

Fifty Per Cent are Rejected—Fifty per cent of all applicants for Navy enlistment are rejected as physically unfit. Strong, healthy muscles, sound teeth and good brain are built out of the foods you eat. The most perfect "ration" ever devised is Shredded Wheat Biscuit, the food that furnishes all the material the human body needs in a digestible form. Don't be rejected! Keep yourself fit for the day's work by eating Shredded Wheat for breakfast with hot or cold milk or cream. Eat it for luncheon with sliced bananas, baked apples and other fruits. Give nature a chance. Made at Niagara Falls, N. Y.

Belgian Burgomaster's Daughter to Tell of War For Red Cross Benefit



Mlle. ARTOIS, of Belgium, who has seen much of the present European war which was waged in Belgium by Germany, will give an illustrated travelogue in the Technical High School Auditorium on April 6, under the auspices of the Red Cross committee of this city.

Mlle. Artois, a daughter of the burgomaster of Tildonck, Belgium, a small town near Louvain, is a well-known actress in her country, but her story is a neutral one. The travelogue given, describes much of the war territory in Western Europe. A matinee travelogue will be held in order that school children may hear the talk. The afternoon address will begin at 3 o'clock. Arrangements were completed yesterday for Mlle. Artois' visit to Harrisburg.

Two more large shipments of supplies have been sent out by the Red Cross committee to the American Relief Clearing House, Paris, France, including rolled muslin bandages, sling bandages, gauze compresses and other surgical supplies.

TAMPA IS ONE OF WONDER CITIES OF HUSTLING SOUTH

[Editorial Correspondence.]

Tampa, Florida, March 29. In its relation to the rest of the country Tampa was placed definitely and permanently upon the map by the Spanish-American war, when the armies of the United States sailed forth from this port for Cuba. Of course, Tampa was in existence many years before the little racket with Spain, but it was not until about that time that the city became prominent as the chief west coast city of Florida.

Tampa is about the same as Harrisburg in population, and in some of its characteristic features. If anybody had the idea that Tampa was an indifferent southern city, without ambition or activity, he should immediately revise his opinion. It is one of the most progressive and modern of municipalities, and its future as the gateway of Panama seems assured. It is the judgment of Mayor McKay that Tampa is certain to become the main port of entry for the trade of the big canal. His conclusion is based upon the belief that Key West is almost certain to be taken over for the uses of the United States government. As everybody knows, the harbor of Key West is large enough to accommodate the navies of the world.

Tampa is said to have been built upon sand and smoke; in other words, it has risen out of the sand, and is prosperous by reason of having more than 200 cigar factories, employing thousands of cigar makers who turn out a million "smokes" every day. It is said that more Havana cigars are made in Tampa than in the metropolis of Cuba. Certain it is that the Spanish and Cuban population of Tampa represent a large part of its business activities. There are many influential and wealthy Cuban cigar manufacturers and these dominate much of the business of the city.

75 Miles of Paved Streets. I was particularly interested in Tampa because of its civic development. It has been just sixteen years since the first street was paved and the city now has about 75 miles of paved highway. The county of Hillsborough, of which Tampa is the county seat, was the first county in the United States to vote one million dollars for the construction of brick roads entirely in the country districts.

Harrisburg is not unknown in this metropolis of Southern Florida. The fame of the capital city of Pennsylvania has extended to this place and what has been accomplished in Harrisburg has been inspiration for the civic leaders of Tampa.

This is the only city in the country that owns a hotel as a municipal asset. Some years ago H. B. Plant in the zenith of his power erected here what is known as the Tampa Bay Hotel, a palace in that day, and some years after his death the city acquired the tropical park and the hotel buildings which had cost more than five millions, for \$140,000. There are many handsome homes here, fine churches, clubhouses, school buildings and a splendid boulevard along the bay front, suggesting our own Susquehanna river drive.

Through the assistance of Congress there is now being constructed a deeper channel which will accommodate the largest war vessels as well as the biggest ships of the merchant marine fleet that is expected to grow during the next two years. The city owns and controls five miles of docks, or docking room, and there is abundant reason for the faith that is in the municipal leaders regarding the future of the city.

World's Phosphate Supply. More than half of the world's phosphate supply comes from this section, a million tons being shipped from Tampa annually. The total value of the water commerce of the city every year approximates forty million dollars. This in addition to the tremendous railroad business which centers here.

