

Women AND INTERESTS

Making Light of Trouble

By Beatrice Fairfax
 "Build for yourself a strongbox."
 Fashion each part with care;
 When it's as strong as your heart can make it.

Put all your troubles there:
 Hide in it all thought of your failures
 And each bitter cup that you quaff;
 Lock all your heartaches within it—
 Then sit on the lid and laugh."

It never yet did people any good to talk about their troubles. But how many people do you know who fail to get a morbid sort of delight out of living their troubles over and over again?

It seems to me that it is rather an ignoble thing to want to bother other people with your sorrows. It ought to be left to your own eyes to see if that sorrow which is hidden away from sight and ignored, it would actually wither in the uncongenial dark of forgotten things and come at last to be only the weak little ghost of the great live pain it once was.

Laughing at trouble isn't as hard as it sounds; nor are the people who suggest it utterly hard-hearted and unsympathetic. It is just a philo-sophic and utilitarian principle sug-gested by wise folk who know that a tooth always aches most when you have nothing better to do than to think about it.

If you can resolutely fashion for yourself a large chest of forgetful-

ness and, playing the game with yourself honestly, can consign to it all your regrets for the lost yesterdays and all your sufferings be-cause of mistakes and unkindness and mischance, you are in a fair way to live in the happy possibil-ities of a bright to-morrow rather than in the bitter memories of a gloomy yesterday.

What possible good did it ever do anybody to sit and remember how painful the convalescence from some serious illness was? In fact, when did it ever fail to retard convalescence for the patient to recall and recount all the painful horrors of his sick-ness?

Life is very frequently a con-valescence from painful operation or serious illness and getting well is closely related to ceasing to be sick. Forgetting the unpleasant symptoms and concentrating on possibilities of joy has a lot to do with recovery. And why any one under the sun should wilfully and wantonly retard the period when he can go out into the sunshine of life and be happy is al-most more than any sane person can comprehend.

The Method
 To forget, first of all make up your mind to forget. Then look your troubles over in the face and say to it, "You aren't so very bad after all! Anyway, you are over and done with. And you're certainly not im-portant enough to remember."

When you have smiled a few times at the good things of life and be-come in friendly fashion, you will actually be able to laugh hon-estly and simply—not at what hurt you once, but with a full faith in the fact that it can hurt you no longer.

A SMART SUIT WITH MILITARY SUGGESTION

The Pattern for this Design Be-sides Allowing for All Seams, Gives the True Basting Line and shows Diagrams for Cutting and Making.

Each Piece of the Pattern Also is Lettered for Identification.

By MAY MANTON



8787 (With Basting Line and Added Seam Allowance) Boy's Suit, 8 to 12 years.

The pattern for this design, besides allowing for all seams, gives the true basting line and shows diagrams for cutting and for making.

Boys will be delighted with this suit, for it hints strongly of the soldier, yet it is not aggressively military, and is one of the very new ones with the flaring coat portion and with a yoke. If the six pockets seem too many, those on the belt or those on the upper part of the coat or both may be omitted.

The trousers of the knickerbocker sort, finished with hems and elastic. The suit is one of the newest and the smartest of the season and at the same time, it is simple and one can be made at home without difficulties. In the picture the material is Navy blue serge, but all the material that are available for boys' suits are appropriate, and this year a great deal of chevot and of frieze will be worn.

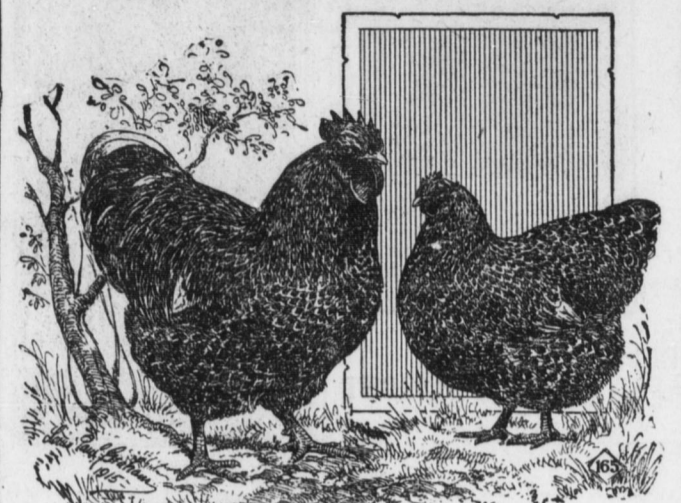
The pattern allows all the seams and at the same time, gives the true basting line, so that it is the easiest thing in the world to cut out the material and to baste and sew accurately. The fact that the coat is made in sections, so to speak, makes it an easy one to handle and an easy one to manage. The belt conceals the seam joining body and skirt portions.

