

Sample Each Free by Mail With 32-p. Skin Book on request. Address post-card "Cuticura, Dept. 15G, Boston." Sold throughout the world.

We eat too much meat, which clogs Kidneys, then the back hurts.

Says glass of Salts flushes Kidneys and ends Bladder irritation.

irritation.

Uric acid in meat excites the kidneys, they become everworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney regione you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a table-spoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder waskness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts; to

kildneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kid-ney trouble while it is only trouble. Advertisement.



Ask The Merchants For Whom We Work As To Our Ability

We will gladly furnish you with the list, but here's a good plan: Notice the cleanest windows-

WE "DID" THEM.

Harrisburg Window Cleaning Co.

> OFFICE-808 EAST ST. Bell Phone 631-J

\$800 Angelus

Player Piano

Easy confidential

1319 Derry St.

Try Telement Want Ads

INTEREST TO THE WOMEN

"THEIR MARRIED LIFE"

TUESDAY EVENING,

(Copyright, 1916, International News Service)

Helen, much to her surprise, santoxt to the girl from the West, who must controlled the street of Babble.

It was the merriest party in the delicious food, were served the most was across the table next to Babble.

It was the merriest party in the delicious food, were served the most until Helen was sure that she wouldn't be able to stagger to the train. They be able to stagger to the train. They be able to stagger to the train.

The she course was nearly over when the sirl on Helen's right turned to her and made some laughing and the street of the sirl on the street of the stre

expected." And Mrs. Coleman have taken you with me to Norfolk after all."

There was a silence at the table, for every one had been listening to the conversation, and all other remarks ing scries will appear here soon.)

(Another incident in this interesting scries will appear here soon.)

shaft drive.

FUTURE PROTECTION.

Why Not Be a Satisfied

Purchaser

International Motor Truck, Model "F," 2,000 lbs. capacity,

The new models are on exhibit at the International Motor Truck Department, 619-21 Walnut street, and it will be worth

four cylinders cast en bloc, left hand drive, center control,

your time to call and see these latest designs. We are manu-

facturers and are located in Harrisburg with a supply house to stay and offer you EVERY FACILITY FOR YOUR

Come in and tell us about your delivery difficulties. We can help you. Demonstration given you on request.

International Harvester Company of America (INCORPORATED)

Motor Truck Department, 619-21 Walnut St.

Other branch houses at Pittsburgh, Philadelphia, Elmira, Baltimor

CLIP THIS COUPON FOR

The American Government

The Panama Canal

By FREDERIC J. HASKIN.

The Books That Show Uncle Sam at Work. The Harrisburg Telegraph

BUNNY SLIPPERS PLEASE CHILDREN

Warm and Comfy; Will Keep Jack Frost Away From Little Toes

By MAY MANTON



8895 (With Basting Line and Added Seam Allowance) Bunny Slippers, Small 4 or 6, Medium 8 or 10, Large

What child would fail to welcome bed slippers as quaint and pretty as these? They are interestingly suggestive of the bunny, they are warn and cozy and are altogether satisfactory, at the same time that they are very simple and easy to make. Any fur plush, fuzzy flannel of simple canton flannel can be used in either gray or white, the white of course making the daintier effect. The ears of the white rabbit properly will be lined with pink and the eyes must have a suggestion of pink, for without these bits of color, the bunny will hardly be complete. A few stitches of embroidery will suggest the mouth and buttons will suggest the eyes, so there is very little labor required, while the resule is sure to be satisfactory. The ribbon that is passed through slashes cut near the top of the shoes holds them in place.

For the medium size will be needed, 3/8 yd. of material 27, 36, or 44 in. wide.

The pattern No. 8895 is cut in three sizes for 4 or 6, for 8 or 10, for 12 or 14 years. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Move to Bring Spanish Orders to United States C. E. MEET WILL

Special to the Telegraph

Paris, Feb. 8.—Dr. C. W. A. Veditz,
American commercial attache for
France and Spain, has departed from
Paris for Madrid, under instructions
from Secretary Redfield. In conjunction with Ambassador Willard he
will take up with King Alfonso and
the Spanish government important
matters relating to commerce between Spain and the United States.
Among the subjects which Dr. Veditz will discuss are the forthcoming
revision of the Spanish customs tariff,
the project for a new commercial
agreement with Spain and the plan
for a direct steamship line between
the United States and the western
coast of Spain. He also will take up
the possibility of development by
American capital of certain mining
and transportation projects in Spain
and will look over the general field of
Spanish industrial and commercial
enterprise from the standpoint of possible American investments.

by Stocking Inscriptions

Palm Beach, Fla., Feb. 8.—Convertion stockings worn by a young oman at the dance at one of the otels last night created much amusent and some comment. They were ite silk and on the left instep was broidered the face of a clock with hands pointing to 12 o'clock. Be-the dial were the words "Good tht."

