

CENTRAL PENNSYLVANIA NEWS

PARTRIDGES AND RED BIRDS GONE

Franklin County Fruit Grower Says They Have Disappeared From Neighborhood

Waynesboro, Pa., Feb. 7.—Charles O. Bonner, the large fruit grower, residing north of Waynesboro, is lamenting the loss of most of his flock of redbirds that he has been caring for so long time.

Operetta of "Florida" to Be Given at Hummelstown

Hummelstown, Pa., Feb. 7.—On Friday evening, February 11, the second of the year's series of patron meetings will be held.

RED MEN ELECTED

Waynesboro, Pa., Feb. 7.—Uncas Tyle, No. 101, improved Order of Red Men, has elected the following officers:

WORKMAN'S RIB BROKEN

Waynesboro, Pa., Feb. 7.—E. E. Rock, this place, had one of his ribs fractured Saturday while at work at the Frick works.

Small Membership Left in Lykens G. A. R. Post

Lykens, Pa., Feb. 7.—Heitner Post of the Grand Army of the Republic of Lykens has installed officers for the year as follows: Post commander, J. W. Witmer; senior vice commander, Abraham Dreihells; junior vice commander, N. C. Lehman; adjutant and quartermaster, Henry Keiser; chaplain, John C. Davis; officer of day, M. M. Hoffman; secretary, Joseph Meyer; sergeant major, George St. Clair.

CONESTOGA INSTITUTE

Bachmansville, Pa., Feb. 7.—Tomorrow the directors and teachers of Conestoga township will hold a local institute at the Bachmansville schoolhouse.

LECTURE ON "INDIA"

Millersburg, Pa., Feb. 7.—"India" will be the subject of an illustrated lecture in the Methodist Church next Monday evening by M. S. Meek, who was a missionary in India for nine years.

MULES AND HORSES BURNED

Waynesboro, Pa., Feb. 7.—Fire destroyed the large bank barn belonging to Andrew Zimmerman at Welsh Run. Four mules and a horse were burned, together with much other property, also 400 chickens.

WILL ESTABLISH ABATTOIR

Waynesboro, Pa., Feb. 7.—A movement is on foot to establish an abattoir and packing house for Waynesboro in the nearby vicinity.

SUFFERING WITH GANGRENE

Highmount, Pa., Feb. 7.—Mrs. William Wiley, aged 73, is in a critical condition, suffering from gangrene in her left foot.

POST OFFICE BURGLAR-PROOF

Marietta, Pa., Feb. 7.—Since an attempt to rob the Marietta post office last Sunday night, the office has been made burglar-proof.

Congress Asked For Lincoln Memorial at Gettysburg

Gettysburg, Pa., Feb. 7.—Congressman C. William Beales, upon the request of Adams county residents, has introduced in the House of Representatives at Washington a bill to provide a memorial to Abraham Lincoln at Gettysburg.

OYSTER SUPPER FOR COUNCIL

Mechanicsburg, Pa., Feb. 7.—H. H. Pentz, recently elected president of Trinity Lutheran Church council, entertained the members at an oyster supper at his home, 209 South York street, on Friday evening.

Theodore C. Orner Dies Suddenly at Mechanicsburg

Mechanicsburg, Pa., Feb. 7.—Theodore C. Orner died suddenly on Saturday evening at his home in East Locust street of apoplexy. Previous to that time he had been in his usual health.

Recent Deaths in Central Pennsylvania

Rapids.—Elias Saus, aged 79, a retired trucker and gardener, died on Saturday. He was a member of the Mennonite church.

OLD FORGE LIGHTED

Marysville, Pa., Feb. 7.—This morning the old Perry Forge was started up after a idleness of nearly ten years.

CITIZENS OF HUMMELSTOWN TO HOLD PUBLIC MEETING

Hummelstown, Pa., Feb. 7.—A meeting of the citizens of the borough has been called by a committee of Borough Council for this evening at 8 o'clock in the Star theater for the purpose of presenting the new water and light rate schedule of the Hummelstown Consolidated Water Company to the consumers.

