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The Dream


The Reality
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Mixed Nut Coal Now $\$ 6.55$ Sept. 1st Price $\$ 7.05$

Mixed Nut Coal you buy this month
Suppose you wait until October 1st to buy this $\$ 65.50$, the present price.
You save $\$ 5.00$ on $\$ 65.50$ on a 5 zonths' investment.
This makes the interest rate until October 1 st about $16 \%$ per annum.
Isn't it foolish to pay the higher prices in a couple months?

United Ice \& Coal Co.
Third and Boans
15th and Cheotinat Also Steelton, Pa.

## Will Opportunity

Find You Fit?

## That's the idea-fit physically-fit mentally

 And it's largely a matter of right living-which in cludes the right kind of food
## Grape-Nuts

is not only good tasting, but contains all the nutri ment of wheat and barley, including the mineral elements so vital for building sturdy bodies, brains and nerves.

Grape-Nuts is scientifically prepared for easy digestion and assimilation. A delicious, nourishing economical food for making one "fit" and ready for opportunity.
"There's a Reason" for Grape-Nuts - sold by Grocers everywhere.


WEST SHORE NEWS





The Stieff you select to-
day goes into your home at once - bringing with music and joy and love
and life. and the children stay off and the children stay of
the street when there is piano
home.

CHAS. M. STIEFF 212 North 2nd Street

CHAS. H.MAUK UNDERTAKER

