| Good Health Doubles the Value of Your Services <br>  The value of Peruna in the home can scarcely be est1the common ailments. It is an excellent remedy for coughs, colds, catarrh, grip, $\qquad$ $\qquad$ |
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Most Attractive Program
For Old Folks' Concert


LOCAL OPTIONISTS HERE BY THOUSANDS

Rose Bushes are now here from Holland.
Strong. hardy and vigorus

- should be planted imme. diately. All hle faverites are
here in a variety of twelve diately. Al variety of twelve,
and all shades may be se-
ander all cured
kinds. kinds.
$15 \varphi$
 Bowman's

$\qquad$
State on the local option problem. Thi
was Frank M. Waring. Kis song wa


## Is Coffee

 After Your Job? about $21 / 2$ grains of caffeine, a poisonous
drug that handicaps the efficiency and drug that handicaps the efficiency and
chances for promotion of many bright men and women.
Read This Letter
$\qquad$
$\qquad$

## POSTUM

Made only of selected wheat and a small per cent. of wholesome molasses,
Postum contains nothing harmful or injurious, but is, on the contrary, healthful and invigorating.

Postum comes in two forms: Postum Cereal-the original form-must be well boiled, 15 c and 25 c packages; Instant Postum-the soluble form-made in stantly in the cup with hot water, 30 c an
lico per about the same.
"There's a Reason" for POSTUM
-sold by Grocers everywhere.


