

A Tasty, Snappy Toast— for luncheon or evening "snack" is **TRISCUIT**, the shredded whole wheat wafer. Has the delicious, nutty flavor of baked wheat. A real whole wheat bread for any meal with butter, soft cheese or marmalades. Full of nutriment and full of "chews." As a toast for chafing dish cookery it is a delight. Always toast it in the oven to restore crispness. Made at Niagara Falls, N. Y.



HEARTS TREATED FREE

By Dr. Franklin Miles, the Great Specialist, Who Sends a \$2.50 Trial Treatment, Free.

To prove the remarkable effects of his new Special Personal Treatment for heart disease, short breath, pain in side, shoulder or arm, oppression, irregular pulse, palpitation, smothering, puffing of ankles or dropsy, many are complicated with nerve, stomach, bowel and rheumatic symptoms—Dr. Miles will send to afflicted persons a \$2.50 Free Treatment. Bad cases usually soon relieved. Many reported cured after physicians denied.

These treatments are the result of 20 years' extensive research and remarkable success in treating various ailments of the heart, nerves and stomach, which often complicate each case.

Send for Remarkable Testimonials. So satisfactory are the results that he wishes every sick person to test this famous treatment at his expense. Afflicted persons should avail themselves of this liberal offer, as they never again have such an opportunity. Delays are dangerous. No death comes more suddenly than that from heart disease.

Send at once for his new Book and Free Trial Treatment. Describe your disease. Address Dr. Franklin Miles, Dept. HF., 525 to 535 Main St., Elkhart, Ind.

PIMPLY? WELL, DON'T BE!

People Notice It. Drive Them Off With Dr. Edwards' Olive Tablets

A pimply face will not embarrass you much longer if you get a package of Dr. Edwards' Olive Tablets. The skin should begin to clear after you have taken the tablets a few days. Cleanse the blood, the bowels and the liver with Olive Tablets. Dr. Edwards' Olive Tablets are the successful substitute for calomel—there's never any sickness or pain after taking them.

NO MORE NEED OF RASH OR ITCHING

Simple Home Remedy To Clear The Skin—Anybody Can Use It

Apply antiseptic Ucanol night and morning to clear the skin or rash, itching, pimples, eczema, salt rheum, and other afflictions. It should so quickly and thoroughly relieve that torturing itching and begin its healing that you will wonder why you didn't use it before. You can always get antiseptic Ucanol at H. C. Kennedy's. It never costs more than 50 cents for a liberal supply, and to convince anyone who may be skeptical they say that if Ucanol does not benefit you, or you are dissatisfied with the results, return the empty box and they will give you your money back without argument.

Antiseptic Ucanol is the latest discovery for skin troubles, and the reason it is used so widely is that each person who tries it tells others and advises its use. There are few remedies possessing the same healing powers, and the way it stops the itching and clears the skin in a remarkably short time tells the story of its unusual success.

EDUCATIONAL

School of Commerce
Troup Building 15 So. Market Sq.
Day and Night School
22d Year
Commercial and Stenographic Courses
Bell Phone 1946-J

Harrisburg Business College
Day and Night
Bookkeeping, Shorthand, Civil Service
Thirtieth Year
329 Market St. Harrisburg, Pa.

THE OFFICE TRAINING SCHOOL
Kaufman Bldg. 4 S. Market Sq.
Training That Secures
Salary Increasing Positions
In the Office
Call or send to-day for interesting booklet, "The Art of Getting Along in the World." Bell phone 694-R.

CREME LILAS
Non-greasy Toilet Cream—Keeps the Skin Soft and Velvety in Rough Weather. An Exquisite Toilet Preparation. 25c.
GORGAS' DRUG STORES
16 N. Third St., and P. R. R. Station

Try Telegraph Want Ads

PHILANTHROPY IS OLD AS THE HILLS

Apostles Practiced It in Its Most Scientific Form Way Back

LIFE INSTEAD OF GIFT

International Sunday School Lesson For Jan. 30 Is "The Lame Man Leaping"

The International Sunday School Lesson for January 30 is "The Lame Man Leaping"—Acts Ch. 3. (By William T. Ellis.)

Fashions in clothes are said to move in cycles; and more important still, the day's mode in more essential matters is but a rediscovery of truths as old as the Gospel. Many persons are interested at this particular moment in the large question of charities and philanthropies; and I turn from a consideration of the latest principles of relief work to this old bit of Scripture which is the assigned Sunday School Lesson and find that the most modern platform for helping the needy is that which was preached and practiced by the apostles Peter and John nearly two thousand years ago.

