

OF INTEREST TO THE WOMEN

Changing Styles in Men

By BEATRICE FAIRFAX. The man of to-day is accused of being a coldly business-like person whose heart resides in his pocketbook...

are needed to make the man of to-day successful. He cannot stop to consider trifles. He cannot always be as gentle and kind as his heart may dictate.

SHOULDER CAPE IS AN ADDITION

Quaint, Flowered Gowns Are Given a Pretty Touch by Little Capes

By MAY MANTON



9007 (With Basting Line and Added Seam Allowance) Short Cape, small 34 or 36, medium 38 or 40, large 42 or 44 bust.

Without doubt the cape makes a salient feature of spring fashions. Here is a costume that shows one of plain taffeta worn over a gown of flowered taffeta trimmed with plain.

For the medium size will be needed, 2 yards of material 36 or 44 inches wide for the cape as illustrated; 1 1/2 yards of either width for the shorter cape.

Itching, Chafing Baby's Skin



Here is proof and baby's picture. The nurse says: 'I am sending you the photograph of a happy, healthy baby who suffered from a chafed, sore, inflamed skin and was relieved immediately by Sykes' Comfort Powder.'

Not a plain talcum powder, but a highly medicated preparation which combines healing, soothing and antiseptic qualities unequalled to heal skin soreness of infants, children and sick people.

At Drug and Dept. Stores, 25 cents. THE COMFORT POWDER CO., Boston, Mass.

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FOODS

THEY BUILD OR DESTROY Amazing but Rarely Suspected Truths About the Things You Eat.

(Copyright 1916, by Alfred W. McCann.)

CHAPTER 44 There is a Balance Between the Bases and the Acids in the Foods We Eat

Every housewife is familiar with the bubbling and effervescing which follows the mixing of baking powder ingredients. Cream of tartar and baking soda or baking soda and molasses, when brought together in the presence of moisture, froth and bubble.

The alkalis are called "bases," possibly because they establish a base for the operation of the acids. Some acids are feeble, others are highly energetic.

When the acids manufactured in the body, such as lactic acid, uric acid, carbonic acid, phosphoric acid, sulphuric acid, and many amino acids are allowed to remain unneutralized through some failure of life's processes they attack the tissues, thus producing the result known as acidosis or acidemia.

The living cells, tissues, and nerves which, in health are bathed in the alkaline fluids natural to them, now become saturated with irritating acid secretions which stimulate them to do all sorts of unnatural things and which if unchecked actually bring about their destruction.

2. To regulate the chemical reactions of the blood and other internal secretions and excretions.

3. To preserve the tissues from disorganization and putrefaction.

There is indeed such evidence to indicate that it is the development of acidosis in the body which destroys the body's natural immunity to disease. Proteins and carbohydrates are typical high calorie foods.

NO STATE AID TO GO TO BOROUGHS

Important Opinion Given to the State Highway Officials Hits Penbrook

Penbrook will not get State aid for the construction or improvement of the State's main highway running through that borough and the whole proposition for improvement in that borough and probably in Camp Hill will have to start over again.

As a result, many of the boroughs wherein the State Highway Department had planned to do work during the past season on State-aid highways will be deprived of this opportunity to gain improved highways.

Deputy Attorney General Keller goes into the law quite thoroughly and is decided in his conclusions. State Highway Commissioner Cunningham addressed a letter to the Attorney General's Department on March 30 in which he asked to be permitted to improve the department was permitted to improve as State-aid highways any portion of State highways within a borough's limits.

Canal Treaty Ratified by Nicaraguan Senate

Washington, April 12.—Ratification by the Nicaraguan Congress of the treaty by which the United States acquires for \$3,000,000 canal route rights and a coaling station on Fonseca Bay was announced in a dispatch received here yesterday from Managua by General Chamorro, the Nicaraguan minister.

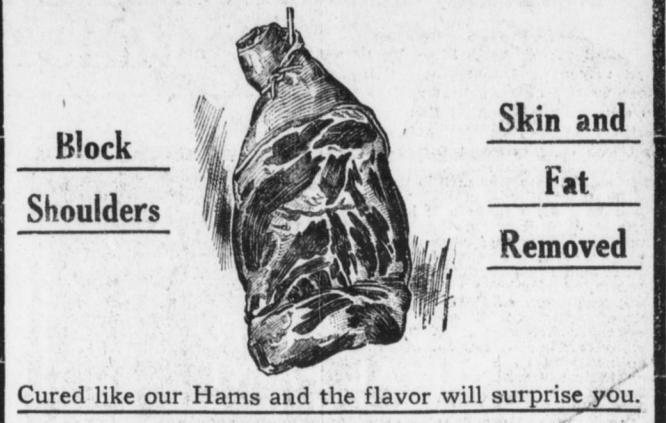
MINER KILLED BY FALL

Mahanoy City, Pa., April 12.—Crushed and broken, the dead body of Wendell Thomas, fire boss at Gilberton colliery, was found at the foot of the mine yesterday. He had entered the mine before daybreak and was found hours afterward underneath a car. A fall was responsible for the accident.

WALKS 10 MILES ON 82D BIRTHDAY

Special to the Telegraph Williamsport, Pa., April 12.—John P. Fowler, the venerable Montgomery trustee of the Peace, walked over Bald Eagle Mountain to Williamsport, a distance of 10 miles yesterday to celebrate his 82d birthday anniversary. He was accompanied by his daughter, Miss Mina Fowler, of Philadelphia.

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Advertisement for Cowden & Co., 9th and Herr, Harrisburg. A. J. SPOTTS, JACOB N. WEIGEL, CAPITAL WALL CEMENT CO. MUTH BROS., ELIZABETHTOWN, J. W. MILLER, Mechanicsburg.

Advertisement for Seneco Gums. Gums shrinking? Danger ahead! Go now to a mirror and examine your mouth? Do your gums look 'rinsed out,' shrunken? Do you see a jagged appearance in the gum-line? If so, see your dentist. He will tell you that you have pyorrhea, and that to save your teeth you will have to fight this dread disease at once.

Advertisement for Sloan's Liniment. Rheumatism! How is rheumatism recognized? Some have said— Rheumatism is a dull pain. Rheumatism is a sharp pain. Rheumatism is sore muscles. Rheumatism is stiff joints. Rheumatism is a shifting pain. All have declared—Rheumatism is Pain. Sloan's Liniment applied:— The blood begins to flow freely—the body's warmth is renewed—the congestion disappears—the pain is gone. KILLS PAIN (GUARANTEED) Rheumatism and allied pains yield to the penetrating qualities of this warming liniment.

Advertisement for Bacon's Cough Drops. BACON'S COUGH DROPS NOW! D.B. on every drop

Advertisement for City Gold Mines. The Poultry Season Is Open. Now's the time to put into execution that resolution you made last winter—to raise your own eggs.

Advertisement for Money Makers. rate the value of their possessions according to their productiveness. It makes little difference whether those possessions are chickens or dollars. It is the work they do that counts.

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