

What Dyspeptics Should Eat

Indigestion and practically all forms of stomach trouble are, nine times out of ten, due to acidity; therefore stomach sufferers should, when ever possible, avoid eating food that is acid in its nature or which by chemical action in the stomach develops acidity. Those sufferers who have been obliged to exclude from their diet all starchy, sweet or fatty food, and are trying to keep up a miserable existence on glutten products, should try a meal of any food or foods in moderate amount, taking immediately afterwards a teaspoonful of bisurated magnesia, in a little hot or cold water. This will neutralize any acid which may be present, or which may be formed, and instead of the usual feeling of uneasiness and fullness, you will find that your food agrees with you perfectly. Bisurated magnesia is doubtless the best food corrective and antacid known. It has direct action on the stomach, but by neutralizing the acidity of the food contents, and thus removing the source of the acid irritation which inflames the delicate stomach lining, it does more than could possibly be done by any drug of medicine. Do not dose an inflamed and irritated stomach with drugs but get the trouble at the cause of all the trouble, eat a little bisurated magnesia from your druggist, eat what you want at your next meal, take some of the bisurated magnesia as directed above, and note the remarkable results. Bisurated Magnesia, No. 25 P. 25th St., N. Y. C.

Walter Replies to Lynch's Refusal to Lease Repair Plant

Alderman Charles P. Walter, who made the impossible suggestion to council that he be permitted to rent the city's own asphalt repair plant, as a private contractor in competition with other contractors, to-day made an attack on City Commissioner Lynch, summed up in the following statement addressed to the Telegraph: "In reply to September 15, regarding the action of William H. Lynch, superintendent of streets, at the last meeting of council and his excuse that it was illegal to lease the city asphalt plant, I beg to say this statement is misleading and made for the purpose of deceiving the taxpayers. Both Mr. Lynch and City Solicitor Daniel S. Seitz are acquainted with the fact that at this time the city highway department is working on contracts made in private and doing the work. As a citizen and a taxpayer of the city of Harrisburg I feel it my duty to spend all the money possible within our city border, especially when doing city work, and securing the same equivalent here as elsewhere. If I can rent the city asphalt plant, I will employ the city labor and buy my necessary tools and materials in Harrisburg for the same amount of cash that I would pay out of the city, should I not give my home town the preference of my purchases. I have no hard feeling for Lynch, but I would like a square deal."

The Most Tremendous Explosion in Piano Prices and Terms in the World's History.



LESS THAN 300 PIANOS TO SELL. COME AND MAKE YOUR SELECTION NOW—NAME YOUR OWN TERMS

Women and their Interests

Picking a Bridegroom by His Looks

By DOROTHY DIX. Aren't girls the silly geese? They use so little real intelligence in judging a man, and measure him by such idiotic standards, that the wonder is that many of them have the luck to get good husbands. Lately I have had an amusing and pathetic illustration of this, in a number of letters I have received from girls who say that they are in love with men who hesitate to marry a man should be except tall, they write that these men are moral, upright, industrious, intelligent—the very sort of men that makes the best husbands—but that they hesitate to marry a man who is shorter than they are for fear their friends will ridicule them. Isn't that enough to make you laugh or cry? Think of a body having little enough sense to judge a man by his inches, as if he were a bolt of ribbon, and the more of him there was the better bargain you got for your money! Think of choosing a husband by his height, as if he were a telephone pole!

Let me tell you one thing, girls: It isn't the distance a man's head is above the ground that counts. It's what's in that head. Counts are nearly always false, and some of the greatest men the world has ever produced have been little men. If you were a tall girl you would have felt perfectly foolish tangoing with a sawed-off man like Napoleon. "Bobs" commanded a million men, great grenadiers who could almost have put him in their pockets. Kipling is an undersized man, and Barrie isn't much bigger than a boy. Jay Gould and Harriman were both little men, but they jugged with railroads as children play with toys.

When Nervous and Run Down.