HOLDUP NEAR GETTYSBURG

Gettysburg, Pa., Feb. 7.—On Saturday evening Harry Shultz, living on the Carlisle road, while returning home in a carriage with three small children was held up near the edge of town by a man with a pistol and robbed of \$1.80.

LYKEN'S MINES SHUT DOWN

Lykens, Pa., Feb. 7.—Inability of the railroads to furnish cars to move the coal will cause a shut-down of the mines here for the first three days of the week.

WOMAN DIES SUDDENLY

Tower City, Pa., Feb. 7.—On Saturday evening Mrs. Allen Underkoffler attended a meeting of the Ladies' Aid Society of the Lutheran church and shortly after her return home, died suddenly from heart disease.

BOYS HURT WHILE COASTING

Lykens, Pa., Feb. 7.—Two sons of Charles Coleman were injured on Saturday while coasting here. Their sled crashed into a fence and Harry, 7 years old, had his collar broken and Ralph aged 5, was badly bruised.

DIES AFTER 50 YEARS' ILLNESS

Colerain, Pa., Feb. 7.—Miss Bella Greenleaf, aged 74, who had been confined to her bed for nearly fifty years as an invalid, died Saturday night.

WILL BUILD SILK MILL

Marietta, Pa., Feb. 7.—Businessmen of Christiana have organized and a silk mill will be erected there.

FOODS THEY BUILD OR DESTROY

Amazing but Rarely Suspected Truths About the Things You Eat.

CHAPTER 13 Destroying the cornerstones of health does not strengthen the foundation of life. Defective adults follow defective children.

When only fourteen out of 500 New York City school children are found to possess sound teeth, is it not true that the nation to inquire into the causes of such defects?

The Dental Hygiene Council of the City of New York states: "Sound teeth are the foundation of health; defective teeth are the cornerstones of disease."

In addition to constipation, the cause of 100 other preventable ills, Dr. Slade found nearly 60 per cent. of the entire number to be suffering from defective vision, defective hearing and defective teeth.

Ninety-two of the 696 employees examined had heart disease. Many of these had valvular leakage, of which they were entirely ignorant.

The noble diet of the American people had not saved these 44 per cent. from their infirmities, even though they had not been included among the nearly 40,000, who every year, as little children, succumb to an untimely death.

Commenting on this fact, Dr. Slade stated: "Forty-four per cent. of those examined had, without their knowledge, some vital physical defect which might have shortened their life by a number of years if undetected."

There was not much reason for self-flattery here, but as we advance toward the end we shall discover still less.

Name Committee Heads Brother Injured Shortly After His Sister's Death

Columbia, Pa., Feb. 7.—Miss Susan Wright, a lineal descendant of Samuel Wright, founder of Columbia, died at her home in the old Wright mansion, aged 84 years.

Following the death of Miss Wright, only a few hours afterward, Colonel Samuel Wright, a brother of the deceased, sustained a serious injury in a fall on the ice while leaving the home of his sister.

NOTHING WRINKLES FADES OR SHRINKS

Women save \$5 in an hour by dry cleaning everything with gasoline.

Dry cleaning at home is all the rage here, says a well-known downtown druggist.

Dry clean your own silk waists, dresses, ribbons, belts, kid gloves, stockings, evening and slippers, fine lace, net work, woollens, dresses, children's coats, furs, veils, neckties, shawls, gentlemen's garments, fancy vests, lace curtains, rugs, in fact, everything that would be ruined by washing with soap and water.

Dry cleaning at home is inexpensive and effects a tremendous saving in the household and is really just as easy as laundering.

As gasoline is very inflammable, be sure to do your dry cleaning out of doors or in a room away from fire or flue, with the windows left open.

Stock Transfer Ledger

The Pennsylvania Stock Transfer Tax Law (act of June 4, 1915) which is now in effect, requires all corporations in the State, no matter how large or how small they may be, to keep a Stock Transfer Ledger.

The Telegraph Printing Co.

Printing—Binding—Designing Photo Engraving HARRISBURG - PA.

Had Suffered For Over Eight Years

Doctors Advised An Operation But Simple Remedy Made It Unnecessary.



For over eight years Mr. U. S. G. Henry, 806 East 6th St., Oklahoma City, had suffered with stomach and liver trouble until finally he could no longer stand the pain.

