

## Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200% in Ten Days

In many instances—Persons have suffered untold agony for years dectoring for nervous weakness, stomach, liver or kidney disease or some other allment when their real trouble was lack of iron in the blood—How to tell.

New York, N. Y.—In a recent discourse Dr. E. Sauer, Specialist, of this city said: If you were to make an netual blood test on all people who are ill you would probably be greatly astor when their reason than the lack of iron. The moment iron is supplied all their multitude of dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living issue and therefore nothing you est does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill with the rollers so As a result of this continuous food and nerve starvation, people become generally weakened, nervous and all run down and frequently develop all sorts of conditions. One is too thin; another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsize, kidney or liver trouble; some cartisleep at night, others are sleepy and some skinny and bloodless, unfittable; syndysclap power and endurance. In such

A REAL FLESH BUILDER

FOR THIN PEOPLE

# MOMEN AND INTERESTS

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Just One Cat Left

Just One Cat Left

"Have you any cats?" said Warren.

"Just one cat," said a wizened little
man from behind the counter. And
he disappeared inside for a moment
and then returned with a small blue
kitten, who immediately upon being
placed on the floor hid under the
darkness of the counter.

"I don't like that one at all," said
Helen in an aside to Warren.

"Neither do I. Is that all you have?"
said Warren aloud to the storekeeper.

"This is all we have at present."

"I'll tell you where you might find
one to suit you," said a boy who was
feeding the puppies.

The old man glowered at him for
speaking, but Helen was urging him
on and he finished what he was saying sheepishly.

"Mrs. Fuller keeps them down in
Nineteenth street. You might try
there."

"That isn't far from here," com-

FOR WINTER DANCES The Pattern for this Design Be-

sides Allowing for All Seams, Gives the True Basting Line

"Mrs. Curtis, the telephone is for you," said Mary.

"All right, I'll be there in a minute," said Helen, hurrying to the door with her hair a-hanging. She had been dressing to go down town and said so as she took up the receiver.

"Oh, no, not to shop," she denied, laughingly. "What did you want, dewingly, "Thought you might like to walk down this way and look at cats," said Warren.

"Warren, you're a dear. I have been wanting to ever since we came back, but there never seemed to be awarren.

"Walt time? In about half an hour? Well, make it an hour if possible. All right, warren, I'll call for you. No? All right, then, where? At Morrow's. Well, make it an hour if you may be to be award to make you have to be a warren.

"Now? Hole why to didn't want back to her dressing. That seemed strange. She wondered if she ought to make up an excuse and go anyways. But then after Warren had suggested going that would hardly be fair. Now man left them and came she had requested; just the same it was strange.

Since the other evening at Carrie's, Warren had been on his best behavior. He had been more considerate of her than he had ever been before. Ellen was a had the word and the warren is temperament, but she had held her temper, and in a way shelt repaid for the efficiency and the word warren would have the hard. Warren soo lust inside the glass outer doors and stepped up to her with a smile.

"Have you any idea of where to go?" inquired Helen.

"You to me in the world," deled to take her small one, and after she had tarted was glad that she had, for it began to rain in a fine mist almost immediatel

I had made up my mind not to sell him.

"And I have made up my mind that if I don't have this one I don't want any." said Helen.

Again the woman smiled.

"Of course," she said, "I ought to be glad to have my cats find good homes. For that reason I must not let feeling stand in the way. If I sell one, what I am paid for him goes to feed the others."

"Then you don't keen them to

feed the others."
"Then you don't keep them to
make money?"
"Mostly just because I love them."
Warren made the arrangement with
her while Helen selected a basket to
carry her new possession.
"What are you going to call him?"
said Warren, as they went down the
stairs.

said Warren, as they went down the stairs.

"I have been thinking, dear. How about Mahomet? That sounds Oriental enough."

"Dignified, anyway," laughed Warren. "Mahomet it is, then. Where shall we have lunch. I certainly am hungry."

(Another instalment of "Their Mar-ried Life" will appear soon.)

# KITCHIN OPPOSES WILSON'S POLICY

nd shows Diagrams for Cutting and Making. Democratic House Leader Will Each Piece of the Pattern Also is Lettered for Identification. Not Support President's Defense Program By MAY MANTON

Special to The Telegroph

Washington, D. C., Nov. 9. — Claude
Kitchin, leader of the Democratic majority in the House and an ardent Bryan
adherent, yesterday told President Wilson that he would oppose the administration's naval program. This is the
most pronounced effect of the Bryan
peace propaganda, and it tends to emphasize at the very beginning of Congress the factional fight that will be
waged in the majority party over the
preparedness policy, with Bryan directing the fight against the administration. This development in Development in This development in Development in Development.