For the 10 year size will be needed 3 3/4 yds. of material 36 in. wide, 3 yds. 44, 2 1/2 yds. 54.

The pattern No. 8787 is cut in sizes from 8 to 12 years. It will be mailed to you at the address by the Fashion Department of this paper, on receipt of ten cents.

POULTRY NEWS

How to Have Prize Winners at the Winter Poultry Shows



Single Comb Diamond Jubilee Orpingtons
COPYRIGHT, 1915.

Odd but handsome is the coloration of this variety of general purpose fowl, originated in England in 1897 and named in honor of Queen Victoria's jubilee. The ground or body color is reddish buff, each feather ending in a black bar tipped with a large white spangle. In the males some of the sickles are solid black, some solid red, some solid white, and often a single sickle or flight feather may contain all three colors.

When full grown the males weigh 8 1/2 to 10 pounds, the females 7 to 8 pounds. They are full breasted and plump, and broiler size to maturity, so that they may be killed and dressed profitably at any age. The hens are

good layers of large, tinted eggs, and will become broody, sit and hatch and rear the chicks. The chicks are hardy and make rapid, vigorous growth. The fowls do well in confinement and make an ideal backyard flock—both good looking and profitable.

In many sections of America Orpingtons are as popular as American breeds, such as Plymouth Rocks or Rhode Island Reds. They are shown in large numbers at the leading winter shows, and competition in them has increased. American fanciers have sent thousands of dollars to England to import fine specimens.

The Diamond Jubilee Orpingtons are not as popular as other varieties of the same breed.

Success in Exhibitions Depends Largely Upon the Conditioning of Birds; Extra Care Well Worth While

By Michael K. Boyer
 Poultry Editor of the Farm Journal
 COPYRIGHT, 1915.

This is the time to begin preparing fowls for exhibitions at the winter shows. Only by competing with other fanciers can the amateur gauge the worth of his stock; and when he does compete he cannot take too much pains with the conditioning of the birds. In this article Mr. Boyer tells how to give the fowls the extra care that often will enable him to secure the prize which otherwise would not have been won.

The legs carefully oiled and rubbed with sweet oil; and a little vaseline rubbed on the comb and wattles, will be about all that will be necessary.

Birds reserved for exhibition should now be placed in different quarters, and the sexes separated to avoid breaking of feathers. Any broken or off-colored feathers can be plucked, and if done at once the possibility is that they will grow out properly in time for the show. False or off-colored feathers are not necessarily a sign of impurity. In many cases they are caused by a bruise or injury to the feather when growing.

Another important matter to attend to is to examine the bird carefully to ascertain if there is any vermin present. A thorough dusting with a reliable insect powder (such as a coal tar product) is a good precaution even if no vermin are seen. Lice are sly and often hard to detect, so that the dusting will be advisable.

I do not think that it is just the right thing to wash birds. If every exhibitor would exercise great care to keep his fowls clean, and then enter them in their natural condition, it would give better satisfaction all around. If I were a poultry judge and found two birds equal in quality, the one naturally white and the other washed to shine, I would surely give the award to the former.

How to Wash the Fowls
 But where good birds show dirt on their plumage, washing is the only alternative. For this purpose castile or other white soap and warm water are used. The temperature should be about 90 degrees. In a few hours the bird will start to plume itself and be perfectly dry.

In washing the fowl, two tubs are filled half full with water just hot enough for the hand to feel comfortable in it. Make lather and with a sponge rub the feathers thoroughly, rubbing with and not against the feathers. Every part must receive attention, care being taken to remove every particle of dirt.

The bird is then placed in the second tub and the plumage is rinsed with a sponge saturated with water, to remove the suds. Too great care cannot be taken in this particular, as soap allowed to remain on the plumage will make the lather gritty, blotchy, and the feathers will not take the bluing water evenly.

