

It Is Not Only Our Aim But Our Duty To Manufacture Pure, Rich, Safe, Ice Cream

Our facilities are unsurpassed because we supervise every operation the cream passes through from farm to your table.

There are many artificial products offered for sale to be used in ice cream to deceive the public.

As was shown by Dr. Moffitt's analysis we use nothing but the product of the dairy cow (carefully pasteurized and homogenized) and sugar and the best fruits.

HERSHEY'S ICE CREAM has been analyzed and O K'd by L. B. Allyn, according to the Westfield Standard.

Costs no more than ice cream not so made and safeguarded.

The smile follows the spoon—Visit our Booth at the food show.

Hershey Creamery Co.

DAY IN BED SAID TO BE VALUABLE

Dr. Dixon Gives Some Thought Regarding Conservation of Our Health

Dr. Samuel G. Dixon, State Commissioner of Health, says that there is an immense amount of benefit to be gained by taking a day off and going to bed. In one of his weekly talks on health the commissioner says that everyone must take a rest at some time or other and that a day in bed is a fine plan.

This is the way he puts it: There are times when everyone realizes that they are on the verge of an illness. The symptoms vary according to the individual case but whether it be a cold, grip, or exhaustion, nature usually has a way of sounding a warning which is not to be mistaken.

When danger signals are thus displayed for our benefit in this fashion there is one course of action which will often prove effective, even at the eleventh hour. A day in bed in a well ventilated room with an extremely light diet is frequently sufficient to save one from a severe illness.

Rest is often one of nature's simplest and most effective aids to healing and if taken in time may be warranted far superior in its therapeutic effect to any quantity of drugs taken after the damage is done.

An extremely light diet of a fast for twenty-four hours serves the same purpose in giving the digestive organs a needed rest under such conditions. A day or so in bed adhering to the resolve not to allow the ordinary annoyances and responsibilities of life to interfere with one's complete relation would often be of more value than traveling long distances for a change of climate.

There are some people who boast of their ability to keep going regardless of the warnings which nature gives in times of danger. At times they may be successful avoiding the penalty but usually they have to "pay the piper."

Better a short, voluntary rest now and then than one enforced by a profound disturbance of health as the result of disregarding nature's warning.

HAPPINESS IN SIMPLICITY

By Dorothy Dix
One of the curious differences between men and women is the fact that it takes so much more to make a woman happy than it does a man. It was a masculine poet, you recall, who, speaking for his sex, declared that "Man wants but little here below, nor wants that little long." No one, not even a poet, would be rash enough to make such a claim for woman. She wants the earth, and the fullness thereof. Nothing less will satisfy her. And she wants it forever.

Man's happiness is generally simple. Woman's is the most complex thing on earth, and this peculiarity of the two sexes manifests itself at every turn. Take, for instance, such a common thing as a good dinner. How very seldom do you ever see a woman enjoying one with the frank delight of a man? He abandons himself to the pleasure of the moment.

Yesterday he may have dined off an adamant ham sandwich, next week he may be glad to get pork and beans; but to-day he is reveling in

all there is of present luxury, enjoying to the fullest the daintiness of the service, the fine flavor of the viands, the bouquet of the wines.

A woman, on the other hand, finds it impossible to enjoy anything without reserve. If she is eating turtle soup and terrapin, she spoils it by dreading some possible future time when she may have nothing but corned beef and cabbage, and if she can find no other skeleton to sit beside her at the feast she can always conjure up the dread spectre of dyspepsia to threaten her with unmentionable tortures at every mouthful.

Another pertinent illustration of how many more things it takes to make a woman happy than it does a man is afforded by the sorry spectacle we see every day of the new rich trying to buy themselves into society.

When a plain man accumulates a fortune by hard work and thrift it generally leaves him with simple ideas of enjoying it.

He wants a good, comfortable house, a good automobile, the best to eat and drink; but he wants to stay in his old neighborhood, among the people he has lived with and liked for years.

But his wife's ideas are diametrically opposite. She feels that mere money is dust and ashes, unless she can purchase a place in that society that begins with a big S. She decided

"The Quality Store"

For Tomorrow—

We Announce a Sensational

RUMMAGE SALE

TOMORROW "The Quality Store" will hold the greatest bargain event in the city. Instead of our usual Friday attractions we will conduct a sensational RUMMAGE SALE, which for value-giving will be without equal.

EVERY DEPARTMENT OF THE STORE PARTICIPATES.

To-morrow is the last Friday before we take Inventory—many broken lots—odds and ends and remnants must be sold regardless of cost or former value.

All the merchandise will be displayed on tables and counters throughout the entire store.

All goods are our regular stocks—none purchased specially for this great event. Attend this sale. It means money to you.

STORE OPENS AT 8 O'CLOCK.

W. L. COOK

COMBINED LIFE PRESERVER AND TRAVELING BAG
Designed not only to look like an ordinary traveling bag but to be used as one under ordinary conditions, a life preserver that has just been invented apparently provides a sensible solution of the problem of safety at sea in time of sudden emergency. The bag is equipped with a false bottom that serves to hold in folded position a water-tight union suit which is attached in such a way that the bag and suit act as a water-tight unit. In an emergency all that is necessary is to dump out the contents of the bag, re-

move the false bottom to let the suit unfold, and get inside. The user then closes and locks the top over his head and jumps into the water, the required buoyancy being supplied by the bag. The body of the bag is equipped with a window and with valves that admit air but not water. Inside, there is space for storing food and water sufficient to last several days. To prevent disaster in case the water-tight suit is punctured, an airtight bag that is easily inflated is installed inside the traveling bag. The device is illustrated in the Popular Mechanics Magazine.

