You May Begin the Day Right

With Sealdsweet Grapefruit

sive Florida growers, formed for the mutual benefit of consumers and producers, known as the Florida Citrus Exchange. The members ship only tree-ripened fruit and Sealdsweet is a guaranty of quality.

Most fruit dealers handle Sealdsweet fruit in season
yours will supply you with it if you insist.

628 Citizens Bank Building

Tampa, Florida

Sealdsweet Oranges—the Choicest Grown in Florida

Sealdsweet oranges are miniature golden reservoirs filled at the Fountain of Youth. They are juicy, sweet and flavored beyond comparison. You will get the choicest of all oranges when you buy in boxes shipped by the Florida Citrus Exchange. There's life and joy in every golden globe from Florida groves. Good citrus fruits are alike food and drink. Used freely they help to maintain and restore health. Booklet giving many ways of serving grapefruit and oranges mailed free to any address on application. Send for this book and learn more about Seald-sweet oranges and grapefruit—how to serve them differently.

Few persons who have eaten tree-ripened Florida grapefruit for breakfast care to begin the day without one. The delicate flavor appeals to the jaded stomach and the tonic qualities make them the breakfast fruit unequalled.

There are scores of other uses for grapefruit. As an appetizer they lend themselves to many purposes. In salads or for dessert grapefruit are appropriate and delightful

Sealdsweet Grapefruit Maintain Health and Give Strength In addition to their content of citric acid, grapefruit Sealdsweet is the trade-mark of fruit grown by the have a property similar to that of cinchona, which members of a non-profit co-operative body of progress-

at luncheon and for dinner. There are many of ways for serving them.

WOMEN'S INTERESTS PETER CAME BACK

WHAT HAPPENED TO JANE

By Virginia Terhune Van de Water

AND MADE GOOD

Cut Himself Off From His Best Friend, but Was Forgiven

Dr. Luke's report of Peter's sermon itself:

"Eut Peter, standing up with the eleven, lifted up his voice, and spake forth unto them, saying, Ye men of Judea, and all ye that dwell at Jerusalem, be this known unto you, and give ear unto my words. For these are not drunken, as ye suppose; seeing it is but the third hour of the day; but this is that which hath been spoken, through the prophet Joel; "And it shall be in the last days, saith God, I will pour forth of my Spirit upon all flesh:

And your sons and your daughters And your sons and your daughters shall prophesy.

And your sons and your daughters sone who has not the courage to tell the whole truth about the coming of the Kingdom.

Yea and on my servants and on my year a

all hesn:
shall prophesy.
And your sons and your daughters
shall prophesy.
And your young men shall see visions,
And your old men shall dream
dreams:
Yea and on my servants and on my
handmaidens in those days
Will I pour forth of my spirit; and
they shall prophesy.
And I will show wonders in the
heaven above.
And stigns on the earth beneath;
Blood, and fire, and vapor of smoke:
The sun shall be turned into darkness,
And the moon into blood,
Before the day of the Lord come,
That great and notable day;
And it shall be. that whosoever shall
call on the name of the Lord
shall be saved.
"Ye men of Israel, hear these words:
Jesus of Nazareth, a man approved of
God unto you by mighty works and
wonders and signs which God did by
Him in the midst of you, even as ye
yourselves know; Him, being delivered
up by the determinate counsel and
foreknowledge of God, ye by the hand
of lawless men did crucify and slay
whom God raised up, having loosed

Pain in the Back

ment is used, not only for backache but for Rheumstism, Neuralgia, Nerve Pains, Sloan's Linkment is remarkably effective.

Sloan's

KILLS PAIN

prevents or kills malaria, and acts beneficially on

the liver. The slightly bitter taste noticed when one first eats grapefruit is from the presence of an alkaloid, nectrandine, which is strongly rec-

ommended by many leading physicians for constipation and many other ailments.

PROMOTIONS AT DILLSBURG
Dillsburg, Pa., Jan. 14.—William
Lewis, who for some time had been chief clerk at the Dillsburg depot of the Cumberland Valley Railroad, has been promoted to a clerkship in the Waynesboro station. George Stouffer of Mr. Stouffer.

Florida Citrus Exchange



Oranges Today
— and try this Small Orange Pudding

Your dealer has this delicious, healthful California fruit—the finest, sweetest, juiciest oranges now on the market. Serve at all meals.

Save Sunkist tissue wrappers for beautiful silverware California Fruit Growers Exchange Eastern Headquarters: 139 N. Clark St., Chicago

Small Orange Pudding
Cream one fourth cup
of buter with three-fourths
cup of sugar and add onethird cup of jvice of Sunkist Orange and a little
grated rind alternately with
one and one-half cups of
four sifted with two level
teaspoons of baking powder and a little salt. Add
three well beaten eggs and
pour into deep muffin pans
or timbale molds. Set in
a pan of hot water and
cook in moderate oven.
Serve hot with sauce.

Our Christmas Savings Society will close Saturday noon, January 15. All persons wishing to join must do so by that time.

and Howard Streets



HOW TO GET THESE TWO BOOKS FOR 28 CENTS — Cut this coupon from this paper, present it at our office with 28 cents, to cover the cost of production and distribution, and the set is yours. Fifteen cents extra by mail.

SOME FACTS ABOUT THESE BOOKS — Both are the same size and bound exactly allike in heavy cloth. Each has about 400 pages printed on fine book paper. Both are profusely illustrated with official etchings, drawings and maps.

TO OUR READERS — We are distributing these patriotic books solely because of their great educational merit and our belief that they should be in every American home.

ep a bottle in your ho Price 25c., 50c. \$1.00 NAMES AND PARTIES OF P

Is often of the most violent character, yet it is surpris-ing how quickly it disap-pears when Sloan's Lini-

one who has not the courage to tell the whole truth about the coming of the Kingdom.

Some Bible students nowadays are so bent on the minute interpretation of prophecy that they have no vision for the vaster application of the truth Unlike Peter, they do not link up the old with the new in a way that makes for a changed life. Light minds face peril in the study of prophecy; but for all who can differentiate the essential from the nonessential, the fulfilment of the Old Testament Scriptures in Christ is a soul-nourishing study.

This great sermon of Peter's all headed up in Christ; it was what the theologians call "Christocentric." It produced the witness of the Scripture to Jesus, gave the testimony of the apostles themselves, appealed for confirmation to the experience of the listeners, and applied the Gospel to the needs of the people.

With sympathy as well as with fearlesness Peter addressed himself to his hearers as "men and brethren." They were a motley lot, but he saw them as kindred to himself, and children of the one God. The art of "getting next" to his crowd was understood by the Galllean fisherman who had been trained in the school of the tactful Christ.

Then the truth was driven home until each man feit himself a sharer in the rejection of Christ, and cried aloud for mercy. Dr. Bonar has expressed this feeling of contrition:

"I see the crowd in Pilate's hall, I mark their wrathful mein, Their shouts of "Crucity" appall, With blasphemy between.

"And of that shouting multitude I feel that I am one:

"And of that shouting multitude
I feel that I am one;
And in that din of voices rude
I recognize my own. "I see the scourges tear His back, I see the piercing crown, And of that crowd who smite and mock I feel that I am one.

Around you cross the throng I see, Mocking the Sufferer's groan; Yet still my voice it seems to be, As if I mocked alone." Understanding the Crowd We can imagine some wiseac