

The Terror of Grip is the After Effects

Grip leaves its victims weak with localized troubles. Many of them drag along for months after an attack with aching backs, coughs and colds and impaired digestion.

Rebuild Your Lost Strength with PERUNA—a good tonic

Because PERUNA is a good tonic and because it has special reference to catarrhal conditions its use in the weakness following grip has proven very beneficial.

LOOK AT THIS LETTER Mrs. Frank Stroeb, R. F. D. 1, Appleton, Wis., says: "I began using Peruna a few months ago when my health and strength were all gone, and I was nothing but a nervous wreck. Could not sleep, eat or rest properly, and felt no desire to live."



PERUNA IN TABLET FORM PERUNA is now put up in tablets, not unpleasant to take. They are very effective and convenient for catarrh in whatever form it manifests itself.

ATTENDED CONVENTION Professor Spencer Helges, principal of the schools at Huntingdon, attended the schoolmasters' convention at Technical high school and spent the weekend with his brothers, Professor Walter Helges, supervisor of the city schools, and George Helges, of Green street.

INSTALL OFFICERS Star of America Commandery, No. 113, Knights of Malta, will have installation of officers this evening at 8 o'clock in Grand Army Hall, North Third street.

Mr. and Mrs. J. S. Peifer, of 111 North Seventeenth street, visited relatives in Mechanicsburg.

George Harbold, of East Berlin, has returned home after visiting his daughter, Mrs. Paul H. Reynolds, of 25 North Seventeenth street, and Mrs. J. C. Harliacher, of 131 Green street.

Mrs. Preston Erdley, of 1805 State street, is visiting friends in Baltimore.

S. W. Reynolds, of South Thirteenth street, has recovered from a recent attack of pneumonia.

Lovely Healthy Skin Hair Hands Kept So By Daily Use of Cuticura



Soap and occasional light touches of Cuticura. Nothing better than these super-creamy emollients.

Professor Jesse Helges, dean of Cumberland Valley State Normal School at Shippensburg, has returned home after visiting Mr. and Mrs. James A. Smyser, 123 North Eighteenth street.

Mr. and Mrs. J. A. Burger of Olean, N. Y., who spent last evening with Mr. and Mrs. John F. Whittaker at 1701 North Second street, left this morning on a business trip to Florida, and the Southern States.

Miss Ruth Craighead, daughter of Mr. and Mrs. Charles C. Craighead, 204 Harris street, and a junior at Swarthmore college, has just been elected to the Pi Sigma Chi society.

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WHAT THE SHOPS ARE SHOWING

It is often said that ripe olives require a cultivated taste, and yet anyone who has tried the delicious ripe olives offered by the Studebaker Grocery Store, Second street at the crossing of State, will find it very easy to become fond of them for their flavor is delightfully fascinating.

STOP DANDRUFF! HAIR GETS THICK, WAVY, BEAUTIFUL

Girls! Draw a cloth through your hair and double its beauty. Spend 25 cents! Dandruff vanishes and hair stops coming out.

Miss Ruth Craighead Elected to P. S. C. Society

Miss Ruth Craighead, daughter of Mr. and Mrs. Charles C. Craighead, 204 Harris street, and a junior at Swarthmore college, has just been elected to the Pi Sigma Chi society.

W. C. T. U. Will Entertain Teachers of the City

The department of "Scientific Temperance Instruction" of the Harrisburg W. C. T. U. has invited all teachers of the district west of the Pennsylvania railroad to attend an entertainment Tuesday afternoon, March 14, from 4:30 to 6 o'clock in the social rooms of the Harris Street Evangelical Church.

Hair Often Ruined By Washing With Soap

Soap should be used very carefully, if you want to keep your hair looking its best. Most soaps and prepared shampoos contain too much alkali.

Becker Bros.

Bear this name in mind when considering the purchase of a piano. It would be to your interest.

PERSONAL AND SOCIAL NEWS

CHARITY BRIDGE IS THIS EVENING

Please Lend Your Assistance to the Youngsters of New Nursery Home

The card and dance party for the benefit of the Nursery Home at Chestnut Street Auditorium this evening will begin at 9 o'clock and those who desire to occupy tables will be there at that time, although there will be plenty of tables for those who come later.

MANY HARRISBURGERS GREET GOVERNOR BRUMBAUGH'S BRIDE



The bright sunshine with its forecast of Springtime brought a large number of loyal Harrisburgers, both men and women, to the Executive Mansion this afternoon to welcome the bride of Governor Brumbaugh to the city where she will make her home for three years.

18TH BIRTHDAY OF MISS GARMAN

Party of Young Folks Merrily Surprise Lucknow Girl Under Direction of E. A. Hefflefinger



MISS ELIZABETH GARMAN

Some of the young friends of Miss Elizabeth Garman gathered at her home at Lucknow last evening to surprise her on her eighteenth birthday.

MUSICAL PROGRAM BY CHURCH CHOIR

Choice Number Will Be Sung Under Direction of E. A. Hefflefinger

A program of music will be presented this evening by the choir of Christ Lutheran Church in the new Sunday school building. The following numbers will be enjoyed:

LADIES' BAZAAR

Unusual Values in New Waists

Silk prices, like many others, are on the rise. And later on this is likely to cause an upward tendency in prices of silk waists.

Big CORSET VALUES \$1 to \$1.50 values, 49¢ \$2 to \$4 values, .98¢ \$5.00 values, \$1.49

GIVES TURKEY DINNER Mrs. and Mrs. C. F. Sample entertained a number of friends at their home, 2038 Swatara street, to a delightful turkey dinner in honor of the birthday of Mrs. Sample.

Miss Dorothy Beach has returned to Elkins Park, Pa., after a pleasant stay in Harrisburg.

Mrs. Wm. Jessop is guest of Mrs. Albert Chesley

Take Iron, Says Doctor, if You Want Plenty of "Stay There" Strength Like an Athlete!

Ordinary Nuxated Iron Will Make Delicate, Nervous Run-down People 200 Per Cent. Stronger in Two Weeks' Time, in Many Cases

COULDN'T FOOL HIM TWICE

Experience Proved That There Was Nothing "Just As Good" as Father John's Medicine for Colds and Throat Troubles and As a Body Builder

The victim of an unscrupulous druggist in a Pennsylvania town says that when he asked for Father John's Medicine the druggist persuaded him to take something else which was "just as good."

Advertisement for Becker Bros. pianos and Victrolas, located at 30 N. 2nd St. Harrisburg, Penna.