

**LOW PRICE LEADERS**  
**ROBINSON'S WOMAN SHOP**  
 20 NORTH FOURTH ST.

**IN TIMES LIKE THESE**

"THE WOMAN SHOP" SHOULD BE YOUR STORE

**No Advance in Price Here**

We are pleased to announce THAT THERE WILL BE NO ADVANCE IN PRICES AT "THE WOMAN SHOP" AS WE ARE PROTECTED FOR THE ENTIRE SPRING AND SUMMER SEASON; having seen conditions long ago we took advantage of every opportunity and WILL CONTINUE TO OFFER YOU VALUES, that have made "THE WOMAN SHOP" FAMOUS.

Come and let your eyes feast on the beautiful SUITS, COATS, DRESSES, SEPARATE DRESS SKIRTS, WAISTS, BLOUSES and PETTICOATS that will be all the vogue for the incoming season; ALSO SEE HOW "THE WOMAN SHOP" HAS PREPARED FOR YOU.

Come and see how we have prepared for THE STYLISH YOUNG MISS, THE CONSERVATIVE WOMAN, THE DISCRIMINATING WOMAN, THE HARD-TO-FIT WOMAN, THE STOUT WOMAN, AS WELL AS THE WOMAN WHO FOLLOWS THE FASHIONS.

Never, no never, have we seen such a beautiful assemblage of stunning garments so early in a season.

**WE NEVER CHARGE FOR ALTERATIONS**

**"TIZ" FOR FEET**

Instant Relief for Sore, Tired, Tender Feet; for Aching, Swollen, Calloused Feet and Corns



"Pull, Johnny, Pull! My sore, tired, swollen feet just ache for 'Tiz.'"

You're footsick! Your feet feel tired, puffed up, chafed, aching, sweaty, and they need "Tiz."

"Tiz" makes feet remarkably fresh and sore-proof. "Tiz" takes the pain and burn right out of corns, callouses and bunions. "Tiz" is the grandest foot-gladdener the world has ever known.

Get a 25-cent box of "Tiz" at any drug store and end foot torture for a whole year. Never have tired, aching, sweaty, smelly feet; your shoes will fit fine and you'll only wish you had tried "Tiz" sooner. Accept no substitute.

**WHY BLAME IT ON THE GIRL?**

"Everybody speaks of the girl 'allowing' or 'permitting' liberties," says a writer in the March Woman's Home Companion. "I have never heard it said that a man allows himself or permits himself these things. The blame lies always with the girl. The man, it seems, will be either what she requires or inspires him to be, or what she permits him to be.

"Nine out of ten men, and nearly all women will, I think, agree with this point of view."

**PAINFUL KIDNEY AND BLADDER DISORDERS QUICKLY RELIEVED**

New Remedy Dissolves Impurities That Clog Kidneys and Bladder.—Great Success.

Your kidneys WANT to do their work properly. It is not their fault if they don't. An eminent authority has discovered that backache, rheumatic pains and other forms of kidney trouble come from the formation of small acid crystals that cling to the filtering membrane of the kidneys like barnacles on the bottom of an old ship. You can't strain water through a clogged-up sieve. The kidneys cannot filter the impurities and waste matter out of the blood if the membranes are clogged with impure matter.

In cases of this kind a new treatment that has already shown remarkable results in a number of cases is being widely used. It is called Solvax. Solvax is a powerful dissolving agent that goes straight to the CAUSE of

the trouble. It works its way into every fold and crevice of the filtering membranes and dissolves the clogging matter, passing it out of the kidneys in the urine.

When Solvax starts work on the kidney walls a complete change is noticed almost at once. Backaches, lumbago, rheumatic twinges and other painful symptoms disappear. The sluggish blood starts pumping vigorously through the system and the whole being brightens up as if by magic. The kidneys, freed of all clogging impurities, can now go to work with a vim.

If you suffer from any form of kidney complaint, go at once to H. C. Kennedy or any other reliable druggist, and get a new patent of Solvax and see the difference. It is a safe, inexpensive treatment and always sold under a guarantee of satisfaction or money back. You are cheating yourself out of a big slice of life if you don't use Solvax at once.

**Additional Train Service**  
**Lebanon Valley Branch**

EFFECTIVE MARCH 2, 1916. A late train leaves Harrisburg, at 10.00 P. M., making all principal stops and arriving at Reading, 11.50 P. M.

