

# BREAKS A COLD IN A FEW HOURS

"Pape's Cold Compound" is the Surest, Quickest Relief Known—It's Fine!

Relief comes instantly. A dose taken every two hours until three doses are taken will end grippe misery and break up a severe cold, either in the head, chest, body or limbs. It promptly opens clogged-up nostrils and air passages in the head.

stops nasty discharge or nose running, relieves sick headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness. Don't stay stuffed up! Quit blowing and sniffing! Ease your throbbing head! Nothing else in the world gives such prompt relief as "Pape's Cold Compound" which costs only 25 cents at any drug store. It acts without assistance, tastes nice, causes no inconvenience. Be sure you get the genuine. Don't accept something else "as good." Insist on getting "Pape's Cold Compound" if you want to stop your cold quickly.—Advertisement.

# TO PUT ON FLESH AND INCREASE WEIGHT

Good Advice For Thin People

"I'd certainly give most anything to be able to gain a few pounds and stay that way," declare many thin men and women. Such a result is usually not impossible despite past failures. Most thin people are victims of malnutrition, a condition which prevents the fatty elements of food from being taken up by the blood as they are when the powers of nutrition are normal. Instead of getting into the blood much of the fat and flesh producing elements stay in the intestines until they pass from the body as waste. To correct this condition and to produce a healthy, normal amount of fat the flesh-making food elements must be so prepared in the digestive process that the blood will accept and distribute them throughout the body. There is a preparation called Sargol,

which works on this basis and which positive guarantee of weight increase or money back. Hundreds have testified to weight increase from its use. Sargol does not of itself make fat, but is simply a combination of ingredients of acknowledged merit that, taken with meals, seems to better enable the digestive organs to separate the fattening elements of the food and to prepare them in a form which the blood can readily absorb. Sargol comes in tablet form, is pleasant and easy to take and its action is perfectly natural and harmless. Sargol is sold by Geo. A. Gorgas and druggists everywhere, who are authorized to refund the full purchase price if weight increase is not obtained. NOTE—Sargol is recommended only as a flesh builder, and while it has produced excellent results in cases of nervous indigestion and general stomach disorders, care should be taken by those using it who do not want to increase weight.—Advertisement.

**This Week Will Be Your Final Opportunity To become a Member of our Christmas Savings Club For the Year 1916**

**Union Trust Company of Pennsylvania**

**The Name**

—despite the fact that it is a good one—did not make King Oscar the famous nickel smoke it is to-day. **IT WAS THE UNVARYING QUALITY OF THE TOBACCO USED, YEAR AFTER YEAR, THAT MADE THE NAME FAMOUS.**

Why, as soon as a man feels the desire for a good nickel smoke he unconsciously thinks of

**King Oscar 5c Cigars**

When a man's thirsty—he thinks of water.  
When he's hungry—he eats,  
When he wants a smoke—he thinks of King Oscar 5c Cigars.

**Regularly Good For 24 Years**

**Buy GOOD Coal & LESS Coal**

The better the coal you buy—the less you have to buy—and the less you have to buy, the lower becomes your aggregate coal expenditure.

Since all coal—good, better and best—costs the same per ton, don't you think it the part of wisdom to get the best for your money, and keep the total expenditure down?

Buy Montgomery Coal—its quality has been known for years—there is none better.

**J. B. MONTGOMERY**  
Both Phones Third and Chestnut Streets

Phone for Wagon

**Ruhl's Bread**

Costs no more than other bread—Direct from our Oven to your Table.

Ruhl's Penbrook Bakery

# PENROSE HAS PENSION BILL

Superannuated Employees of Government Would Be Retired With Annuity

A new form of pension retirement for civilian employees of the government is provided in a bill which Senator Penrose has just reintroduced in the Senate. The bill provides that the Postmaster General shall grant an indefinite leave of absence together with an allowance of \$600 per annum to any persons employed in the railway mail service, rural free delivery, city free delivery service, post office clerks and other employment of the post office who are in the classified civil service and who have become incapacitated from performing their duties on account of superannuation.

The proposal of Senator Penrose last year was tacked on the Post Office Appropriation bill, but was eliminated on a point of order. The bill as now introduced provides that should it be necessary to appoint a substitute to fill the place of an employee who has been granted a leave of absence, he shall be paid at the rate allowed for vacation work. Boards of retirement would be appointed to examine all applications for the granting of indefinite leaves of absence, which are virtually equivalent to a retirement program. In discussing his plan in the Senate, Senator Penrose said: "In the beginning I was opposed to this proposition. It did not seem to me that the government ought to go into the business of what has been described in a term of opprobrium as a civil pension list. Then, after I looked into the matter a little further it seemed to me that if the government did adopt a retirement system, accompanied by some half pay or some proportion of pay, the fund should be made up by contributions in the nature of a relief fund or pension fund made by monthly or periodical payments by the employees.

