

Tastes good, is good
 Not everything that tastes good is good for you, but when you eat

SHREDDED WHEAT
 With Peaches and Cream

you treat yourself to palate-joy and stomach comfort, and you get the maximum of nutriment with the least tax upon the digestion.

Heat one or more Biscuits in the oven to restore crispness; cover with sliced peaches and pour over it milk or cream and sweeten to suit taste.

Try it for breakfast
 Eat it for lunch
 Serve it as a dessert for dinner

GIANT SEQUOIA TREES ARE 3,000 YEARS OLD

More Than a Million Monster Sequoias Grow Together in One National Park

The Sequoia National Park is twenty-four years old, yet, east of the Rockies, it is scarcely known. Yellowstone and Yosemite are the only two names which the enormous majority of easterners think of when National Parks are mentioned. Nevertheless, Sequoia is, perhaps, in point of average beauty, the superior of all. It was dear to the heart of John Muir, Father of National Parks and Chief Geographer R. B. Marshall, who knows them all as no other man knows them, having surveyed or traversed them in person has declared in print that it possesses beauty as great as all others combined.

It is par excellence the camping-out park, as some day will be discovered. Perhaps the most potent reason for its lack of celebrity is that this is the Big Tree Park, and the general public associates the Big Trees of California with Yosemite. The Mariposa Grove, within easy reach of the Yosemite Valley, contains several enormous sequoia trees. In fact the Yosemite National Park contains three groves of these giants, the two others being the Merced and Tuolumne Groves, which lie within easy reach to the northwest.

The Sequoia National Park, however, which lies many miles south of Yosemite, was created to preserve, for the use and pleasure of the people of the United States, by far the greatest grove of the oldest, the biggest, and the most remarkable trees living in this world. They number 1,166,000. Of these, 12,000 exceed 10 feet in diameter. The General Sherman tree, most celebrated of all, is 275 feet high with a diameter of 36.5 feet. The Abraham Lincoln tree is 270 feet high with a diameter of 31 feet. The William McKinley tree is 291 feet high with a diameter of 28 feet.

Of Mighty Dimensions The General Grant National Park is usually mentioned with Sequoia because though separated by six miles of mountain and forest, the two are practically the same national park. It contains the first and oldest living created only for the protection of the General Grant tree, a monster sequoia 284 feet high and thirty-five feet in diameter. But General Grant shares his domain with distinguished neighbors, notably the George Washington tree, which is only nine feet less in height and six feet less in diameter. The sequoias are the oldest living things in this world. "They are the connecting link," writes Ellsworth Huntington, "between the ancient East and the modern West."

"Three thousand fence posts sufficient to support a wire fence around 8,000 or 9,000 acres, have been made from one of these giants, and that was only the first step toward using its huge carcass. Six hundred and fifty thousand shingles, enough to cover the roofs of seventy or eighty houses, formed the second item of its product. Finally there still remained hundreds of cords of firewood which no one could use because of the prohibitive expense of hauling the wood out of the mountains. The upper third of the trunk and all the branches lie on the ground where they fell, not visibly rotting, for the wood is wonderfully enduring, but simply waiting till some foolish camper shall light a devastating fire."

"Huge as the sequoias are, their size is scarcely so wonderful as their age. A tree that has lived 500 years is still in its early youth; one that has rounded out 1,000 summers and winters is only in full maturity; and old age, the three score years and ten of the sequoias does not come for seventeen or eighteen centuries."

Why Businessmen See the Return of Prosperity

[Here are the salient facts in the business situation of the country today as outlined in interviews with representative men of various industries by the New York Sun.]

The United States for the first time in its history has a balance of trade in its favor with all countries. Confidence is returning. Money is plentiful, but it is waiting for the investments mean continuing returns. The wheat crop will be large and the money from last year's yield is going into business. Southern planters are hopeful regarding the situation. Lack of dyestuffs is hampering the enlargement of textile industries. Railroad men are optimistic. War orders are creating a boom in many industries.

MOTHER LOVE "His worn and torn your heart is for love of us all," Jerome giv'k. I said to that, "his worn and torn the hearts of mothers were before me and will be again—God bless their children if they're not."—From Scribner's.

HIS SCHEME "You see, I'm addicted to that ill-smelling compound of roots and herbs. I see you rush for it the minute you enter your home. Has it got any booze in it?" "No, I drink the booze downtown and use this compound to disguise my breath."

