

OF INTEREST TO THE WOMEN

WHAT HAPPENED TO JANE

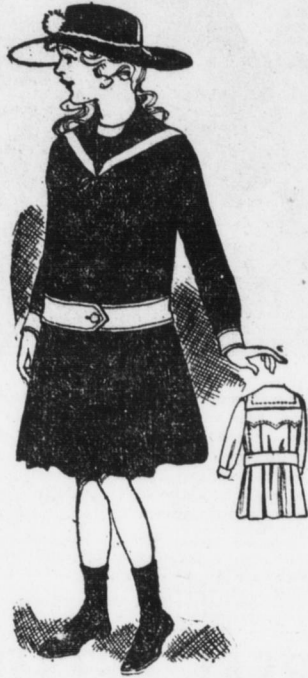
By Virginia Terhune Van de Water

CHAPTER LII. (Copyright, 1916, Star Co.) "Mary won't get home till the half-past ten train," Augustus Reeves remarked that night as he and his wife removed the supper dishes from the table.

SAILOR DRESSES FOR YOUNG GIRLS

Rich, Dark Shades of Cloth Will Develop This Design Nicely

By MAY MANTON



8823 (With Basting Line and Added Seam Allowance) Girl's Sailor Dress, 6 to 12 years.

Girls always like a dress modeled after the sailor costume. This one is exceptionally pretty, taking very graceful and becoming lines and has a certain smartness of its own.

For the 10 year size will be needed. 4 yds. of material 27 in. wide, 3 yds. 36 3/4 yds. 44 with 3/8 yd. 27 in. wide for belt or trimming.

"CASCARETS" FOR COLDS, HEADACHES

Their Gently Clean the Liver and Bowels, and Stop Headache, Colds, Sour Stomach, Bad Breath.

Enjoy Life! Take Cascarets and Wake Up Feeling Fit and Fine—Best Laxative for Men, Women, Children—Harmless—Never Gripe.

Cascarets are a treat! They live your liver, clean your thirty feet of bowels and sweeten your stomach.



The New Labor Law

The new Workmen's Compensation Act is now in effect. If you are an employer of labor you should be familiar with every phrase of this most important piece of legislation.

The Telegraph Printing Co. PRINTING—BINDING—DESIGNING PHOTO-ENGRAVING HARRISBURG, PENNA.

MANAGING THE CITY

By Frederic J. Haskin

[Continued from Editorial Page.]

The city commission runs a nursery where young trees are raised, and every June the school children of Reading go out in the hills and plant them.

Reading was rich and easy picking for railroads and street railroads under the old form of government.

Under the old system all city supplies were bought by contracts made as a result of recommendations by committees of the council of thirty-two aldermen.

The commission government charter provides for a health officer, a superintendent of parks and a superintendent of water works.

The movie habit is just as strong in Reading as anywhere else in the city.

Markets and other establishments that sell food for sale have been handled like the theaters—inspected regularly and graded.

Since the commission started operations a new reservoir for the city water system has been put in.

Reading Fair Co. Dates; Harry Orr Is President

Reading, Pa., Feb. 15.—At a meeting of the directors of the Reading Fair Company it was decided to hold the next annual Berks county fair on Tuesday, Wednesday, Thursday and Friday, September 12, 13, 14 and 15.

Public Meeting at Penbrook in Protest of Water Rates

Penbrook, Pa., Feb. 15.—About 75 taxpayers attended a public meeting at the firehouse here in an effort to prevent the water company from permanently fixing its increased rates.

Social and Personal News of Towns Along West Shore

Mrs. Frances Beard, of Reading, was the guest of Mrs. Edward Sheeley at Hotel Iroquois, New Cumberland, yesterday.

WILL ENTERTAIN GUILD

New Cumberland, Pa., Feb. 15.—Miss Elizabeth Smaling will entertain the Elizabeth Guild of Trinity United Brethren Church at her home, corner of Fifth and Market streets, this evening.

SCHOOL TAKES SLEIGHRIDE

New Cumberland, Pa., Feb. 15.—Elizabeth Garver, of New Cumberland, attended a valentine party at Lebanon Valley College last night.

WILL RETURN TO POST OFFICE

All Credit Checks

Issued By the Quality Piano Co.

32 W. King St., Lancaster, Pa., can now be redeemed at the warerooms of the Winter Piano Co.

23 N. 4th St., Harrisburg, Pa. These vouchers are perfectly good and those holding them are very fortunate as they can now receive benefit from them without the trouble of making the long journey to Lancaster.

STORE OPEN NIGHTS WINTER PIANO CO. 23 N. 4th St. Harrisburg, Pa.

MENTAL DIFFERENCE BETWEEN MAN & WOMAN

The Woman's Mind is Not Her Only Weapon

By Ella Wheeler Wilcox Copyright, 1916, Star Co.

The mental difference between man and woman has been set forth in a little pamphlet by Asaph Lewis. She says of woman:

Mrs. Lewis, in a personal letter, writes: "When I was writing my little book I thought of Adeline Patti, Mary Garden, Marie Corelli, Mrs. Patrick Campbell and many others, and what education has done for women."

Woman is more prone to sympathy; she is more human than man.

Man cannot understand woman—the clumsy inability of a coarser nature to appreciate the feelings of the finer.

It is necessary always for a woman to remember the importance of being beautiful, not only morally and mentally, but physically, just as it is important for a man to be strong, mentally, morally and physically, to be the complete man.

The woman who cultivates beauty in her personality has much greater power in the world than the one who relies wholly upon her intellect.

The woman who undertakes to hold a man's regard by simply being his mental associate, ignoring all the arts and frivolities of dress and the care of her complexion, her hair and her figure, is more than likely to find herself superseded before middle age.

Mrs. Lewis needs to study both sexes a little more closely before she expresses herself too emphatically on this subject.

place a little sooner. If seven or eight elements are removed destruction becomes speedy.

If we believe that God has elaborated these substances for man's benefit it becomes a little short of sacrilegious to disregard them or to trifle with them, because by so doing man serves notice upon his Maker that he is independent of his Maker's design.

In all events, whether he be a professed believer or a scoffing atheist, he must see that the matter of breakfast, dinner, and supper is not a matter to be left to accident or to an untrained kitchen drudge or to a food factory concerned chiefly in the profit-making characteristics of its products.

In congratulating himself let him understand the facts. An apple falls from the branch of an apple tree to the earth in obedience to a fixed law.

The body derives these elements, let us repeat, from its food, and is furnished with them by the food that man eats in order that the body of man may take them from that food.

We shall now try to determine what business these substances carry on in the body and why they are necessary and how many of them are familiar foods without our knowledge and what happens after they are removed and thus through our simple study of the facts locate the law that will keep us well.

Beautiful Hair Tinting

Absolutely and Positively Harmless "Brownatone" Instantly Changes the Hair to Any Shade of Brown (or Black if Preferred.)

Nothing so robs a woman of her good looks as attractiveness as gray, streaked or faded hair.

Indispensable food minerals upon which life depends must be in the food that man eats in order that the body of man may take them from that food.

All food contains some of the building materials needed by the blood. Some foods contain all of them, except where man ignorantly removes them.

Each little drop of blood is an expression of that law. Anything that interferes with the purity and character of the blood is hostile to life.

If we remove from our food one element that is necessary to life we introduce the beginning of disorder into the body.

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