Readers of the Telegraph would hardly be interested in the details of what is making Tampa a great city, and in my touring of Florida nowhere have I been so impressed with the fundamental features of a great de-

velopment as here. There is substance and co-ordinate expansion in every direction. Wheat city built upon the sand will spend millions of dollars for its own betterment and exert its potent influence upon the whole surrounding territory. It is no wild flight of imagination to suggest that a city of half a million people is possible within the decade.

Florida is a stock raising State and the pasture lands are still very extensive. It is stated that during the Civil war Florida furnished most of the beef for the southern armies. Cowboys may be seen riding along the country roads very much as one sees them on the western frontier.

More different kinds of fish are taken from the waters about Tampa than anywhere else in Florida. There are said to be 600 varieties of the finny tribe in Florida waters, the tarpon and the king fish being the star game fish for those who delight in that sport.

Good Roads. In view of the activities in Pennsylvania in the development of good roads, it is interesting to observe what is being done here, and in every section of Florida. The people have come to understand that the greatest development of the State depends upon the making of permanent highways; it is amazing how much has already been accomplished in this direction. As suggested in a previous letter, the county of Polk, where I spent several weeks, is about to vote on a loan proposition of \$1,250,000 for a system of county roads. Yet the little old Dauphin county grows now and then over a mile or two of improved highway at county expense.

Approas of the erection of the new high school building in Harrisburg, it is interesting to note that Tampa built four large school buildings at one and the same time in four different sections of the city, and all under the same plans and specifications. They are attractive and up-to-date structures. There is also being built hundreds of attractive bungalows and the number of club buildings is surprising. Several of these clubhouses have been erected by the fraternal organizations of the foreign population, and they would be creditable to a city ten times the size of Tampa.

Here are many playgrounds for the children, and several school buildings are provided with covered pergolas where children may eat their lunches. A fine public library has just been completed, with the assistance of Andrew Carnegie.

One of the features of Tampa which is sure to impress the visitor is the sanitary department, which is responsible for the remarkable health of the city. This is in charge of W. J. Bailey, who spent sometime in Harrisburg last October, and who has a very pleasant recollection of what he found in our own city. He has been all over the country visiting and inspecting sanitation plants, and is justly proud of the record of Tampa in this respect. I am told that every boy who finds a dead rat upon the streets of Tampa and who delivers the carcass of the rodent to the sanitary inspecting plant, receives ten cents for his interest in preserving the health of the community. This department also looks after the sprinkling and cleaning of the streets, the inspection of restaurants, bakeries, dairies and food product houses. Reports of these inspections are published, and the results are quite satisfactory. There are said to be few flies in Tampa.

An Interesting City. Was told to-day that Mrs. Potter Painter is preparing to erect a city beautiful on the outskirts of Tampa and is planning many unique bungalows for its suburb. So, altogether, Tampa is an interesting and attractive city for the visitor.

Baseball fans are particularly interested in Tampa at this time, owing to the presence here of the Chicago Cubs who have been in training for the last three weeks. This afternoon the Chicago team met the Philadelphia nine, which is doing its training at St. Petersburg, a few miles north of Tampa. Once more the hotel situation at

To-morrow (Thursday Evening) Is the Time Don't Miss It

KAUFMAN'S MARKET SQUARE "UNDERSELLING" STORE

To-morrow (Thursday Evening) Is the Time Don't Miss It

To-morrow, Thursday Evening, From 7.30 to 9.30
A Fashion Show on Living Models
A Band Concert By the Commonwealth Band
An Evening of Genuine Pleasure and Intense Interest For All
The Store Will Not Be Open—Entire Entertainment on the Outside
Living Models Will Pose the New Styles in Our Show Windows

On a specially erected stand outside the store, the Commonwealth Band will render an excellent musical program throughout the evening. 'Twill be the finest, most interesting Fashion Show ever conducted in Harrisburg. With our windows for the stage and to the strains of good music from the Band, Living Models will pose all the New Garments and Millinery in our windows, starting at 7.30 o'clock and changing every few minutes until 9.30 o'clock. The store will not be open.