EFFECTIVE MARCH 3, 1916. An additional train will leave Reading 5.00 A. M., stopping at all Stations, arriving at Harrisburg at 6.55 A. M. Train No. 49 will hereafter carry milk and express only.

**Philadelphia & Reading Railway**

**Workman's Compensation Act Blanks**

We are prepared to ship promptly any or all of the blanks made necessary by the Workmen's Compensation Act which took effect January 1. Let us hear from you promptly as the law requires that you should now have these blanks in your possession.

**The Telegraph Printing Co.**  
 Printing—Binding—Designing—Photo Engraving  
 HARRISBURG, PA.

**Rescue For Hosts of Armenians**  
 by Russian Victory in the East

Principal Points of Concentration of the Refugees Reached by Christian Army

By THE RELIGIOUS RAMBLER

The average person has only a hazy knowledge of the geography of the Caucasus and of the location of Erzerum, where the great Russian victory has been gained—a victory that may mark the turning of the tide of war and the end of the final stage of the conflict. When the Christian is reminded, however, that another name for this region that has been securing so largely in the dispatches is Armenia, he is reminded, for the Armenian atrocities have for generations made a deep mark upon the religious thought of the world, and never more so than in the case of the latest and most atrocious.

The present military development has a direct and an immediate bearing upon the condition of the persecuted Armenians. At present the Russian army is within the confines of Armenia, but steadily breaking out toward the South and the East and the West. Momentous events are taking place behind the battle line, but some results are apparent.

The first effect of the Russian victory will be greater suffering for the Armenian Christians who are still within Turkish power. The news that the Turks massacred the Armenians at Erzerum ere they evacuated has already been published. It was to be expected that this defeat would turn the Moslem population in renewed savagery upon the Christians and intensify the religious issue. Besides, the fact is generally known that there are large numbers of Armenian men who had escaped across the border of Russia and are fighting with the Czar's troops.

Undoubtedly thousands or tens of thousands of Armenians will be slain as the result of the fall of Erzerum; but relatively this is negligible alongside of the emancipation that will be procured for hundreds of thousands. The present renewal of massacres are apparently the last outrages before the deliverance of the Armenians.

Next will come the relief for the Armenian women and children who have been driven across the mountains into the desert and into the cities which are now within the present or prospective zone of the Russian operations. Urfa, Diarbekir, Bitlis, Harpoot, Sivass, Marsovan, Mardin, Mosul and Aleppo are the principal points of concentration of the deported Armenians. Practically the whole remnant of the Armenian race that is left in Turkey, numbering something over a half million, is concentrated in and about these cities, and all of them are at present threatened by the Russian forces.

A Christian "Army of Deliverance" By a curious reversal of phraseology or nomenclature, the Russians have become an "Army of Deliverance," which was the term applied to the



**Every Member of the Family Enjoys the Victrola**

NO one complains about things being "slow" around the house where there is a Victrola. It provides the best music in large enough variety to please everyone, and anyone can play it.

Why be longer without a Victrola? Stop in today and choose the outfit you like best from these.

**Six Very Attractive Victrola Club Offers**

YOUR CHOICE DELIVERED TODAY

	<b>\$44.50</b>	This Victrola VIII, and 12 selections of music; your choice.		<b>\$54.50</b>	This Victrola IX, 12 selections of music; your choice
	<b>\$79.50</b>	This Victrola X, any finish, with 12 selections of music; your choice.		<b>\$106</b>	This Victrola XI, any finish, with 16 selections of music, your choice.
	<b>\$157.50</b>	This Victrola XIV, any finish, with 20 selections of music, your choice		<b>\$209</b>	This Victrola XVI, any finish with 24 selections of music, your choice

ORDER BY PHONE IF YOU CAN'T CALL

**J. H. Troup Music House**  
 Troup Building 15 S. Market Square

**FOODS**  
 THEY BUILD OR DESTROY

Amazing but Rarely Suspected Truths About the Things You Eat.

(Copyright, 1916, by Alfred W. McCann)

**CHAPTER 27**

Upon calcium many of life's processes depend. Calcium is one of the "ash" elements removed from refined food. That nature abhors this interference with her law becomes manifest when the work is performed by calcium in the living body is disclosed.

The history of life on this earth, including the history of micro-organisms, or germs as they are popularly called, is the history of food.

