

"The Perfect Day" is the day when you work in harmony with law. Health comes from Harmony. Get in harmony with Nature's laws by eating Shredded Wheat, a simple, natural, elemental food which supplies the greatest nutriment with the least tax upon the digestion. Try it for breakfast with hot milk or cream. Delicious with sliced bananas or other fruit. Made at Niagara Falls, N. Y.



Hot Water for Sick Headaches

Tells why everyone should drink hot water with phosphate in it before breakfast.

Headache of any kind, is caused by auto-intoxication—which means self-poisoning. Liver and bowel poisons called toxins, sucked into the blood, through the lymph ducts, excite the heart which pumps the blood so fast that it congests in the smaller arteries and veins of the head producing violent, throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable, your meals sour and almost nauseate you. Then you resort to acetanilide, aspirin or the bromides which temporarily relieve but do not rid the blood of these irritating toxins.

A glass of hot water with a teaspoonful of limestone phosphate in it, drunk before breakfast for awhile, will not only wash these poisons from your system and cure you of headache but will cleanse, purify and freshen the entire alimentary canal.

Ask your pharmacist for a quarter pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a sourish twinge which is not unpleasant.

If you aren't feeling your best, if tongue is coated or you wake up with bad taste, foul breath or have colds, indigestion, biliousness, constipation or sour, acid stomach, begin the phosphate hot water cure to rid your system of toxins and poison.

Results are quick and it is claimed that those who continue to flush out the stomach, liver and bowels every morning never have any headache or know a miserable moment.

When Itching Stops

There is one safe, dependable treatment that relieves itching torture instantly and that cleanses and soothes the skin.

Ask any druggist for a 25c bottle of Zemo and apply it as directed. Soon you will find that pimples, black heads, eczema, ringworm and similar skin troubles will disappear.

A little Zemo, the penetrating, satisfying liquid, is all that is needed. It banishes all skin eruptions and makes the skin soft, smooth and healthy.

Zemo, Cleveland.

RESTORE YOUR HAIR TO YOUTHFUL COLOUR

Let Me Send You My Free Proof That Grey Hair Can Be Restored to Natural Colour and Beauty

No Dyes or Other Harmful Method. Results in Four Days

At 27 I was prematurely grey—and a failure because I looked old. To-day at 35 I have no trace of grey hair and I look younger than I did eight years ago. I restored my own hair to its natural colour and beauty of youth and am a living example that grey hairs need no longer exist. No dangerous dyes, stains or other forms of hair paint are necessary to keep your hair young.



Old and young at 27 Young and happy at 35

Let me send you full information that will enable you to restore your own hair to youthful colour so that you need never have a grey hair again, no matter what your age or the cause of your greyness, or how long you have been grey or how many things have failed. My free offer is open to men and women alike for a few days longer.

Send no money. Just write me to-day giving your name and address plainly, stating whether (Mr. Mrs. or Miss) and formerly played here in "Within the Law," enacted with great carefines and finish a rather difficult part. As the woman, who is the primarily innocent girl upon whose life the "sins of the fathers" has left its predisposition to guilt, she was emotionally splendid. Wilson Reynolds, as the narrow-minded, self-built man with his human sympathy crushed into such

NUXATED IRON

Increases strength of delicate, nervous, rundown people 200 per cent. in ten days in many instances. Side effects: It falls as per full explanation in large article soon to appear in this paper. Ask your doctor or druggist about it. C. A. Gorgias always carry it in stock.

STOP COUGHING!!!

PEPTONOL

MADE IN A HEALTH RESORT.

AT DRUG STORES—\$1.00 PER BOTTLE

THE PEPTONOL CO.

ATLANTIC CITY N. J.

E. Z. GROSS, 119 Market St., Harrisburg, Pa.

In the Realms of Amusement, Art, and Instruction.

THEATRICAL DIRECTORY

ORPHEUM—To-day, matinee and night, "Nobody Home"; to-morrow, "The Cherry Blossoms (burlesque)"; Friday night, February 4, "The Princess Pat"; Saturday, matinee and night, "A Little Girl in a Big City"; MAJESTIC—Vaudeville and Moving Pictures.

Moving Picture Houses

COLONIAL—"Let Katy Do It." GRAND—"The Sins of Society." REGENT—To-day and to-morrow, "Jane."