This familiar anecdote of how two Christian philanthropists (although they did not apply any such formidable titles to themselves) met a beggar on the public highways and put new legs under him by putting a new life into him contains all of scientific philanthropy that the world to-day has found out. The beggar by the beautiful gate, a cripple since birth wailed forth dolefully his cry for alms. He thought that his greatest lack was money. It was his good fortune to catch the attention of two Christians who gave serious consideration to his case, and met his real need, which was far deeper than his expressed wants.

Buying Self-Satisfaction Cheaply

A host of organizations and conferences and exhibits and trained specialists, and tons of literature, all have for their objective the removal of the spirit of mendicancy from those who are in need. Scientific charity seeks to get rid of the cause of beggary. Behold the up-to-date Gospel doing that very thing. Whenever the Church is justly criticized for reckless almsgiving, let it be remembered that she errs in spite of the clear example and teaching of the apostles. Peter got down to bedrock principles with the beggar at the beautiful gate. He gave life, instead of a dole.

It is easy to give alms. More than that, it is a pleasure. Hundreds of thousands of warm-hearted folk gave Christmas dinners to the poor, to the undeserving as well as the deserving, with never a thought about whence their dinners were to come during the remainder of the winter. One social worker put it thus: "Most of this giving is subjective. The pleasure that it imparts to the giver is a larger factor than the good it does to the recipient. Anybody is willing to give a dollar for the glow of heart which comes from giving one's self a philanthropist. The pleasure is cheap at the price. Too cheap, indeed. I once knew a very wealthy woman to change a package in order to get a penny to buy a paper from an old woman whose misery appealed to her—and she thought she was charitable. That complacency was bought at too low a price. Real helpfulness costs more, in a higher currency than gold or silver or copper. Peter and John were not buying bargains in self-satisfaction.

It Befell By The Way

Most of the pleasures and opportunities of life are wayside experiences. We start to change the way and suddenly find on the way that which is more important than our original objective. Saul once went looking for livestock and found a crown. Jacob got a wife when he sought a drink of water. This episode, of the lame man at the beautiful gate of the temple, who was healed by Peter and John, befell by the way.

Just as churches to-day are "worked" by professional mendicants, because Christians do most of the world's giving, so the professional beggar in this story had his "pitch," by the gate of the temple, through which people went to worship. The apostles were on their way to their prayers; it was the hour of the daily sacrifice, and to them more significant, the hour of the crucifixion of their Master. Please observe that these new Christians had not got to the new Jerusalem yet. Until their own organizations were formed, and engrossed their time, the early Christians observed the worship of temple and synagogue. So by the way, as they went forward meditating or conversing upon the theme that was uppermost in their thoughts, they met this poor man. Their thoughts were never so high that they could not see the needs of earth; their Master had trained them otherwise.

Probably the apostles had often seen this beggar before. He was as much one of the sights of the temple as are the lepers who to-day sit by the road between Jerusalem and Getsemane. Now in a new life and joy and power was the heart of the apostles. They had received the Gift which makes all its recipients givers. So when the whining, wailing cry of the professional beggar reached their ears, Peter and John did not turn from it in disgust, with cries of "Grafter." They had learned that "God is kind to the

DRUGS

- Peroxide Hydrogen U. S. P. Medicinal
- 4 oz. Bottle 7c
- 8 oz. Bottle 12c
- 16 oz. Bottle 21c
- 5 Gr. Aspirin Tablets (\$1.00), 79c
- 5 Gr. Aspirin Tablets (2 doz.), 24c
- 5 Gr. Aspirin Tablets (1 doz.), 12c
- Fl. Ext. Cascara Segrada Aromatic, 4 oz. Bottle, 25c
- Fl. Ext. Cascara Segrada Aromatic, 16 oz. Bottle, 95c
- Epsom Salts, lb. 7c
- 25c Rose Water and Glycerine, 3 oz. 15c
- 25c Tr. Arnica, 3 oz. 15c
- 25c Camphorated Oil, 3 oz. 15c
- 25c Lime Water, 1 pint, 15c
- 25c Soap Liniment, 3 oz., 15c
- 25c Spirits Camphor, 3 oz., 15c
- 25c Ess. Peppermint, 3 oz., 15c
- 25c Sweet Spirits of Nitre, 3 ozs. 15c
- 25c Aromatic Spirits of Ammonia, 3 oz. 15c