"Then I got a little further, in the lapse of years, and I suppose with wisdom and an evidence of lack of wisdom to develop and progress and change one's mind, until I became convinced that the only practical system was a system of flat, straight direct retirement and pension. "I was led to that conclusion also by noting the development of the corporations of the country, representing large aggregations of capital employing an army of men who, it seemed to me, according to my study and observation, gradually evolved and developed into the conclusion of a flat, direct retirement system.

# GIRLS! LOTS OF BEAUTIFUL HAIR

25 cent bottle of "Dandierine" makes hair thick, glossy and wavy. Removes all dandruff, stops itching scalp and falling hair.



To be possessed of a head of heavy, beautiful hair; soft, lustrous, fluffy, wavy and free from dandruff is merely a matter of using a little Dandierine. It is easy and inexpensive to have nice, soft hair and lots of it. Just get a 25 cent bottle of Knowlton's Dandierine now—all drug stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance, freshness, fluffiness and an incomparable gloss and lustre, and try as you will you can not find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—fine and downy at first—yes—but really new hair—sprouting out all over your scalp. Dandierine is, we believe, the only sure hair grower, destroyer of dandruff and cure for itchy scalp and it never fails to stop falling hair at once. If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Dandierine and carefully draw it through your hair—taking one small strand at a time. Your hair will be soft, glossy and beautiful in just a few moments—a delightful surprise awaits everyone who tries this.—Advertisement.

**LETTERS**

Multigraphing, Typewriting, Addressing, Folding, Inserting, Sealing, Stamping, and all mailing work a specialty. P. O. Box 436, Harrisburg, Pa.

THE LETTER SHOP, Bell 4028-J.

**HEADQUARTERS FOR SHIRTS SIDES & SIDES**

# WHY BRITISH SOLDIERS LIKE FRANCE



It is getting so that hardly a British soldier in France will shave himself any more. There has come along their line a new kind of barber, the pretty French girl barber. This photograph shows one Tommy being shaved while the other is having his hair cut, and neither minds the operation.

Down in Atlanta, Ga., they have experimented successfully with burlap shoes for horses, to be used on hilly paved streets where horses fall, particularly when drawing heavy loads. These shoes are placed by the humane society in stores adjacent to dangerous inclines, and the drivers are carefully given taken advantage of them. The Washington, D. C. Animal Rescuer League of the way for these shoes made for horses by women who are out of employment. They have large orders placed for these shoes, which have proved very useful in slippery streets. The Harrisburg Society for the Prevention of Cruelty to Animals has been all over the city regarding horses that are falling or stumbling in slippery streets. This shows a growing knowledge of the influence of the city that is most encouraging. A fur sign is the help given by horseholders in standing or putting ashes on dangerous places in the streets.

# To the Readers of the Telegraph

Can you beat it? A penny paper with the enterprise to give away 100 practically in real money to every reader who enjoys high class entertainment, as advertised in to-day's paper. We have arranged with Manager James George and C. S. Eddy, his publicity manager, to make over the beautiful Victoria Theater with its \$25,000 pipe organ in its entirety for one whole week, beginning next Monday. As this is the largest moving picture theater in the State, and with 2200 people and as seven performances are given daily this could accommodate over fifteen thousand persons daily. We are inviting our readers to be our guest during next week's performances which instead of being cheapened as might perhaps be thought, will be strengthened to the best and greatest ever given in this house of great features. For example on Monday William Faversham, the world famous actor will be shown in "One Million Dollars," with other big features, on the following days equally great productions will be shown and what is more, changed daily. The complete week's program will be published in to-morrow's Telegraph and our readers will have full details. The well known organizers and full instructions and everything else appertaining to this treat of ours will be published to-morrow and Saturday the coupon will appear so you will have it in time for Monday a. m. before our papers appear on Monday afternoon. Remember there are no strings or comebacks about this. Coupon tickets will be accepted without question or quibble in instructions printed in to-morrow's paper are followed. You part with no money excepting to secure a Telegraph. Therefore when you consider the wonderful enterprise and our humble efforts to do our best to please, gratify and educate our readers, again we say "Can you beat it?" and we cordially invite you to be guest of the Telegraph's great big family theater party. Besides you might even, if lucky, get to see or shake hands with that modern P. T. Barnum, the manager of the Victoria Theater, James George, of Harrisburg.—Advertisement.

# Backache Just Like a Toothache!

Dear Mr. Editor—Sometime ago I had backache very bad; it would ache just like a toothache. I tried a new discovery of Doctor Pierce's, called "Anuric." This is for kidneys and backache. I soon felt relieved of all backache and had no more pain, and I hope others troubled in the same way will try this wonderful new remedy. Yours, MRS. LINCOLN STEARNS, Route 1, Meadville, Pa.