PLAYS AND PLAYERS

A slant at the New York theaters reveals the following bits of news: A Hawaiian quartet has been installed in the lounge room of "The Booth Theatre" and audiences at "The Fear Market" are now assured entertainment between the acts. "Fair and Warmer" will occur to-night at the Eltinge.

Ada Meade last night replaced Adele Rowland in the cast of "Katinka," following a renewal of the Rowland-Barnes-Hammerstein controversy.

"Marie Odile," the Belasco production in which the extremely feminine Frances Starr plays the leading role, has met with considerable unfavorable criticism in Philadelphia, where it made its initial appearance the other evening. The criticism seems to be that the Belasco development of sentimentality is not justified as the means of covering the otherwise sordid story of the betrayal of Marie by the Prussian. "Marie Odile" played in this city last year.

When Director Lloyd, at the Oliver Morosco studios, gave the command "shoot," Anna Held became nervous and forgot her "business," that of kingly tripping onto the stage, among other things, instead of gambling upon the rostrum pretty Anna deepened androgyny in at the door with a questioning look that made the cameraman stop grinding. Advancing cautiously, she of the "naughty eyes" inquired: "What is ziss shoot?" "Who is going to be shot?" It was with difficulty that the handsome Lloyd repressed a smile as he explained that all the shooting would be done before the camera. "Ah," your wonderful language, exclaimed the French comedienne, with a pretty little shrug of astonishment—and, perhaps, relief.

Harry Lauder is an enthusiastic member of the International Association of Rotary Clubs, and a Rotarian of standing and favor. Whenever he goes he is lavishly entertained by the Rotary organization, as he was at a special luncheon in Chicago, in Cincinnati the Rotary Club prides itself on its magnificence and hospitality. That body telegraphed Lauder before he arrived, inviting him to be its guest, and he readily accepted. He got the following telegram:

"Thanks for your acceptance. We will entertain you as you never were before entertained by a Rotary Club."

He flashed back the following telegram:

"Thanks for your thanks. You'll have to go some."

LOCAL THEATERS

A Shy Bachelor

He was one of the "unfortunates" of the "open season" on bachelors. This young eligible had ennobled himself and favored in a bit of a wonderful one room at a nearby suburb. Everyone agreed his domicile was impossible to reach in a bit of a wonderful way. He was happy in the fancied security of his isolated cabin.

Game one Sunday a knock on the door and a neighbor with an invitation to dinner. As he had neglected to register his ladder the day before, he accepted.

After the dinner, an elaborate affair, he was in some unaccountable way left alone with a maiden of ancient vintage, who proceeded thusly:

"Do you know, Mr. Blank, I think

your piece is just the cutest bungalow ever. I have always wanted to live in just such a little home, and you don't know how I'd just love to have a man like you—and—"

"Mr. Blank was upon his feet and making for the door by this time, and—letting no grass grow under his feet in getting away, he's still roling."

But on the door of said bungalow is a conspicuous sign labeled:

NOBODY HOME.

"The Princess Pat"

"The Princess Pat," Henry Blossom and Victor Herbert's latest comic opera, will be the attraction at the Orpheum Theater Friday, February 4. It is one of those very rare comic operas which are at once comic and operatic. The book and lyrics are in Mr. Blossom's best vein, with pith and point to the comedy, while Mr. Herbert's music not only excels the best that he put into "Mlle. Modiste," "The Red Mill," and "The Prima Donna," but in one or two of the concerted numbers, approaches closely the distinction of his grand opera effort in "Natoma" and "Madeleine."

"Let Katy Do It," one of the most pleasing dramas that the Triangle service has sent to Harrisburg, is being presented at the Colonial. It is a comedy with Sam H. Bernard, will go on exhibition at the Colonial for the last time to-day.

A woman's fight with jealousy and her final triumph and happiness are forcibly shown in the new Ince-Triangle story, "The Green Swamp," that will be the dramatic feature of the new bill at the Colonial to-morrow. Bessie Barriscale, favorite of Misses, and Bruce McKee are the co-stars of this play. Bruce McKee is a Londoner by birth, but a New Yorker by stage training. He is something of a globe-trotter, having lived in England, America, New Zealand and Australia.

"The Green Swamp" is a society play, absorbing in interest, splendidly enacted and elaborately mounted.

