELEGATES UNPLEGGED

[Continued from First Page] understood to favor the nomination of Theodore Roosevelt. The vote of the state shows this result: — Samuel W. McCull, 62,777; Henry Cabot Lodge, 61,352; John W. Weeks, 58,568; W. Murray Crane, 59,185. Roosevelt ticket—Charles S. Bird, 46,201; Grafton D. Custard, 46,358; Augustus P. Gardner, 45,495; Robert W. Wassburn, 42,757. The total vote was slightly less than half of that cast for Governor McCull at the state election last fall. The Democratic delegates at large were chosen without opposition. They are ex-Governor David I. Walsh, ex-Congressman Joseph H. O'Neill, Charles B. Strecker and Humphrey O'Sullivan. All of the Democratic delegates favor the renomination of President Wilson.

Ohio Elects Organization Candidates For Delegates at Large to Convention

By Associated Press Columbus, Ohio, April 26.—Returns received to-day from the larger cities of Ohio show a certain number of the organization candidates for delegates at large to both the Republican and Democratic national conventions at yesterday's presidential preference primaries. Theodore E. Burton, of Ohio, received the Republican vote on the presidential preference ballots, while President Wilson, without opposition on the printed ballots, was designated as the popular choice of the Democrats. William Grant Webster, Chicago, attorney, whose name had been entered inadvertently as a candidate for President on the Republican ballot, instead of Vice-President, received less than 10 per cent. of his party's vote. A few voters wrote the names of their favorites on the ballots. The number of those who did this was small and is considered of little significance. The name of Henry Ford leads these written on. Both Republicans and Democrats wrote in his name. Theodore Roosevelt and Charles E. Hughes followed Mr. Ford in order.

Unpledged Delegates Win Over Roosevelt Candidates

By Associated Press Trenton, N. J., April 26.—Later returns from New Jersey's presidential primary election yesterday show that the unpledged national delegates on the Republican ticket were successful over those favorable to Colonel Theodore Roosevelt as a presidential nominee. There were contests in three of the twelve congressional districts. The delegates on the Democratic ticket are all favorable to the renomination of President Wilson. Under a ruling of the Attorney General, the Republican ballots did not contain the "choice for President" column. Voters, however, in many districts expressed a preference for a presidential candidate. The expression of opinion as to a Republican presidential candidate was to be almost negligible as a guide. In Trenton, for instance, Roosevelt received 49 votes and Justice Charles E. Hughes 30 out of 2,164 votes cast. In the county of Mercer, including Trenton, Hughes received 60 votes and Roosevelt 55.

MAY INVESTIGATE ANTIWAR DELUGE

Source of Flood of Telegrams Frankly of Pro-German Origin Causes Indignation

Are Ten Forms at Least of the "Peace" Message The forms of the telegrams with which Congress has been flooded since last Friday are several. Secretary Brandt, of the German-American National Alliance, said in Chicago yesterday that he had about ten forms altogether. Secretary Wulff, of the American Neutrality League, furnished examples to the press in St. Louis of seven.

Washington, D. C., April 26.—A systematic and well organized attempt to stampede Congress over the prospect of war with Germany may be made the subject of investigation. Timed with psychological accuracy for the manifest purpose of influencing members of the Senate and House, thousands of telegrams have poured into Washington every day since the President notified Congress of the ultimatum he had sent to Germany on the submarine issue.

BILL WOULD CUT DOWN WORK OF SUPREME COURT Washington, April 26.—An effort to facilitate the work of the Supreme Court so that it might possibly dispose annually of all business before it is to be made at the present session of Congress. The first step in the proposed big reform has been taken by Senator Overman, of North Carolina, in introducing a bill, the effect of which, it is believed, would be to cut down the number of cases now going to the court as a matter of first, fourth or one-third. The bill will be considered shortly by the Senate Judiciary committee.

HOW CADOMENE TABLETS (3 GRAIN) CHANGED ONE MAN'S ENTIRE LIFE



Burton was Nervous, at Work, at Recreation, at Home. He couldn't sleep at night without the most hideous dreams, he suffered with melancholy, and didn't seem able to go ahead. He was constantly cross and irritable, suffered with dizziness, trembling of the limbs, cold hands and feet, insomnia, fear without cause and a general inability to act naturally at all times.

Physically and Mentally Burton was a nervous wreck, his muscles became flabby, the entire body became weakened and devalitized, his memory was poor, he lacked ambition; in fact, business and social duties bored him and, furthermore Burton was alarmed. He had reached the stage where he didn't believe his condition could be remedied. He had almost lost hope, but "upon a friend's advice he tried Cadomene Tablets."

Cadomene Tablets Restored Vitality

Now Burton will tell you he is a Well Man. Hale and Hearty, enjoys his work, his pleasures. Life looks better to him, his family means more to him, his business is better and he's glad he learned of Cadomene Tablets and experienced their wonderful revitalizing and strengthening influence on his whole system. If you suffer as Burton did, the burden of proof of the power and effectiveness of Cadomene Tablets rests with us. We guarantee Cadomene Tablets to give perfect satisfaction, and if they do not prove highly beneficial in your case we do not want your money, and every cent you pay for them will be refunded to you. Cadomene Tablets build up and nourish the entire system. They are unexcelled as a nerve invigorator and lasting tonic in restoring to the various organisms natural vim, vitality and normal vigor. For sale by all first-class druggists.

SAVED FROM A HORRIBLE DEATH

By Quaker Herb Extract

(Special, York, Pa.) Just think of it. A dear little girl of this city suffered patiently for over five years from a stomach complaint, which it seemed was incurable. All medicines and treatments had failed to help her. Her loving father was much worried over her condition, yet was helpless to know where to turn for help. The child was in a critical condition, yet to-day she is well, completely cured, happy, hale and hearty. Is this not remarkable? Her name is Lillian Faith Reynolds, she is 12 years old, who lives at 148 North Newberry street. About eight years ago she began to complain of her stomach. When ordinary home remedies failed to help her other advice was con-

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