A final rinsing is then given in a tub of clean, cold water, to which a little liquid bluing has been added. Too much bluing must not be used, as it will show next to the quills in the web of the feathers, and the judge is apt to give the award to a more careful exhibitor.

After rinsing the bird thoroughly in this bluing water, squeeze the water out of the plumage, and dry the feathers with towels. Then place the bird in a coop, which should have the top and sides covered with muslin, the front slatted, and the floor littered with straw. This washing process is followed by attention to the comb, wattles and legs.

The Standard of Perfection must be used as the guide in the selection of exhibition fowls, and special note must be made of the disqualifying clauses. Much discouragement has been evinced through carelessness on the part of the exhibitor. It requires grit and pluck to be a successful exhibitor. The man who cannot stand up in the face of defeat is not a good sport.

Conditioning Is Most Important
 The main thing in showing is to have the fowls in the proper condition when in the showroom. They must be well exercised as possible so that they may be handled properly and not be frightened while in the cages. Many a good bird has lost a prize for no other reason than that it was wild and excited in the cage, and would not pose or stand.

For two weeks before the exhibition the birds should be placed in a cage so that they may learn to be quiet and not staled when any one approaches them. The value of this fact is illustrated by Judge J. H. Drevenstedt, in the book "Poultry Secrets." Mr. Drevenstedt says a prominent exhibitor at the New York show had imported a fine Black Red Game cockerel from England, took it from the steamer direct, and placed it in a cage; another exhibitor had a bird of the same variety in a cage close by. When the judge poked his stick into the cage where the English bird was, the latter would try to "fly the coop." In other words, it would not pose nor stand while being examined. The American-bred bird, when touched by the judging stick, knew its business and showed its training by posing nicely, and won the prize. Yet the foreign cockerel was intrinsically by far the better bird; it simply was not in proper condition to show its superior points when the judge came around.

Therefore it will be seen that it is time well spent to tame and train the birds.

Have the Birds Clean When Shown
 White birds, it is held, are the hardest classes to judge or exhibit, so conditioning is a very important factor. If the poultryman keeps his premises clean and the floors of the houses well covered with clean straw, there will be little if any necessity for washing the fowls before they are placed on exhibition. A thorough rubbing of the feathers with a soft cloth to remove any dust that may be on them;

Where Did the Panama Canal Employes Go?

Disposing of the men who built the Panama Canal has been one of the most difficult problems confronting the canal zone government ever since the completion of the canal. There are thousands of laborers on the Isthmus who will not be needed for the actual operation of the canal, and there are tasks for them to work upon.

The most important of these is, of course, that of fighting the slides, which requires a large force working in three shifts. Then there are the great dry docks, which have just been completed, and employment for a number of men was created by the last dry dock in Colon which swept away many blocks of rickety wooden shacks. These are now being rapidly replaced by fire-proof concrete structures, and the laborers engaged upon this job are living in government army tents the while.

Interesting light upon the nationalities of the men who built the canal is afforded by the lists of those that have been seen to look to their homes since the bulk of the construction work was completed. There were 6,773 of these in all, of which 4,908 were West Indians, most men from the Barbados and Jamaica. 1,222 were Americans, and 443 European, mostly Spaniards. Thus the claim of the West Indian that he is "the man that dug the canal," is strongly supported. He is still very much in evidence on the Isthmus, too, and he has a well-earned reputation for loyalty and adaptability. His sense of humor has also gained him a reputation. Some of the letters written by West Indian laborers to Col. Goethals have been published, and widely read for their unconscious humor and native eloquence.

On the whole, the canal has been as good for the West Indian as has the West Indies for the canal. The high wages paid on the Isthmus have enabled him to return to his native island and to settle in the United States.

If you would like to know all the facts about the building and operation of the great Isthmian waterway, as well as the story in detail of the working side of the entire federal government, you should read the two great patriotic books, "The Panama Canal" and "The American Government," both by Fredrick J. Haack. Read the offer of the Telegraph to its readers in the coupon printed elsewhere in today's issue.



Pleasure and Profit

You can have both by keeping poultry.

But pleasure in poultry keeping depends largely upon the profits. To make money with poultry, you must know how to care for them.