"Jane," a filmization of the brilliant Charles Frohman comedy by the Oliver Morosco, Photoplay Company, starring Charlotte Greenwood and Sydney Grant, of musical fame, will be the Paramount Picture attraction at the Regent to-day and to-morrow.

The story concerns Charles Shackleton, who offers "Jane" \$500 to pose as his wife during his uncle's approaching visit. "Jane" finds it hard to lay aside her feather-duster instincts, but gets along very well until the inquisitive old uncle benevolently inquires for "the baby." To quiet any suspicion the conspirators fill the vacancy, but unfortunately require the infant to be a reluctant washerwoman, who does not speak good English, and in the midst of the uncle's ecstatic over the "house," the illiterate mother bursts in and demands the immediate return of her child. Repulsed, she summons the police, who, finding the baby in the uncle's arms, nab him as the kidnaper. Everything turns out happily in the end, however.

One of the most unique vaudeville acts that has been at the Majestic this season is the Chung Ex-Mayor Bent Hwa Four, four full-time vaudeville troupes. Today Chung Hwa Four first appear in Chinese costume, but adhere to American songs, which they render admirably. Another clever feature of this bill includes a very interesting illustrated play by Francis E. Bent, former Mayor of New York City.

An unusual Keith hit that will be presented at the Majestic during the last half of the week will be that of the Ward Sisters, the mysterious dancers. One of them is of magnetic weight, and a reward will be offered to any person or group of persons who can lift her from the floor.

MARYSVILLE LINE CASE IS DEFERRED

Will Be Taken Up Again by Commissioner Ryan Next Monday Afternoon

Commissioner Ryan last night continued the hearing in the complaint of John F. Shannon, Jr., of Marysville, against the service of the Marysville line of the Valley Railway Company until next Monday afternoon, when some figures on what additional car service would cost can be analyzed. The hearing did not close until 9:30 o'clock last night and the concluding testimony was by the company's officials and men, who denied most of the allegations made by Shannon.

Just what will come out of the statement of cost of operating cars remains to be seen. Commissioner Ryan said he wanted to be just to the public and not unjust to the company and considered that attorneys for the complainant should furnish him with more information and their calculations of the matter.

One of the interesting things to people living along the lines of the company that turned up last night was the statement by Dispatcher Sensemman that when a car had seventy-three passengers it was considered "too full."

PROSPERITY IN AGRICULTURE

"Secretary of Agriculture Houston's report for 1915 has recently been made public," says Farm and Fireside. "It covers fifty-five bullet-size pages, and is well worth reading in full. Here are some of the outstanding points of interest:

"The war has brought increased prices for most farm products. Agricultural exports reached nearly a billion and a half dollars, or about a third more than the previous year.

"Exports of horses and mules increased ninefold.

"Cotton and tobacco were the only important crops that suffered a decrease."

EIGHT PRETTY AND VIVACIOUS MAIDENS IN "THE PRINCESS PAT"



One of the fashion-plate ensembles in Victor Herbert's operatic triumph, "The Princess Pat," which will appear at the Orpheum Theater Friday evening, February 4.

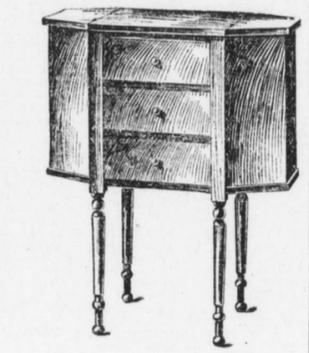
Bowman's Founded 1871 1991—Any Phone **Bowman's**

February Days Are Days Of Home Making

THE Bowman Substantial Furniture Sales are ever becoming more closely associated with the making of homes.

Is it because they are planned along lines that are DIFFERENT?

This February Sale is not a bargain sale. Bargain furniture only could enter a bargain sale; and bargain furniture is cheaply made furniture, which could not uphold our year 'round standard.



Martha Washington Sewing Table
Solid Mahogany.
Beautifully dull rubbed.
February sale price, \$8.75.

Lancaster Apron Gingham
To-morrow, 6 3/4 Yard (8 to 12 Only)

Large assortment of patterns; fast color; cut from full pieces. Not more than ten yards to a customer.
BOWMAN'S—Basement

Quartered Oak Buffet
Made of oak throughout; finished golden; 48-inch top. February sale price, \$27.50.

Box Spring in the February Sale, \$12.75
Covered with A. C. A. ticking; guaranteed.

