HOW WOMEN AVOID

By Taking Lydia E. Pink-ham's Vegetable Compound.

Cleveland, Ohio - "My left side



ined me so for several years that I expected to have to undergo an operation, but the first bottle I took of Lydia E. Pinkham's Vegetable Compound relieved me of the pains in my side and I continued its use until I became regular and free

regular and free from pains. I had asked several doctors if there was anything I could take to help me and they said there was nothing that they knew of. I am thankful for such a good medicine and will always give it the highest praise."

—Mrs. C. H. GRIFFITH, 1568 Constant St., Cleveland, Ohio.

Hanver, Pa.—"I suffered from fe-

Hanover, Pa.—"I suffered from fe-male trouble and the pains were so bad at times that I could not sit down. The doctor advised a severe operation but my husband got me Lydia E. Pinkham's Vegetable Compound and I experienced great relief in a short time. Now I feel like a new person and can do a hard day's work and not mind it. What joy and happiness it is to be well once more. I am always ready and willing to speak a good word for the Compound."—Mrs. Ada Wilt, 303 Walnut St., Hanover, Pa.

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, reed and answered by a woman and held in strict confidence.



\$2.75 to Atlantic City

and return on 4.40 A. M. train from Harrisburg, Sunday, August 22. Return same date.

\$4.50 to Atlantic City and return any train, Saturdays August 21 and September 4, Six en Day Tickets.

\$4.50 to Ocean Grove and return on 6.15 A. M. train from Harrisburg, Friday, August 20. Six-seen Day Tickets.

READING RAILWAY

SHEET CORK INSECT PINS

MOUNTING SPECIMENS

Our Annual **BUG CONTEST** SCOUT CAMERA FREE Week of Aug. 23

FORNEY'S DRUG STORE **426 Market Street**

Resorts

ATLANTIC CITY, N. J.

THE NELLUNDY
VIRGINIA AVENUE AND BEACH
Private baths, running water; newly
appointed diningroom: capacity 300.
Rates, \$2.50 up daily, \$12.50 up weekly.
E. H. LUNDY.

LEXINGTON

Pacific & Ark Aves. Grounds with tennia courts adjoin Reach. Only popular priced hotel where GUESTS may go from HOUSE to SURF in BATHING ATTIRE without using streets, which is prohibited. Use of BATH HOUSES and care of suits FREE. RINNING WATER in rooms. ORCHESTRA. \$1.50 and up daily, \$8. to \$17.50 weekly. American plan. Wilte SERVICE. GARAGE. Booklet. PAUL C. ROSECRANS.

DOUBLING GAP, PA.

White Sulphur Springs Hotel

DOUBLING GAP, PA.,

Via Newville

Noted for its refined patronage, numerous medicinal springs, natural beauty, and abundance of fresh vegetables which aid in emphasizing excellent table service. Special attention along with reduced rates will be given to Harrisburg patrons during the month of August. For prompt reply inquire of Mrs. G. A. Freyer.

ASBURT PARK, N. J.

HOTEL MATTHEWS 302 First Ave. Catering especially to Harrisburg people. Block to beach, Every convenience. Special rates, A. V. MATTHEWS.



Road Supervisor Blown to Pieces by Dynamite Explosion

York, Pa., Aug. 18.-Alawese Gru-York, Pa., Aug. 18.—Alawese Gruver, 75 years old, an ex-county commissioner, and a Democratic candidate for director of the poor at the coming primary election, was blown to pieces by dynamite a short distance south of his home, near Davidsburg, this county. Gruver was road supervisor of the Dover township district. He was working with a froce of men repairing the Davidsburg road, which had been badly washed by the recent storms.

Dynamite was being used to shatter

The Harrisburg Academy Stands For

Efficiency and Economy

A country day and boarding school for boys and young men of all ages, it affords the best of modern educational facilities. Experienced, efficient masters. Individual instruction.

All athletic sports—supervised. Study periods—supervised. We teach the boy how to study. We save him one or more years in preparation.

No superfluous courses For detailed information about ourses of study, individual intruction, summer school, tuition rates, etc.,

Phone 1371-J or write Arthur E. Brown Harrisburg, Pa. Headmaster

A Logical and Sure Dyspepsia Treatment

During the past two or three years reports have frequently appeared in the Press concerning the remarkable value of bisurated magnesia as an antacid; and its ability to promote normal, healthy digestion by preventing food fermentation and neutralizing dangerous stomach acid has often been demonstrated. Until recently druggists could supply bisurated magnesia in powder form only, from one or two teaspoonfuls of which, taken in a little water after meals, almost instantly stops all fermentation and neutralizes acid, but sufferers from stomach trouble can now obtain a 5 grain tablet which combines all the valuable antacid properties of the ordinary bisurated magnesia in a very convenient form. This new tablet of bisurated magnesia can now be had of druggists everywhere and many physicians are already prescribing them instead of the powder form.

