MONDAY EVENING.

HARRISBURG

JANUARY 31, 1916.



Strange how many times a coffee drinker will pass lightly over a Postum advertisement until all at once nervousness, a sleepless night, a dull headache, heart flutter, or some other ailment - often due to coffee drinking-brings the message home.

Then, attention is called to the fact that caffeine, the drug in coffee, does hurt some people and hurt them hard. Recent Deaths in

Special to the Telegraph Chestnut Level.—Mrs. Samuel Rowe, aged 81, died Saturday night. Her husband was the first supervisor of the district. He died ten years ago. One son survives. Paradise. — Abner J. Armstrong, aged 76, a retired merchant, died Sat-urday night. A widow and two chil-dren survive.

PIPE MILL STARTS WORK



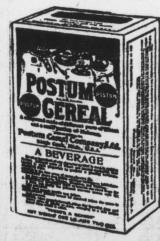
Special to the Telegraph

MILITARY BALL AT COLUMBIA

If you are a coffee drinker and think anti-coffee talk is only a "scare" it would be a good idea to make this easy, personal test: Quit coffee ten days and in its place use

POSTUM

If the change to this pure food-drink brings steadier nerves, sounder sleep, a clearer head, and the better health that follows freedom from the coffee drug, you'll know where comfort lies-whether to stick to Postum or go back to coffee and its troubles.



Original Postum Cereal 15c and 25c package.

Made of wheat and a small portion of wholesome molasses, Postum has a delicious flavour much like that of mild, high-grade coffee, yet contains no caffeine nor other harmful element.

There are two forms of Postum. The original Postum Cereal must be boiled; Instant Postum is quickly soluble in hot water, more convenient to prepare, and has the same rich flavour as the original Postum. Some prefer one form, some the other. Both forms are equally delicious and the cost per cup is about the same.

The change from coffee to Postum is a little thing to do for so great a benefit. It's worth thinking over!

"There's a Reason"

Grocers everywhere sell Postum.

The district. He died ten years ago. One son survives. Paradisc. — Abner J. Armstrong, aged 76, a retired merchant, died Sat-urday night. A widow and two chil-dren survive. Elizabethiown.— Word has been re-ceived here of the death at Blooms-burg. Pa., of Mrs. Ada Fletcher Milleisen, wife of Martin M. Milleisen cashier of the Bloomsburg National Bank. Mrs. Milleisen was 50 years old and a daughter of Mr. and Mrs. Wil-liam Fletcher, of Elizabethtown. Sumbury.—Nathan Neiswender, aged 55, of Herndon, died at the Shamokin State Hospital of pneumonia. Mrs. Wallace W. Fetzer, aged 42, wife of Milton's superintendent of pub-lie schools, died at her home there of Willing G. Clush aged 56 died 34.

heart failure. William G. Clush, aged 56, died at his home here. He was a prominent resident. Miss Polly Hollenbach, aged 83, died at her home at Mile Run, near Sun-

bury. Thomas Schrawder, aged 59, died at his home at Shamokin of pneumonia. He was a well-known mining con-tractor.

George A. Venn, aged 33, a well-known mining man, died at his home at Shamokin. He was active in secret society work.

DEAD WITH BROKEN NECK Special to the Telegraph Sunbury, Pa., Jan. 31. — Charles Taylor, aged 65, of Northumberland, was found dead with a broken neck at the bridge crossing the Susquehanna to Blue Hill, a flag station. It is be-lieved that he fell from the bridge, a distance of twenty-five feet. Taylor had been ill with the grip and lived close by.

LICENSES NOT LIFTED Special to the Telegraph

LICENSES NOT LIFTED Special to the Telegraph Pottsville, Pa., Jan. 31.—More than 200 of the liquor licenses granted by the court have not been taken up and paid for. It is said that many saloon-keepers are in financial difficulties and that the breweries have refused to ex-tend the customary aid, except in cases where the delinquent applicant is a tenant of property owned by them. The saloonkeepers have only one day more in which to lift their licenses.

PAY CAR FARE BY MAIL

A St. Paul Line Is Lenient Toward Patrons Without Money Special to the Telegraph

Special to the relegraph St. Paul, Jan. 31.—Persons board-ing Twin City street cars without their fares are always carried free and given envelopes in which they mail their fares to the office of the com-pany later. pany later.

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MORROW-SMITH WEDDING Special to the Telegraf

New Germantown, Pa., Jan. 31. — Arthur Morrow and Miss Maude Smith daughter of Mr. and Mrs. Benjamin F. Smith were married at the bride's home by the Rev. Thomas R. Gibson, on Thursday evening.

A NON-ALCOHOLIC TONIC

Debility is a loss of vitality, not affect-ing any one part of the body particularly but the system generally. It is dangerous because it reduces the body's resistance to disease.

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Goldsmith's Furniture Fete

Read

Announcement Page 5

The Draft Is The Thing

The draft in your furnace has a tremendous bear-ing on the kind of coal that should be used.

Some houses have too little draft - others too much.

The strength of the draft is influenced by the size and length of the chimney, the location of the house and whether built single, in pairs or one of a row.

The draft in the furnace of your neighbor may be stronger than in yours.

Because he burns a certain kind and size of coal is no reason why you should use the same.

We have made a study of heating conditions and shall be pleased to advise you.

United Ice & Coal Co.



Forster & Cowden Mulberry & Hummel Third & Boas 15th & Chestnut Also Steelton, Pa.