

Dives, Pomeroy & Stewart

A Silk and Wool Poplin That Is Adaptable For Street and Evening: Special, yd., 95c

In addition to the serviceability that lies back of this desirable Spring and Summer weave is its attractiveness in the eyes of the woman who adopts garments of the more staple type. Its use is as desirable in the making of separate coats as well as when it is employed as a suit or dress material.

The shades are navy, and other shades of blue, Russian, greys, ivory, sage, brown and black.

Another very attractive silk and wool poplin is to be found in our exhaustive showing at this time in many colors including tan, green and navy, yard \$1.50 to \$3.00

Dives, Pomeroy & Stewart, Street Floor.

Three Grades of Fine Turkish Towels Lowered in Price For This Week

Of extra heaviness, every one of them, and in plaid designs that will make your bath all the more refreshing. The borders are in pink or blue and if it were not for the tiniest imaginable mark of imperfection the price would not be to such low proportions.

39c grade 69c grade 79c grade
This Week, 25c This Week, 49c This Week, 59c

Hundreds of Distinctive Styles in Spring Suits A Pre-Easter Showing That Is Unparalleled



Two hundred new arrivals are shown in the section devoted to Misses' Suits and scores of unusually good-looking models for women have been added to the stock since last week.

The smartest and most charming of the most recent Easter Suit fashions have been gathered in notable variety. The excellence of materials and the quality and skill which show in every detail of workmanship are salient features in the building of every garment in our stock. The range of sizes is so complete that a perfect fitting may be assured to every woman.

The colors are navy, Belgian, rookie, green, grey and black; also in black and white and brown and white checks. Shown in

Gabardine Serge Poplin Poiret Twill
Velour Checks Taffetas

Very unusual styles are shown in our \$16.50 and \$18.50 ranges; flared and semi-tailored coats, lined with a fine quality of peau de cygne. Trimmings are made up of contrasting color silks and embroidered effects.

The skirts form a very important part of the suit this season. In most instances they are trimmed or tailored to match the coat. The width is very ample and the lines generally are very excellent.

Dives, Pomeroy & Stewart, Second Floor.

Two Thousand Pieces Aluminum Ware Specially Priced in This Week's Demonstration of Wear-Ever Products

In the face of advancing prices throughout the aluminum ware industry this announcement of a special occasion in the Basement this week will be read with considerable interest by housewives.



50c stew pans in 1-quart size; will be sold at 25c (illustrated); 17c covers to fit these stew pans ... 11c

\$1.40 utility cooking kettles, in the popular 6-qt. size, 89c (illustrated); 33c covers to fit, at ... 25c

\$1.15 heavy polished aluminum skillets or frying pans, at ... 69c
39c oyster fryers with basket, 25c

FOODS

THEY BUILD OR DESTROY

Amazing but Rarely Suspected Truths About the Things You Eat.

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CHAPTER 37.

Experiments Clearly Prove That the Outer Parts of the Grains of the Fields Contain the Essential Constituents For the Normal Nutrition of the Nervous System Both in Growing Animals and in Adults.

Dr. Frederick Gowland Hopkins' own words as uttered in the form of a scientific paper from the department of chemical physiology, University of Cambridge, will prove a stumbling block to many a miller of "patent" flour. Here is what he said: "The superior value of whole wheat meals lies in the fact that it retains certain, at present unrecognized, food substances whose presence allows our systems to make full use of the tissue-building elements of the grain. These substances of undetermined nature are removed from fine white flour in the milling. "I began long ago a series of experiments on the relative tissue-building values of fine white flour and of flour made of the whole grain. These experiments were made among others in an endeavor to discover the nature

of the unknown substances which I have mentioned. "All my work to date confirms my belief in the superior food value of standard whole wheat bread. After definitely proving that young animals grow with very much greater rapidity on brown flour than on white flour, I have been able to improve the tissue building rate of the white flour subjects by adding to their white flour an extract made from the brown flour. "To make the best use of any food material, such as the proteins for instance, certain other food substances and possibly a variety of them must also be present in definite proportions. "If one essential food constituent which ought to make up at least 1 per cent. of the total food is present

in only half its normal amount, then when it is a case of building up the tissues the system will only be able to make use of half of the other food elements even if these other food elements make up the main bulk of the food.

