

Women AND THEIR Interests

The Greatest Gift in the World

By BEATRICE FAIRFAX

It is with time that we buy all the good that comes to us in the world! It is by a wise use of time that we get wisdom and riches and happiness and love and health. And the only reckless spendthrift in all the world is the man or woman who wastes and squanders time.

The only thing in the world that is freely and without handicap the possession of us all is time. Every day every one of us has all there is. Every day each of us has precious hours and minutes and seconds to spend—and the freedom of choice as to how we will spend them.

And if at the end of the day, you measure nothing but waste on the credit side of your ledger—that marks the one and only absolute waste. A broken friendship may be renewed, a lost fortune may be retrieved, a waste city may be rebuilt. There is nothing final about most loss in the world. But at set of sun the day is gone—it will never come again—it is over. That is an awe-inspiring thought, and a true one.

There is plenty of time in the world—but none to throw away. Life is for work and patient attempt to understand and accomplish. Idleness, grieving, regret, useless pleasure-seeking, gossip—all these are inefficient thefts from your own treasure of hours. You deduct them from the grand total of your own life. The day is yours—yours fully and freely. What will you do with it?

Life is for work and growth, for kindness and love. If at the end of every twenty-four hours you have actually done something on which you can look and say, "It is mine, and it is good," you have made worth-while use of your time. Work doesn't necessarily mean marching along steadily at one job—it takes in interruptions and deviations from the course you have mapped out for yourself. It isn't the plan that counts, it is the effort and growth and ability.

The Start of a Day

Suppose you start out one day with a definite idea of cleaning your china closet and silverware. A message comes from a sick friend who longs to have you come and read to her. If you go with a feeling of irritation because your scheme for the day has been interfered with, you are wasting your time. But if you do the particular thing which lies before you cheerfully and amiably, your day is not wasted. The actual scheme of things is much bigger than you and your personal designs. It takes in more than your little one woman perspective permits you to see.

In reading to a sick friend there is cheer and comfort for her and growth and usefulness for you, and for both of you the chance of knowledge to be gained. Your time wasn't wasted at all—it was simply spent differ-

ently from what you intended. There lies the distinction and the difference.

Every day a mental inventory ought to be taken. At nightfall ask yourself questions like these: Have I grown to-day? Have I given something to life and learned something from it? Have I actually used my time to advantage? Have I the right to warm feeling of contentment over my accomplishments for the day? Or have I frittered my time away idly and uselessly, seeking amusement and diversion—"killing time."

The thirst for amusement grows in proportion to your placid indulgence of it. If you get to a state of feverish unrest, or your one desire is to go dashing about madly seeking all sorts of forms of idle amusement that appeal to a sleepless couch, your consciousness only, you are wasting your time badly.

To be taken out of yourself at the end of a hard day's work through amusement is a very sane proceeding. If you have been teaching a class of geometry all day long, and have arrived at the state of nervous tension where you are likely to lie all night on a sleepless couch, figuring out squares of hypothenuses and radii of circles, you are on your way to a scholarly waste of time which ought to be spent in the recuperation of slumber. And so a little harmless diversion that will rest your tired mind isn't a waste of time at all. It is a prime necessity of your being.

Nothing constructive, nothing that builds up your life and that of those with whom you come in contact can be wasteful. Seize upon work. Make up your mind that it occupies your mind, your body, your heart and your soul. Be sure that it is individual and suitable, that it is legitimate and vital. Gather in all its opportunities with a feeling that it is imperishable part of life, do it thoroughly and well.

Turn your attention to your family relationships. See that you are being fair to them and in them. Make sure that your ambitions are not overshadowing your affections. Give your attention to the tenderness you owe to your friends and to all who love you. See to it that the common duties of your life are being attended to. Study your own talents and develop them to the utmost of your ability. Do your duty by your friends. Bear your sorrow bravely and unflinchingly and with a backbone of feeling that they will work out for your ultimate good.

When to all these things and the tasks and requirements they bring in their train you have given your attention, make sure your time will be not wasted. Your days will be full with constructive matters, and for the destructive forces of idleness and grieving and unkindness and malice and useless pleasures there will be neither thought nor opportunity.

WHISKY TAKEN INTO DRY SHIPPENSBURG

Eight Cases of Liquor Law Violation in Cumberland County Court

Carlisle, Pa., May 11.—Shippensburg and the entire upper end of the county is the scene of the result of testimony brought in the sessions of criminal court which opened here yesterday. There are eight cases of violation of the liquor laws by importation of whisky into the dry town, and a charge of conducting a gambling house with several others of lesser importance keep the center of interest.

In the case of Stephen Lewis, a Greek; charged with keeping a gambling house, the matter of betting on pool games and the use of the familiar punch boards and sticker cards was introduced.

Simon Cookley, has pleaded guilty to a charge of selling liquor. The other men against whom information was secured in a raid recently conducted are preparing to fight the charges and have engaged ex-District Attorney W. A. Kramer as counsel. The grand jury ignored the charge against Harry Porney, special officer in the town, who it is alleged furnished liquor to a 15-year-old girl and then assaulted her. John Jacoby, a constable brought the charge, and costs were placed on him. After a few minutes' deliberation a jury found Edith Cole, colored, Harrisburg, not guilty of a larceny charge. She has been in jail here for some weeks following a sensational attempt to escape from the jail by sliding down a waterspout that broke under her weight. Peter Harry, of Silver Spring, was found not guilty on a technicality on a charge of false pretense.