To Wives of Drinking Men

ORRINE is the standard remedy and is everywhere recognized as the successful and reliable home treatment for the "Drink Habit." It is highly praised by thousands of women, because it has restored their loved ones to lives of sobriety and usefulness, and the weekly wages which at one time were spent for "Drink" are now used to purchase the necessities and many comforts for home. Any wife or mother who wants to save her husband or son from "Drink" will be glad to know that she can purchase ORRINE at our store, and if no benefit is obtained after a trial the money will be refunded. Can be given secretly.

ORRINE is prepared in two forms: No. 1, a powder, tasteless and colorless, can be given secretly in food or drink; ORRINE No. 2, in pill form, is for those who wish to cure themselves. ORRINE costs only \$1.00 a box. Ask us for free booklet. Geo. A. Gargas, 16 N. Third St., Harrisburg; John A. McCurdy, Steelton; H. F. Brunhouse, Mechanicsburg.

TO PUT ON FLESH AND INCREASE WEIGHT

Good Advice For Thin People

"I'd certainly give most anything to be able to gain a few pounds and stay that way," declare many thin men and women. Such a result is usually not impossible despite past failures. Most thin people are victims of malnutrition, a condition which prevents the fatty elements of food from being taken up by the blood as they are when the powers of nutrition are normal. Instead of getting into the blood much of the fat and flesh producing elements stay in the intestines until they pass from the body as waste.

To correct this condition and to produce a healthy, normal amount of fat the flesh-making food elements must be so prepared in the digestive processes that the blood will accept and distribute them throughout the body. There is a preparation called Sargol,

which works on this basis and which is sold by nearly every druggist on a positive guarantee of weight increase or money back. Hundreds have testified to weight increase from its use.

Sargol does not of itself make fat, but is simply a combination of ingredients of acknowledged merit that, taken with meals, seems to better enable the digestive organs to separate the fattening elements of the food and to prepare them in a form which the blood can readily absorb. Sargol comes in tablet form, is pleasant and easy to take and its action is perfectly natural and harmless. Sargol is sold by Geo. A. Gargas and druggists everywhere, who are authorized to refund the full purchase price if weight increase is not obtained.

NOTE—Sargol is recommended only as a flesh builder, and while it has produced excellent results in cases of nervous indigestion and general stomach disorders, care should be taken by those using it who do not want to increase weight.—Advertisement.

TO ASK LICENSE FOR OLD STAND?

Privilege to Be Asked Again For Old U. S. and Paxtonia Inn, Is Report



To-morrow is the last day for filing applications for liquor licenses in Dauphin county and the approach of the time limit revives rumors in county and city legal circles to-day that efforts would be made to obtain licenses once more for the Paxtonia Inn and for the Metropolitan Annex (old United States hotel). Up until a late hour to-day, however, no applications had been filed. The only new license request to date has been filed by Samuel Fishman who wants the privilege for the Hotel Lennox in Market street near Fifth.

W. J. Carter, counsel for Benjamin Striplin, proprietor of the Leroy Hotel in the Eighth ward, may also file application for a new license for 945 North Seventh street to protect Striplin's business should the court refuse on Feb. 14 to transfer his privilege to the latter point. Of the 175 licenses on the city and county list, about 125 have been filed to date. License court will be conducted February 18.

Miss Miller Returns to Desk.—Miss Clara Miller, Clerk of District Attorney M. E. Stroup, who had been ill with "grip" for the last week, has returned to duty. E. Bruce Taylor, assistant city solicitor, is at his desk again, too, after a week's absence due to the same malady.

Commissioners Sit in Millersburg.—The Dauphin county commissioners to-day transferred their headquarters to the Hotel Charles, Millersburg, to hear assessment appeals from Millersburg and Upper Paxton township. The commissioners early next month will confer with County Mine Inspector Charles A. Price, Lykens, to obtain some information as to values of mining lands.

Selects Pastor to Conduct Funeral.—In her will, probated by Register R. C. Danner to-day, Mrs. Agnes Yost, Middletown, asked that her funeral services be conducted by the Rev. T. S. Nicholson, formerly pastor of the Lutheran Church, Middletown. She stipulated the fee he is to have. The Rev. Mr. Nicholson now has a charge in Washington, D. C. The will of Mrs. Mary A. Clute was probated to-day also. She names her daughter, Ella Blanche Clute as executrix.

BRITISH PRODUCE STARTER FOR AERIAL MOTORS

One of the most interesting developments that has been made recently in improving aeronautical equipment has been announced in England, where an apparently practical self-starter for aerial motors has been constructed. The importance of this invention, especially from the standpoint of the military flier, is most obvious. The utter necessity for reasonable compactness and lightness in such mechanism has been the principal stumbling block to be overcome in meeting aeronautical requirements. The device complete weighs only 84 lbs. and is capable of turning over a 90-hp. motor continuously for two minutes at a speed of 50 revolutions a minute. The motor develops 1.4 hp. with 38 to 1 gearing and is provided with a 12-volt battery of 66 ampere-hour capacity. The apparatus, a view of which appears in the Popular Mechanics Magazine, is made as an integral part of the crank case.



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