

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance.

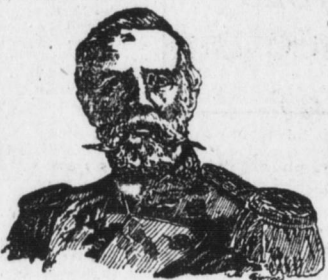
The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY.



TOBACCO for King Oscar 5c Cigars, when the quality is right up to the King Oscar standard, is bought in such quantity as to preclude any shortage if the next year's crop should not be up to the mark.

King Oscar 5c Cigars

It is never necessary to substitute other filler—there's always enough on hand. There's only one kind of domestic and Havana leaf good enough for the brand that is noted for its

24 Years of Regular Quality

PERFECT HEALING LECTURE SUBJECT

(Continued From Page 5.)

ed mentally, it is essential for us to see clearly that body is mental.

We have seen that matter is a mental phenomenon, a state of human consciousness, hence we logically conclude that the so-called material body is mental.

The appearance as well as the acts of a man express his individuality and partake of the nature and quality of his consciousness. The Scriptures say of a mortal, "As he thinketh in his heart, so is he."

Let us remember, therefore, that discordant conditions of the body are in fact due to discordant conditions of imperfect human sense.

For example, we are not conscious of the circulation of the blood nor of the assimilation of food, nor of the growth of tissues, yet these processes are all the manifestations of mentality, and would instantly cease were mentality removed.

Care of the Hair And Other Beauty Secrets

Switches will be unknown among women when they give as much care and attention to the hair as they do to the face and hands.

Not so much the big wrinkles, but the little ones are what rob the face of its youthful appearance. No matter how dandruff and falling, thin, scraggly hair will do well to shampoo at least twice a month with a teaspoonful of equal parts of lemon juice and cup of hot water.

Fashions decree that arms and neck should be entirely devoid of those ugly hairs. Using a cream, powder, or oils, only strengthens the roots, so the hairs grow thicker and stronger than before.

WIGS AND TOUPEES OUR SPECIALTY GENTLEMEN

If you have lost your hair why not remedy the defect, let us make you one of our new Toupees, detection impossible. Fit and match guaranteed.

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ated and a normal harmonious state be established.

Convincing Evidence

There is an old saying that, "The proof of the pudding is in the eating." When I first heard of Christian Science and began its investigation, it seemed to me necessary to determine whether the claims regarding its healing were really true.

Right spiritual knowing or real thinking expresses the activity of Truth in consciousness. The knowing of God is the appearing of Christ in us.

A Necessary Discrimination

It is thus seen that Christian healing is not brought about through any material means, but through the exercise in any form for these methods all involve belief in the reality of matter and evil, and simply effect the exchange of one belief for another.

When John the Baptist sent two of his disciples to determine whether Christ Jesus was the Messiah, Jesus, according to Luke's statement, having cured many of their infirmities and plagues, and of evil spirits, and given sight unto many that were blind, answered them, "Go ye away, and tell John what things ye have seen and heard; how that the blind see, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and to the poor the gospel is preached."

The fact that Christian Science heals can readily be determined by any sincere investigator, and the supporting evidence reveals its coincidence with the spiritual healing, thus proving this healing to be true and possible today and establishing the fact that Christian Science is Messianic.

The Philosophy of Christian Science Healing

We are now in a position to examine into the method by which Christian healing is scientifically demonstrated.

According to the Scriptural accounts, the healing wrought by the Master and his disciples was accomplished through mental or spiritual means alone, thus through some action of thought.

Christian Science teaches that Mind is that which thinks, that which expresses itself in ideas, intelligence, consciousness. Thus it is the basis of all manifestation, the Principle and Intelligence of the universe.

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Three Modes of Healing

Christian Science healing reaches the individual in three ways. First, through reading of Christian Science or hearing it spoken, the healing is accomplished when the truth of the written or spoken word enters a receptive consciousness and brings about a change in the quality of the thought.

Second, healing is effected through the effort made by a person to apply the Principle and rule of Christian Science to his own problem. This is accomplished by the study of the Bible and the Christian Science text-book and by the application of the Master's teaching in a scientific way.

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NERVOUS EXHAUSTION

Irritability, oversensitiveness, a disposition to worry over trifles, headache, dizziness—these are symptoms of nervous exhaustion, neurasthenia.

Very often the patient feels best and brightest at night. Rest seems to bring no refreshment; the nervous system fails to recuperate.

The treatment is one of nutrition of the nerve cells, requiring a non-alcoholic tonic. As the nerves get their nourishment from the blood, the treatment must be directed towards building up the blood.

Two useful books, "Diseases of the Nervous System" and "What to Eat and How to Eat," will be sent free by the Dr. Williams Medicine Co., Schenectady, N. Y., if you mention this paper.—Advertisement

Says Woman's Beauty Depends Upon Health

Health and Vigor Necessitate Regulation of Organs of Elimination.



MRS. GERTRUDE JORDAN

Skin foods and face creams and powders cannot make a woman beautiful, because beauty lies deeper than that—it depends on health.

The headache, the lassitude, the sallow skin, and the lusterless eyes are usually caused by constipation.

The ideal remedy for women, and one that is especially suited to their delicate organisms, is found in Dr. Caldwell's Syrup Pepsin, a mild laxative composed of opiate and narcotic drugs of every description.

Dr. Caldwell's Syrup Pepsin is sold in drug stores for fifty cents a bottle;

erroneous beliefs by the presence of divine Truth and Love in consciousness.

Third, healing is effected through the effort made by one person to apply the truth to the problems of another person. The possibility of another person healing another through mental endeavor has often been doubted and misunderstood, especially in Christian Science healing where there is no transfer of mortal thought.

Thought of Truth. When one knows the truth and reflects it, that consciousness becomes more spiritual and everything included in it and to which it is directed is benefited thereby.

[Continued on Page 14.]



Are You An American

That is, are you a regular, sure-enough American who loves his country and knows why?

The kind of an American that understands what his government is, who is able to say that it is the best and biggest on earth and then back it up with the facts?

If you are that kind of an American, but are a little shy on information, now is the time to post yourself.

In order to promote better citizenship this newspaper offers its readers, at cost price, the two patriotic books,

The American Government and The Panama Canal

By FREDERIC J. HASKIN

The Books That Show Uncle Sam at Work.

When you have read them you will be healed for any argument.

Don't let this chance get by you.

WHAT MR. ALLEN B. POND, President Chicago City Club, Says About These Books.

"They should get to the hands of as many American citizens as possible. Patriotism which expresses itself in terms of uniformed sentiment is quite as likely to be unfortunate on the community life as the lack of patriotism, and it is, therefore, of the highest importance that books which tend to create the well-informed patriot should be spread broadcast."

"ALLEN B. POND."

HOW TO GET THESE BOOKS

All that is required is one coupon cut from this issue of this newspaper and 98 cents, to cover the cost of production and handling. Fifteen cents extra by mail.

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