Doctors told me nothing but an operation would give me relief. I decided to first try Fruitola and Traxo, which relieved me of a quantity of gall stones and I have no further pain or trouble from my old complaint.

Fruitola, as the name implies, is a pure fruit oil, combined with certain harmless salts, and acts as a lubricant on the intestinal parts, softening the congested masses, disintegrating the hardened particles that cause so much suffering and expelling the accumulation to the patient's great relief.

Traxo acts on the liver and kidneys, stimulates the flow of gastric juices to aid digestion and removes bile from the general circulation.

Fruitola and Traxo are prepared in the Pinus laboratories at Monticello, Ill., and arrangements have been made to supply them through representative druggists.

Liberal Supply of Soda Ash Now Takes Place of Potash

Pittsburgh, Feb. 7.—Glass manufacturers in this country, for a time apprehensive lest the scarcity of potash, which comes from Germany, would necessitate the closing down of factories here indefinitely, have been made independent of a foreign supply of this raw material by American ingenuity.

Astonishing Power of Iron to Give Strength to Broken Down Nervous People

Physician Says Ordinary Nuxated Iron Will Increase Strength of Delicate Folk 200 Per Cent. in Two Weeks! Instance in Many Instances.

NEW YORK, N. Y. In a recent discourse Dr. E. Sauer, Specialist of this city, said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron."

Without iron the blood at once loses the power to change food into living tissue, and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill which grinds it into meal.

NOTE—The manufacturers of Nuxated Iron have such unbounded confidence in its potency that they authorize the announcement that they forfeit \$100.00 to any Charitable Institution if they can prove that any man or woman under sixty who lacks iron and increase their strength 200 per cent. or more in four weeks' time, provided they have no serious organic trouble. Also, if they will refund your money in any case in which Nuxated Iron does not at least double your strength in ten days' time. It is dispensed in this city by Croil Kellar, G. A. Gorgas and all other druggists.—Advertisement.

times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained.

I have seen dozens of nervous, run-down people, who were ailing all the time, double and even triple their strength and endurance and entirely get rid of their symptoms of dyspepsia, indigestion, and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and that is the only way.

Some of the most common symptoms of iron deficiency are: loss of appetite, general weakness, nervousness, and all run-down, and frequently develop all sorts of conditions. One is too thin; another is hardened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, indigestion or liver trouble; some can't sleep at night; others are sleepy and tired all day; some fussy and irritable; some are skinnier and bloodless, but all lack physical power and endurance.

In such cases it is worse than foolishness to take medicine, for you don't get the drugs, which only whip up your flagging vital powers for the moment, may over in four weeks' time, provided they have no serious organic trouble. Also, if they will refund your money in any case in which Nuxated Iron does not at least double your strength in ten days' time. It is dispensed in this city by Croil Kellar, G. A. Gorgas and all other druggists.—Advertisement.



The Health Alarm

often sounds first in the doctor's office when some healthy looking specimen of humanity, undergoing examination for life insurance, is told that his blood pressure is too high.

Increased blood pressure is no longer confined to old age; it is frequently found in men in their 40's who are otherwise healthy.

Among these errors of diet is coffee drinking, because of the drug, caffeine, in coffee, the constant use of which weakens the walls of the arteries.

Hard to give up coffee? Not at all, when one uses instead the pure food-drink—

Instant Postum

This delicious beverage is made of wheat, roasted with a little wholesome molasses. It is then reduced to a soluble powder, a level teaspoonful of which with hot water makes a perfect cup instantly.

Instant Postum tastes much like mild Java coffee, but is absolutely free from the drug, caffeine, or any harmful ingredient.

"There's a Reason" Send a 2-cent stamp to Postum Cereal Co., Ltd., at Battle Creek, Mich., for a 5-cup sample of Instant Postum.

DO YOU KNOW

Just what you are entitled to when you throw down a nickel and ask for A CIGAR? Say,

KEG OSCAR 5c CIGARS

next time and you'll find out mighty quick.

The Daddy Of Them All John C. Herman & Co. HARRISBURG, PA. MAKERS