Corry, Pa.—"A lady next door recommended me to use Dr. Pierce's Favorite Prescription. I was in a nervous and run-down state. I had no disease that I knew of but was dragging around. I used 2 bottles of Favorite Prescription and it was very good. It did all I could expect and I got over my nervous, run-down condition. I always think well and speak favorably of Dr. Pierce's Favorite Prescription."—Mrs. O. W. SAMPLE, 35 Brook St. The mighty creative power of Doctor Pierce's Favorite Prescription speedily causes all womanly troubles to disappear—compels the organs to properly perform their natural functions, corrects displacements, overcomes irregularities, removes pain and misery at certain times and brings back health and strength to nervous, irritable and exhausted women. What Doctor Pierce's Favorite Prescription has done for thousands it will do for you. Get it this very day from any medicine dealer, in either liquid or tablet form, or write Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for confidential medical advice, free and without favor, or send for free book on Diseases of Women. If your druggist does not sell the Tablets send 50 cents to Dr. Pierce.

A FASHIONABLE AUTUMN GOWN

The Pattern for this Design Besides Allowing for All Seams, Gives the True Basting Line and Shows Diagrams for Cutting and Making.

By MAY MANTON



8776 One-Piece Gown with Waist and Skirt in One, 34 to 42 bust.

Women who are considering the problem of altering last season's gowns will find this design a real boon, while at the same time, it is charming for new materials. It is really very simple and easy to make and it gives the newest and smartest features. Blouse and skirt are cut in one and since the joinings are made on indicated lines, it is a very easy matter to use two materials. A great many gowns of last season will provide sufficient material for the upper part of the skirt, the lower part of the blouse and the sleeves and when combinations are in vogue, it is an easy matter to find something suitable for the rest of the gown. It is necessary only to cut above the indicated lines for the one material and below for the other and then join on these lines, for after that is done, the making proceeds exactly as if one material were used throughout. For college and for general wear, the gown would be charming made of gabardine throughout or of shepherd's check or, for more dressy occasions, of taffeta.

For the medium size will be needed 3 1/4 yds. of serge 44 in. wide with 3 1/4 yds. of satin 36 in. wide to make as illustrated; or, 9 1/4 yds. 27 in. wide, 7 3/4 yds. 36, 5 1/4 yds. 44, to make of one material.

The pattern No. 8776 is cut in sizes from 34 to 42 inches bust measure. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Bowman's sell May Manton Patterns.

ROTARY WHARTON BOOSTERS. Announcement was made this morning by Arthur D. Bacon, president of the Rotary Club, that the following members of the club will act as a committee to assist the Harrisburg Wharton Extension School this year: C. Harry Kain, chairman; D. D. Hammebaugh and Dr. D. J. Reese.

LOSES JEWELS IN FIRE. Miss Eva Obrosky, daughter of Louis Obrosky, 16 Dewberry street, fainted from fright during the fire. She picked up a box containing jewelry and other trinkets, and ran out of her home. On her way to a place of safety she fell over unconscious, losing the box containing the jewels.

INDOOR LIFE MAKES FAT

TAKE OIL OF KOREIN TO KEEP WEIGHT DOWN, OR TO REDUCE SUPERFLUOUS FAT

People who are confined within doors and who are deprived of fresh, invigorating air and exercise must take precaution to guard against over-stoutness, as fat acquired by indoor life is unhealthy and a danger to the vitals of the body. Lack of exercise in the fresh air weakens the oxygen-carrying power of the blood, so that it is unable to produce strong muscles and vitality and the formation of unsightly and unhealthy fat is the result. If you are 15 or 20 pounds above normal weight you are daily drawing on your reserve strength and are constantly lowering your vitality by carrying this excess burden. Any person who is satisfied in the evening that they are stout should go to a good druggist and get a box of oil of korein capsules, and take one after each meal and one just before retiring at night. Even a few days' treatment should show a noticeable reduction in weight, digestion should improve, energy return, footsteps become lighter and the skin less flabby in appearance. Oil of korein is inexpensive, cannot injure, helps the digestion and is designed to increase the oxygen-carrying power of the blood. Any person who wants to reduce their weight 15 or 20 pounds should get a trial box of korein capsules. There is nothing better. — Advertisement.