Night."
On the other instep was the word "Delighted." Between dances the wearer, while seated in one of the front row chairs, frequently crossed one knee over the other and spectators decided that either the left or right ankle displaying the decoration was significant of her attitude toward her dancing partner.

significant of her attitude toward had dancing partner.

Some of the young men considered it an indication of her feelings, for when the "Good Night" ankle peeped from under the filmy skirt they hastily disappeared in search of another

Thompson's Fall Due to Dislike of Thomas Lynch

Special to the Telegraph Uniontown, Pa., Feb. 8.—An innate dislike for Thomas Lynch, former president of the H. C. Frick Coal and Coke Company, turned success from Josiah V. Thompson, his followers declare, and was indirectly responsible for Thompson being accused in a grand jury presentment of violation of the National Banking laws.

laws.

Thompson admits that it was his antipathy for Lynch that forced him on one occasion to turn on his heel and walk out of the latter's office. Since that day Thompson has found the traveling on the financial and speculating road very rocky.

Lynch was a successful purchaser of coal lands and looked far into the future for the big coking company of which he was the head.

OUR DAILY RECEIPT Baked Custard

Two cupfuls milk

Two cupfuls milk
One-half cupful sugar,
Småll pinch of salt,
Two eggs,
Nutmeg.
Scald milk, add sugar, salt and wellbeaten eggs. Pour into a baking dish,
Grate a little nutmeg on top. Set dish
into cooker pail, pour bolling water
around it and boll fifteen minutes,
Place in the fireless cooker for three
hours. When done set under flame of
gas stove to brown. Serve cold.—March
Mother's Magazine.

OPENING LIMESTONE QUARRIES

Annville, Pa., Feb. 7. — Rudolf Herr, son of John E. Herr, large owner of quarry holdings here, has leased a part of the Mark farm west of town and will begin at once to strip the ground in preparation for quarrying limestone. Forty men will be required to work the place.

TO ATTEND FUNERAL

Hummelstown, Pa., Feb. 8.—Members of Derry Council, No. 40, Junior Order United American Mechanics, will meet at their hall to-morrow afternoon at 1.30 o'clock to attend the funeral of their late member, R. B. Snyder.

BOY'S COLLARBONE BROKEN

Waynesboro, Pa., Feb. 8.—The two year-old son of Frank Sanders, at Blue Rock, fell off a chair at his hou Sunday and fractured his collarbone.

To 520 Residents of Pennsylvania (including yourself)

Within the past nine months there has grown up in Greater New York a business revolutionary in its method, which is destined to be one of the largest and most profitable of its class in the United States.

Arrangements are now being made to extend this business to Pennsylvania and to permit 520 residents of the State to take profits out of it-BIG

Nine months ago the All-Package Grocery Stores Company, a chainstore business, opened its first retail store in the Borough of Brooklyn, Greater New York, and sold at low prices pure food put up in sealed, sanitary packages, plainly marked as to the net weight.

The sales of this store grew from \$162 the first week to \$735 the twentyfourth week. The company opened other stores in Greater New York-fifty of them-and still the demand for "All-Package" service increased.

Now this Company is increasing the number of its retail stores to 1,250, extending its business to Pennsylvania, and will share profits with 520 resi-

Perhaps you would like to participate, personally, in the financial success of this business. Profit-sharing-through stock ownership-is becoming a feature of modern business, you know.

At all events the Company would like to mail you, without cost or obligation on your part, their book "Feeding the Millions," which explains the reason for the remarkable success of this business, and how you may take big

If you reside in Pennsylvania, write to the All-Package Grocery Stores Company, 217 Broadway, New York, stating that you would like to be informed regarding this profit-sharing opportunity and you will receive by early mail, full details of their very interesting plan.