FOLEY'S HONEY AND TAR
15c

DOAN'S KIDNEY PILLS
33c

SWAMP ROOT
59c

SWIFT'S SPECIFICS
55c

Clark's Cut-Rate Medicine Stores

300 MARKET ST. - 306 BROAD ST.

PRICES FOR Saturday and Monday Only

We Reserve the Right to Limit Quantities
The Square Deal Store

- | CANDY | CANDY | CIGARS |
|---|--|---------------------------------|
| 80c Charles Junior Chocolates..... 33c | 80c Brazil Nuts, dipped in cream .. 33c | 8 Councillor Cigars 25c |
| 60c Maybelle Assorted Chocolates .. 29c | 60c The Nut Family Chocolates 29c | 7 General Hartranft Cigars, 25c |
| 50c Chocolate Covered Caramels .. 29c | 50c Milk Chocolate Brazil Nuts 29c | 7 La Primella Cigars 25c |
| 80c Chocolate Roasted Almonds 42c | 80c Jordan Almonds, Sugar Coated, lb. 29c | 7 Pittsburgh Leader Cigars, 10c |
| | | 7 Even Steven Cigars 25c |
| | | 7 Tom Keene Cigars 25c |
| | | 7 Havana Ribbon Cigars .. 25c |

JAD SALTS,
43c

100-2 Grain QUININE PILLS
32c

LIMESTONE PHOSPHATE
20c

Patent Medicines

- Antiphlogistine ... 19c, 38c
- Atwood's Bitters 14c
- William's Pink Pills ... 34c
- Bromo Seltzer 59c
- Gude's Peptomangan ... 75c
- Beecham Pills 7c, 15c
- Morse's Pills 17c
- Schenck's Pills 15c
- Cascarets 8c, 18c, 36c
- Diapiesin 29c
- Scott's Emulsion 63c
- Cuticura Ointment 38c
- St. Jacob's Oil 29c
- Listerine 29c
- D. D. D. for Eczema ... 63c
- Wampole's Cod Liver Oil, 59c
- Castoria, Fletcher's 21c
- Hall's Catarrh Cure ... 44c
- Peruna 59c
- Carter's Liver Pills ... 12c
- Baume Analgesique B. ... 36c
- Scott's Emulsion 33c
- Canthrox 29c
- St. Jacob's Oil 17c
- Pierce's Anuric Tablets. 31c
- Listerine 59c
- Musterole 31c
- Carter's K. & B. Tea ... 15c
- Phenol Sodique 8c, 25c
- Pinkham Sanative Wash, 17c
- Hood's Sarsaparilla 59c

LUDEX'S MENTHOL DROPS
3c

IVORY SOAP
4c

GOFF'S COUGH SYRUP 25c
GOFF'S HERB BITTERS 25c
12c each
With signed coupon, the above two for 25c.

FOLEY'S HONEY AND TAR
29c

Toilet Goods

- Beshore's Dandruff Rem., 59c
- La Blache Face Powder, 33c
- Jess Talcum 14c
- Pond's Vanishing Cream, 15c
- Woodbury Soap 16c
- Resinol Soap 18c
- Charles' Face Powder .. 19c
- Lava Soap, per cake 4c
- Mennen's Talcum Powd., 11c
- Comfort Powder 17c
- Hokara Skin Food 17c
- Calox Tooth Powder ... 16c
- Ingram's Milkweed Cream, 34c
- Cuticura Soap 18c
- Rosaline 13c
- Sanitol Tooth Paste ... 16c
- Stillman Freckle Cream, 27c
- Mary Garden Talcum .. 40c
- Frostilla 15c
- Squibb Talcum Powder.. 14c
- Pebeco Tooth Paste ... 31c
- Sanitol Tooth Powder ... 16c
- Mum 17c
- William's Talcum Powd., 12c
- Oriental Cream \$1.10
- Daggett and Ramsdell Cold Cream 34c
- Rubifoam 14c
- Hind's Honey and Almond Cream 31c
- Othine 59c
- 10c Bronchial Lozenges .. 6c
- 10c Sulphur and Cream Tartar Loz. 6c
- Kalpheno Tooth Paste .. 15c
- Azurea Face Powder ... 72c
- Roger and Gallet Rice Powder, 24c
- Crema De Meridor 15c
- Euthymol Tooth Paste .. 14c
- Canthrox 29c
- Liquid Arvon 75c
- Mercolized Wax 48c
- Lyons' Tooth Powder .. 15c
- J. & J. Shaving Cream .. 17c
- Pompeian Night Cream.. 17c
- 75c Pompeian Massage Cream, 45c
- Palmolive Cream 31c
- Satin Skin Face Powder, 17c
- Elaeaya Cream 31c
- Pinaud Lilac Water 48c
- Palmolive Shampoo 31c
- Swan Down Face Powder, 10c
- Tetlow Gossamer Face Powd., 15c
- Pond's Cold Cream 17c
- Woodbury Facial Cream, 17c

evil and the unthankful." They had learned from the Master who had come to call not the righteous, but sinners to repentance, that "As the Father hath sent me, so send I you." Not man's deserving but Man's need, should prompt love's giving.