"This principle has long been recognized as regards plant life and growth. A plant in order to attain perfect growth must find in the soil a certain minimum of each of many elements. "Consider, for example, the element potassium. If only half of the necessary amount of potassium be present, then, no matter how abundant may be all the other soil and air constituents, their normal utilization is limited to one-half. The rate of growth and the ultimate development of the plant are consequently depressed. "The absolute amount of potassium employed in growth is very small compared with the carbon or nitrogen, but any deficiency in it limits growth as surely as a deficiency in the more important elements.

"The substance of unknown nature may need to be present in very small amount, but if the necessary minimum is not available the utilization of other constituents in tissue growth or repair is infallibly deficient. "In the process of converting the wheat grain to fine white flour these elements are lost or destroyed. It follows that no matter how much nourishment they might otherwise contain our systems cannot make the best use of such nourishment owing to the absence of those elements necessary to their assimilation. "The conclusions of Eddie and Simpson of the research staff of the School of Tropical Medicine, University of Liverpool, throw still another light upon the experiments of Hopkins: "It has been proved by Braddon and other workers in the East that exclusive use of polished rice as a diet leads to a form of acidosis or peripheral neuritis. This disease does not occur in those native races who use whole rice or unpolished rice as a diet. "Our own experiments have been extended to similar work in relation to the stripping of the outer case from the wheat berry so as to produce a white bread instead of a brown bread and we find that parallel results are obtained when the outer layers are excluded from the diet with both wheat and rice. "These experiments clearly demonstrate that the outer part of the grain contains the essential constituents for the nutrition of the nervous system both in growing animals and in adults. Eddie and Simpson could hardly have been more explicit in their conclusions. Benjamin Moore, chief of the biochemical department of the Liverpool School of Tropical Medicine, as the result of his laboratory research was forced to the following conclusions, which America may well heed: "Groups of pigeons have been fed on fine white bread made from white flour known to be unbleached and unadulterated, while similar groups of pigeons have been given an ordinary quality of whole wheat bread. "The white pigeons have all speed-

ily developed marked symptoms of malnutrition and serious nerve degenerations. Besides losing weight they sit listless and shivering, lose power in their legs, suggesting nerve paralysis, while many develop convulsions. "The whole wheat bread pigeons, on the other hand, continue healthy and up to normal weight. "In another series of experiments pigeons which had developed grave nervous symptoms on a white bread diet recovered completely when, after a week of special nursing, they were placed on an exclusive whole wheat bread diet during their convalescence.

M. I. L. Club Holds Special Dance at Lemoyne

Lemoyne, Pa., March 27.—A special dance was held in the Lemoyne firehouse by the M. I. L. Club. John S. Wingert had charge of the arrangements and Mr. and Mrs. Walter McCormick chaperoned the party. Among the guests were Miss Marietta Gohen, Miss Florence Freese, Miss Leiby, Miss Ruth Tizel, Miss Marie Vogt, Miss Alva Boyles, Miss Myrtle Brown, Miss Miriam Lenhart, Miss Florence Kaufman, Miss Gertrude Watts, Miss Mary Wright, Miss Frances Sutton, Charles Cummings, John Gottshall, J. Earl Steinhauer, Guy Neubinger, Charles Hershby, J. Donald Davison, Eugene Haag, Harold Haag, Harry Welch, Anthony Matro and John S. Wingert.

LEMOYNE CHURCH NEWS

Lemoyne, Pa., March 27.—A meeting of the Sunday school board of the United Evangelical Sunday School will be held this evening. A meeting of the Ladies' Aid Society will be held in the church Tuesday night and an important meeting of the ushers' association of the same church will be held Friday night. Recently the Young Men's Bible Class of Trinity Lutheran Sunday School organized a gymnastic club. A portion of the basement has been fitted up and as soon as the weather permits outdoor sports will be indulged in. Officers were elected and Henry Baker was chosen instructor.

