

Thought to Be Confirmed Bach
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ment of Their Marriages


LOSS OF APPETITE


| $\begin{aligned} & \text { Vandertor } \\ & \text { Tailors and Importers } \\ & \text { 224 N. Second Street } \end{aligned}$ |
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## RUDOLPH K. SPICER



Special Optical Offer To Enable You to Get Better Acquainted With Belsinger Service Good Until Saturday, April 24, Inclusive

- 82.00
 둥 Q. S. Belsinger

205 LOCUST STREET






## When Your Fiftieth

## Birthday Comes

will you have the sound heart, steady nerves and good digestion of your younger days

Many men and women reach the prime of life, burdened with stomach trouble, headaches, constipation, nervousness, heart flutter, etc., and frequently the cause is the drug, caffeine, in the coffee they

Yo You can quickly tell if coffee is injuring your health by stopping it ten days and using

## Instant Postum

This delicioùs, pure food-drink contains no caffeine nor any other harmful ingredient. It is wholesome and invigorating, with a snappy flavour very like that of the Old Gov't Javas.

And Instant Postum is so easy to make. Put a level teaspoonful in a cup and add hot water-that's The convenience of Instant Postum is seen at a glance. Sold in 30c and 50c tins. Some prefer Postum Cereal-the original form, which must be well boiled, 15 c and 25 c packages.

Grocers sell both kinds, the flavour is equally delicious and the cost per cup is about the same.
"There's a Reason" for POSTUM


Burns, Cuts, Bruises




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