Only Our Own Well Selected New Spring Stock of Women's, Misses' and Children's Ready-to-Wear Apparel and Millinery Will Be Posed in This Show

That's a fact well worth remembering. Every Hat, Coat, Suit or Dress you see posed can be found in stock the next day. No garments bought for display purposes, or on memorandum to be shipped back later. Watch for that New Suit, Coat or Dress you want for Easter, it will be shown in a quality and at a low enough price to amaze you.

BAND CONCERT PROGRAM

- 1—March.....N. Y. Hippodrome.....Souza
- 2—Overture.....Crown of Diamonds.....Auber
- 3—Czardas.....Last Love.....Brahm
- 4—Medley.....Songs of Old Folks.....Lake
- 5—Mazurka.....La Zingana.....Bohm
- 6—Selection.....Beggar Student.....Meyrelles
- 7—Patrol.....Kilanea.....Stewart
- 8—Selection.....Hall of Fame.....Safrenak
- 9—Intermezzo.....Eleanor.....Deppen
- 10—Med. Overture.....Remick's Hits.....Lampe
- 11—March.....America First.....Losey

The Object of the Unique Fashion Exhibit

Our 15-day pre-Easter Underselling Event starts Friday and the main object of this Fashion Show and Band Concert to-morrow night (Thursday) is to display the Exact Garments and Hats on Living Models with prices that will enter this event, beginning Friday. Don't miss it. You'll learn that beyond the smallest doubt Kaufman's is the Best Store in Harrisburg at which to purchase your entire Spring Outfit and save money. Come to-morrow night and see the new Spring garments we offer in a Big 15-Day Pre-Easter Underselling Event at less than actual present market prices.

Recorder Lentz Will Keep Office Open on Saturday 'Till 4.30

For the accommodation of attorneys, realty men and others who may want to file property transfers on April 1, County Recorder James E. Lentz has arranged to deviate from the usual Saturday afternoon closing custom by keeping the office open until 4.30 o'clock on that day. Ordinarily the recorder's office is closed like the other city and county departments at noon Saturdays.

"Many transfers probably cannot be filed before noon," said Deputy Recorder Mumma to-day, "and Mr. Lentz has decided to keep the force here until 4.30 on Saturday for the convenience of the late-comers."

To-day's transfers included the following:

Commonwealth Trust company to George M. and John S. Stark, Cloverly Heights, \$210; Margaret McEntee to H. I. Farnsler, Lower Paxton, \$4,750; Leah Peter's trustee to Harrisburg Trust company, Derry township, \$1; W. P. Zartman Lumber company to Nagle-Cook Lumber company, Lykens township, \$4,500; trustees of the Mt. Zion Baptist Church, Steelton, to John S. Ball, \$1,500; Jennie F. Slack et al. to Jacob Lutz, Middletown, \$900; Investment Real Estate company to J. H. Patton, 1815

Recorder Lentz Will Keep Office Open on Saturday 'Till 4.30

Mr. Bailey, chief of the sanitary department, treated me very courteously, and with Mr. H. Katz, a Harrisburg man who is touring the South on business, showed me about the city hall where I met a number of the livewires of Tampa. In this building are the executive husters of the Board of Trade. They have also heard of Harrisburg.

Among those who have been spending a few days here are Dr. and Mrs. H. L. Orth and the Misses Orth, of Harrisburg, who leave this afternoon for Ocala, whence they will make a trip up the famous Ocklawaha river to Palatka, going thence to St. Augustine.

E. J. S.

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STOLE JEWELRY, CHARGE

Charged with stealing a pair of cuff links from Misses Josephine Weaver and Esther Hinkle, Thomas McCord was held under \$300 bail for court by Alderman Hilton at a hearing in police court yesterday.

No. 1815 North Front street is the old Disbrow mansion.

STOLE SOFT DRINKS
City police are looking for a man who forced an entry into the store of N. Friedberg, 420 Walnut street, last evening, and helped himself to a number of bottles of soft drinks.

Explains Why Coffee Hurts Many

Dr. W. A. Evans, prominent Chicago physician, who edits the "How to Keep Well" columns of the Chicago Tribune, said in that publication, under date of March 7, 1915:—

"Coffee is a drug. Those who are addicted to its use are drug addicts." "From the standpoint of public hygiene the coffee question is worth while. It is the most widespread form of drug addiction."

