FRIDAY EVENING.

How Soldiers Keep Strong

Preparedness against sickness is the

big, important thing to fighting soldiers. A sick soldier

cannot work with vigor any more than you can work with energy when you are weak, tired, almost sick.

a vial of cod liver oil every day because far-reaching experi-ments show how wonderfully it increases the calories of human energy and gives them strength to prevent winter sickness. Is this not convincing proof that you need it at this season to enliven your blood to prevent sickness? Cod liver oil is scarce and high-priced this season and many inferior grades may be offered. But remember that

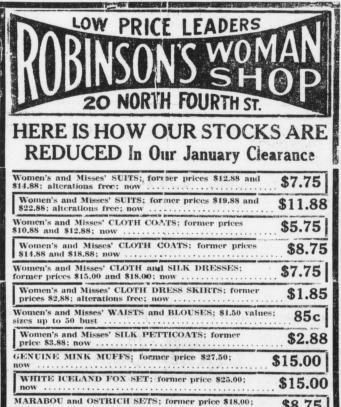
SCOTT'S is the one EMULSION

which guarantees pure cod liver oil-free from alcohol and drugs.

If you are subject to colds, throat or lung troubles; if you are easily tired, run-down or have thin blood, you should take Scott's Emulsion at once. If your children are backward in growth, frail or anæmic, nothing will do them so much good as Scott's Emulsion, and for girls and women in home or business it is nature's great strength-builder.

One efficient warring government is giving each soldier



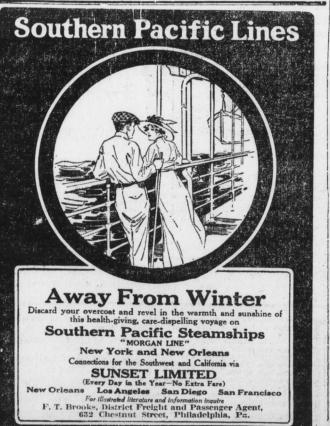


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Scott's is not a "secret" medicine. It is a rich blood-food and a pure tonic; it contains nothing harmful and is





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