Bisurated Magnesia, No. 25 E. 26th St. N. Y. C.

"If its made of rubber - we have 18" Special & Sale Garden Hose Harrisburg Rubber Co. 205 Walnut St

Vacation Trips "BY SEA"

BALTIMORE to BOSTON and return, \$25,06
SAVANNAH and return, \$26,29
JACKSONVILLE and return, \$35,00
Including meals and stateroom accommodations. Through tickets to all points. Fine steamers, best service, taterooms de luxe, baths. Wireless elegraph. Automobiles carried. Send for booklet.

for booklet. W. P. TURNER. G. P. A., Baltimore, Md Cumberland Valley Railroad TIME TABLE

Largest establishment. Best facilities. Near topy on a your phone. Will go anywhere at your call Motor service. No funeral too small. None too expensive. Chapels repens, valid. etc., used wis set charge.

Sufferers

from skin tortures get speedy and permanent relief by using

Dondi Eczema Ointment

Cases of Eczema of years' standing have responded to the treatment and permanent relief effected. Price 35 cents.

All druggists or P. O. Box 439, Harrisburg. At J. H. A. RIDDLE.

All druggists or P. O. Box 439, Harrisburg. Pa.

In Effect June 27, 1915.

TRAINS leave Harrisburg—
For Winchester and Martinsburg at 5:08, "7:52 and intermediate stations at "5:08, "7:52 and make chanicsburg at 9:48 a. m., 2:16; 3:24.

AT DRUG STORES \$1.00perBOUILE THE PEPTONOL CO.

ATLANTIC CITY N. J.

All druggists or P. O. Box 439, Harrisburg. At Control of the treatment and permanent relief. effected. Price 35 cents.

All druggists or P. O. Box 439, Harrisburg at 5:08, "1:52 and 6:30 p. Daily. All other trains daily except sunday. H. A. RIDDLE.

J. H. TONGE.

A RIDDLE.

A RIDDLE.

J. H. TONGE.

Their Married Life

They made a regular party of it man been badly washed by the recent atormas.

They made a regular party of it man been badly washed by the recent atormas.

They made a regular party of it man been badly washed by the recent atormas.

They made a regular party of it man been badly washed by the recent atormas.

They made a regular party of it man been badly washed by the recent atormas.

They made a regular party of it man been badly washed by the very provided and looked into the hole to see what had been badly washed by the very few moments. It was while head and hands were blown to pieces in Central Pennsylvania washed and hands were blown to pieces.

News Items of Interest

In Central Pennsylvania washed by the veteran soldiers in and from Schulykill county, will tender them a complimentary parade, to be form the provided of the Lehigh Coal and Navigation of the Lehigh Coal

versely.

"For poor people," announced Bob scathingly, "you and Helen think of the most impossible things to do."
Louise pouted and smiled. "Helen went to Panama," she defended.
"On business," said Bob.
Bob winked at Warren and Warren said, grandly:
"Well, if I might be allowed to speak, perhaps I can say something of interest."

ipeak, pernaps to the control of the

Minister Withdraws His Acceptance of Newport Call

Special to The Telegraph

Newport, Pa., Aug. 18.—It has been announced here that the Rev. Dr. K. Citis Spessard, who removed on July 15 from Mifflinburg, where he had been pastor of St. John's Reformed Church for fifteen years, to this place, occupying the parsonage, to become the pastor of the Reformed Church of the Incarnation, has written to the consistory withdrawing his acceptance of the call extended to him. Dr. Spessard's old congregation at Mifflinburg has reconsidered his resignation and has refused to accept it, so he has decided to return to them.

INFORMAL DANCE AT NEWPORT

Dilisburg, Pa., Aug. 18.—Mr. and Mrs. Samuel J. Baker announce the birth of a daughter. Mrs. Baker was formerly Miss Elsie Knaub, of Ber-mudian.

Resinol Stops Itching Instantly

It is a positive fact that the moment esinol ointment touches any itching skin, the itching usually stops and healing begins. With

RESINOL

the aid of resinol soap, it quickly clears away all trace of eczema, ringworm, pim-ples, blackheads or similar tormenting. unsightly eruption, leaving the skin clear and healthy.

And the best of it is you need never hesitate to use resinol soap and resinol ointment. There is nothing in them to injure the tenderest surface. Resinci injure the tenderest surface. Resinol is a doctor's prescription which for twenty years has been used by careful physicians for all kinds of skin affections. They prescribe resinol freely, confident that its soothing, healing action is brought about by medication so bland and gentle as to be suited to the most delicate or irritated skin—even of a tiny baby. Every druggist sells resinol soap and resinol ointment. Samples free, Dept. 26-R, Resinol, Baltimore, Md.

why you did it."