Some coffee drinkers go on for years without seeming harm, but with others the telltale effects of the drug, caffeine, in coffee, show in various ills and discomforts, such as headache, biliousness, indigestion, nervousness, sleeplessness and heart disturbance.

When the health of a coffee-drinker begins to suffer it's high time to quit the coffee.

The change to

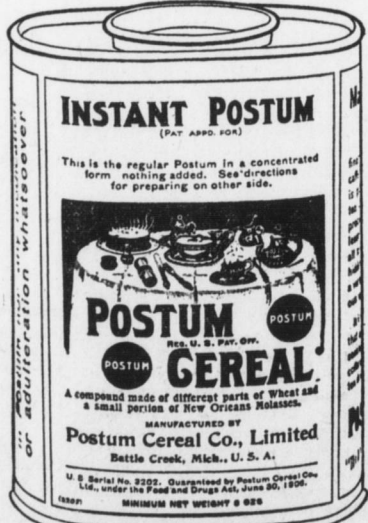
Instant Postum

is easy and pleasant. Better health usually follows, and a ten days' trial proves.

Postum comes in two forms. The original Postum Cereal—must be well-boiled—15c and 25c packages. Instant Postum—a soluble powder—is made in the cup. No boiling required. 30c and 50c tins.

The two forms of Postum are equally delicious, and the cost per cup is about the same.

"There's a Reason" For Postum



Exceptant to Account In Dead Man's Estate Might Receive \$1.61

Of the thirty-five trustees' guardians' and administrators' accounts submitted for confirmation at March quarter sessions Orphans' Court, only two were excepted to. In the estate of Jacob B. Reigle, the first and final account of John H. Cassel, administrator, was objected to on technical grounds. The only other exception was filed in the final accounting made by John C. Hoerner, administrator of Cyrus Hoerner, South Hanover.

The objector is Mary L. Snyder, whose total inheritance will amount to a fraction less than \$1.61.

Recruiting Office Open Nights to Receive Men

Orders have been received by Captain R. C. Williams, in charge of the recruiting station for Central Pennsylvania with offices in this city, to open new stations at York, Chambersburg, Lewisburg and Lebanon. New stations have been opened at Shamokin, Lancaster and Williamsport. Captain Williams announced to-day that vacancies exist in all branches except the colored regiments, and efforts are being made to enlist 25,000 men for cavalry, infantry and artillery service. Owing to a shortage of men the new stations will not be opened until a later date, but Captain Williams was notified that ten additional men were assigned to his district. The local recruiting office will be open in the evenings from 7 to 9 o'clock, to accommodate men who cannot apply during the day for service in the army.

Suffrage and Prohibition Are Killed in House

Special to the Telegraph
Washington, March 29. — By a vote of 19 to 9 on the motion of Congressman Carlin, of Virginia, to postpone indefinitely consideration of all constitutional amendments, the house judiciary committee yesterday buried, for the second time, the woman suffrage resolution against which Mr. Carlin's motion was directed, and buried with it the question of national prohibition.

5471 PERSONS KILLED ON RAILROAD TRACKS LAST YEAR

In the April American Magazine Frederick Upham Adams says: "In the United States last year 5471 persons were killed while walking on railroad tracks. After a century of experience, after the expenditure of tens of millions of dollars in educating and warning the public against this deadly peril, fifteen men die each day, or one for every ninety-six minutes."

United States Tread 'Chain' Tires

'Union' and 'Balance' Make Stable Tires

United States Tires, in more than name only, carry out the principle of 'union' and 'balance' which makes a great stable nation out of the forty-eight individual States of the Union.

United States Tires have that complete 'union' between rubber and fabric which absolutely prevents tread separation and disintegration under the tread.

They have that complete 'balance' which gives equal wear in both the tread and the carcass—neither is weaker nor stronger than the other.

Every part of each tire helps every other part to last longer—and that is the 'union' and 'balance' which give the whole tire longer life—which give the low-mileage cost for which United States Tires are famous.

There are five United States 'Balanced' Tires—a tire to meet every motoring need of price and use. Ask your dealer to show you.

United States Tire Company
'Nobby' 'Chain' 'Usco' 'Royal Cord' 'Plain' "INDIVIDUALIZED TIRES"

'Chain' Tread One of the Five