NOT BE IN TENT

Impracticable, Chairman H. W. Keitel Tells General Convention Committee

The general C. E. convention committee held its monthly meeting in headquarters building last evening.

A luncheon was served to the com-Endeavor Society. The Rev. E. E. Curtis, general chairman, presided.

H. W. Keitel, chairman of the hall committee, reported that the tent proposition is out of the question for place of meeting and that a hall conveniently located with a church building nearby for overflow meetings will likely be secured in the near future. The music committee under the chairmanship of J. Frank Palmer, is securing new members for the convention chorus which will render first-class music during the convention week.

A number of other various com-

Treat Children's Colds Externally

Don't dose delicate little stomachs with harmful internal medicines. Vick's "Vap-O-Rub" Salve, applied externally, relieves by inhalation as a vapor and by absorption through the skin. Vick's can be used freely with perfect safety on the youngest member of the family. 25c, 50c, or \$1.00.

VICK'S "VAPORUB" SALVE

Don't Suffer With Headache or Neuralgia USE CAF-A-SO For Quick Relief



12 Doses 10c; 36 Doses 25c

mittees reported progress on the con- F. E. Crist, representing the

vention work.

The first rally for Christian Endeavor week under the auspices of the Harrisburg C. E. Union will be held this evening in Christ Lutheran Church, Thirteenth and Thompson streets. Millard L. Hess will preside and an interesting program will be rendered.

A chorus under the direction of Thursday evening.

ous societies of the hill district. Christ

BREAKS A COLD IN A FEW HOURS'

Curtis, general chairman, presided. The finance committee report was made by Professor J. J. Brehm, chairman of the finance committee. The committee has a representation of all denominations connected with C. E. work. Many societies are busy raising their contribution of \$1.00 per member toward the convention fund by the envelope, entertainment and various other methods.

H. W. Keitel, chairman of the hall committee, reported that the tent proposition is out of the question for place of meeting and that a hall conveniently located with a church building nearby for overflow meetings will likely be secured in the near future.

Buy GOOD Coal & LESS Coal

Since all coal—good, better and kest—costs the same per ton, don't you think it the part of wisdom to get the best for your money, and keep the total expenditure down? Buy Montgomery Coal—its quality has been known for years there is none better.

J. B. MONTGOMERY

Both Phones

Third and Chestnut Streets

Workman's Compensation Act Blanks

We are prepared to ship promptly any or all of the blanks made necessary by the Workmen's Compensation Act which took effect January 1. Let us hear from you promptly as the law requires that you should now have these blanks in your posse

The Telegraph Printing Co.

HARRISBURG, PA.

Pretty Teeth Add to the Natural



Beauty of All Faces

If your teeth are in want of any attention, call and have them examined, which is FREE OF CHAPGE.

I guarantee my work to be of the very best, both in material and workmanship, which it is possible to give my patients. My 18 years of constant practice and study have given me the experience which each and every dentist must have in order to do satisfactory work. I do my work absolutely painless. My assistants are dentists, who have had a vast amount of experience, and therefore are able to render the very best of services. My office is equipped with all the modern appliances in order to do painless dentistry.

MY PATENT SUCTION TEETE \$5.00 a Set They fit perfectly. Gold Fillings \$1.00 up



Gold Crowns and Bridge Work \$3, \$4, \$5
Fillings in Silver
Enamel, Cement,
Alloy, 50c and up

Office open daily 8:30 a. m. to 6 p. m.; Men., Wed. and Sat. till 8 p. m. Closed on Sundays. Bell phone, 3322-R.

DR. PHILLIPS, Painless Dentist 320 Market Street, (Over the Hub)

Try Telegraph Want Ads Try Telegraph Want Ads

war some some some some

HOW TO GET THESE TWO BOOKS FOR 98 CENTS — Cut this coupon from this paper, present it at our office with 98 cents, to cover the cost of production and distribution, and the set is yours. Fift ier, cents extra by mail.

SOME FACTS ABOUT THESE BOOKS — Both are the same size and bound exactly alike in heavy cloth. Each has about 400 pages printed on fine book paper. Both are profusely illustrated with official etchings, drawings and maps.

TO OUR READERS — We are distributing these patriotic books solely because of their great educational merit and our belief that they should be in every American home.