"But Winifred," said Helen, after they had talked together for some time. "What shall we do with her, dear?"

"We'll drop her at your mother's," said Warren, "and call for her on the way back. It's all arranged."

"But to think," said Helen, "that we four are going together. Why, this year has ben a perfect string of surprises."

"And all nice ones," said Louise, "but honestly I don't really see how I are ever going to get ready."

"We have a whole week," said Bob; "what more do you want?"

"I have never known of anything so perfect," said Helen, squeezing Warren's hand shamelessly, and Warren for once had the grace not to snatch it away.

(Another incident in this interesting (Another incident in this interesting eries will appear soon.)



"The Eternal City," featuring Pauline ederick, in eight reels, is snown to-y and will be snown all week at the

"The Eternal City," featuring Pauline Frederick, in eight reeis, is snown today and will be snown all week at the Regent.

Itali Caine's story of the foster brother and sister who, after years of separation, meet again in krome, where he is a Socialist agitator and she is the companion of the Prime Minister, 27 ps. the audience instantly.

First the audience instantly to the instance, the side of the proper shadow of the companion of the Prime Minister, 27 ps. the audience instantly to the instance, the side of the pope, is able to save he has become Pope, is able to save he has killed the Italian Prime Minister. The young man has be remarked with the least the proposed of the property of the proposed of the property of the prop

OPENING OF COLONIAL

After summering at Eaglesmere, where is is assistant manager of the Forest Inn under Congressman Edgar R. Kiess, Herman Yeager, former conductor of the Orpheum orchestra, will return to this city Friday to look over the big Molier organ at the Colonial Theater, where he will play throughout the coming season.

Mr. Yeager will give his first concert when the Colonial opens as an exclusive the concert will begin at 2 o'clock in concert will begin at 2 o'clock in the atternoon, and Mr. Yeager and March e Toronto Concert will begin at 2 o'clock in the atternoon, and Mr. Yeager and March "Alda" Yerdi selections.

Yeager announces the program as follows:
lows:
frand March, "Aida," Verdi; selection, "Mile. Modiste, Herbert; entracte, "Spring Dreams," King; ballet, "The Myriad Dancer," Allen.
"The Myriad Dancer," Allen.
"The Myriad Dancer," Allen.
"The Myriad Dancer," Allen.
"The Myriad Dancer, "Allen.
"The Myriad Dancer," Allen.
"The Myriad Dancer, ballet, and the Orpheum Theathest a directors in the Country during his experience at the Orpheum Theathest directors in the Orpheum Theathest and Followship and the Dancer and the pipeorgan, he being a graduate on that instrument from the Boston Conservatory of Music, and his numereds of friends will watch his work on the big Moiler pipeorgan at the Colonial with a great deal of interest.—Advertisement.

PAXTANG

It is a fact worthy of special notice that the management of the Paxtang Park Theater is presenting one of the best five-act vaudeville shows this week that has ever played the town. Few musical acts equal the classy offering presented by The Krelles. They play real music on the piano, 'cello and violin, and do it in a manner that is appreciated by every one. Mae Dale is one of the few women who has accomplished the art of doing a monologue and being funny at it. Miss Dale is one of the funniest women on the vaudeville stage to-day, the park bill that is presented on entirely originatines is the Box Car Duo. In his accurate the transportation of the funniest words and the park bill that is presented on entirely originatines is the Box Car Duo. In his accurate transportation, sing a line appropriate stage setting, sing a line appropriate stage setting a line approp

tions.

Sprague and McNeese, in an elaborate skating novelty, and Rice. Elmer and Tom, in one of the funniest of cemedy acrobatic stunks, complete what is probably one of the best shows the park has ever had.—Advertisement.

TWO SUNDAY ACCIDENTS

Special to The Telegraph
Shippensburg, Pa., Aug. 18.—Two
Shippensburg men figured in Sunday
accidents. Park Freidinger, who was
swimming at Red Bridge was seized
with cramps. He was taken from the
water and sent to Chambersburg.
George Helfrich, while on his way
home from Gettysburg, was struck by
an automobile. He was taken to the
Harrisburg hospital.

WANT BETTER SEWERS

Petitions asking for better sewerage facilities in the vicinity of Fourth and Woodbine streets will be presented to Council by residents of that section who object to having their cellars flooded every time it rains unusually hard.

A New Model Adapted Both to Day-Time and to Evening Wear.

By MAY MANTON

B734 Princesse Dress, Perforated for Tunic Length, 34 to 46 bust.

Tunic Length, 34 to 46 bust.