This development in Democratic politics is as significant as the attack Mr. Bryan recently made upon the enlarged military policy of the administration. The effect is likely to be greater than the crusading of the Commoner. Mr. Kitchin, as the chariman of the ways and means committee, is most powerful, and his opposition will be carried to represent the naval program. It will be against the naval program. It will be different the naval committee and directed with vigo against the changes in the tariff too more considerable to remommend.

One reason why Mr. Kitchin suggests

in the tariff the administration proposes to remommend.

One reason why Mr. Kitchin suggests a small expenditure for the army and navy is the lack of revenue and the necessity to break down the Underwood law in order to obtain money for the proposed preparedness policy.

Has ideas of His Own

Mr. Kitchin declined to elaborate on his reasons for his opposing the onaval program. He said that he would do so at the proper time. In a recent interview his views were set forth as follows:

"I am opposed to the his army and

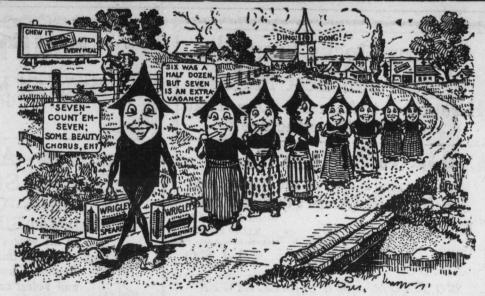
interview his views were set forth as follows:

"I am opposed to the big army and agitated by the war traffickers and agitated by the war traffickers and ingoes. I am in favor of every extradollar over the usual potential with the present Congress for phenoriate in grant the new phenoriate in the present constant and not for extra battleships.

"The lessons of the recent war demonstrate that dreadnoughts, nine of which we have under construction costing \$120,000,000, will not hereafter be the prime weapons of offense and defense in naval warfare. There is some reason to believe that dreadnoughts will become obsolete after this war. The submarine vindicated itself. Have not three German submarines, costing \$500,000, destroyed nearly 10 per cent. of the great war fleet of

### Women Should Take Warning

If the statement made at a New If the statement made at a New York Assembly of women, that healthy American women are so rare that they are almost extinct, is true, it is time for the women of America to take warning and look to their health. It may be headaches, back-aches, dragging down pains, nervousness, mental depression that are tell-tale symptoms of some organic derangement for which Lydia E. Pınkham's Vegetable Compound—a simple remedy made from roots and herbs—is a specific and may be relied upon to restore women to a healthy normal condition.—Advertisement.



# "As I was going to St. Ives I met a man with seven wives." —Mother Goose. The bigger your family, the smaller your dollar

It's sad, but cheer up: in the matter of pleasure and pastime for your wife and kiddies, Wrigley's offers a most economical confection. It's long-lasting and beneficial. It aids appetite and digestion. It's friendly to the teeth, soothing to the throat-refreshing and thirst-quenching. A 5c package gives big value.



Great Britain, costing more than \$75,-

Great Britain, costing more than \$45,000,000?

Ald to Bryan Movement

Democratic leaders were surprised that Mr. Kitchin should show his opposition at this time. They said that by doing so he was aiding the mosement wilson does not believe that the opposition to this program will win, even though the defection from his party should become greater than anticipated, yet his advisers are exercised over the political effect the fight will have upon the 1916 campaign.

Kitchin is a radical. He has long been classed as a Bryan Democrat and is known as a free trader.

#### VISITING THE WAR **BRIDES**

By Frederic J. Haskin

the two places. The du Ponts have promised to add \$25,000 to that amount if the city authorities decide to appropriate it.

Petersburg, however, can afford to spend a little money getting in touch with Hopewell, for a good many crumbs from the golden banquet of the mushroom town have fallen to her proud sister of colonial descent. For example, William H. Rahily, of Petersburg, bought a building in the principal street for \$5,400, after he had been paying \$50 a month rent for a good many years. At present, he is renting a back step of the building to a chest-nut peddler for \$32,50 a month, and is considering an offer from a hot sausage merchant for another doorstep. A man selling overals is trying to pay Mr. Rahily \$100 a month for the use of he back alley, while a real estate operator is 100 to 1

\$60,000. Until recently the Stratford Hotel in Petersburg, once known as Niblo's Tavern, was chiefly famous because Lafayette was given a banquet there in 1824. Last January it was offered [Continued from Editorial Page.]

munition factory located in the southern part of the country on the James river, which reaches a deep water channel clear to the sea.