Wants U. S. Navy All Submarines and Mines



CLAUDE KITCHIN

Washington, D. C., Aug. 30.—Representative Claude Kitchin, of North Carolina, who has succeeded Oscar Underwood as floor leader and chairman of the ways and means committee, has taken the stand that in the event of war the United States would only have to protect her coast by submarines and mines. He declared that he favored spending millions for submarines and mines, but very little for the army and nothing for the navy. He added that he would fight vigorously any larger army and navy propaganda.

Some fear is felt that Kitchin's statement presages a break with the administration, as the floor leader is usually considered the administration spokesman in the House. President Wilson's exact attitude regarding the navy is not definitely known, but it is certain that the floor leader and the President will be at odds over the army issue.

COUNTRY OVERCROWDED WITH UNDERTAKERS

We quote the following from Pictorial Review for August: In the United States there are to-day something more than thirty thousand undertakers. Attracted by the enormous profits to be made in funeral goods, more men are constantly swarming into the business. At the time the School of Philanthropy made its investigation there were, according to a church paper, four hundred and ten undertakers in Chicago. On the average, each undertaker secured a trifle more than one funeral a week. In New York city there were eleven hundred undertakers and about seventy-four thousand deaths annually, which gave each undertaker an average of less than four funerals in three weeks. For the country as a whole the average was less than one funeral a week for each undertaker. Some undertakers got more than one-half of all the business during a given fortnight, leaving four hundred and twenty-nine undertakers to divide the other half. Many undertakers had no funerals at all during these two weeks. In the course of an entire year they would secure only a handful. Others would get only one or two funerals a month. Yet each undertaker had to keep up his establishment—where he had one—pay office rent, bills for light and heat, clerk hire and other expenses, and in addition make a living, all from the profits of one or two funerals a month.

But it is not the lack of business alone that makes necessary this great margin of profit. One of the leading undertakers of New York city said to me: "There is every cent of fifty thousand dollars in unpaid bills on our books. We have to make that loss up or we could not stay in business. So we have to charge high prices and the people who do pay make up for those who don't."

point

is "Untouched by hands"—there are six more in

Sterling Gum
 The 7-point Gum
 REFINISHED - RED WRAPPER
 DISAPPEAR - BLUE WRAPPER

Buy here not alone because prices are lower, but because qualities are better.

JITNEY 5c DAY

To-morrow ANOTHER BIG JITNEY SALE

Move quickly—the jitney way—that's the order that is issued to seasonable merchandise in our second big Jitney Sale for to-morrow only. Choose from these items, worth two to ten jitneys each, to-morrow, for **A JITNEY---5 cents---A JITNEY**