Giving What We've Got.
Like a good many other Christians since, Peter and John were poor. At the moment they were without a mite. They could not have answered the beggar's plea if they had wanted to do so. It would be interesting to recall right here how dependent the world has ever been upon those who have been poor in goods, but rich in faith. Some persons who will read these lines are greatly troubled about their poverty. They are in good company as they study this lesson. Lack of wealth never has been a real handicap to usefulness in the kingdom. Serve the world with what you have—and if you have got only money, give money, which is the poorest form of ministry; but if you've got love and sympathy, give that. There is more of help to be given this needy world from eyes and lips and hands than from bank books.

One of the really serious blunders which the Church of to-day is making is the way in which she exalts the merely rich member. Nowadays the term "leading laymen" usually means merely a rich man. He may not be in the slightest degree a leader or an initiator or a great server. It is a blunder to make a man's bank account, or his worldly standing, the measure of his worth to the Church. By these popular standards, Peter and John would not even be

mentioned "among those present" at a religious convention.

An old but pertinent story pictures one ecclesiastic as saying to another with pride, "No longer can the Church say, like Peter, 'Silver and gold have I none.'" "No," tartly responded the other; "neither can she say with Peter, 'rise up and walk.'"

In a day when whole denominations and congregations are paralyzed by their veneration of wealth, it is wholesome to recall the apostles who could give only their hand and the Gospel to the needy. Peter took the lame man's hand, as he had seen Jesus do. He touched the person whom he would help. He imparted of himself. Many a rich man will write a check for poor people whom he would not touch.

The Shouting Cripple
Used as they were to sensations, the apostles found themselves embarrassed by the tumult created by the miracle wrought by their Gift upon this poor man, who was more sadly crippled in his spirit than in his legs. The man had received new power in his feet and ankle bones, as Dr. Luke characteristically points out. More than that, though, he had received new joy in his heart and new power in his life; and it set him to leaping and shouting, regardless of conventionalities. He could not help praising God. His emancipation was spiritual, more than physical.

Of course, the Church is more than a hospital. All who would make of Christianity a sort of sanctified health insurance miss its real significance. The Church has a real mission to men's bodies, but it is

primarily by way of their spirits. The forthcoming conference in New Orleans on "The Church and Health" is a good thing; but the Church is more than a sanatorium for physical ills. Peter gave the beggar a salvation that cured his decrepit legs but also poured a flood of life into his spirit.

Like a certain food for infants, religion is "advertised by its loving friends." This cured lame man set the town agog. His testimony is like that which one hears in rescue missions. He gave the glory to God, showed beholders what Christ can do—and gave the apostles a rare opportunity to tell the story.

NEED TROUSERS AND SHOES FOR BOYS 8 TO 15 YEARS
Urgent appeals for donations of trousers for boys between eight and fifteen years of age, and strong, stout shoes for youngsters of all ages, have been made by John Yates, general secretary of the Associated Aid societies.

During the next week or ten days the various committees and bureaus of the Aid societies will be busy. The "case" committee is due for a session to-morrow. Saturday the juvenile court committee will get together. The case committee of the new children's bureau will meet next Tuesday morning to outline plans for the ensuing year while the children's bureau will meet at the same time. The social service bureau will meet in the afternoon of that day, while the board of managers will meet Friday afternoon February 4.

MOOSE TO BURN MORTGAGE ON HOME FEBRUARY 17
The big mortgage burning celebration planned by Harrisburg Lodge, No. 197, Loyal Order of Moose, will be held in Chestnut street hall on February 17. A big banquet with addresses and the burning of the mortgage will feature an elaborate program which is being arranged for the affair. Recently the debt of \$1,000 on the home at Third and Boas streets, was paid. J. A. Searfauss has been appointed chairman of a committee of arrangements for the event.

Have You Phoned? Do It Now

Tell Your Dealer to send you delicious, sweet, juicy, healthful

Sunkist
California's Selected Oranges
Fine Seedless Navels. Get a dozen today.
Save the tissue wrappers for beautiful silverware
CALIFORNIA FRUIT GROWERS EXCHANGE
Co-operative-Non-profit
Eastern Headquarters: 139 N. Clark Street, Chicago [433]