No Such Word As Getting "Old"

Kellogg's Sanitone Wafers Arouse the Spirit of Youth. They Put Go And

Strength Into Your Nerves.



FREE 50c BOX COUPON

We eat too much meat, which clogs Kidneys says noted authority.

If back hurts or Bladder bothers, stop all meat for

cursion, then it won't be living up to its fine reputation for doing the square thins. Take it from one who made it his business to observe, the Colonel is some band leader, and Frank Smith and "Merkey" Tate and "Bob" Hoy and certain others of that delightly and certain others of that delightly little party of friends whose favortie habitat in leisure hours is the Ross club in North Third street are ablebodied assistants. If in the new preparedness scheme somebody is needed to lead the cheering or march at the head of a forlorn hope, looking happy all the while and just as though he liked it, pick one of the Covert bunch and you won't go wrong. With the Covert party as special guests were friends of Frank Smith—A. G. Patterson, of the Corn Products Company; Mr. Buckhannon, of the Frankin Sugar Refining Company, and W. H. Rohr, of the Frank A. Smith company, all three of Philadelphia.

That, one might judge, will hold the Covert crowd for a moment or two, but honest! the half has not been told, and maybe it is better so. Whoknows?

Just a Few Incidents

Salts take a tablespontion in a glass and the proposition in a glass of water before breakfast for a few days and your kidness will then act the days on the believe and the days and your kidness will then act the proposition of the kidness all right but mobody knows yet his to make the enterouse company and days in the king his play on the square and Arthur His pand it was a sorrow, in a resident the earnest proposition and a stimulate stuggish kidness, also of the well-known "Periwing the well-known "Peri

nificance of the telegram is apparent at a glance. It reads:
Indianapolis, Ind., Feb. 15, 1916.
E. M. C. Africa, Chairman William
Penn Highway Commission:
Committee to-day decided to adopt William Penn Highway with connection from Reading to New York and Harrisburg to Washington as suggested at Washington conference, hope you will complete organization Pennsylvania division at early date. Please advise other communities interested. Will write more fully upon return home within next week.

A. W. HENDERSON.
C. F. Moore, of Bellwood, declared that the people of his town are using Harrisburg methods in that thriving town in our effort to put Bellwood in the position in which the speaker declared it should be.
F. H. Bailey, of the Harrisburg Electric Light company, made a very earnest speech with a generous touch of good, solid philosophy that met with a hearty response. He was followed by William F. Gable, of the wears a big badge, present the sented to him by an admiring friend, labeled "Our Ananias," and seems to labeled "Our Ananias," and seems to labeled "Our Ananias," and seems to label to him by an admiring friend, labeled "Our Ananias," and seems to labeled "Our Ananias," and seems to label to him by an admiring friend, labeled "Our Ananias," and seems to label to him by an admiring friend, labeled "Our Ananias," and seems to labeled "Our Ananias," and seems to label to him by an admiring friend, labeled "Our Ananias," and seems to labeled "Our Ananias," and seed the party.

Frank C. Sites telegraphed back house to see if the post office was still turning in twas, and so decided to continue the trip. Frank Smith says little things like the postal service and the post office was still turnin





Until nearly middle age I was sorely troubled by hideous Superfluous
Hairs, My face was a sight, with a
heavy moustache on my lip and a tough
beard on by chin. My arms were also
heavily covered. I tried one thing after
another without success. The electric



Bringing Up Father 0 0 0 By McManus HURRY AND GET DRESSED . FIX ME ANOTHER DO AS 1 SANDWICH . BELINDA-WE ARE GOING TO THE SAY -BY GOLLY-SMITH'S FOR DINNER -MAGGIE AN' I ARE GOIN' WE'D HAVE TO EAT THERE TWICE TO OUT TO LUNCH - 1 BELIEVE IN "PREPAREDNESS"! GIT A SQUARE THEY NEVER MEAL . HAVE ANY I HOPE MAGGIE THING GOOD HASN'T GOT ANY TO EAT-OF THOSE BUM SOCIETY DATES OF HERS FOR TONIGHT -0 EOM MANU