10c to 25c Nail Brushes; Jitney Sale, 5¢	25c Braid Pins; Jitney Sale, 3 for... 5¢	10c Salt and Pepper Sets; Jitney Sale, 2 for... 5¢
25c Hair Brushes; Jitney Sale... 5¢	25c Barrettes; Jitney Sale, 2 for... 5¢	10c Nut Bowls; Jitney Sale... 5¢
10c Men's Garters; Jitney Sale... 5¢	10c Ironing Wax; Jitney Sale, 6 for... 5¢	10c Ash Trays; Jitney Sale... 5¢
10c Men's Colored Hose; Jitney Sale, 5¢	10c Shoe Laces; Jitney Sale, 12 pairs for 5¢	10c Cream Pitchers; Jitney Sale... 5¢
10c Men's Bow Ties; Jitney Sale... 5¢	10c Yeiser Hooks and Eyes; Jitney Sale, 2 packs for... 5¢	10c Sugar Bowls; Jitney Sale... 5¢
10c to 25c Purses; Jitney Sale, 2 for 5¢	10c Iron Holders; Jitney Sale, 2 for... 5¢	10c Aluminum Bon Bon Dishes; Jitney Sale... 5¢
25c Enamel Bar and Beauty Pins; Jitney Sale... 5¢	10c Pearl Buttons; Jitney Sale, card... 5¢	10c Meat Platters; Jitney Sale... 5¢
Lot of Rings; Jitney Sale... 5¢	25c Fancy Buttons; Jitney Sale, card... 5¢	10c White Bowls; Jitney Sale... 5¢
10c Lace Pins; Jitney Sale, set... 5¢	10c 24-yard Cotton Tape; Jitney Sale, 5¢	10c Dinner Plates; Jitney Sale... 5¢
25c Bead Bags; Jitney Sale... 5¢	\$1.00 and \$2.00 Black Hemp Hats; Jitney Sale... 5¢	10c Cake Plates; Jitney Sale... 5¢
25c Bracelets; Jitney Sale... 5¢	50c Crash Outing Hats; Jitney Sale... 5¢	\$1.00 Children's Untrimmed Hats; Jitney Sale... 5¢
25c Long Chains; Jitney Sale... 5¢	25c and 50c Fancy Trimmings; Jitney Sale... 5¢	10c Bleached Turkish Towels; Jitney Sale... 5¢
10c Pocket Mirrors; Jitney Sale... 5¢	12 1/2c Satin and Taffeta Ribbon; Jitney Sale... 5¢	5c Hemmed Napkins; Jitney Sale, 2 for 5¢
10c Children's Vests; Jitney Sale... 5¢	25c Fancy Ribbons; Jitney Sale, half yard... 5¢	19c and 25c Cretonne; Jitney Sale, 1/2 yd. 5¢
50c Ladies' White Waists; Jitney Sale... 5¢	10c Children's Drawers, size 2; Jitney Sale, 2 pairs for... 5¢	10c Pillow Cases; Jitney Sale... 5¢
25c Baby Caps; Jitney Sale... 5¢	10c Children's Bodies, size 2; Jitney Sale, 2 for... 5¢	8c Bleached Huck Crash; Jitney Sale, 5¢
10c Handbags; Jitney Sale... 5¢	Lot Ladies' Neckwear; Jitney Sale... 5¢	7c 36-inch Bleached Muslin; Jitney Sale... 5¢
10c to 25c Stamped Cushion Tops; Jitney Sale... 5¢	10c Bathing Caps; Jitney Sale... 5¢	7c 36-inch Unbleached Muslin; Jitney Sale... 5¢
25c Stamped Collars; Jitney Sale... 5¢	25c Initial Stationery; Jitney Sale... 5¢	6c Apron Gingham; Jitney Sale... 5¢
10c Cushion Cords; Jitney Sale... 5¢	25c Children's Parasols; Jitney Sale... 5¢	All 12 1/2c and 15c Wash Goods; Jitney Sale... 5¢
25c Stamped Baby Caps; Jitney Sale, 5¢	10c Wool Powder Puffs; Jitney Sale, 5¢	25c Wash Novelties; Jitney Sale, 1/2 yd. 5¢
25c Stamped Baby Booties; Jitney Sale... 5¢	10c Tooth Brushes; Jitney Sale... 5¢	25c 40-inch Curtain Nets; Jitney Sale, 1/2 yard... 5¢
10c Finished Doilies; Jitney Sale... 5¢	25c Ladies' Soiled Tea Aprons; Jitney Sale... 5¢	25c Colored Ground Figured Voile; Jitney Sale... 5¢
12 1/2c and 15c Crochet Books; Jitney Sale... 5¢	25c Children's Dresses, 2 year sizes; Jitney Sale... 5¢	12 1/2c Striped Dress Goods; Jitney Sale... 5¢
10c Stamped Lace Trimmed Aprons; Jitney Sale... 5¢	25c Babies' Booties, Sacques and Shoes; Jitney Sale... 5¢	10c Point De Paris Laces; Jitney Sale... 5¢
25c Stencil Monograms; Jitney Sale... 5¢	25c Boys' Waists, sizes 4 and 5; Jitney Sale... 5¢	12 1/2c Oriental Laces; Jitney Sale... 5¢
10c and 15c Stamped White Linen Doilies; Jitney Sale... 5¢	25c Boys' Pants, sizes 4 and 5; Jitney Sale... 5¢	25c Oriental Bands; Jitney Sale, 1/2 yd. 5¢
Jap Sandwich and Fruit Baskets; Jitney Sale... 5¢	25c Sun Hats; Jitney Sale... 5¢	12 1/2c Filet Bands; Jitney Sale... 5¢
5 Skeins Light Blue Peri Luster Floss; Jitney Sale... 5¢	25c Black Aprons; Jitney Sale... 5¢	15c 18-inch Cambric Embroideries; Jitney Sale, 1/2 yard... 5¢
10c Workbag Bottoms; Jitney Sale... 5¢	10c Boys' Hats; Jitney Sale... 5¢	
10c Dress Shields; Jitney Sale... 5¢	25c Boys' 2-piece Suits; Jitney Sale, Pants, 5¢; Blouse... 5¢	
10c Safety Pins, size No. 1; Jitney Sale, 6 for... 5¢	10c Egg Cups; Jitney Sale... 5¢	
10c Hooks and Eyes, black only; Jitney Sale, 6 for... 5¢		
10c Clark's Cotton; Jitney Sale, 3 for 5¢		
10c Black Pins; Jitney Sale, 3 for... 5¢		