We have seen that the bodies of men are built from the building materials found in food. The bodies of bacteria, about which we are popularly much to say, are also built from the building materials found in their food.

Bacteria may become violently active or feeble to the point of exhaustion, in accordance with the kind of food offered them. Man is affected by his food in the same way.

The blushing maiden of sixteen and the trained athlete of thirty are physically but the sum-total of the food they have assimilated.

The old man, normally approaching the hour of dissolution, represents all that is left of the processes of assimilation and elimination which, even prior to birth, were carried on only by virtue of the food energies which presented themselves to the embryo from which he came.

The new-born babe, in all the pink freshness of its little sleepy life, represents only that fragment of the food appropriated by its bones and tissues during its embryonic existence.

The bacteria that convert milk, eggs, meat, fish, and other foods into poison, represent, according to their activity, the ease with which they are able to find the kind of food necessary to their rapid growth or the difficulty placed in the way of their normal nutrition and reproduction.

Bacteria, with a significance worthy of noting here, depend upon the mineral salts and colloids precisely in the same manner as that in which the bodies of men depend upon them.

As we go to the cause of the matter many interesting, not to say fascinating, proofs of this statement.

For the present we have learned that a certain combination of some

orange following the use of the knife or scalpel.

No hint of the function performed by calcium is ever found on a bill of fare in a restaurant or hotel.

No placard hangs on the wall in the office of the food factory cautioning the factory manager against the toleration of any process of refinement through which calcium or any of the other mineral elements of prepared food are removed and lost to the human family.

Yet when we diminish the proper quantity of calcium in our blood we correspondingly lower our vitality and reduce our resistance to disease.

We can interfere with the presence of the food calcium necessary to the health of the body by removing it from our food by mechanical processes, or by interfering with the ability of our organs and glands to make use of it through eating food of a kind that systematically robs the blood and tissues of their normal calcium content.

We shall soon see how such misfortunes, for they are misfortunes, indeed, are commonly brought about.

**Old Veteran of N. Y.'s River Front Goes Into the Discard**

The police boat Patrol, for almost 25 years the terror of pirates along the river front of New York, has been ordered sold by the Police Commissioner and will be replaced by a new vessel which will be the most modern police boat in the United States. When the Patrol was built in 1893, there were few vessels engaged in deprecations along the waterfront which she could not overhaul. Late each night she would leave her wharf at the Battery and stealing up the North or East river, lights out, frequently interrupted thieves in the act of removing parts of cargoes from freight boats to their own craft. So greatly was the Patrol feared that frequently sentries would be posted at the Battery and when the Patrol would leave for her nightly tour of inspection the guard would telephone to his confederates the direction taken by the vessel. But her activities were not confined to this class of work alone. The records show that she frequently met returning excursion boats upon which fights had broken out and assisted in restoring order. There are also many instances where she braved stormy seas outside of Sandy Hook to rescue disabled pleasure and fishing boats. The new boat will be 100 feet in length, motor driven and built on the lines of a torpedo boat destroyer, attaining a speed of 21 miles an hour. With such a craft it will be possible to reach the most remote points on the city waterfront in half an hour.

**DO I WANT TO BE WHITE?**

This is what the Rev. William C. Jason, president of the State College for Colored Students, Dover, Delaware, says:

"Do I want to be white? Yes and no. No, if it appears that with patience and fidelity we can in time work out our own destiny and witness the glory of achievement under sur-

passing difficulties. Yes, if we are to be perpetually reminded that a black skin is a badge of inferiority which no excellence of character or ability can make less odious to the majority of our fellow citizens. If a white man is the only man who is to be given a man's chance even in our common country, then would God we were white."—World Outlook.

**Ripe Juicy, Sweet Delicious Tender Healthful Seedless**

**Sunkist Oranges from California**

Order a dozen or a box today. Serve this healthful fruit at every meal.

All first-class dealers now have a plentiful supply. Sunkist tissue wrappers for beautiful silverware.

CALIFORNIA FRUIT GROWERS EXCHANGE  
 138 N. Clark Street, Chicago

**THIS IS A MEAN ONE**

"In heaven," said the sentimental maiden, "a man is never separated from his wife."

"I beg your pardon," interrupted the misogynist, "but I think you are getting mixed in your geography."—Richmond Times-Dispatch.