ENTERTAINS JUNIOR CLASS

Enola, Pa., March 27.—Miss Hilda Smith, of Columbia road, entertained the members of the junior class of the Enola high school at her home Friday night. Those present were Miss Helen Markell, Miss Nellie Garver, Miss Romayne Mink, Miss Beatrice Peck, Miss Esther Shuman, Miss Sara Dice, Miss Mary Strickner and Miss Helen Bishop, Harold Bordenmayer, Henry Shope, Leon Kutz and John Kost.

CELEBRATE 27TH ANNIVERSARY

Enola, Pa., March 27.—Mr. and Mrs. Ambrose Backenstoe, of Enola, celebrated their twenty-seventh wedding anniversary.

WEST SHORE NEWS

WEST SHORE FOLK HEAR OF TRAFFIC IN YOUNG WOMEN

State Purity Head Tells of White Slave Trade and Its Consequences

An open attack on the plan of segregation and the formation of vice districts and an appeal for help to overcome the white slave traffic, together with warnings of morning and last evening given yesterday morning and last evening by Leroy Bowers Harnish, of Carlisle, State superintendent of the World's Purity Federation in Pennsylvania, in addresses in the Enola United Brethren Church and the Enola United Evangelical Church. Mr. Harnish in his talk gave facts and figures showing the results of the traffic and said that three things only can be used in fighting it—education, law enactment and enforcement and remedial work. "One person is convicted in every twenty-four hours for trafficking in women. But one girl loses her best gift every eight minutes," Mr. Harnish went on to say. "Twelve thousand more persons are employed in the traffic in all its forms than there were men in the United States army at the beginning of the year. This traffic has caused 45 per cent. of all childless homes, seven-tenths of all abnormal operations on women and one-eighth of all disease and suffering. "Another way of combating the evil is a national marriage and divorce law to require a health certificate with a blood test. "Segregated districts give the traffic the power of combination and police regulation," Mr. Harnish continued, "and forms a market place for slaves to dispose of their victims."

Mr. Harnish also urged parents to teach their children the truth about such questions and declared that until there is a nation of pure men there will be no virtuous women.

Social and Personal News of Towns Along West Shore

Mr. and Mrs. George Cook, of Elkwood Square, are visiting friends at Baltimore and Sparrows Point. Mrs. S. C. Cameron, of Shermansdale, Perry county, was a guest of Mrs. Calvin Haverstock at New Cumberland. Mrs. Margie Weaver, of Pittsburgh, was a guest of Mr. and Mrs. G. B.

Remnant Day To-morrow in Laces

There'll be a genuine flurry to-morrow when these remnants go on sale at half former prices. Each design is desirable, having come from the remaining stock of a busy six weeks' selling campaign.

Included will be—
Ailovers Insertions Edges Bands Trimmings
Dives, Pomeroy & Stewart, Street Floor.



One hundred willow chairs as pictured here will be offered in the Furniture Department to-morrow at \$2.69. An exceptional value at this time.

Diningroom Suites

Four styles at slight advances of actual cost.
10-pc. mahogany suite, Adam design, 60-inch buffet \$175.00
10-pc. mahogany Sheraton suite \$149.00
10-pc. fumed oak suite ... \$135.00
10-pc. Elenim oak suite ... \$125.00
Dives, Pomeroy & Stewart—3d fl.

Osler at New Cumberland yesterday. Mrs. Pearl Hoover and daughter Edna, of New Cumberland, attended the funeral of Harry Rheim at Elizabethtown to-day.

Miss Margaret Bricker, a student at the Cumberland Valley State Normal School, at Shippensburg, is spending her Spring vacation with her parents, Mr. and Mrs. L. M. Bricker, at Lemoyne.

Miss Nancy Bentz, a student at Shippensburg State Normal School, is spending her vacation with her parents, Mr. and Mrs. Noah Bentz, at Lemoyne.

Miss Ruth McCormick, of Harrisburg, was the week-end guest of her cousin, Miss Hazel Mumma, at Lemoyne.