NOTHING OVER 25c EXCEPT MILLINERY EVERYTHING UNDER

SOUTTER'S 1c to 25c Department Store
 WHERE EVERY DAY IS BARGAIN DAY
 215 Market Street Opposite Courthouse

HONEY AS A FOOD
 The present agitation of the food question promises to all honey producers tremendous good. A few years ago it was one of pure foods. Now, that we have them, interest has swung round to discovering which of these better articles are most suited as ordinary necessities.

A FARM GIRL'S ROMANCE
 A dramatic novel, with a beautiful happy ending, could be made from the adventures of Myra Dietz. You will probably remember her father, John Dietz, the famous "defender of Cameron Dam," in Wisconsin. In one of the many pitched battles over this dam, Myra Dietz was wounded with a bullet, and came near dying. Afterward, when the picture people went to take "movies" of this celebrated event, Mr. Newman, the camera man, met Myra Dietz. They fell in love and were married and have been living happily ever since. Now, to make the story complete, the people have bought a 240-acre farm in Marinette county, Wis., which farm is to be improved under direction of the county agricultural school. In a few years, when Mr. Newman gives up the moving picture business, they will retire to their own farm. Could you think of a better plot for a story.—Farm Life.

SODA BISCUITS
 In making baking powder or soda biscuits, it is important to mix with a spoon, and avoid molding or working with the hands. After mixing to a stiff dough with the spoon, turn on a floured board, and either pat out gently with the hand, or roll with a rolling pin, being careful to avoid bearing down heavily. The rising agent is also important. Commercial baking powders should be of the very best. The old-fashioned way of using two teaspoons of cream of tartar to one teaspoon of baking soda to about a quart of flour, is still by far the most healthful as well as the most successful way of raising sweet milk biscuits or breads. This can always be used in a receipt calling for baking powder. It is better to mix the tartar and soda only as wanted. Thus says a Wisconsin housekeeper, writing for Farm and Home. To make good baking powder biscuits sift with a quart of flower a tea-

spoon of salt, a teaspoon of baking soda and two teaspoons cream of tartar, rub in a small cupful of lard, and mix to a stiff dough with sweet milk, or part milk and part water. The dough should be stiff enough to roll away from the sides of the mixing bowl into a ball. This receipt can be varied by mixing into the dry flour a cup of raisins or a large cup of half-cooked sausage with sausage, use only half cup lard, or a large cup of grated, strong cheese.

SHE MEANT IN PRICE
 "Bathing suits are one-third off this week. Next week, though, they may be one-half off." "Then buy now," suggested her husband. "One-third off is bad enough."

The Food-Drink for All Ages
 Nourishing, Delicious, Digestible. All Hotels and Cafes. Unless you say "HORLICK'S" you may get a Substitute.

Horlick's Malted Milk

Bringing Up Father By McManus

DADDY-DEAR! MR. SIMP IS IN THE PARLOR AND WANTS TO SEE YOU IN REGARD TO A POSITION-DO WHAT YOU CAN FOR HIM AS HE BELONGS TO THE SMART SET!

HE'S JUST BACK FROM COLLEGE HE'S AWFULLY NICE-FATHER

MR. JIGGS- I'M ANXIOUS TO WORK- I'M WILLING TO TAKE ANY POSITION AS LONG AS IT DOESN'T INTERFERE WITH MY GOLF IN THE MORNINGS AND TEAS IN THE AFTERNOONS!

YOU SHOULD DO IT FOR YOUR DAUGHTER'S SAKE - SHE LOVES ME - WITH YOUR MONEY AND MY BRAINS - WE COULD DO IN BUSINESS!

WELL- FOR ME DAUGHTER'S SAKE - IVE USED A GREAT DEAL OF INFLUENCE AN' GOT YOU A JOB!

DO TELL! CAN I START RIGHT IN?

NO - IT'LL TAKE YOU TWO MONTHS TO GET THERE - IT'S IN EGYPT!

OH! SUFFERING WRIST-WATCHES!

YOU'RE DIPPY! ABOUT WORK AREN'T YOU?

YOU COME TO MY OFFICE TOMORROW!