The International Correspondence Schools will train you in the methods that have enabled hundreds to build up profitable back-yard flocks and scores to establish highly-profitable farms.

Earn \$1 an Hour Keeping Chickens

Many men and women who have applied the methods given in the I. C. S. Course in Poultry Farming are making their spare time pay them a dollar an hour. They keep their tables supplied with eggs and meat and have a surplus to sell at high prices.

"By applying the methods I learned from the I. C. S. Course in Poultry Farming, I made \$165.21 profit from 90 hens in the last six months and increased my flock by 100 pullets and 15 cockerels," writes J. B. Myers, Muskogee, Okla. "My profits last year, before I began studying poultry farming, were only \$28.59."

"After failing with poultry four times I enrolled in the I. C. S. Poultry Farming Course, started again, and am making \$24.00 a month from 100 common hens. The course is worth ten times what I paid for it," says E. J. Hennessy, Hecla, Pa.

Get This Free Poultry Book

An illustrated 56-page book, explaining how you can get the training that will enable you to succeed with poultry, will be sent free on request.

This book tells how you can build up a business from a small beginning. It shows how you can learn to breed and feed for market, win prizes at poultry shows, and make money from poultry the year around. To get this valuable book

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 Box 1680 SCRANTON, PA.

Explain, without any obligation on my part, how I can qualify for the position before which I mark X:

<input type="checkbox"/> Poultry Farming	<input type="checkbox"/> Mechanical Engineering
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<input type="checkbox"/> Live Stock and Poultry	<input type="checkbox"/> Chemical Engineering
<input type="checkbox"/> Civil Service	<input type="checkbox"/> Civil Engineering
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Lebanon, Pa., 1-9-15.
 You are at liberty to use my name and testimony for advertising CafA'so tablets, and you may refer any person to me and I will gladly tell them the good they have done for me.

Wishing you success,
 am yours truly,
 MRS. LIZZIE FRITZ,
 721 Spring Ave.

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Lebanon, Pa., 1-9-15.
 You are at liberty to use my name and testimony for advertising CafA'so tablets, and you may refer any person to me and I will gladly tell them the good they have done for me.

Wishing you success,
 am yours truly,
 MRS. LIZZIE FRITZ,
 721 Spring Ave.

NEWS ITEMS OF INTEREST IN CENTRAL PENNSYLVANIA

Marietta. — To-day the first county convention of Red Men of Lancaster county was held in the Christiana Red Men's Hall. Hundreds of members from all sections of the county were in attendance, and a feature of the day was the big parade, in which elaborate costumes of degree teams were displayed.

Landis Valley. — An all-day convention of Sunday school workers and clergymen, was held to-day in the Landis Valley Church.

Waynesboro. — W. N. Trainer, of Chester, Pa., has been elected general secretary of the Young Men's Christian Association, and will enter upon his duties here November 1.

Lebanon. — More than 7,500 persons marched in a club and Sunday school parade as a demonstration to Dr. H. W. Stough, the evangelist.

Waynesboro. — Town council last night decided to sell the old fire company building, motorize the fire company, and build a new fire house with all improvements.

Waynesboro. — Mr. and Mrs. A. A. Haines, who had charge of Glendon Heights at Pen-Mar, the past season, left this afternoon for Greenville, S. C., where they will reside during the winter. They will return to Pen-Mar next Spring.

FEATURES OF NEW COATS

The Dry Goods Economist says that the high collar half covering the ears continues to be a notable feature of many of the best separate coats. Other novelty forms of high collars are also being shown. A few extreme coats have the entire federal collar. The sleeves are of various types. In addition to the regulation coat sleeves many raglan effects are selling. Sometimes the sleeves are set on at the low shoulder line and modifications of the kimono idea are noticed in some evening wraps. Many novel pockets are being used, including the military pockets, patch pockets and perpendicular pockets, and lined with fur or some other form of trimming.

MRS. CAROLINE ZINK DIES

Marietta, Oct. 23. — Mrs. Caroline Zink, aged 84, died last night at the home of her son, George Zink. She was a native of Baden, Germany, and is survived by four children, 17 grandchildren and five great-grandchildren.

