

WOMEN AND THEIR INTERESTS

Are You Fond of Yourself?

By BEATRICE FAIRFAX
Pride is generally considered as a rather contemptible thing. It is, unless it has the right foundation. To be proud of the circumstances into which chance has thrust you, to be proud of the beauty with which a clean-living line of ancestors has dowdyed you, or to be proud of the wealth with which a hard-fisted grandfather has invested you—any of these is indeed a contemptible form of pride.

NEAL of the NAVY
By WILLIAM HAMILTON OSBORNE
Author of "Red Mouse," "Running Fight," "Catspaw," "Blue Buckle," etc.
Novelized from the Photo Play of the Same Name Produced by the Pathe Exchange, Inc.

scrutiny. "Here's the mine marked on the island with a cross—what kind of a mine—what's cinnabar?"
"Quicksilver ore," returned the girl. "It must be a quicksilver mine."
"Nothing else upon it, except the words 'Stone castle,' nothing else."
The girl sprang to her side. "Yes," said the girl, "these two other words below."

A NEW AND GRACEFUL SKIRT

A Sectional Model that is Simple and Adapted to Many Materials.

By MAY MANTON



8762 Sectional Skirt, 24 to 32 waist.

Sectional skirts make an important feature of the latest fashions. This one consists of three straight pieces, each joined to the other beneath the finished edge. It flares most generously at the lower edge, yet with only moderate fullness at the belt.

Peaches and Cream!
Doesn't the thought of them make your mouth water? Why not get strength as well as palate-pleasure by eating them with SHREDDED WHEAT
The filmy, porous shreds of baked whole wheat give palate-joy as well as stomach satisfaction. In Shredded Wheat Biscuit you get the strength-giving, body-building elements of the whole wheat grain in a digestible form.

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Direct from our oven to your table.
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Mane-hexley Hose
That's your guarantee—in writing—on every box.
It figures out a fraction over 17c. a pair. In fineness of weave, in shapeliness and in color fastness, they are beyond compare.

A REAL FLESH BUILDER FOR THIN PEOPLE
Who Would Increase Weight and Put on Healthy Stay—There Flesh
Sargol does not of itself make fat but mixing with your food its purpose is to help the digestive organs turn what you have eaten, into rich, ripe fat producing nourishment for the tissues and blood—prepare it in an easily assimilated form which the blood can readily accept.

Save This Coupon for The American Government AND The Panama Canal
BY FREDERIC J. HASKIN
THE BOOKS THAT SHOW UNCLE SAM AT WORK.
THE HARRISBURG TELEGRAPH

CHAPTER XVIII.
Scar Face.
Welcher, upon the advent of Inez Castro, had left the room. Inez had handed him a slip of paper—one that he was anxious to peruse. He went below to read it. It was another little seductive note from her, asking him to meet her once again at their trying place—Lonesome Cove inn, three miles south of Seaport.

CHAPTER XVIII.
Scar Face.
The real secret of keeping young-looking and beautiful, says a well-known hygienist, "is to keep the liver and bowels normally active. Without these requisites, poisonous waste products remain in the system, polluting the blood and lodging in various organs, tissues, joints. One becomes flabby, obese, wrinkled and slow of mind or nervous."

Chief Cause of Pimples, Blotches, Sallow Skin
(Messenger of Health.)
Unslightly eruptions, pimples, boils, blotches, sallow or muddy skin, usually are due to a sluggish liver, a constipated bowel—and a polluted blood stream as a consequence.

Great Demand for New Constipation Remedy
They say that the advent of the "sentinel" tablets as a vegetable substitute for calomel has resulted in an extraordinary demand for this remarkable product. It seems to have made a hit particularly with those afflicted with chronic constipation, who were quick to recognize its advantages over calomel and the usual laxatives.

RUDOLPH K. SPICER
FUNERAL DIRECTOR AND EMBALMER
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by putting into your cellar as much high grade Sun-Glo Coal as you can conveniently store.
Serious trouble is expected in the coal regions owing to the scarcity of experienced miners.
"Poorly prepared" coal will be put upon the market in an effort to fill all orders as fast as they are received.

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To indicate you are a regular reader you must present ONE Coupon like this one, with 68 cents.
THE WORLD FAMOUS EMBROIDERY OUTFIT is guaranteed to be the best collection and biggest bargain in patterns ever offered. It consists of more than 450 of the very latest designs, for any one of which you would gladly pay 10 cents, best hardwood embroidery hoops, set of highest grade needles (assorted sizes), gold-tipped bodkin, highly polished bone stilette and fascinating booklet of instructions giving all the fancy stitches so clearly illustrated and explained that any school girl can readily become expert.

Neal of the Navy
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