

Didn't Expect To Live

In a letter to the Plinus laboratories, Mrs. G. O. Walker, of Walker, Lane County, Oregon, writes: "I have been taking Fruitoa and it has been a great relief. I suffered so with gall-stones my family and friends didn't expect me to live."

FOODS

THEY BUILD OR DESTROY
Amazing but Rarely Suspected Truths About the Things You Eat.

CHAPTER 34
The grain of wheat ground into whole meal, nothing added, nothing removed, is rich in all the indispensable food minerals in their highly organized forms so essential to healthy animal life.

AUGUSTA SWEEP BY CONFLAGRATION

Historic Church Burns
The flame-swept area covers something like one and a quarter square miles, and includes the city's largest office and business buildings on the north side of Broad street; warehouses on historic "Cotton Row," containing thousands of bales of cotton and some six hundred homes, many of them in the city's most exclusive residence section.

Continuing The Sale of Sheets and Pillow Cases

Again to-morrow you may here buy enough sheets and cases for a year's supply and save fully a fourth.

Bowman's FRIDAY BARGAIN DAY

Neckwear and Trimmings

Organic collars and sets, 10c. Ribbon mill ends, 3 to 5-inch widths, yd., 10c. Torchon and Val. laces, yd., 3c.

Muslinwear

Combinations - corset cover and open drawers; cover is trimmed with embroidery and lace insertion and edge; drawers edged in lace. Sizes 36 to 44. Friday price, 35c.

Boys' Clothing

Oliver Twist Suits - serges and velvets, in blue and brown; sizes 2 1/2 to 7 years. Friday price, \$1.49.

Wash Goods

Poplin - white, cadet, tan, light blue and black; 28 inches wide. Friday price, yd., 12 1/2c.

Underwear and Hosiery

Men's Union Suits - white and peeler color; Spring weight cotton; short sleeves; ankle length. Friday price, 79c.

White Goods and Linens

Linon Finished Suiting - used for dresses, and fancy work; 81 inches wide. Friday price, yd., 50c.

Wall Paper

New Spring Patterns - suitable for all rooms; sold with borders only. Friday price, roll, 2 1/2c.

On the Carpet Floor

Mottled Axminster Rugs - with band borders in red, green, blue or lavender; 36-inch size. Friday price, \$1.98.

Infants' Wear

Infants' Gowns - made of fine cambric and nainsook; low neck and tucked yokes, with insertion and Bishop styles; sizes 6 months, 1 and 2 years. Slightly soiled. Friday price, 25c.

Silks

Wash Silks - sport stripes; 33 inches wide. Friday price, yd., 29c.

Dress Goods

Silk and Wool Poplins - waist lengths; 40 inches wide. Friday price, yd., 69c.

Spreads

Spreads - crochet and dimity spread, soiled from display; one of a pattern. Friday price one-third off regular prices.

Continuing The Annual Sale of Embroideries

Embroidery Edges - Swiss and cambric; 3 to 5 inches wide; excellent quality. Yard, 8c.

Leather Goods

Women's Handbags - made of leather, and some are lined with leather, others with gray and lavender silk poplin. Friday price, 55c.

Table Glassware

Pressed and light weight blanks; beautiful silver rose cutting. 11-inch oval orange bowls; 10-inch vases; 8-inch fern dishes, silver plated liner; mayonnaise bowl, plate and ladle; 7-piece water set; 8-inch 2-handled nappy; sugar and cream set; handled basket. One-piece to a customer. Friday price, 98c.

Toys

Sheep, on platforms, 19c. Nested blocks, 5c. Spinning tops, 5c. Spinning tops, 2c. Soldier building blocks, 10c.

Draperies

Curtain Scrim - 36 inches wide; colored border; lace edge and insertion; white or ecru. Friday price, yd., 10c.

Notions

John J. Clark's thread, spool, 2c. Brook's thread, spool, 2c. Wilson's dress fasteners, card, 2c.

One Dead 5,000 Homeless in Fire Started by Boy

Nashville, Tenn., March 23.—Citizens, civic and church organizations of Nashville to-day were caring for 5,000 persons made homeless by the fire that swept the city late yesterday, destroying 600 residences, causing one death and a property loss of \$1,600,000.

Paris Fire Sufferers Are Being Rapidly Relieved

Paris, Tex., March 23.—Work of relieving the 8,000 persons made homeless by the fire of Tuesday night was carried along swiftly to-day.

\$25,000 FIRE AT TAMAQUA

Tamaqua, Pa., March 23.—Fire today destroyed W. R. Conrad's general store building together with the residence adjoining. The loss is estimated at \$25,000.

TAXIMETER GIVES CUSTOMER PRINTED FARE RECEIPT

Arguments between cab drivers and their customers over fares charged are to be done away with by using a contrivance recently devised and now being tried out in an eastern city.

Rheumatism Advice

Here is a prescription for rheumatism (to be mixed at home) used all over the U. S. for many years and said to be the surest known remedy.

MULTIPLE-DISK PHONOGRAPH INCREASES SOUND VOLUME

Playing two or more phonograms at a time as a means for increasing sound volume has often been tried, but generally with poor success.

SHOW-WINDOW TELEPHONE SECURES MANY ORDERS

To secure a better hold on passers-by who display a casual interest in the window displays, an eastern store has hit upon an unusual plan which is at present being tried out.

HENRY BEAM DIES

Mount Joy, Pa., March 23.—Henry Beam, a well-known resident of West Donegal township, near Elizabethtown, died on Tuesday, after a long illness. He was 78 years of age and was a Civil War veteran, having enlisted in the one hundred twenty-second Regiment, Pennsylvania volunteers and later re-enlisted in the artillery.

PARK SEATS OF SEVERAL SERVICEABLE DESIGNS

Any information the passer-by may want on the goods displayed is cheerfully furnished, and his order booked if he so desires.—From Popular Mechanics Magazine.

and serviceable designs have been constructed for the parks of Hartford, Conn.

Among those most used are benches for band concerts. As these musical programs are given in one park and then another it was desirable to have seats that can be easily transported from place to place.

Orrine Destroys Liquor Craving

We would not under any circumstances endorse a remedy for the liquor habit, until we had absolutely satisfied ourselves that it did all claimed for it.

Ask The Merchants For Whom We Work As To Our Ability
We will gladly furnish you with the list, but here's a good plan: Notice the cleanest windows— WE "DID" THEM. Harrisburg Window Cleaning Co.

Ruhl's Bread
Phone for Waagon
Costs no more than other bread
Direct from our Oven to your Table

ELECTRICAL
We Congratulate Ourselves That We Have Attracted Your Attention
We are making an unprecedented offer to Harrisburg people. It is We will furnish free, the material, labor, meter loop, drop cords and sockets, to wire 4 outlets on the first floor of any occupied house on our lines, provided the consumer pays 50 cents per outlet to have the work concealed.

Harrisburg Light & Power Co.

SERVICE

The New Labor Law
The new Workmen's Compensation Act is now in effect. If you are an employer of labor you should be familiar with every phase of this most important piece of legislation.

The Telegraph Printing Co.
PRINTING—BINDING—DESIGNING
PHOTO-ENGRAVING
HARRISBURG, PENNA.

Gal-o-side
A spoonful of Gal-o-side in foot bath gives instant relief for all sore feet.
25c
Large package All Drug Stores and Department Stores.