Going For Trousseau When Torpedo Hit Ship



MISS EVA BAKER

Miss Eva Baker of New York was one of the passengers of the Lusitania. Miss Baker sailed for England to purchase her wedding trousseau.

Names of Sureties on Saloon Applications at Hagerstown Published in a Pamphlet

Hagerstown, Md., May 11.—Publication in pamphlet form of the names of sureties on saloon applications in this county by the executive committee of the Rev. Dr. W. E. Heiderwolf evangelistic campaign being conducted in Hagerstown has added fresh fuel to the "wet" and "dry" controversy being waged here and has brought down upon the committee a storm of criticism. The list of sureties contains the names of prominent officials of the city and wealthy residents, who almost to a unit denounce the action of the committee. Thousands of these pamphlets were distributed at the tabernacle on Sunday, when the evangelist addressed over twelve thousand persons.

CARATHUERS-KEOUGH WEDDING

Mountville, Pa., May 11.—Miss Mary H. Keough, of Lancaster, was married to Chester Carathuer by the Rev. A. F. Kaul, pastor of the St. Anthony Church. The couple was attended by Miss Ellen Keough.

Don't Forget!

An eminent physician lays down these simple rules for better health:

- 1.—Drink lots of water.
- 2.—Eat slowly.
- 3.—Chew your food well.
- 4.—Have plenty of chewing gum on hand. Use it shortly after meals and chew until the "full" feeling disappears.

Be sure of the Perfect Gum in the Perfect Package—made clean, kept clean, sealed against all impurities:

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The Wrigley Sparmen want to help you remember these beneficial, long-lasting aids to teeth, breath, appetite and digestion. So they have done all the old Mother Goose "stunts" to the "tune" of the new Wrigley jingles. Their book is 28-pages in four colors. It's free. Send for your copy today. Address

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As one housekeeper said, "Now that I use Nomordust, it's just as though I had another maid." Yet Nomordust costs but a few pennies a month. Nomordust makes carpets look like new—it brings out the original color. Fine for wood floors and linoleums.

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FOR REAL COMFORT

Pajamas That Are Both Easy to Make, and Satisfactory to Wear.

By MAY MANTON

8568 Girl's or Boys' Pajamas, 6 to 14 years.

Pajamas are always desirable sleeping garments for the younger children, whether boys or girls, for young sleepers are apt to be restless and pajamas are not easily disarranged. These are very simple, easy to make and thoroughly satisfactory to wear. The trousers are perfectly straight and drawn up at the waist by means of tape inserted in a casing, the coat is without any fullness, hanging in straight lines and provided with a pocket. It can be closed after the manner shown here or with plain buttons and button-holes. Madras is the material most in use for pajamas, but for the coming season, there are desirable cotton materials of lighter weight that are most agreeable to wear, and for very cold weather, the washable flannels and flannellets are in demand.

For the 10 year size will be needed 3 1/4 yds. of material 27 in. wide, 4 1/4 yds. 36, or 2 1/2 yds. 44.

The pattern No. 8568 is cut in sizes from 6 to 14 years. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Bowman's sell May Manton Patterns.

FOR REAL COMFORT

FURNISHED LIQUOR TO INDIANS

Special to The Telegraph

Carlisle, Pa., May 11.—Charged with furnishing liquor to Indians, Thomas H. Belletule, a student at the Carlisle Indian School, was arrested, by Special Officer Corbett and following a hearing before United States Commissioner Eckels has been placed in jail here to await a trial. Belletule admitted that he has frequently taken whisky to the school. He is from Oklahoma and is paying his tuition at the school. He is not a full blooded Indian and has passed for an Italian, buying whisky at many stores and hotels here.

"EXCUSES OF MEN"

Special to The Telegraph

Shippensburg, Pa., May 11.—Evangelist Cassidy, in the tabernacle tent, preached last night on "Excuses of Men." The various excuses which men point out and make concerning religion were explained.

FINED FOR FAST DRIVING

Special to The Telegraph

Waynesboro, Pa., May 11.—Five residents of Waynesboro were arrested on Sunday for fast driving of their automobiles in town. A fine was imposed upon them.

REVENUE BILLS HAVE HARD TIME

Only One of Them Got Through in Strenuous Hours of the House Night Session

The House passed one of the bills to increase the revenue of the State available for appropriation for highways and defeated two last night. The Sprout Senate bill, requiring counties to pay the cost of the primaries, thus saving the State \$450,000 a year, was passed 122 to 51. The automobile license fee increase bill was defeated 120 yeas to 59 yeas, and the stock transfer tax bill went down fifteen short of the number needed to pass it. The administration escheat bill was amended. The automobile bill would have added \$315,000 and the stock transfer about \$200,000. All of the measures were defeated. The automobile bill was defeated by Messrs. Lipschutz, H. J. Wilson, Walter and Barnett, Mr. Wilson pointing

AMUSEMENTS

Free Moving Pictures every evening 7 to 11 P. M., Palace Confectionery, 225 Market street.

MARRIED IN FLORIDA

Mountville, Pa., May 11.—Announcement was made to-day of the marriage of Miss Ada M. Hambright, daughter of Charles Hambright, and James Richard Worley, of St. Petersburg, Fla., the ceremony being performed April 17 at Tampa, Fla. The bridegroom is a contractor and the couple will reside in the South.

"Cozy" Dolan

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