NOTE: It is now asserted with confidence that these painful effects due to uric acid in the system are entirely eradicated. A new remedy, called "Anuric," has been discovered by Dr. Pierce, and is the cause of a drainage outward of the uric acid with which it comes in contact within the body. It will ward off backache, headache, and the darting pains and aches of arthritic or muscular rheumatism of those diseases which are caused by too much uric acid, such as gout, asthma, sciatica, renal calculus. "Anuric" prolongs life because old people usually suffer from hardening and thickening of the walls of the arteries, due to the excess of uric acid in the blood and tissues. Dr. Pierce, who is director and chief physician at the "Invalids' Hotel and Surgical Institute," Buffalo, N. Y., has been testing this wonderful medicine for the relief of over-worked and weakened kidneys. The relief obtained by sufferers has been so satisfactory that he determined to place "Anuric" with the principal druggists in town where people could get this ready-to-use medicine. "Anuric" is not harmful or poisonous, but aids nature in throwing off those poisons within the body which cause so much suffering, pain and misery. Scientists assure this remedy is 37 times more potent than lithin. For Diabetes and Bright's Disease this remedy is building up a reputation as good as Dr. Pierce's other well-known medicines which have been proven reliable during nearly fifty years, such as Doctor Pierce's Favorite Prescription for the ills of women, Doctor Pierce's Pleasant Pellets, the liver regulator, and Doctor Pierce's Golden Medical Discovery for red blood.

**The greatest enemy of your teeth**

When scientists recently discovered the cause of that dread disease, pyorrhea, they discovered the greatest enemy of your teeth. Why yours? Because the germ that causes this disease inhabits every human mouth! Your dentist will tell you that half of all the permanent teeth lost are lost from this disease. This is because people have not realized before that everyone should take precautions against this enemy. You can start now to ward off its constant attack and escape the terrible results of this disease by using the proper corrective and preventive treatment in your daily toilet. To meet the need for this treatment and to enable everyone to take precautions against this disease, a prominent dentist has put his own prescription before the public in the convenient form of Senreco Tooth Paste. Senreco contains the best corrective and preventive for pyorrhea known to dental science. Used daily it will successfully protect your teeth from this disease. Senreco also contains the best harmless agent for keeping the teeth clean and white. It has a refreshing flavor and leaves a wholesome clean, cool and pleasant taste in the mouth. Start the Senreco treatment tonight—full details in the folder wrapped around every tube. Symptoms described. A 25c two oz. tube is sufficient for six or eight weeks of the pyorrhea treatment. Get Senreco at your druggists today, or send 4c in stamps or coin for sample tube and folder. Address The Senreco Central Bldg., Cincinnati, Ohio.

**DRINK HOT WATER AND RID JOINTS OF RHEUMATIC RUST**

Why rheumatism and lumbago sufferers should drink phosphated hot water each morning before breakfast

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste material, toxins and ptomaine-like poisons, called uric acid, is formed and then sucked into the blood where it continues to circulate, collecting grain by grain in the joints of the body much like rust collects on the hinge as shown above. Men and women who suffer from lumbago, rheumatism or sore, stiff, aching joints should begin drinking phosphated hot water, not as a means to magic relief from pain, but to prevent more uric acid forming in the system. Before eating breakfast each morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This will first neutralize and then wash out of the stomach, liver, kidneys and bowels the previous day's accumulation of toxins and poisons; thus, cleansing, sweetening, and freshening the entire alimentary canal, each morning, before putting more food into the stomach. A quarter pound of limestone phosphate costs very little at the drug store but is sufficient to make any rheumatic or lumbago sufferer an enthusiast on the morning inside bath. Millions of people keep their joints free from these rheumatic acids by practicing this daily internal sanitation. A glass of hot water with a teaspoonful of limestone phosphate, drank before breakfast, is wonderfully invigorating. Besides, it is an excellent health measure because it cleanses the alimentary organs of all the waste, gases and sour fermentation, making one look and feel clean, sweet and fresh all day. Those who try this for one week may find themselves free from sick headaches, constipation, bilious attacks, sallowness, nasty breath and stomach acidity.

**500 Pounds Buckwheat Coal \$1.05**

For the sum of \$1.05 you can determine for yourself whether our No. 1 Buckwheat Coal is suitable for your furnace.

More and more people every year, are using this grade of coal and getting excellent results. It is easy to handle and the fire is easily regulated in the furnace. Comes up very quickly. When little heat is required it can be dampered down so that it hardly burns, yet keeps fire a long time. Not every kind of Buckwheat coal is good coal. The kind we sell was selected only after many tests. We were determined to have the kind that would not melt and run together in your furnace forming "clinkers."

We succeeded in getting that kind. Price, \$3.75 for 2,000 lbs.

**United Ice & Coal Co.**

Forster & Cowden 15th & Chestnut This is Best Hummel & Mulberry Also Steelton, Pa.

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**The American Government AND The Panama Canal**

BY FREDERICK J. HASKIN.

The Books That Show Uncle Sam at Work.

**The Harrisburg Telegraph**

HOW TO GET THESE TWO BOOKS FOR 25 CENTS—Cut this coupon from this paper, present it at our office with 25 cents, to cover the cost of production and distribution, and the set is yours. Fifteen cents extra by mail. SOME FACTS ABOUT THESE BOOKS—Both are the same size and bound exactly alike in heavy cloth. Each has about 400 pages printed on fine book paper. Both are profusely illustrated with official etchings, drawings and maps. TO OUR READERS—We are distributing these patriotic books solely because of their great educational merit and our belief that they should be in every American home.