Mrs. Stoner, of York, is visiting her daughter, Mrs. Charles Sawyer, in Hummel avenue, Lemoyne.

Mrs. John Bentz is ill at her home in Hierman avenue, Lemoyne. Jacob Collins, of Camp Hill, is the guest of his daughter, Mrs. William Fretlow, at Lemoyne.

Mr. and Mrs. Ross McCrae, son Bruce and daughter Vertile, of Ohio, and Mrs. Coral Bashore, of Harrisburg, were entertained at the home of Mr. and Mrs. William Rowles, at Shiremanstown, recently.

Miss Irene Stone entertained at dinner at the home of her grandparents, Mr. and Mrs. Levi S. Sheely, at Shiremanstown, Miss Violet Williamson, of Lambertville, N. J., and Miss Dayle J. Russell, of Shippensburg.

Miss Jennie Stevens has returned to her home at Shiremanstown after being the guest of Mr. and Mrs. H. O. Dodge in Camp Hill.

Mrs. Dorris Ewer has returned to Philadelphia after spending some time with her parents, Mr. and Mrs. Harry Barup, at Shiremanstown.

Mrs. Edith Feight and son James, of New Cumberland, are visiting friends at Reading.

Miss Miriam Lenhart, a student of Lebanon Valley College, is spending a few days at her home at New Cumberland.

Mr. and Mrs. Jacob Ross, of New Cumberland, have returned from a visit to relatives at York.

Mrs. Apple and daughter Grace, of Wellsville, are guests of Mrs. R. R. Relf at New Cumberland.

M. H. McCleary, employed at Easton, spent Sunday at his home at New Cumberland.

PARTY FOR MISS TAYLOR

New Cumberland, Pa., March 27.—On Friday evening a surprise party was held for Miss Hazel Taylor at her home in Bridge street, New Cumberland. The following attended: Misses Miriam Koch, Irene Lytle, Mae Brown, Nellie Taylor, Catherine Schuler, Lillian Schuler, Mary Peterman, Freda Miller, Eamer Taylor, Hazel Taylor, Lillian Taylor, Fessie Dull, Willmont Kapp, Alfred Smith, Harold Tritt, Stewart Beck, Robert Bates, Victor Drayer, Clarence Snook, Gagner Vogel-song, Harold Wightman, Harry Kepner and John Steffe.

FIREMEN ATTEND FAIR

New Cumberland, Pa., March 27.—On Saturday evening the Citizens' Hose Company and the New Cumberland

band attended the fire company's fair at Middletown on Saturday night.

FORESTERS TO MEET

Enola, Pa., March 27.—Court Enola, No. 4504, Independent Order of Foresters, will hold its regular monthly meeting in the Enola P. R. R. Y. M. C. A. to-night.

Allcock PLASTERS

The World's Greatest External Remedy.

Pain in Side, Rheumatism, Backache, Any Local Pain.

Insist on Having ALLCOCK'S.

FATHER JOHN'S MEDICINE

BUILDS YOU UP

PURE AND WHOLESOME FOOD

NO ALCOHOL OR DANGEROUS DRUGS

Stock Transfer Ledger

The Pennsylvania Stock Transfer Tax Law (act of June 4, 1915) which is now in effect, requires all corporations in the State, no matter how large or how small they may be, to keep a Stock Transfer Ledger. We are prepared to supply these Ledgers promptly at a very nominal price.

The Telegraph Printing Co.

Printing—Binding—Designing
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Protect Yourself!

Against Substitutes

Get the Well-Known Round Package

CAUTION Avoid Substitutes

HORLICK'S THE ORIGINAL MALTED MILK

Made in the largest, best equipped and sanitary Malted Milk plant in the world

We do not make "milk products"—Skim Milk, Condensed Milk, etc.

Ask For HORLICK'S THE ORIGINAL MALTED MILK

Made from clean, full-cream milk and the extract of select malted grain, reduced to powder form, soluble in water. Best Food-Drink for All Ages.

Used for over a Quarter Century Unless you say "HORLICK'S" you may get a Substitute.

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Bringing Up Father



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