3-piece Jacobean Library Suite
Rocker, Library Table, Armchair.

Rocker and chair have auto style seat; upholstered in beautiful tapestry. Suite is solid oak, finish in a rich Jacobean brown. Pieces can be bought separately. February sale price, \$19.75.

On the contrary our aim is to secure furniture worthy of any home that the desires of homekeepers for ultimate service might be fulfilled.

Several months ago when the orders for the February Furniture were placed, material and labor were on a lower par, which accounts for the lower Bowman prices now.

For those who desire, convenient time payments may be arranged.

And it is well to remember, in accordance with our regular store policy, furniture will be shipped anywhere without charge.

Solid Mahogany Dining Suite
Adam Period.
Solid Mahogany.

Dust-proof throughout. Buffet is sixty inches. Table with forty-eight-inch top extends to six feet. Chairs upholstered in genuine Spanish leather. February sale price, \$179.

Mahogany Poster Bed
Dull rubbed.

Choice of twin or full size. February sale price, \$14.75.



Solid Mahogany Electric Table Lamps
Beautiful design; standard silk shade, 16 inches wide. Stands 27 inches high; fitted with two light sockets. February Sale Price \$7.75

The Beall Collection of Oriental Rugs

—now on exhibition

An assortment of choice Oriental Rugs, collected individually by Mrs. Amelia Beall, have been purchased by this house, and are now on public exhibition—fourth floor. Of special interest to rare art enthusiasts.

Social and Banquet of P. O. S. of A. at Dillsburg

Dillsburg, Pa., Feb. 2.—On Monday evening the second annual social and banquet of Washington Camp, No. 777, Patriotic Order Sons of America, was held with more than 150 members present. The camp went into a business session at 7:30, when a number of new members were admitted, and then marched to the opera house, where the program was opened by singing of the camp song. This was

PARALYSIS Conquered At Last by DR. CHASE'S Special Blood and Nerve Tablets
Write for Proof and Booklet
Dr. Chase, 224 N. 10th St. Philadelphia, Pa.

Grand Theater

1426 Derry Street TO-NIGHT
World Corporation presents ROBERT WARWICK in

"The Sins of Society"

THURSDAY PATHE OFFERS

"The Closing Net"

MAJESTIC

ALAN BROOKS and his company in a screaming comedy.

M. F. P. BRENT former Mayor of New York in his illustrated talk on

Mexico, Up to the Minute
Enjoy the other three acts and laugh at

The Funny Chaplin Pictures

REGENT

To-day and to-morrow Oliver Morosco presents CHARLOTTE GREENWOOD and SYDNEY GRANT, the popular Broadway favorites, in "JANE," the celebrated Charles Frohman Comedy. Paramount.

ORPHEUM

Today Matinee Evening

John P. Stocum presents

Nobody Home

A smart musical comedy with PERCIVAL KNIGHT

Prices: Mat., 25c to \$1.50; evening, 25c to \$2.00.

TOMORROW

Join the Joy lines and see

THE CHERRY BLOSSOMS

Special feature — Labelle Helene in her native dances.

Mail orders now for the only appearance in this city of

HARRY LAUDER

With the greatest company of artists ever assembled. WEDNESDAY EVENING, FEB. 3. Seats 50c to \$2.00

AMUSEMENTS

ORPHEUM

Friday, Feb. 4th

JOHN COURT presents

"The best comic opera in years" — Charles Darnton in the New York World.

Superb Cast and Chorus AUGMENTED HERBERT ORCHESTRA

Prices: Lower floor, \$2.00, \$1.50, \$1.00; balcony, \$1.00, 75c, 50c; gallery, 25c. MAIL ORDERS NOW. SEAT SALE TO-DAY.

COLONIAL

The prettiest story ever told in motion picture. JANE GREY in

Let Katy Do It

Story of a girl who mothered seven little children and her reward. SAM BERNARD in

"The Great Pearl Tangle"

Keystone Comedy. Thursday, Friday, Saturday. BESSIE BARRISCALE in

"THE GREEN SWAMP"

A 5-reel drama of matrimonial misunderstanding and jealousy. Rosco Arbuckle in "Fatty and Mabel Adrift," 3-reel comedy that is a scream from start to finish.

FUNERAL SPRAYS AND DESIGNS
New Cumberland Floral Co., New Cumberland, Pa.

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