DIES AT SUPPER TABLE

Columbia, Pa., Oct. 23. — Adam B. Greenwalt died suddenly at his home at Kinderhook, while seated at the supper table. His head fell forward to the plate and death was almost instantaneous. Mr. Greenwalt had recovered from an attack of typhoid fever, and it was thought his physical condition was much improved. Heart disease is attributed as the cause.

Your Pullets should be Laying Now

They are old enough and strong enough. Hens, too, should be through the molt and laying regularly. With fresh egg prices so high, every day lost is money lost. Get the eggs. Give.

Pratt's Poultry Regulator

It makes them lay. Puts more "health" into feed, reduces waste, prevents sickness. It does so much and costs so little—about a cent per hen per month—you cannot afford to try to get along without it.

Guaranteed to satisfy or money back.

25 lb. pail, \$2.50. Packages at \$1.00, 50c and 25c.

SOME OTHER ESSENTIALS:
 Pratt's Poultry Disinfectant, \$1.00 a gallon.
 Pratt's Poultry Lice Killer, 50c and 25c.
 Pratt's Roup Remedy (Tablets and Powder), \$1.00, 50c and 25c.

They do even more than these names suggest. PRATT'S is easy to get. You will find them at Feed, Seed and Poultry Supply Houses.

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AND RECOMMEND IT TO OUR TRADE. CALL OR WRITE FOR PRICES. RUTHERFORD BROS.

SKIN GRAFTING SAVES BOY

Special to The Telegraph

Mechanicsburg, Oct. 23. — Charles Warner, who was badly burned by a firecracker on July 6, is much improved and it is believed the skin grafting operations will be a success. A total of 191 pieces of skin have been planted on the boy's back.

L. C. SMITH & BROS. TYPEWRITER CO.

Geo. P. Tillotson, Mgr.
 Have located opposite OPRHEUM
 211 Lehigh Street
 Machines Rented—Exchanged
 Some second-hand bargains

Buy GOOD Coal & LESS Coal

The better the coal you buy—the less you have to buy—and the less you have to buy, the lower becomes your aggregate coal expenditure.

Since all coal—good, better and best—costs the same per ton, don't you think it the part of wisdom to get the best for your money, and keep the total expenditure down?

Buy Montgomery Coal—its quality has been known for years—there is none better.

J. B. MONTGOMERY
 Both Phones Third and Chestnut Streets

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WORLD FAMOUS EMBROIDERY PATTERN OUTFIT
 PRESENTED BY HARRISBURG TELEGRAPH

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THE WORLD FAMOUS EMBROIDERY OUTFIT is guaranteed to be the best collection and biggest bargain in patterns ever offered. It consists of more than 450 of the very latest designs, for any one of which you would gladly pay 10 cents, best hardwood embroidery hoops, set of highest grade needles (assorted sizes), gold-tipped bodkin, highly polished bone stiletto and fascinating booklet of instructions giving all the fancy stitches so clearly illustrated and explained that any school girl can readily become expert.

SEVERAL TRANSFERS FROM EACH DESIGN—ONLY SAFE METHOD

All old-fashioned methods using water, benzine or injurious fluids are crude and out-of-date. This is the only safe method. Others often injure expensive materials.

N. B. Out of Town Readers will add 7 cents extra for postage and expense of mailing.



Blow Your Stumps Into Firewood

Clear up that plowed land—take out those stumps that occupy valuable space and damage your tools. Clean out that stump lot and make it the most fertile on your farm. It pays to keep the stumps for fuel, and they will be split ready to burn, clean and free from dirt, when you blast them out with

Atlas Farm Powder
 THE SAFEST EXPLOSIVE
 The Original Farm Powder

You can do the work yourself quickly, cheaply and easily, without experience or expensive tools. Bore a hole, load it, light a fuse, and the work is done! Atlas Farm Powder, sold by dealers near you, is made to do farm work.

Make your poorest fields give you big crops by breaking up the subsoil and releasing plant food with Atlas Farm Powder. Dig in a day a ditch that a dozen men couldn't dig in a week. Plant fruit trees in blasted holes; save two years.

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Our book, "Better Farming," will help you make more money. It explains how to improve the soil and do many kinds of work quickly and easily with Atlas Farm Powder. It is valuable to every land owner. Mail the coupon and get it now.

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