Petersburg is Jealous

Petersburg is Jealous

Petersburg in line miles away, looks upon Hopewell with mingled feelings. At first, the Petersburg looping agrain. Recently, they have changed their point of view of the extent of observing that they might have to annex Hopewell some day. To this, sundry leading citizens of Hopewell have replied that maybe, if the town wakes up, they will annex Petersburg a months Petersburg remains a franchise for the electric line which is now being built between that city and Hopewell. It finally yielded, however, and is now considering the advisability of appropriating \$90,000 to complete a concrete roadway between if you know how to do anything use
Taven, was chiefly famous because Lafayette was given a banquet there for sale at \$28,000, but as given a banquet there for sale in five hours.

So ome of the Petersburg citizens have done pretty well, in spite of the handicap of their time-honored conservatism. When the first lots were being offered for sale in Hopewell a the powell as mean the power of the same nervous and sold it for \$180.

To play the hours.

Your cold will break and all grippe misery end after taking a dose of "Pape's Cold Compound" when the first lots were being offered for sale in Hopewell is to \$24. Last January it was offered for sale in the powel of the handicap of their time-honored conservatism. When the first lots were being offered for sale in Hopewell is to \$24. Last January it was offered for sale in the powel of the handicap of their time-honored conservatism. When the first lots were being offered for sale in Hopewell is for \$180.

To promption promption of the went of the handicap of their time-honored conservatism.

To promption the first lots were being offered for sale in Hopewell is for \$180.00 of it have done pretty well, in spite of the handicap of their time-honored conserv

"Pape's Cold Compound" ends

# "Anthology? -- What's Anthology?"

Who Would Increase Weight And Put On Healthy Stay-There
Flesh

Thin men and women who would like to increase their weight with 10 or 15 pounds of healthy "stay-there' fat should try eating a little Sargol with their meals for a while and noteresults. Here is a good test worth trying. First weigh yourself and measure yourself. Then take Sargol—one table with every meal—for two weeks. Then weigh and measure yourself spain. It isn't a question of how you look or feel or what your friends say and think. The scales and tape measure will tell their own story. Many people, having followed these simple directions, report weight increases of from five to eight pounds with continued gains under further treatment.

Sargol does not of itself make fat but mixing with your food its purpose but mixing with your food its purpose is to the lit mixing with your food its purpose but mixing with your food its purpose is to help the digestive organs turn the fats, sugars and starches of what you have eaten, into rich, ripe fat producing nourishment for the tissues and blood—prepare it in an easily assimilated form which the blood can readlity accept. A great deal of this nourishment now passes from thin people's bodies as waste. Sargol is designed to stop the waste and make the fat-producing contents of the very same meals you are eating now develop pounds and pounds of healthy flesh between your skin and bones. Sargol is noninjurious, pleasant, efficient and inexpensive. George A. Gorgas and other leading druggists are authorized to sell it in large boxes—forty tablets to a pack-age on a guarantee of weight increase or money back as found in every pack-age.—Advertisement.

That's what I said to The Boss the other day after he'd called me on The Carpet.

You see, it was like this: The Boss gets an idea now and then-and this was one of them. So I'm called to The Carpet and he says to me: "Phil, you've got 'em coming fine on that Want Ad page but your batting average isn't perfect. Not by any means. Now here's my point. Folks in and around Harrisburg are achieving wonderful results from the Want Ad page; selling houses and lots, automobiles, furniture, livestock, in fact anything one might mention. They're having lost articles returned, obtaining competent help, filling vacant rooms and houses. You know it, and I know it, and it's up to you to let other folks know about it or your work is lumpy. What I want you to do is combine these results and write an anthology."

So I said "Yes Sir," and hunted up my dictionary, but mine is a 1914 model and of course the word wasn't there. However, orders are orders and-well, winter's coming on, and I've got to hold my job. I don't know yet what anthology means but I've got it-or them written, and beginning to-morrow night they'll be dealt out to the readers of the TELEGRAPH.

Oh, dear no, the price of the paper remains the same.

and 18 years.

No prettler, more attractive or more fashionable dancing dress than this one could be found. It shows both the new skirt with panel effect and also the overbodice idea which is so well liked. Here, it is made of pale blue faille silk with allover lace and trimming of tiny ribbon rosebuds. If a day-time frock were wanted, the blouse could be made with yoke and with long sleeves so that really the model serves a double purpose. For the high neck frock, it would be pretty to use plain taffeta for the skirt, the overbodice and the long sleeves with plaid taffeta for the panel and the surplice portions of the blouse and lace for the yoke. For the 16 year size will be needed, 5½ yds. of material 27 in. wide, 4½ yds. 36 or 44 in. wide, with 2½ yds. of all-over lace 36 in. wide to make as illustrated. The pattern No. 8842 is cut in sizes for 16 and 18 years. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents. Try Telegraph Want Ads

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8842 (With Basting Line and Added Seam Allowance) One-Piece Gown for Misses and Small Women, 16

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