The one-piece or princesse gown makes, one of the very latest developments of fashion. This one is exceptional, for it can be made with long sleeves and with slightly open neck and high collar to be adapted to day-time use, or, it can be made with round neck and without sleeves to become an evening gown and it is exceedingly smart and exceedingly handsome in both cases. Here, it is made of silk and wool poplin, combined with lustrous and soft satin and with braided panels on the front. The braid trimming makes a feature of many of the newest and smartest models and the poplin is to be much worn throughout the coming season, but there are of course many fabrics adapted to the afternoon gown—faille silk is to be much used as well as taffeta that serves so many uses, light weight serge, gabardine, wool crêpe and the like. The draped girdle arranged at the sides is new and interesting. The gown is perforated for tunic length and made in that way can be worn over any skirt. The closing of gown is made invisibly at the left of the front. For the medium size will be needed 9 yds. of material 27 in. wide, 7½ yds. 36, 5½ yds. 44, with 2½ yds. 27 for the trimming. For the braid, use design No. 851. The pattern No. 8734 is cut in sizes from 34 to 46 in. bust measure. It will be mailed to any address by the Fashion Department of this paper, on receipt of teacents.



CULICUIVA UNATULLAL

Will help you even when all else has ailed. The Soap to cleanse, purify and beautify, the Ointment to soothe and heal, Nothing better than these fragrant, super-creamy emollients at any price.

Samples Free by Mail Cuticura Soap and Ointment sold everywhere. Liberal sample of each mailed free with 32-p. book. Address post-card "Cuticura," Dept. 7G, Boston.

Popular **Vacation Trips** Reading Railway Seashore Excursions

August 7, 8, 21, 22, Sept. 4 West Point Excursion

Saturday, August 14 Ocean Grove Excursion Friday, August 20

Niagara Falls Excursion Aug. 14, 21, 28, Sept. 4, 18

> Eagles Mere Tour Saturday, September 4

For further information, ask Ticket Agent



Butter Richness Without Butter Expense

In some homes the butter problem grows greater day by day. In others, Crisco is used for cooking. With Crisco, women obtain the results given by the finest creamery butter, and at half the cost.

Crisco fulfills practically every cooking need where expensive butter formerly was necessary.

When Crisco has proven itself to you in a few ways, you will plan all manner of ways to use it.

This rich, delicious cake costs 241/2c. EMILY'S WHITE LAYER CAKE (By Kate B. Vaughn)

1½ cupfuls sugar...
½ cupful Crisco...
1 cupful water...
Whites 3 eggs...
3 cupfuls flour...
{ 3 teaspoonful salt...
1 teaspoonful flayoring 1 teaspoonful flavoring01 Total...

Cream Crisco, add sugar and cream together. Sift dry ingredients and add alternately with milk. Add flavoring, beat mixture thoroughly, and last fold in stiffly beaten whites of eggs. Grease layer cake tins with Crisco, pour in cake mixture and bake in a moderate oven for fifteen minutes.

Note: Cream Crisco and sugar more thoroughly than you would butter, as there is no moisture in Crisco to dissolve the sugar. Use level measurements. Use your favorite icing. This cake will weigh when baked about 2½ pounds. The very best cake usually sells for 40c per pound. Figuring on this basis, this cake would cost, baked, \$1.00. You can bake it for 24½c—a saving of 75½c.

(Clip this recipe)

New Jackson \$985



New Jackson Model "34"—112-inch wheelbase; 32x4-inch tires—fully equipped, including one-man top, electric lighting and starting system, and Stewart Vacuum Fuel System.

This new model "34" is a wonder. You thought the days of "Fours" re limited; so did we. But when you have ridden behind this motor i will concede that there has been a marvelous development in four-inder construction—Jackson four-cylinder construction—that upsets theories.

all theories.

New high-duty, long-stroke motor shows a speed of 55 miles, turning up a little over 2700 revolutions per minute, without vibration! And it reads an entirely new meaning into the word flexibility. Four full elliptic springs assures easy-riding to an extraordinary degree. Beauty and refinement of line and finish and generously roomy body. New Light Weight "Eight" \$1195 Seven-Passenger "Eight" \$1685

P. H. Keboch, Distributor 334 CHESTNUT STREET



To indicate you are a regular reader you must present ONE Coupon like this one, with 68 cents.

THE WORLD FAMOUS EMBROIDERY OUTFIT is guasanteed to be the best collection and biggest bargain in patterns ever offered. It consists of more than 450 of the very latest designs, for any one of which you would gladly pay 10 cents, best hardwood embroidery hoops, set of highest grade needles (assorted sizes), gold-tipped bodkin, highly polished bone stiletto and fascinating booklet of instructions wiving all the fancy stitches so clearly illustrated and explained that any school girl can readily become expert.

SEVERAL TRANSFERS FROM EACH DESIGN -ONLY SAFE METHOD-

All old-fashioned methods using water, benzine or injurious fluids are crude and out-of-date. This is the only safe method. Others often injure expensive materials.

N. B. Out of Town Readers will add 7 cents extra for postage and expense of mailing.