12 doses, 10c — For Headaches — 25 doses, 25c.



Lebanon, Pa., 1-9-'15. You are at liberty to use my name and testimony for advertising Cafaso tablets, and you may refer any person to me and I will gladly tell them the good they have done for me. Wishing you success. I am yours truly, MRS. LIZZIE FRITZ, 721 Spring Ave.

Try Telegraph Want Ads

Name the Price Yourself

We are selling Pianos so fast that we have lost all interest in price or terms. We have sold more Pianos in the past few days than has been sold in Harrisburg in the past six months. We will continue to cut and slash the price until the last one has been disposed of. This is positively final. Can you imagine such instruments as "Chickering," "Kimball," "Winter," "Rudolf," etc. These instruments are here and must be sold regardless of cost or value. Come in to-day or to-night. We are open every evening until 9 o'clock.

New Pianos Cut to \$75

To avoid the possibility of any Piano remaining unsold we have decided to cut the price of new Pianos to \$75. This is a final effort to move these Pianos. The floors are jammed with the finest assortment of Pianos ever assembled in the City of Harrisburg. Come at once. Take your choice of any Piano in the entire floor.

A Spot Cash Special

\$40

We have three Pianos that we will sell at the above price for spot cash. These Pianos are worth in dollars and cents three times this amount of money. This is a special proposition for one day only.

A Big Sensation Now on Sale

Read This



We Must Sell This Stock. This Is One of the Bargains

These Floors Must Be Cleaned, Every Piano Must Be Sold, This Is Final

| | | | |
|--|--|--|--|
| <p>WAS \$350</p> <p>NOW \$104</p> <p>\$2 DOWN</p> <p>\$1.00 PER WEEK</p> <p>STERLING</p> | <p>WAS \$325</p> <p>NOW \$98</p> <p>\$2 DOWN</p> <p>\$1.00 PER WEEK</p> <p>BAUER</p> | <p>WAS \$375</p> <p>NOW \$110</p> <p>\$2.00 DOWN</p> <p>\$1.00 PER WEEK</p> <p>KIMBALL</p> | <p>This \$500 Player Piano will be placed on sale tomorrow morning at the ridiculous price of \$240</p> <p>A good bunch of music rolls free with this Player. A ten-year guarantee and a year's free tuning. Also a beautiful bench and scarf.</p> |
|--|--|--|--|

We Are Selling Pianos Like Hot Cakes, New Pianos Cut in Two--Any Price Buys a Piano \$10 DOWN. \$2 A WEEK

WE ARE OPEN EVENINGS TILL 9 O'CLOCK

Winter Piano Co. 23 N. 4th Street Harrisburg, Pa.

R. R. Fares Paid Both Ways to Out-of-Town Purchasers. Freight Paid to Out-of-Town Purchasers.

mentals: Skill, 50 per cent.; Temperament, 20 per cent.; Experience, 15 per cent.; Luck, 15 per cent. "We all know that skill is the ability to play the different shots, to drive, approach, and putt. We know what experience is and we know what luck is. "But again—just what is this Temperament? Here it is that the psychologists and experts and students of the game all sadly differ. Some call it courage; others call it lack of nerves; others call it control of nerves. But no satisfactory definition has ever been offered. The best definition I know is: Golf temperament is control of nerves, which is easily understood, plus the mental attitude for any one day, which is a mystery. It is this mental attitude for the day, this feeling that no man can tell on what day his game will be at its best or worst that causes all the trouble. "Here is an example of the latter section of temperament, i. e., Mental Attitude for the day. In the recent British Amateur championship Harold Hilton had his hardest work cut out in the early part of the draw. Hilton, playing fine golf, won these early matches, and when he had defeated Harris it seemed that nothing could head him off from another championship. There was no golfer left supposed to be in his class. He should have had the feeling of utmost confidence. Then he met Blackwell. In this match Blackwell was not playing any wonderful golf. But on the first green Hilton took three putts. And from that point on his putting and his short game simply got beyond his grip. He fought his best, but could not get going.